

HELPING PEOPLE HEAL THEMSELVES WITH HYPNOSIS

with *David Quigley*

Learn to Help People Deal with the Emotional and Mental Aspects of Disease that may be in their Subconscious Mind

In 1978, I was on crutches, diagnosed with crippling rheumatoid arthritis, a disease that had already crippled other members of my family. The doctors said that I might never walk normally again. I am now 56 years old, have been symptom-free for 21 years, and I am a runner, mountain climber and adventurer in my free time. I discovered the underlying causes of my disease with hypnosis and healed myself. Now I will teach you how to do the same for yourself, and for your clients.

Hypnosis has been used successfully in medical clinics and hospitals for pain and symptom control for many years. Yet, a far more effective use of hypnosis in disease management is its power to help us explore and heal the underlying causes of disease in the subconscious mind, as an adjunct to medical treatment. In this 2-day course, we will learn many methods of utilizing hypnosis to assist clients in healing the underlying cause of their condition.

I have used these methods to speed recovery from cancer, to eliminate migraine headaches, to wipe out food and pollen allergies. We can now effectively assist doctors in treating fibromyalgia, diabetes, and a host of other diseases, vastly accelerating the results of medical treatments.

William Reich's research in the 1930's suggested that the unexpressed pain and trauma of our past is stored in the musculature and connective tissue of our bodies, creating tension, blocks in circulation & ultimately pain and disease. Such memories can be stored in my experience in internal organs as well. By entering this "room of illness" in



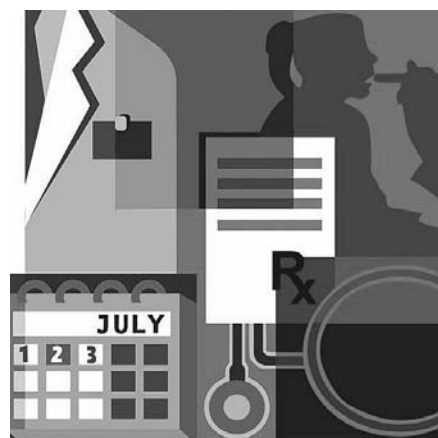
hypnosis, we may be able to identify both the external persons who are connected to this stored pain and the specific memories in which the pain originated. We can then utilize emotional release and child rescue processes to alter the memories stored in the body and thus release the pain and tension contained therein. We will learn to implant new memories of love, safety, and empowerment into these same body parts to greatly speed up the body's natural healing abilities.

This class includes a thorough 20-page workbook with a complete outline of the techniques covered in class. All NGH certified hypnotists qualify for an optional beautiful certificate in Hypnotic Healing with the Alchemy Institute of Hypnosis, for a small additional fee.

In this seminar, you will learn

To uncover and clear the underlying causes of illness with these techniques:

- ☑ How to help your clients experience personal empowerment through discovery of the meaning of an illness, and by learning the lessons involved, they can joyously release it.
- ☑ Guide clients in a gentle, invitation way through these discoveries, and how to accelerate their healing process in conjunction with appropriate medical treatment.
- ☑ Eliminate the subconscious processes of disease formation.
- ☑ Customize your trance induction to reach exactly the depth needed to access the cause of illness.



- ☑ Access traumatic memories stored in a tumor or organ in the body.
- ☑ Alter these memories of trauma, turn them into memories of love, peace, and fulfillment, & learn to plant these new memories into the affected body part.
- ☑ How sub-personality work is a powerful and significant aspect of the healing process.
- ☑ Communicate directly with the disease entity to determine its purpose in the client's life.
- ☑ Access the voices of inner "saboteurs" parts of the client who hired a disease, and help those parts learn to let go of their anger at the client.
- ☑ How to access the past life traumas which may have influenced the creation of this illness and learn how to clear these traumas.
- ☑ Use emotional release techniques that can help the body release rage, fear, grief, and guilt from the very muscles & organs that are holding this trauma. (These methods are not limited to screaming & hitting at a pillow—these are more sophisticated and immediate.)
- ☑ Help your client access an "inner healer" who can give them advice on diet, exercise and lifestyle.
- ☑ Learn to offer your clients spiritual surgery from this inner healer under hypnosis, which can repair bones, muscles & ligaments, cleanse toxic organs and shrink or eliminate tumors.
- ☑ How you can turn every recurrence of your client's painful and frightening symptoms into a healing process whenever these symptoms recur, thus reinforcing your work many times per day.

☑ To educate patients, doctors, and the public about the enormous benefits of these revolutionary new methods.

☑ Specific methods for cancer, allergies, and auto-immune diseases.

☑ Why breast, colon, and prostate cancers are epidemic in our society and how the causes of each can be addressed with simple hypnotic techniques.

☑ Why most clients (and doctors!) resist exploring the causes of illness, and how their resistance can be easily overcome.

☑ Easy pain control strategies for headaches and sinus congestion that clients can learn to use every day.

☑ Mobilize the client's immune system to eliminate disease and restore the internal balance of the body.

Who Should Attend

☑ Anyone in pain from a chronic illness or injury who wants to learn to heal themselves and to live pain free.

☑ Any hypnotist or hypnotherapist who wants to work with the underlying causes of disease in conjunction with medical treatment.

☑ Any hypnotist or hypnotherapist who wants to help empower their clients to work with their own inner resources every day to heal their bodies.

☑ Nurses, doctors, bodyworkers, and other health professionals who want to learn easy methods they can use in 5 minutes or less to relieve pain, increase movement and flexibility, and activate the immune system of their patients.

☑ Any hypnotist or hypnotherapist who is ready to expand the scope of their practice and their income.

Testimonials

"I smoked heavily for 30 years. I was diagnosed with emphysema in 2004. I was wedded to my oxygen generator. I couldn't climb a flight of stairs without pausing for breath. I decided to work with David Quigley. We discovered that it began at birth. We transformed my birth process and I received a new birth mother. Then we unraveled a number of episodes of emotional trauma where I stuffed emotions into my lungs. The result: I have now been diagnosed by a pulmonary specialist to be emphysema free. My children and I drove to the mountains recently and I hiked from one end to the other, with no problems. I'm now working out at a gym, without any breathing problems. David, your work and my inner guides, have saved my life."

Elinor Shultz, CHT

"In 1993, I was diagnosed with breast cancer. My fellow alchemical therapist Nell Runyon and my "higher power" eliminated this threat to my health and life. Kudos to Nell, David Quigley, and the Alchemy process! The miracles never cease!"

Patricia Sorensen, RN, Redwood City, Ca

"I'm a registered nurse and an Alchemical Hypnotherapist in private practice since 1988. I have worked with a wide variety of issues. Through Alchemy I've seen people make the change of a lifetime, sometimes in a matter of hours. One client had episodes of doubling up in pain so intense that she would lie on the floor unable to move, crying out in agony. First we cleared major childhood trauma, then, we asked the client's angels to remove "needles" placed there by her mother. They healed her body completely. One session two years ago cleared the pain, and she has had no reoccurrence."

Nell Runyon, RN, MS, Fairfax, CA



David Quigley is the founder and Director of Alchemical Hypnotherapy and author of the popular textbook **Alchemical Hypnotherapy**. He is a graduate of Duke University in comparative religion and transpersonal psychology. David has extensive training in Gestalt, primal therapy, group process and Jungian psychology, as well as courses in Ericksonian and clinical hypnosis and NLP. In addition to his thriving private practice, David teaches throughout the United States and Europe, including speaking at the United Nations Enlightenment Society and numerous hypnotherapy conferences.

Since he began teaching Alchemical Hypnotherapy in 1983, well over 2000 students have graduated as professional hypnotists. There have also been over a dozen hypnosis programs opened nationwide based on the Alchemy system of training.

Seminar Agenda

Day One – Morning:

☑ Introductory lecture – access and heal sources of illness

☑ Step-by-step methods for changing memories stored in the body, using hypnosis, movement and therapeutic touch techniques that any hypnotist can easily master.

☑ Demonstration with a class member

☑ Q & A

Day One – Afternoon:

☑ Lecture—Specifics for cancer, allergies and other autoimmune diseases. Stopping the inappropriate autoimmune response, and activating the immune system to combat bacterial, viral & fungal infections and cancer.

☑ Demonstration with class member

☑ In-class supervised practice of techniques

☑ Q & A

Day Two – Morning:

☑ Lecture—Hypnotic movement, its uses for joint and muscle pain, accident recovery, fibromyalgia, headaches and sinus pain, and sciatica.

☑ Demonstration

☑ In-class supervised practice of techniques

☑ Q & A

Day Two – Afternoon:

☑ How to meet and obtain advice from the client's inner healer

☑ Meet your inner healer (a guided journey)

☑ Methods for spiritual surgery

☑ Demonstration of spiritual surgery

☑ In-class supervised practice of techniques

☑ Q & A

**Monday–Tuesday,
August 10-11
Cost: \$325
Sessions Begin at 9 AM**