

# Unlock The Door To Sleep Improvement

Help Your Clients Resolve Their Sleep-Related Issues

with Debbie Papadakis, BCH, CI Register Online Now

Do you know that 60 million Americans suffer from sleep issues?

Do you also know that sleep deprivation is the cause of many diseases, stress related problems and accidents? Do your clients suffer from sleep deprivation, feel tired, anxious, low energy, irritable, can't focus or have trouble sleeping?

This workshop will provide you with new cutting edge tools, multiple powerful techniques and modalities to

- ◆ increase success,
- ◆ achieve phenomenal results with people with sleep-related issues
- ◆ enhance your practice
- ◆ increase your confidence
- ◆ expand your knowledge
- ◆ achieve incomparable results.

Through powerful demonstrations and hands on experiences you will learn how to:

- ◆ quickly access the subconscious database and find the cause of sleep issues
- ◆ clear the issues that are stored at the cellular levels
- ◆ induce peaceful sleep in order to promote health, restore harmony
- ◆ improve the quality of your client's life.

Debbie will teach you simplified, easy to learn techniques that will change your hypnosis career forever.

You will learn how to find the root causes of sleep issues and how to clear them for good; change the past, impact the future, handle abreactions and create rapid long lasting results for sleep and other issues presented in your practice.

By observing or taking part in the powerful demonstrations, you may experience your own powerful breakthroughs.

**YES! You will increase your professional competence and become the most sought-after hypnotist in your market.**

## You Will Learn

- ◆ How to improve your client's sleep issues in one session
- ◆ A comprehensive step-by-step method of accessing the root cause of the sleep issues and clearing it
- ◆ How to integrate hypnosis with the following techniques:
  - ◆ Fast inductions
  - ◆ Regression Accessing Root Cause: How to find the main root cause with in minutes that controls your client's issues
  - ◆ Chair work: Understanding what is really going on in a conflicting situation and how to solve it
  - ◆ Focusing Techniques: Discover where the issues are stored in the body and how to release them and know that they are released.
  - ◆ Chakra cording techniques: Discover how to reprogram the memory to transform the negative imprints and emotions into positive imprints in order to enhance any relationship
  - ◆ Voice dialoging: communication with the inner voices in order to harmonize the inner conflicts
  - ◆ Parts integration: Reconnect the fragmented self in order to bring centerness and therefore peaceful sleep
  - ◆ Inner Child Work: Reclaim your power by healing the childhood wounds that control your clients inner peace which in reality effects their sleeping conditions
  - ◆ Forgiveness therapy: bring and honor the true self by accepting the whole self.

## Who Should Attend?

- ◆ If you are willing to help people who are suffering and you want to be the expert hypnotist you must attend this 1 day workshop.
- ◆ This Seminar is a MUST for all hypnotists and practitioners who want to expand the scope of their practice.
- ◆ Do you have clients who have trouble sleeping, or are just feeling overtired?
- ◆ Are your clients sleeping peacefully?
- ◆ Are your clients not showing signs of improvement, even after you have given all the positive suggestions?

This workshop is for you! Don't miss this powerful and informative workshop. It will provide you with the keys that will unlock your client's door to a better night's sleep. Improve your success rate with clients and be in demand.

## Take Home Materials

- ◆ Special Certification as a "Sleep Improvement" from Hypno Healing Institute
- ◆ Powerful Step-by-step easy to follow outline on each technique used
- ◆ Eight hours of CEUs from the NGH
- ◆ **BONUS:** Two 2-Hour Tele-Seminars

## What our students have to say:

"I was amazed when I saw your work with several fellow hypnotists who had sleep problems and in each case, within 30 minutes or less... Since then I have used your techniques on several clients with much success, thank you, Debbie for giving me some of your knowledge."

Sincerely fellow NGH member & Sports Psychologist, Jim Wedge

"Thank you for helping me feel mighty. You're very generous with your knowledge & Wisdom."

—Kathy Dempsey, MA

"I wish I this would have been my first hypnosis class. The way Debbie teaches makes perfect sense to me."

—M.S., MN

"By the end of one day, I knew I was a better Hypnotherapist with a bright future. Thank you!"

—Andria Michele Wood, CA

"This is the best class I ever took. I believe it enhanced my life and my learning's will advance & enhance the lives of others"

— Pamela Joette Cote, Maine



**Debbie Papadakis, BCH, CI**, is a sought after Sleep Deprivation Specialist, Master Hypnotist, an experienced Psychotherapist, and a NGH Certified Instructor and President of the NGH, Ontario Chapter. As a Reiki Master, an NLP Trainer, a Time Line Therapy™ Trainer, and a Licensed Holistic Practitioner, Debbie brings a wealth of knowledge to her clients and students.

She has been honored with the NGH 2005 Hypnotism Achievement Award. She was also selected as one of the speakers for the February 2005 Solid Gold. She is an adjunct faculty member of the NGH.

Debbie is the founder of the "Decording" technique which is assisting people to heal all of their relationships. Her ability to communicate with the unconscious mind works in synergy towards the release of painful feelings and emotions that are stored in the body. Debbie's techniques allow the body to regain its health. Her goal is to awaken the fearless self in each of us.

She has been honored to be selected as one of the seven most powerful women in hypnosis to present as a part of the Goddess Panel at the October 2006 IMDHA Conference in Troy, MI.

**Monday, August 10th**  
**Cost: \$175**  
**Session Begins at 9 AM**