
NGH Certified Consulting Hypnotist Course

presented by

Patricia E. MacIsaac, FNGH, CMI
& Edward Morris, CI

You will learn...

- Hypnosis depth testing
- Speed Hypnosis
- How to hypnotize with a 3-step classical hypnotic induction procedure
- How hypnosis can be beneficial for you
- How to properly explain hypnosis to clients
- How to do a “progressive relaxation” induction
- How to determine whether your clients are more visual, auditory or kinesthetic
- Self improvement uses of hypnotic, effective suggestions
- Why hypnotism is a useful adjunct to your practice
- Applications of hypnosis, including smoking cessation, weight control and stress management
- How to set up your practice and build your clientele
- And much more!

How to Classify Clients & Make Them Comfortable With Hypnotism

- Which people make the best subjects
- When not to hypnotize someone
- The “dangers” of using hypnosis

Experience a Complete Self-Hypnosis Segment! Introduction to Hypnotism and Overview of the Field

- A look at how hypnosis has helped and is helping various professionals in their work
- An introduction to the work of the course

The Use of Tests to Determine Which Types of Hypnotic Induction Will Be Most Effective For Each Individual Client

- Learning to measure how deeply a subject has gone into hypnosis
- Includes examination of the First Step in Self-Hypnosis

The Use of Mechanical Aids in Hypnosis

- Hypnosis for enhancing memory, including techniques for hyperamnesia and age regression
- Post Hypnotic Suggestion
- Indirect Suggestion
- Indirect Hypnosis
- Distraction/Confusion Method
- Demonstration of some of these aids and techniques

Theoretical Explanation of the Depth Stages in Hypnosis

- “Negative Hallucinations”
- Examination of the Second Step in Self-Hypnosis
- Practice session How Behavior is Created
- Learning to formulate Positive Suggestions, Reinforcement and Encouragement
- Third Step in Self-Hypnosis
- Practical exercises using Suggestion Formulation Techniques

Deepening & Pyramiding Techniques

- Short history of hypnotism
- Miscellaneous information including words to avoid, ethical considerations, keeping records

Hypnosis and Anesthesia

- Medicine and Dentistry
- Use for medical/dental surgery and childbirth

How to Hypnotize Using an Authoritative Induction Method

- How to achieve “rapport” with a client
- Practice using the Induction Method and the Depth tests

Sunday-Sunday

August 2-9

Sessions begin at 9 am each day

Break for dinner

Class continues from 7-9 pm

NGH CERTIFIED CONSULTING HYPNOTIST COURSE

**100 Hours includes
Theory & Practicum,
plus Selected Convention
Seminars and Workshops
and Guided**

Independent Study

*Receive all convention amenities, such as
Awards Banquet and Entertainment*

Tuition \$1195

- Explore a whole new career as a highly respected professional
- Learn how to use hypnotism to increase your self-confidence and potential
- Gain self-satisfaction and gratification by helping others
- Make money in a new career for the new millenium
- Master the techniques of visualization and self-hypnosis
- Improve your own life, help others, and open many new doors in an unlimited field

This course is for anyone who wishes to start a new career or to enhance their present career

Once completed, you will be qualified to be considered for certification. Course consists of discussions, demonstrations, case studies, role-playing activities, simulations, application exercises, homework assignments and tests.

This course, combined with Convention seminar and workshop attendance, provides full 2-semester credits.



Hypnotism Programs for Smoking Cessation, Weight Control & Stress Management

- Complete programs already proven successful in dealing with these problems
- The use of imagery for these programs
- Includes students' practice sessions

Become a certified consulting hypnotist, recognized, registered and certified by NGH

Continuing Education Units (CEUs) Awarded

The CEU is a standard measurement for noncredit continuing education programs. One CEU is given for each contact hour of participation in this course.

All paid participants who have completed attendance requirements will be awarded Certified Consulting Hypnotist by the National Guild of Hypnotists.



Patricia E. Maclsaac, LPN, FNGH, CI, CMI, OB, brings over 20 years of nursing experience to her very successful hypnotism practice. She is the owner and operator of South Shore Hypnosis Center in Hingham, MA and taught hypnotism for the Adult Education Program at Quincy College. A frequent lecturer and facilitator of workshops and seminars, she has been a guest speaker on radio talk shows in the Boston area. She is certified to teach all NGH training courses and is the recipient of the 1993 NGH Meritorious Service Award and the Rexford L. North Award in 2007 as well as twice Certified Instructor of the Year. She was featured twice on the cover of the NGH's *Journal of Hypnotism*®. She is a member of the Order of Braid, NGH Board of Examiners and Advisory Board.

Edward Morris, BS, MEd, CI, has degrees in education and a professional resume which includes teacher, guidance counselor, private school headmaster, education director and superintendent for the Maine State Department of Mental Health.

Ed received the Instructor of the Year award in 1992, serves on the NGH Advisory Board and in 2006 was voted member of the prestigious Order of Braid. Ed is also a long time member of the NFH and has maintained a private practice in hypnotism for over 19 years.

