

COLOR AND ENERGY MANAGEMENT

This is a two-day course on introducing the concept of color, emotions, and energetic system as it pertains to the field of hypnosis. Medical intuition is the ability to see and listen closely to a client and help the client understand the mind/body connection. Hypnosis is a tool to guide and help others identify and release issues that may be affecting their life, their health as well as their spiritual development. This is a course designed to help you utilize color for insightful observation of client issues as well as using color as a healing modality.

This is an in depth course on color designed specifically for NGH to help professionals observe and connect with color. Learn how to “see” color and “hear” color, and most importantly, learn how to interpret the colors you see and hear in order to facilitate healing.

THE CLASS WILL FOCUS ON:

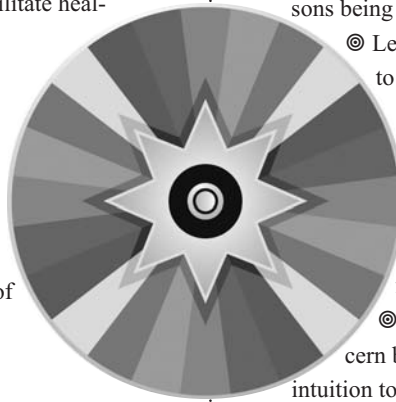
- ⊙ Corresponding disease states
- ⊙ Tools for medical intuition (numerology, language and body talk)
- ⊙ The emotional basis of the dis-ease
- ⊙ Color integration within your existing scripts
- ⊙ How to use color to work with the root cause of the issue

WHO SHOULD ATTEND?

- ⊙ Any hypnotist, body workers, nurses, doctors and other health professionals wanting to learn to “read” their clients clearly
- ⊙ Anyone that has taken color for granted and now wants to learn why it is in our lives and how to harness its information. (Artists, Designers, even marketing and advertising professionals! This class covers all aspects of color and human response.
- ⊙ Anyone with a desire to garner more information from his or her intake session.
- ⊙ Body workers, nurses, doctors and other health professionals who want to learn more about the energetic system and the body/mind connection.
- ⊙ Anyone wanting to understand the emotional basis for disease
- ⊙ Anyone wanting to learn how to use hypnosis to create energy “deposits”.
- ⊙ Anyone wanting to understand the correlations between body talk and self-talk and how these relate to the energetic system and the healing process.
- ⊙ Anyone with a desire to have more insight into the energetic system and corresponding disease states.
- ⊙ Anyone with the desire to help clients understand how their language and thoughts are reflected in their body and their life.

IN THIS COURSE:

- ⊙ Learn about basic color theory and how that translates to the energetic system
- ⊙ Learn about the energy centers/corresponding colors and numbers
- ⊙ Learn keywords to help you discern each center and corresponding organs
- ⊙ Learn to discern the underlying causes of “tissue issues” through observation and intake.
- ⊙ Learn about your birthday and its importance with your “tissue issues”
- ⊙ Discover the emotional basis of dis-ease and connect with the lessons being taught and the lessons being learned.
- ⊙ Learn when to look into past life regression and when to look into current life lessons.
- ⊙ Learn how and when to integrate corresponding color/corresponding issues with existing scripts and how to build new scripts.
- ⊙ Learn about other methods to integrate color in healing methods, clothes, crystals, light therapy, food and drink.
- ⊙ Learn to listen to your intuitive self, how to discern between ego and intuitive guidance and using that intuition to help you guide and ask the right questions.



TESTIMONIALS

I first heard Catherine giving a talk about the connection between auric colours and how understanding its ‘language’ can help us to help ourselves. She was so obviously sincere and genuine that I warmed to her quickly.

Having also practiced as a hypnotist for many years, I realized the immense value of her gift. To combine the knowledge of the mind with the ability to see the energetic body and work on several levels seems very positive.

As soon as I returned to England I resolved to ask Catherine for a reading. I have found it most revealing and valuable in my quest for self-knowledge, and certainly recommend anyone seeking a fine-tuning of self to have such an experience.

Kat Jenkins

BSc(Hons)psychology, MNCH(Acc), LMIPP, CH

I met Catherine almost a year and a half ago at a presentation she was giving on Colors here in Johnson City. Her lecture was fascinating and very informative and I thought I knew a fair amount.

What was incredible was her intuition. She read my aura and told me things that no one else knew. Catherine has a God given gift.

Since then I have been to several of her workshops to include numerology and past life regression. She conducts her sessions so that you have total trust in her. Besides being extremely knowledgeable, she is full of compassion and humor. I am a Reiki practitioner and have been around for quite a while and Catherine is the best I've had the pleasure of knowing. I would highly recommend her to anyone.

*Richie Hayward
Jonesborough, Tennessee*

A reading with Catherine is a real treat. She cleverly uses a combination of both her intuition and gifts as "the Queen of Color" to provide any guidance you may need. Check your inhibitions at the door and prepare to be "wowed".

*Jonathan S. Cooksey
Anderson, Indiana*

I first heard Catherine Poole speak at a conference a couple of years ago and was impressed by her dynamic presentation about how color affects many aspects of our lives. A few months later, the universe brought us face-to-face, and we immediately formed a bond of friendship. Catherine has conducted a number of popular workshops at our holistic center, and she has proved herself to be a powerful intuitive healer. Catherine has the unique ability to see a person's entire body in waves of color—not just in the aural field. By using the colors she sees, she can provide her clients with valuable clues to many of their personal issues, such as weight struggles or depression. I truly believe everyone could benefit from a personal reading session with Catherine—she is an extraordinary person with extraordinary talents! Make your appointment today—you will be amazed by her life-changing insights and pearls of wisdom!! –

*Darlene Frye, Stoney Fork Holistic Haven,
Wytheville, VA*

I first met Catherine Poole in December of 2007, and had my first professional contact with her in her role of Medical Intuitive in January of 2008. Not knowing exactly what to expect, I was very quickly put at ease and was amazed at the insight she provided and her compassionate manner.

Throughout this year, I have had several encounters with Catherine - as a Numerologist, Reiki Energy practitioner, Regression Therapist and most importantly, Friend. My wife has also met with Catherine and likewise was amazed at her intuitive knowledge and compassion. As musicians, we deal with feelings and emotion, and Catherine has helped us both put these unique gifts into perspective in our lives. As I (Roger) have been facing a serious health crisis, she has helped me work through this challenge, both physically and spiritually.

We both would recommend the talents, gifts and friendly educational sessions as offered by Catherine Poole. You may contact us if you wish for further details.

*Carolynn and Roger BAILEY
baileymusic@musician.org*

SEMINAR AGENDA

Day One

- ⊙ Introduction: Color and Human Response. Understanding the history, corresponding keywords, lessons, organs and disease states of colors. Also looking at the external forces of colors: environment, advertising, and food
- ⊙ Red: In depth look at arthritis, ED, fibromyalgia, back and neck issues, and addiction, accidents and broken bones.
- ⊙ Orange: In depth look at fertility, kidney, immune deficiency, cystitis, urinary tract, prostate issues.
- ⊙ Yellow: Diabetes and Obesity will be discussed in depth, as well as ulcers, acid reflux, and intestinal issues.
- ⊙ Green: Related disease states will be heart issues, lung, including allergies, asthma, cancer, high blood pressure and related blood disorders.
- ⊙ Blue: In depth look at thyroid, throat, ear infections and immune system issues.

Day Two

- ⊙ Overview and Discussion
- ⊙ Indigo: Sinusitis, nasal and eye issues as well as blocked intuitive abilities. Autism and ADD, ADHD will be addressed in part with white and crown center issues.
- ⊙ White, Black, Pastels: Also looking at the external forces of these colors: environment, advertising, and food.
- ⊙ Numerology: What does your birthday have to do with it? Looking at life lesson numbers and corresponding keywords/corresponding colors can offer a wealth of information. We will calculate charts for each other and use this to relate to tissue issues and corresponding colors and keywords.
- ⊙ Past life regression. When to delve into past life and when to stay in this one! How to use past life regression to garner answers for their current life issues.
- ⊙ Intuitive Session/Practice, Integration and Observation (yes, this is the fun stuff)



Catherine Poole, CH is known internationally as "The Queen of Color"™. Catherine is Senior Marketing Consultant of the WIN Firm, a strategic marketing research and development firm. Catherine is the National Spokesperson for FreshAire® Choice paint brand and "The Color Prescription" Campaign, (carried exclusively at Home Depot).

Catherine is a talented practitioner, a Certified Hypnotist and a faculty member in good standing with the National Guild of Hypnotists (NGH). She has presented her unique perspective of color and energy medicine to medical schools, including Indiana University School of Medicine, Eastern Tennessee State University (both leading family practice programs) as well as educated corporate environments on color and human response. Catherine is a single mother of three, living in Southwest Virginia. She enjoys the outdoors, horses (and trail riding), and loves to watercolor. She makes time every week to volunteer at Copper Crest Farm, a therapeutic horseback riding program designed for autistic and developmentally challenged children and adults.



Monday, August 10th
Tuesday, August 11th
Cost: \$325
Session begins at 9 AM