

103 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

FRIDAY, AUGUST 7

9:00-10:50 AM

(12091) **RELEASING THE PAST —Putting Past In Prospective And Winning The Future**

Christine Clarke-Swift, CI, BCH All-levels

- Establishing positive outcomes
- Strategies: releasing past-guided visualization and questionnaire
- Processing for forgiveness
- Getting past any “stuck place”
- Develop future plan

Cutting ties with past issues helps to move clients forward. These memories can rob the client of clarity to move forward in their life. Learn specific releasing techniques regarding past experiences, discover the benefits of being in the now and learn to help clients develop a plan for the future. This workshop will provide an opportunity to gain prospective, free up energy and direct clear conscious thinking. Many times the steps taken can get complicated. Other times we get stuck. It is in these times the need to reference a strategy is essential.

Lecture/Discussion/Q&A

(12092) **HYPNOTIC CASCADES WORKSHOP—Learn Effective Hypnotic Induction Sequencing**

Edwin M. Bebee, FNGH, CI, BCH, OB

Intermediate-Advanced

- Learn how to sequence the inductive process for your clients
- Understand levels within the inductive cascade
- Increase your understanding of staging in hypnotic sessions
- Develop the smooth integration of hypnotic inductive stages

Learn a specific process for assessing the progress of a client, patient or subject who is achieving attainment of the hypnotic state. Obtain an easy to use listing of pre-hypnotic receptivity questions for assessment of your client's propensity for entry into the hypnotic state. Develop and enhance your ability to assess, evaluate and record the responsivity of your hypnotic clients in a manner which facilitates both ease of induction and effectiveness of the trance-ratification process. Dr. Edgar A. Barnett's three-stage descending metaphoric process will be explained and demonstrated with emphasis upon ease of integration with pre-hypnotic protective suggestions in inductive format.

Lecture/Experiential/Demonstration/Q&A

(12093) **COLOR AND ENERGY MANAGEMENT**

Catherine Poole

All-levels

- Learn about basic color theory and how that translates to the energetic system
- Learn about the energy centers/ corresponding colors and numbers
- Learn to discern the underlying causes of “tissue issues” through observation and intake
- Learn how and when to integrate corresponding color/corresponding issues with existing scripts and how to build new scripts
- Learn about other methods to integrate color in healing methods, clothes, crystals, light therapy, food and drink

This is a two-hour workshop introducing the concept of color and its role within the energetic system. Medical intuition is the ability to see and listen closely to a client and help the client understand the mind/body connection. This is an introduction presenting how to observe and connect in order to facilitate healing. Understanding the client and learning to “read between the lines” is essential for hypnotists. This information provides us the opportunity to offer the most beneficial methods for helping clients heal.

Lecture/Demonstration/Q&A

(12094) **ESTEEM4TEENS – THE WORLD'S GREATEST RESOURCE – OUR TEENS—The Power Of Positive Self-Talk**

Charlene Ackerman, BCH, CI

and Stephen Tseng, CH, CI

All-levels

- How we can open the doors to begin offering a helping hand to our teens
- Offer guidelines for expressing themselves
- Allow the teens to see your vulnerability, therefore allowing a more open line of communication
- Introducing a 4-level program for building self-esteem in teens

Help teens to express themselves openly and freely in a safe environment. Offering an opportunity to freely express “Who am I?” “Who do I pretend to be?” We will discuss how to build self-esteem using a 4-hour or 4-week positive “self-talk” format. They are also given the opportunity to express what they like about themselves, to talk about their good qualities for a change.

Lecture/Discussion/Q&A

(12095) **ADD/ADHD CLIENTS AND YOUR EXTENDED ROLE AS A HYPNOTIST—Creating The Whole Package For Success**

Roxanne Cortese, CH

All-levels

- Experience what it is like to have ADD/ADHD
- Create a full behavioral package for the client and parents
- How to take this program into schools
- Make your practice the one they want to go to for help with ADD/ADHD

This workshop is for the parents, hypnotists, grandparents and those who truly want use a totally different approach to ADD to make it easier for parents to work with their children. Learn how to change how you talk, respond, reward, create plans and incorporate it with hypnosis. Be able to use this program with confidence immediately. Understand ADD/ADHD, plan a program and execute all areas to be successful.

Lecture/Discussion/Q&A

(12096) **HEALING ASTHMA IN 3 TO 6 SESSIONS WITH LIFE MEMORY RECALL—A Research Study On Asthma, Hypnosis And Life Memory Recall**

Norton Berkowitz, PhD

All-levels

- Learn how to use the Live Memory
- Learn seven techniques used to take people into Life Memory Recall™
- Receive a script for helping you find the trauma that has to be released
- View a live demonstration of how to use Live Memory Recall
- Receive a copy of the research data

The study is new asthma research study using hypnosis. This study has shown great promise and with surprising results. The research study was conducted by Robert Silverstein, MD and Norton Berkowitz, PhD. The research project was to see if the effects of past trauma or negative circumstances has created or helped to create asthma in an individual. The participants were committed to one 2 hour session followed by three to six 1 hour weekly sessions. In this workshop, the results will be discussed as well as the procedure which made it possible to gain these results. Questions will be answered. I will also conduct a demonstration with a volunteer who has asthma.

Lecture/Demonstration/Q&A

(12097) WORRIES MANAGEMENT —A Tool For Recruiting Clients To Your Practice

Pedro Ezequiel Rodriguez, CH, CI All-levels

- How to teach a Worry Management Seminar to general public
- Learn how you can recruit clients for your practice and self-hypnosis course by introducing hypnosis with a soft approach during the seminar
- Identify marketing opportunities

This workshop is focused to teach how to identify worries and how the worry process works. This program is conducted in two different modalities, one is focused to general public and the other is focused to teach you how to use the program to help prospects/clients to cope with their worries creating an open gate to introduce hypnosis. Experience the program by yourself, creating a strategy to cope with your more immediate worries. Receive additional material and instructions to implement the seminar and how to use it as a client recruiting tool.

Lecture/Exercises/Q&A

11:00 AM-12:50 PM

(12112) ONE SESSION STOP SMOKING MADE EASY—Ultra Successful Three Stage One Session Smoking Cessation Program

Robert Brenner All-levels

- Understand the 3 components for a stop smoking session
- Learn why nicotine withdrawal doesn't occur with this state of the art process
- Understand why clients don't gain weight and some even lose weight with this hypnosis stop smoking process
- Learn the importance of doing a proper intake to assure that the client is ready to become a non-smoker

The Cutting Edge Stop Smoking Program gives new understanding to the habit of smoking. The reason a person first puts a rolled up piece of paper in their mouth and sets it on fire is explained. The truth about the connection to smoking and weight gain is explored in this workshop.

Lecture/Discussion/Q&A

Questions? Call the NGH
Office at (603) 429-9438

(12112) HOLISTIC HYPNOSIS JOURNEY TO THE HIGHER MIND — A Guided Session

Henry Leo Bolduc Intermediate

- Brief history of Edgar Cayce's legacy
- Free poster of Cayce's Journey
- Understanding of "holistic"
- Benefit yourself and your clients

Edgar Cayce, Father of the holistic revolution, used self-hypnosis an average of twice a day for 43 years! His work opened doors to many professions and numerous school of healing. Following Cayce's description, experience a guided session to the Hall of Akashic Records and receive guidance from your own soul's records.

Lecture/Experiential/Q&A

(12113) THE ALTERNATIVE WEIGH TO WEIGHT LOSS —Implement A Proven 4-Session Hypno-Behavioral Weight Loss Program

Adeline Kania, CH All-levels

- Understand why emotional overeating is the #1 saboteur to weight loss efforts
- 3 empowering questions that will help to control emotional overeating
- Learn 7 keys to effective weight loss
- Help your clients to "imprint" a healthy new body image in their subconscious

Addie has effectively combined hypnotic imagery with behavioral modification in her successful 4-session weight loss program. Her techniques have helped her clients create healthy life-styles, develop positive self-esteem, unplug their emotional appetites, shed pounds by controlling their cravings and using hypnosis with the "Law of Attraction" to imprint a healthy new body image.

Lecture/Discussion/Experiential/Q&A

Audio Tapes & CDs!

Afraid You'll Miss One

Workshop by Going to Another?

Don't Worry! Audio Tapes &

CDs of the Workshops Will be

Available to Convention

Participants.

We'll Take Your Orders There!

(12114) HYPNOSIS—Interacting With Clients Who Have Disability Cliff Schulman, CH and Leslie Carey

All-levels

- Learn effective communications with disabled individuals
- Intake procedures and methods for getting forms filled out
- How to deal with office navigation to relax disabled clients
- Discover the visionary imagination of blind individuals

This course will alleviate some of the misnomers and ideas that may set a barrier between you and the disabled individuals in your practice. Cliff has been blind for 16 years. Learn the simple techniques that make everyone comfortable in your office. Know what to say and how to say it to all your clients. Never be uncomfortable or at a loss of words when working with a disabled person. Build your confidence while you provide access and comfort, gain rapport, present a courteous interaction while getting maximum results.

Lecture/Discussion/Participation/Q&A

(12115) TRANSFORMATION INTO THE SUPER SELF TO ACHIEVE YOUR GOALS—Influence The Mind Through Body And Body Through Mind To Be The Best

Babu Moses, BCH, PT All-levels

- Learn the psycho physiological functions for effective weight loss, stop smoking & emotional management
- Discover the methods to change your emotional status and physical feelings to achieve your super self to guide you through the change
- Evaluate the powerful induction using your body, voice and gestures

Effective hypnosis for weight reduction, stop smoking and emotional management, depends on developing a detailed understanding of the causes and conditions. Learn how to analyze the clients and make them a winner in pursuit of their goal. Increase the success of the pre-talk by using your voice, gestures and body that increase the success of the session. Learn effecting marketing strategies and enhance your abilities to create more success. Understand how to treat the client holistically and learn to be a winning hypnotist.

Lecture/Demonstration/Exercise/Discussion/Q&A

"Great for all from novice to expert." —Carol Teresi, Meadville, PA

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(12116) HYPNOSIS BEFORE, DURING AND AFTER SURGERY —Preparing The Mind And Body For Surgery

Claire A. Tatro, CRT, CH *All-levels*

- Calm patients before surgery
- Stop the bleeding and swelling during surgery
- Activate the immune system
- Speed recovery and pain control

Using hypnosis to relax the client before surgery has great benefits. We can calm their fears, enhance the immune system and promote rapid healing. The client needs less anesthesia, has fewer complications and heals faster. Suggestions to stop the bleeding and swelling during and after surgery are very successful. All my clients were discharged from the hospital earlier than expected. I recently had a client for a kidney transplant. The surgery was successful. It will be interesting to see if the suggestions for the body to work with drugs to stop rejection work.

Lecture/Demonstration/Q&A

(12117) INSIDE THE MIND OF AN ELITE ATHLETE—Learn The Mental Training Secrets Of Olympic Gold Medalists

Daniel S. Vitchoff, CH *All-levels*

- Learn the mental training secrets of some of the World's Best Athletes
- Effectively communicate with athletes
- Why most athletes are turned off by hypnotists and sports psychologists
- Proper & most effective way to contact professional and college athletes

Expand your business by offering Sports Hypnosis Programs for athletes of all ages. We will reveal the little known secrets of Olympic Gold Medalists and introduce you to practical methods and techniques that you can begin using immediately. Discover just how easy it is to help your clients develop a winning mindset, improve focus and concentration, build confidence and perform flawlessly under pressure. Learn how athletes can benefit from hypnosis and mental training.

Lecture/Discussion/Exercise/Q&A

"NGH workshops give clear, practical information and tools you can use the day you return."

—Chrysta Anderson, Rainier, WA

2:00-3:50 PM

(12021) IT'S ABOUT TIME —Using Time For Your Advantage

Walter Stock, CH and Maureen Stock, CH

Intermediate-Advanced

- Learn how to maximize the work in a session through time expansion
- Learn to employ time contraction to facilitate control over discomfort
- Determine and utilize personal timelines
- Learn the Ericksonian technique "pseudo-orientation in time"

This workshop will explore various phenomena connected with the perception and utilization of time. Clients' sensation of time can be explained in order to enable them to process additional material during a limited period, or it can be contracted to shorten periods of discomfort. Personal timelines may be determined and utilized to bring about change.

Lecture/Discussion/Practice/Q&A

(12022) HABITUAL SMOKING —Slaying The Three-Headed Dragon

Richard Kania, ACH, LADC *All-levels*

- Why nicotine is truly an addictive drug
- Understand the complex reasons for smoker's relapse
- Identify and address the three components of nicotine dependency
- Create a comprehensive and effective nicotine dependency recovery plan for long term success

Do hard core smoking clients who keep relapsing and need more intensive therapy frustrate you? Learn a recovery-based nicotine dependency treatment model created by a licensed substance abuse clinician and former 3 pack a day smoker. Use the latest tools/strategies/medical and holistic options that really work. Motivate, encourage and help chronic long-term smokers. Get more medical referrals by complying to the new federal smoking cessation guidelines.

Lecture/Demonstration/Q&A

You'll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.

(12023) DOWSING - "TUNING INTO YOUR INTUITION" —Instant Rapport & Appropriate Inductions Every Time

Dorothy Campbell, CH, CI *All-levels*

- Become balanced and centered to allow the intuition to process
- Understand how to use dowsing rods to tune into your intuition
- Learn how to ask clear, precise questions to receive accurate answers

- Locate and access the 4 energy fields

Using your intuition to become aware of your client's energy allows you to build the positive connection with them that will make them comfortable and keep them coming back and will assist in choosing the most appropriate induction. Learn how to locate and assess the client's energy fields and chakras to determine their physical, emotional, mental and spiritual condition before they arrive.

Discussion/Demonstration

(12024) HOW TO USE "AUDACITY" TO IMPROVE YOUR COMMUNICATION—Recording Tips To Help You Create CDs And Audio Podcasts

Michael R. Hathaway, FNGH, CH
and Penny Hathaway *All-levels*

- Understand how to use "Audacity"
- Follow a step-by-step guide
- Record and edit your material
- Create a podcast
- Produce your own professional product

"Audacity" is a free downloadable recording program created by musicians to work with their music. It is simple and easy to use and can be an excellent aid in helping hypnotists record their inductions, meditations and personalized programs for their clients. It can be used to create CDs and for podcast production. Michael and Penny Hathaway have been using the program for two years to record, edit and create CDs, as well as to produce a daily podcast.

Lecture/Discussion/Experiential/Q&A

"Three wonderful days of mixing left brain logic and learning with right brain creativity and fun. Been coming for 10 years and I still leave inspired."

—Irene Nichols, Coral Gables, FL

(12025) HYPNO YOUTH AND BEAUTY—Hypnosis To Rejuvenate, Look Younger And Beautiful
Stephanie Ho, CH, CI *All-levels*

- Learn how to conduct the hypno youth and beauty session
- How to teach clients in positive mental attitude
- How hypnosis enhances beauty
- Learn to use acupressure to help release the tightened tissues

Learn how to use hypnosis to stimulate and rejuvenate the cell systems, enhance beauty, and look younger. Learn how to teach clients self-confidence so that they may view and place many aspects of their lives in the proper perspective, keeping them young and healthy.

Lecture/Demonstration/Exercises/Q&A

(12027) ELIMINATE FEARS AND HABITS—Effective Way To Desensitize Emotional Responses
Nancy Klase, CH, CI *All-levels*

- Learn how to ‘desensitize’ your client to the emotional grip of fear
- Access and reframe the ISE
- Provide your client with a powerful anchor for feeling safe and happy
- Simple effective way to eliminate any limiting fear

Eliminate Fears and Habits is a powerful technique to enhance your bag of tools. Learn how to combine some NLP techniques with the trance state to effectively eliminate the emotional grip of negative experiences. You will want to use this tool with all of your clients. This is an experiential workshop, so bring your own fears and habits and be prepared to ‘let them go’!!!

Lecture/Demonstration/Q&A

“I always feel energized and inspired after attending the NGH. I’ve only missed one year and I could tell the difference in my attitude and business. I NEED my annual “shot in the arm” to “vaccinate” me against burnout and give me new ideas and motivation. Thanks for a great job. I think this year was the best yet.”

—Janet Harwell, Round Rock, TX

“Professional, practical, presentable.” —Jennifer Chon, Columbia, MD

4:00-5:50 PM

(12041) HOW TO POSITION YOURSELF AS THE OBVIOUS EXPERT—Turbocharge Your Hypnotism Business NOW!

Elsom Eldridge Jr., EdM, CPC, CPMC All-levels

- Instantly use fastest and surest ways to make your expertise known
- Ingeniously create PR for yourself—and have clients seek you out
- Profit from niche marketing
- Definitely know what content belongs on your web site and how to attract massive traffic

Learn how being recognized as THE Obvious Expert can make the difference between ultra-success and failure. Creating and managing your visibility is vital to maximizing your potential for success. The methods are specific, proven, inexpensive, painless and fun! You’ll get an arsenal of insights, tools and shortcuts.

Lecture/Participation/Q&A

(12042) DO MORE THAN SURVIVE THE RECESSION – FLOURISH—You Can Do This!! I’ll Show You How!

Theodore Robinson, BA, JD, CH *All-levels*

- Identify which emotions are holding you back from abundance
- Learn how to effectively and quickly apply EFT for each issue
- Establish a specific business program to bring in money consistently

Learn the two reasons for recession and how to overcome the emotions that arise when you’re in a financial panic. Learn how to recognize and identify all of the issues that hold you back from success and abundance - even in the midst of a recession. Learn how to establish your Unique Selling Proposition (USP) and how to make the most effective use of it in your marketing strategies. Experience a release of at least one self-limiting emotion.

Lecture/Demonstration/Q&A

Please note:

An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Q&A, Participation, Experiential and Visual.

(12043) OBJECTIVE APPLICATION OF ERICKSON —How To Make Sense Of Milton

Scott McFall, DCH, CH, LMT *Advanced*

- Learn conversational hypnosis
- Parables that work
- Reading between the lines when listening to clients

This class is intended to de-mystify the practitioner with regard to the structure of Ericksonian communications when performing hypnosis sessions. The class will give easy-to-use structures to follow in the footsteps of an intuitive master.

Lecture/Demonstration/Q&A

(12044) SECRETS OF HYPNOTIC PAIN CONTROL

Don Mottin, OB, CMI, DNGH *All-levels*

There are very few types of hypnotic sessions that provide the hypnotists with an ongoing sense of satisfaction like hypnotic pain control provides. Don has developed pain control techniques that work with children, as well as adults. Learn to work with burn clients. Discover how to work with procedure related pain. When not to use visualization. Find when to use truism. Discover Don’s technique of using regression for pain control. Ascertain if the pain is physical or psychological. Tap into the client’s self-healing abilities, and much, much, more.

Lecture/Demonstration/Q&A

(12045) WINNING POWER OF REJUVENATION THROUGH HYPNOTISM—Renewed Life For Winners

Angelina Ahumada, CH *All-levels*

- Integrate a guideline for achieving goals which will aid for rejuvenation
- Learn to neutralize the effects of environmental hazards
- Make your own induction tape to enable you to reach and activate the cells

Learn how the body, mind and spirit work to rejuvenate. Understand the secrets to contact the unconscious and subconscious mind through effective hypnotic suggestions to produce cell renewal. Exercises using power of prayer and hypnotic induction to eliminate negative emotions and produce positive behavior. Guided session to forgive and release attachments which disrupt natural emotional flow. Integration of the Law of Happiness for reframing the mind to create daily renewal.

Lecture/Demonstration/Experiential/Q&A

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(12046) HYPNORHYTHMS

—Power Of Rhythm To Entrance

Peter Blum, CI, CH

All-levels

- Learn about your body's own internal rhythms including brainwaves
- Achieve rapport through synchronization
- The ancient practice of using drums and rattles to induce trance
- How to get particular types of pre-recorded music
- The "Mozart" effect of Baroque music

Many people believe that understanding the power of vibrational healing will be the key to the future of medicine and healing. Without any prior musical training, you can learn to incorporate these powerful tools for transformation into your personal growth program or professional hypnotism practice.

Lecture/Demonstration/Discussion/Exercise/Q&A

(12047) UNDERSTANDING YOUR CLIENT'S GRIEF—Bereavement Basics For Consulting Hypnotists

Lindsay Bates, BCH, OB, Dmin

All-levels

- Learn to recognize characteristics of healthy and unhealthy patterns of grieving
- Identify and work with factors that shape how and why we grieve
- Help grieving clients better understand their experience
- Help grieving clients get "unstuck"
- Recognize and continue healing your own grief experiences

Very few of us reach adulthood without suffering significant losses of many kinds, and all of our losses can continue affecting us in unexpected ways. What happens to our grief when it isn't expressed and experienced in a healthy way? What can the consulting hypnotist do to ease the process along when basically healthy people get stuck in their grief – and don't even know it? This workshop will help you help clients who may not even realize they're grieving.

Lecture/Experiential

"Every year I become inspired to be a better hypnotist and this convention allows me the opportunity to do so. I always walk away with more information, insight and a burning desire to improve as a hypnotist."

—Ruth Guedes, Seymour, CT

7:00-8:50 PM

(12072) SLEEP LIKE A BABY AND CHOP SOME ZZZZS WITH HYPNOSIS—Learn Hypnosis Techniques To Help Clients Sleep Soundly & Well

Ed R. Martin, CH

All-levels

- Understand how to assist all sleep problems with special suggestions
- Learn a deep trance regression hypnosis technique to release causes for the sleep problem
- Teach the conscious mind and the subconscious how to sleep correctly
- Learn how to use Cell Command to resolve sleep difficulties

These techniques of deep trance cellular hypnosis can help release those causes of the problem and then help the client actually begin to sleep and heal or get well. In this workshop, we will explain the methods of Cellular Releasing and Cell Command Therapy® to release the causes and restore sleep function in deep hypnosis. Experience a group session to stimulate the body for learning how to sleep and a demonstration will be conducted to teach the techniques for assisting with sleep problems.

Lecture/Discussion/Demonstration/Experiential

(12073) CONDUCTING AN AMAZING PRE-TALK & INTAKE —Prepare Each Client For A Super Session

Philip Holder, CH

All-levels

- Pre-Talk: Acquire great tools to educate, establish rapport, enhance imagination, eliminate client fears, invest the client, make useful waking hypnotic suggestions, gain compliance
- Intake: Elicit the information that you need in the expeditious fashion
- Learn how to establish a powerful "Reward System" for your client
- Learn how to key in on important motivators
- Gain the skill of turning client statements and remarks into great suggestions
- Apply waking hypnotic suggestion in the most useful way

Questions? Call the NGH
Office at (603) 429-9438

The success of a hypnosis or any session is determined in great part before the session ever begins. Increase your success rate dramatically by having polished skills in pre-talk and intake. Learn methods to create within your client a positive mindset and an attitude for success. It will help you to provide a well organized pre-talk that will remove obstacles to success and enhance your client's ability to achieve and maintain trance state. Throw away your patter scripts and provide a truly personalized and powerful session tailored to each client's specific needs and motivators.

Lecture/Demonstration/Q&A

(12074) SECONDARY GAIN!?! IT CAN STOP YOUR CLIENT'S SUCCESS—Parts Mediation Work Can Bring You Success When Everything Else Has Failed

Calvin Banyan, MA, BCH, CI, FNGH

All-levels

- Learn how Secondary Gain is impeding success
- Learn how to conduct a Parts Mediation Work session
- Learn about the "segue" to make hypnotic suggestions much more powerful
- Learn how to seamlessly work this into a system of hypnosis

Learn how to help clients that get stuck, and seem hopeless. Learn how to identify Secondary Gain, and how to remove it using Parts Mediation Work. This is an insight process that will make your clients more suggestible.

Lecture/Demonstration/Q&A

PLEASE NOTE

Just the fact that you want to broaden your knowledge is reason enough to attend any presentation on our schedule, but we ask our presenters to indicate which level of experience a member should have to profit most by attending. So, in the catalog to help you make choices, you will see one of the following indicators: Introductory, Intermediate, Advanced or All Levels.

(12075) ANCHORING—Advanced Techniques For Immediate Results

Anne King, CH All-levels

- How to create & collapse anchors
- Anchor objects for many reasons
- Set both positive & negative anchors
- Amplify anchors Stack anchors
- Use anchoring in your practice

Learn advanced anchoring techniques you can use with your clients for quick and profound results for a variety of problems or conditions. You will receive a quality mini-manual.

Lecture/Experiential/Exercises/Q&A

(12076) WHAT TO DO WHEN THE ALCOHOLIC CALLS YOU

Joseph Nunan, CH All-levels

- What are the various treatment options and their success rate
- What role hypnosis can play in the recovery of the alcoholic
- What the Consulting Hypnotist can and cannot do
- What personality dynamics you should be aware of
- What you can and should do to help
- Beneficial services for the recovering alcoholic

Learn how to identify the most common signs of alcoholism and how to recognize the most common characteristics of alcoholic behavior. Professional and ethical considerations, risks and dangers and the criteria involved in making the proper decisions when presented with the alcoholic seeking services will be covered. Be better informed and prepared when presented with the question, "What to do when the alcoholic calls you".

Lecture/Q&A

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books and tapes of our featured speakers. You will be able to choose from a wide assortment of books, audio and video tapes not easily found elsewhere.

(12077) TREATING SLEEP ISSUES WITH HYPNOSIS—Latest Research.. Newest Ideas.. Most Advanced Techniques

Bernard Yam, CI, FNGH All-levels

- Learn the latest research on sleep biology
- Learn the idea of a "sleep cycle" and how hypnosis relates to it
- Learn the latest concept of hypnosis in relations of sleep research
- Learn the newest approach to treating sleep problems with hypnosis
- Learn why progressive relaxation and conventional hypnosis won't work with sleep issues
- Learn what to do in just one session to see results

Most people ask their hypnotist, "Can you just make me sleep with hypnosis? Because I haven't been getting any sleep lately!" Sleep research is quickly becoming one of the hottest fields in medical research. Statistics show that about 75% of all American will experience some kind of sleep disorder at some point in their life. With the newest available knowledge on sleep biology and evidence based hypnosis, we are able to achieve 100% success rate with sleep problems at our clinic. Let me show you my thought process.

Lecture/Demonstration/Practice

(12078) THE KEY TO WINNING RELATIONSHIPS—Healthy Conflict Management

Armona Livneh, BCH All-levels

- Understand the role of conflict management in determining the quality of relationships
- Be able to understand the negative effects of avoiding conflicts
- Learn about destructive quarrels
- Learn about role-playing in hypnosis—the ultimate strategy in conflict resolution

If you have parents, children, relatives, coworkers, a spouse or significant other, then you communicate with people on a daily basis. And with enough communication conflict inevitably rises. In this two-hour workshop, you will learn about healthy conflict resolution, which leads to winning relationships, and will walk away with Dr. Livneh's unique role-playing hypnotic techniques to aid you in effective conflict management in the future.

Lecture/Experiential/Discussion/Q&A

(12079) TUNE IN TO BE FORTUNED™—As Our Voices Outside Connect With You, You Will Fine Tune Voices Within

Pearlan Feeney-Grater, CH, Elizabeth L. Campbell, Mona Santl and Lucinda Flint All-levels

- Become inspired to try new approaches and implement them into your work
- Experience the FourTuned™ technique that uses multi-layered voices and suggestions
- Create a "winning approach" to reach your clients' personal style of receiving suggestions
- Learn how to make a CD based on the FourTuned™ method

Allow the voices of four entrancing hypnotists to take you through a whirlwind of change as they travel to all corners of your mind. Using the modalities of NLP and hypnotic suggestions with multiple voices, you will flow through the levels of your Chakra System as you clear, tune-up and recharge. Leave this fun filled session "FourTuned™" with a new technique and a complimentary CD that can be customized for your clients.

Lecture/Experiential/Demonstration/Q&A

"I have been a hypnotist for 28 years but have been able to learn and relearn many techniques to take back to my practice. This ongoing education makes me feel that I'm keeping up with present and forthcoming new learnings and ideas."

—Ruth Beatrice, Port Saint Lucie, FL

"The NGH Convention is a mecca of higher learning for both the new and the seasoned hypnotist. It offers invaluable training, advancement and innovative new state of the art techniques presented by top shelf success, veteran hypnotists."

—Wayne Minichielli, E. Gouglas, MA

**Questions? Call the NGH
Office at (603) 429-9438**