

### 7:00-7:50 AM SEMINARS

#### (11071) YOGA EXERCISE

*Dorothy Kerzner, CH*

*All levels*

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

#### (11072) MORNING CHI KUNG

—Gentle Stretching And Breathing

*Lawrence Galante, CH, CI*

*All levels*

Start your morning right with these simple breathing and stretching exercises. Chi Kung is easy, relaxing, and suitable for everyone. The deep breathing and gentle movements exercise the heart and legs, relax the mind and promote a state of well-being by oxygenating the blood, organs, and cells.

*Lecture/Experiential/Demonstration*

### 8:00-8:50 AM SEMINAR

#### (11081) JOIN THE LEADERS...

*Dwight Damon, DC, DNGH*

*All levels*

Keynote Address of the 2009 Convention

*Lecture*

### 9:00-9:50 AM SEMINARS

#### (11091) DESTRUCTIVE TRIGGERS - HEALING TRIGGERS—Eliminate Cravings, Urges And Obsessions

*Anthony DeMarco, FNGH, LLB, BCH, OB*

*All-levels*

We are one 'giant memory' that reacts to many stimuli that we have witnessed, whether real or imagined, since birth and before. The passion, or the circumstances, or the repetition with which any given stimulus is presented to us, dictates the effect resulting in specific reactions that please us or empower us, or haunt us or disturb us or 'attempt' to destroy us. One of our goals is to neutralize and improvise. Tony shall offer his further insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness and several effective triggers to use to combat cravings, urges, obsessions and give your clients the kick-start to get up and go out and grab life by the collar and give it a good shaking.

*Lecture/Demonstration/Q&A*

#### (11092) ABREACTIONS

—Regression Techniques That Prevent Trauma

*Marx Howell, BS*

*All-levels*

A variety of regression techniques will be explained that will prevent re-traumatizing. Learn specific strategies and techniques to minimize abreactions when hypnosis is used to search for memories below conscious awareness. Find out how to select which technique will be most effective at each particular session. These proven regression techniques have been used successfully with traumatized crime victims and will be useful in a practice. Don't miss this high energy, information packed presentation by one of the leading forensic hypnosis experts in the field.

*Lecture/Q&A*

#### (11093) HYPNOSIS INDUCTION USING PRESENCE —Achieving Trance Directly From EFT/PRESENCE Processes

*Theodore Robinson, CH*

*All-levels*

Learn how to be present and then how to do EFT and why it's so useful. Watch and participate in a demonstration of EFT and experience an example of someone being brought into "Presence" using EFT to first eliminate the past and the future. Then watch a careful and safe emergence from trance with a post-hypnotic suggestion provided to benefit the client and support the use of EFT, Presence and Hypnosis in the future.

*Lecture/Demonstration/Q&A*

#### (11095) CONDUCTING PRESENTATIONS

*Don Mottin, CMI, DNGH, OB*

*All-levels*

There are four different types of presenters who will benefit from this program. If you present short talks to the public, you will be reenergized. If you teach self-hypnosis or stress programs, your teaching style will change. If you are a certified trainer for the Guild, your students will be referring others to you. The last category is those that have yet to venture out and do a talk. After this class you will be looking forward to an opportunity to speak in front of a group.

*Lecture/Q&A*

#### (11096) HUMAN MIND IS METAPHOR MIND

—Symbolic Communication With The Unconscious

*Peter Blum, CI, CH*

*Intermediate*

Metaphor allows the hypnotist to instruct the client indirectly in a way that avoids arousing the client's resistance because the client is the one who ultimately decides what the metaphor means, how it is interpreted and what kind of response, if any, will be forthcoming. Metaphors will be presented for analysis and review.

*Lecture/Discussion/Q&A*

### 10:00-10:50 AM SEMINARS

#### (11101) GO WITH THE WINNERS: INTRODUCTION TO 5-PATH® AN ADVANCED SYSTEMATIC APPROACH TO HYPNOSIS—Why 5-PATH® Is The Fastest Growing System Of Hypnosis For Success

*Calvin Banyan, MA, BCH, CI, FNGH*

*All-levels*

This seminar gives you what you need to know in order to get an understanding of why so many successful hypnotists have sought out and trained in 5-PATH. Find out why it is one of the fastest growing Special Interest Groups in the NGH.

*Discussion/Q&A*

#### (11102) HOW TO PREPARE A WINNING CONVENTION PROPOSAL—Strategies For 2010

*Elsom Eldridge Jr., MEd, CPC, CPMC*

*All-levels*

At times hypnotists with important programs may be overlooked because of poorly prepared proposals. But, just what does it take to create a proposal that sells itself to the Convention Committee? Convention Director Elsom Eldridge Jr. unlocks secrets to successful seminar and workshop proposals. Get the inside scoop!

*Lecture/Discussion/Q&A*

To register, call (603) 429-9438

# 189 Expert Seminars

No Additional Charge  
Included With Your Convention Fee

## FRIDAY, AUGUST 7

### (11103) SELF-HYPNOSIS FOR MEDICAL CATASTROPHE

Scott McFall, DCH, CH, LMT

All-levels

You get insights gleaned from the use of self-hypnosis before, during, and after Scott McFall's open heart surgery. Scott underwent aortic valve replacement and had an aneurism 4 times the size of his heart repaired at the aortic root. The challenges faced during recovery and rehab were reduced in no small part to the techniques of self-hypnosis and the technology of NLP. In this powerful presentation, Scott will share the perceptual structures used during the process.

Lecture/Q&A

### (11104) SYMBOLOGY AND NON-VERBAL COMMUNICATION IN HYPNOTISM—Go With The Winners In Symbology

Angelina Ahumada, BA Ed, Psy, PLT, CH

All-levels

The language of the inner mind comes up as symbols in dreams, regressions, inspirations, daily conversation and hypnotic sessions. This introduction will emphasize some signals, symbols and clues hypnotists must grasp. Through a video presentation, you will learn some different body postures the client may adopt as well as learn the meaning of different body parts as symbols in movement.

Lecture/Demonstration/Experiential/Q&A

### (11105) HYPNOSIS AND INTUITION—Use Your Intuition In Helping Others

Michael R. Hathaway, FNGH, CH

All-levels

This seminar is designed to explain how you have natural intuitive abilities that can aid you in your practice of hypnosis. You will learn to recognize and gain confidence in the information that your subconscious mind knows. Once you have identified your own intuitive gifts, you can use them to help your clients and others.

Lecture/Discussion/Experiential/Q&A

### (11106) HYPNOSIS AND THE INTERNET—Professional Secrets For Increasing Your Hypnosis Income

Marilyn Gordon, BCH, CI, OB

All-levels

Changes in the economy and innovations in technology create a need to understand new ways of expressing ourselves in the world. You can learn to create teleseminars, ebooks, and online articles. You can learn how to create e-newsletters, autoresponders and landing pages – words of the new wave – all ways to market your work and create new sources of hypnosis income for yourself. This seminar will show you how.

Lecture/Q&A

## 11:00-11:50 AM SEMINARS

### (11111) PEDIATRIC HYPNOTISM—Using Hypnosis To Help Transform Children's Lives

Alicia Marcos Birong, CH

All-levels

This seminar includes techniques and important information needed to successfully integrate pediatric hypnosis into your practice. Upon completion of this seminar, you will have a clear understanding of these techniques and whether Pediatric Hypnosis is something you may want to specialize in.

Lecture/Discussion

### (11112) WHAT TO DO WHEN THE ALCOHOLIC CALLS YOU

Joseph Nunan, CH

All-levels

You will be shown how to identify the most common signs of alcoholism and how to recognize the most common characteristics of alcoholic behavior. You will be informed about the current medical and professional treatment methods, their respective approaches and their success rates. Professional and ethical considerations, risks and dangers and the criteria involved in making the proper decisions when presented with the alcoholic seeking services will be covered.

Lecture/Q&A

### (11113) GIMMICKS, GIZMOS AND GADGETS—Extraordinary Uses For Ordinary Objects To Mesmerize, Hypnotize And Fascinate Your Audience

Joann Abrahamsen, CI

All-levels

Join me in an adventure, an exploration into a world of imagination, a world of gimmicks, gizmos and gadgets. My collection includes spirals, pendulums, crystals, toys, magic illusions and more. Some of my "toys" were designed for hypnotic use; while other items were not. I will demonstrate how these items can be used to enliven a hypnotic lecture or demonstration and how you can use these items to put clients into hypnosis.

Lecture/Demonstration/Q&A

### (11114) LANGUAGE OF HYPNOTISM—What Is The Scope Of Language In Hypnotism

Dennis Chong, MD, CH & Jennifer Smith-Chong, RN, CH

Introductory-Intermediate

Those who have followed the articles on the Linguistics of Hypnotism that were published so far in the *Journal of Hypnotism*®, will appreciate the wonder and scope of what is entailed in this subject. For this submission, we think it best to refer the reader to the articles that have been published in the *Journal of Hypnotism*® for a detailed description.

Lecture/Demonstration/Q&A

### (11115) ONE-SESSION ALLERGY ELIMINATION—A Simple NLP Technique For Immediate Allergy Elimination

Anne King, CH

All-levels

Learn a simple, yet extremely powerful, technique which enables clients to completely and permanently eliminate any allergy in just one session. Anne has combined this simple NLP technique that uses visualization and dissociation with hypnotic induction and follow-up suggestions to insure a greater level of success. This technique is so effective, you can offer it to your clients with a money-back guarantee!

Lecture/Q&A

### (11116) PUT THE PIZZAZZ BACK IN YOUR SEX LIFE

Philip Holder, CH

All-levels

It is a fact that most people don't enjoy sex to the maximum possible levels. Throughout our most formative years we receive mixed messages about sex and lovemaking. This waking hypnotic suggestion sabotages our pleasure! As well, to enjoy sex it is important to be able "stay in the moment", enjoying rather than thinking about what happened a few moments ago, or what might happen in the future. You CAN have better and more satisfying sex.

Lecture/Q&A

### NOON-12:50 PM SEMINARS

#### (11121) NGH BOARD CERTIFICATION EXAMS

##### —The Questions You Ask

**Maurice Kershaw, MA, FNGH**

*All-levels*

Becoming a NGH Board Certified Hypnotist distinguishes that individual as a skilled practitioner in the field of hypnotism, who possesses the highest degree of proficiency among his peers. It is a truly meaningful certification. A member of The NGH Certification Board will provide general information to hypnotists who qualify to sit for the examination. He will provide instruction on the requirements necessary, explanation of the testing process, discuss the benefits of this professional recognition, and the level of hypnotism skills and practice experience the Board will assess.

*Introduction/Lecture*

#### (11122) USING THE PENDULUM AS AN ANALYTICAL TOOL!—Pendulum Analysis

**Gerald F. Kein, FNGH, BCH, CI**

*All-levels*

The hypnotism practitioner who approaches the work with an open mind will have his/her work dramatically altered by incorporating the pendulum into sessions. By utilizing the pendulum, it is possible to conduct an entire hypnosis session without the use of a formal trance induction. When used in sessions with children, the pendulum techniques are practical, effective and fun!

*Lecture/Demonstration/Q&A*

#### (11123) EXPAND YOUR EXTRA-SENSORY PERCEPTION—It Will Add Greater Enjoyment To Your Hypnotism Practice And Your Personal Life!

**Barbara Dryden-Masse'**

*All-levels*

Whether for your hypnotism practice or your personal enjoyment, come and truly explore and experience the above...right here...right now!!

*Demonstration/Participation/Q&A*

#### (11124) DID YOU SAY THANK YOU?

##### —How Gratitude Can Change Your Life!

**Armona Livneh, PhD, BCH**

*All-levels*

If you (or your clients) say what you are thankful for only on Thanksgiving; if you think you are self-sufficient and not dependent on others; if you have the attitudes of entitlement and deservingness, then this seminar is for you. Learn how gratitude can change your life: improve emotional and physical health, improve relationships with yourself, others and the world. You will know how to reap the benefits of grateful living and bring more joy into your life.

*Lecture/Experiential/Q&A*

#### (11025) EMOTIONAL INTELLIGENCE - WHAT IS IT?

##### —Understand The Emotional Intelligence Revolution In Business And Learn To Present World Class EQ Presentations & Assessments To Corporations

**Beryl Comar, MA, MED, CH**

*All-levels*

An international Emotional Intelligence Development Specialist shares the basics of a field of business that is growing and should include you as hypnotists. Understand how EQ, NLP and Hypnosis are linked. Learn key concepts in EQ. Learn the basics without reading the hundreds of books on the market.

*Lecture/Demonstration/Q&A*

#### (11126) THE MAGIC SHARDS—A Simple, Powerful Metaphor For Dealing With Anger

**Lindsay Bates, BCH, Dmin**

*All-levels*

Anger is so often an issue for everyone – at events, at people, at illnesses, at oneself. Not all anger is bad. In fact, the anger itself is value neutral. What matters is what we do with it. Learn a simple, powerful, effective, humorous and practical metaphor that can be offered to your clients in trance or in conversation for real time use.

*Lecture/Demonstration*

### 1:00-1:50 PM SEMINARS

#### (110101) HOW TO USE THE WEB MESMERIZINGLY

**Ralph Benko, BA, JD**

*All-levels*

Is there a subject about which you are passionate? Do you have something interesting to say? If so, you might be a perfect candidate for publishing a magazine online. Create an audience for yourself, to reach thousands, even hundreds of thousands, of readers. Use it to express yourself, have fun, learn and teach, enhance your stature, and promote your practice.

*Lecture/Q&A*

#### (110102) IMAGERY AND SELF-HEALING

**Nat Harris, MS, LMSW, CI**

*All-levels*

Gain information on the effectiveness of imagery based methods in the clinical process. Discussion of one's ability to "image" to improve goals experimentally, behaviorally and physiologically would be opened up. Watch a film of the presenter's battle with colon cancer - viewing 5 surgeries and personal challenge to "live" and "survive".

*Lecture/Discussion/Q&A*

#### (110103) SECRETS OF WEIGHT LOSS

**Don Mottin, CMI, DNGH, OB**

*All-levels*

Don Mottin says that he has discovered what does and does not work when it comes to permanent weight loss. If we could simply hypnotize a client and tell them not to eat so much, we would all be experts with weight loss. Learn over a dozen techniques that will enhance your overall success with weight loss. At the conclusion, you may be asking yourself how you ever conducted weight loss sessions before.

*Lecture/Q&A*

#### (110104) AWAKEN THE HEALER WITHIN

##### —The Body Wisdom Process

**Paul Aurand, CH**

*All-levels*

It is truly amazing what you can learn if you will just listen to what your body has to say! Learn about this technique, see a live demonstration and be guided on a journey inward to listen to what your body is telling you. You will dialogue with different parts of the body that are crying out for attention through pain and disease and find out what the body needs to heal itself.

*Lecture/Experiential/Q&A*

"An inspirational and revitalizing experience that offers new ideas and perspectives to use with my clients."

—Wayne Fritz, Montague, MA

"Being with accomplished professionals at one gathering is an absolute privilege! What talent and commitment we have in our midst!"

—Aloma Sibley, Decatur, GA

## 189 Expert Seminars

No Additional Charge  
Included With Your Convention Fee

## FRIDAY, AUGUST 7

### (110105) REVERSE THE AGING PROCESS WITH SPECIAL HYPNOSIS—Learn Special Techniques That Aid In Reversing The Aging Process, Even Sometimes Causing You To Grow Younger

Ed R. Martin, CH

All-levels

This technique and program has been used with groups and individuals of all ages and followed with CD's of the session programs. Most of the participants were able to release the mental causes for aging. Students who were trained in these techniques were able to assist the others in the releasing and in the cellular reprogramming of the systems of their body. Cellular releasing in deep hypnosis releases the causes on the subconscious level that cause aging. Then hypnotic commands with special Cell Command Therapy® suggestions command the cellular change for rejuvenation in deep trance.

Lecture/Discussion/Experiential

### (110106) WHAT DO YOU MEAN LIFE BETWEEN LIVES?—Yes, There's More To Regression Than Past Life Regression!

Georgina Cannon, CI, BCH

Introductory-Intermediate

Some folks call it Bardo, others call it the Interlife. In this one-hour introductory presentation, you will hear about some of the extraordinary results possible from this work. Presented in a pragmatic way, you'll maybe stretch your concepts of what's possible in a hypnotism practice for the benefit of your clients. (And get a preview of next year's Summer Institute course!)

Lecture/Experiential/Demonstration/Q&A

### (110107) PLANT A GOAL AND WATCH IT GROW—Create A Goal And Plant It Into Your Future By Traveling Your Timeline

Linda Cattelan

All-levels

You will create a SMART goal, we'll discuss how to sharpen the focus to ensure goal achievement and then we'll plant the goal into your future using Time Empowerment Techniques™. There are 3 keys to achieving goals. Learn what they are and then see yourself successfully achieving your goal.

Lecture/Exercise/Q&A

### (110108) HYPNOBIRTHING—A Celebration Of Life

Marie Mongan, MEd, Rhy

All Levels

You will learn the mothers and birth companions' techniques for safe and satisfying birthing through guided imagery, visualization, and special breathing. The program consists of a lecture, discussion and a video.

Lecture/Discussion/Video

### (110110) CORPORATE SPEAKING & TRAINING

—The Fast Track To Presenter Profits

Scott McFall, DCH, CH, LMT

All-levels

It took you a long time to learn all of the things you know. Help main stream America use your knowledge by speaking to corporations, associations, and clubs. You will learn how to contact each organization, set fees, and structure your information for maximum impact.

Lecture/Q&A

### (110111) HYPNOTISM, THE NEXT GENERATION—Scientific, Application And Sociological Predictions From The Guild's Youngest "Fellow"

Bernard Yam, CI, FNGH

Advanced

How does the latest FMRI technology shift the model of the hypnotized mind? How does the latest surge in sleep science research shape the paradigm of "Alpha sleep" theory of hypnosis? How does the Internet, as a social experiment, shape the future flow of knowledge in the field of hypnotism? Join us to explore the new trends in the profession, and open your mind to the possibilities of future hypnotism.

Lecture/Q&A

### (110112) THE CARE & FEEDING OF MEN - K.I.S.S.—Ten Of 101 Things Women Don't Know About Men

Donald H. Rice, CH

All-levels

Your guide on this fun filled, exciting K.I.S.S. seminar is Don Rice, who will combine life experiences with over 20 years of private hypnosis and 10 years as a couples hypnotist. He will share 10 emotional man secrets with you during and help you develop your best relationship ever. Remember, relationships are 95% emotion and who better to mold and change emotions than you, the hypnotist.

Lecture/Demonstration/Q&A

### (110113) NETWORKING MADE EASY & PROFITABLE

Laura Giles, LCWS

Introductory

Learn easy-to-implement, effective ways to take advantage of chance meetings with prospective partners, target new referral streams and keep that network producing new clients for you. Learn how to increase your business right away without putting in a lot of money or time in "Networking Made Easy And Profitable."

Discussion/Q&A

## 2:00-2:50 PM SEMINARS

### (11021) BE A WINNER! HEAL ALL RELATIONSHIPS, EVEN THE ONE YOU HAVE WITH YOURSELF WITH HO'OPONONO—And 'It Works!'

Sharon Forrest, CH, ND

All-levels

Learn about one of the most superb methods for nurturing and maintaining great family, business and global relationships. There are means in which you can move anyone, including yourself, quickly and effectively, from pain, blame, anger and hate to love and compassion...no matter who they are. Learn firsthand with the original developer of this transformational technique. Have you ever wondered: How could anyone heal another by healing himself? Come find out!

Lecture/Discussion/Demonstration/Q&A

### (11022) INDUCTION AND INTENT—Creating Success For Our Clients And Ourselves

Daniel F. Cleary, CI

All-levels

Recognition of the impact of life experience enhances induction. By utilizing the energies of the client, we naturally develop an aura of healing, causing clear understanding of the success of the session. The simplicity of these techniques reminds you to immediately access awareness of success for yourself and your clients.

Lecture/Demonstration/Discussion/Q&A

"A great way to recharge your batteries."

—Michael Hathaway, Madison, NH

### 3:00-3:50 PM SEMINARS

#### (11023) GIVE PRESENTATIONS WITH GREAT POWERPOINTS—For Fun, Profit And PR

*Susan Gayle, CH*

*All-levels*

Professional lecturers can earn up to \$5,000 per lecture. On today's lecture circuit, PowerPoint is required. Learn how to present yourself professionally, create interesting lectures and design great PowerPoint presentations.

*Lecture/Discussion/Demonstration/Q&A*

#### (11024) CONQUER STRESS WITH HYPNOTISM—Turn Your Weight-Loss Program Into A Stress Management Program

*Joel H. Levitt, BSEE, MSEE, MA, EE, CH*

*All-levels*

Address the root cause rather than just the symptoms and proceed with the confidence that comes from understanding. Examine the actual mechanisms involved in the nervousness-diet connection, which will enable you to overcome client resistance and tailor suggestions. Hypnotically reinforced diet maintenance is a harmless approach - increased energy for most, fantastic benefits for many.

*Lecture/Q&A*

#### (11025) A NEW DYNAMIC NLP TECHNIQUE FOR MOTIVATION—How To Get People To Take Action

*William Horton, PsyD, CADC*

*All-levels*

Why is it so hard to get clients to take the action that they came to you for? Why do they self-sabotage their success? After 20 years and 20,000 clients, Dr. Wil Horton will reveal a breath-taking new technique that you can use to get your clients (or yourself) to do what needs to be done. Exercise, eating correctly, finishing a project, learn the secret to action in this seminar.

*Lecture/Demonstration/Q&A*

#### (11026) DEALING EFFECTIVELY WITH WEIGHT CONTROL—See Less And Less Of Your Client

*Jacob Bimblich, BCH, CI*

*All-levels*

Some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight-control. Learn the mechanisms and suggestions that get good results. Learn basic nutritional information for successful weight control program and the behavioral approach that will motivate the client to pursue desired weight goal.

*Lecture/Discussion/Exercise*

#### (11027) PROFESSIONAL PERSONAL SAFETY

*Marx Howell, Patricia MacIsaac & Dwight Damon* *All-levels*

As a special project for 2009, the National Guild of Hypnotists has embarked on a mission of helping our members become more conscious of their Professional Personal Safety. In the March 2009 *Journal of Hypnotism*® an article was featured pertaining to safety factors when you have a home/office practice. This seminar will cover: protecting yourself - 7 warning signs; protecting your children; warning signs of violence in the workplace and much more.

*Lecture/Q&A*

"This is my first convention and I loved it! I learned so much and met lots of wonderful people. Everything I learned I can incorporate into my practice."

—Theresa Schilizzi, Brooklyn, NY

#### (11031) CHAKRA HYPNOSIS—Linking Hypnosis With The Subtle Body

*Marcel Klasen, BCH, CI*

*All-levels*

Chakras are energy centers that run up the spine to the crown of the head, linking electromagnetic bodies to the physical. By using specific hypnotic techniques, you can receive thoughts, ideas and insights from outside your own frame of reference using the chakra system as a framework. Accurately interpreting a client's energy flow can be the missing link in helping a client transform his/her life.

*Lecture/Experiential/Demonstration/Q&A*

#### (11032) STRESS RESPONSE: NEW EVIDENCE!—It Can Save Your Life; It can Kill You!

*Robert L. Bayliss, CH, CI*

*All-levels*

Everyone is talking about stress; how stressful their life, their job or relationship is, and yet few know the true dangers of prolonged stress. Alzheimer's, heart disease, diabetes, stroke, and cancer all seem determined to cut life short by 10 to 25 years. Find out how to increase your chances of living to your potential by knowing the dangers associated with prolonged psychosocial stress. This is all new material.

*Lecture/Discussion/Q&A*

#### (11033) START, BUILD AND NETWORK WITH A LOCAL NGH CHAPTER—Enjoy The Benefits Of Year Round Peer To Peer Networking

*Kevin Linehan, CH, CI*

*All-levels*

Learn how easy it is to start, build and run a local NGH chapter. The excitement of peer-to-peer networking you find at conventions will be available year round and you'll get CEU hours at the same time! Learn what is required from NGH, what NGH will do to help get you started, topic ideas, ways to publicize to the benefit of all area hypnotists, forms, and how this can all be done for low or even no cost.

*Lecture/Discussion/Q&A*

#### (11034) HYPNOSIS FOR CHILDREN AND ADOLESCENTS—Effective Treatment For Our Youngest Clients

*Valerie Starr, MA, CH*

*All-levels*

This population is naturally imaginative and playful, making them readily open to many hypnosis techniques. This seminar will provide information regarding child and adolescent issues. You will learn several techniques designed to help our young clients in a manner that is engaging, playful, and effective.

*Lecture/Q&A*

#### (11035) EMOTIONAL FREEDOM TECHNIQUE—A Valuable Tool For The Hypnotist And Medical Professional

*Marifran Cooper, CH, MS, RNC* *Introductory-Intermediate*

Within my nursing practice, I have found EFT a convenient, easy and effective technique in a busy OB-GYN office. With its use, I have assisted women with anxiety relating to an office procedure as well as for anxiety relief relating to their own life paths. This class is developed with the intent of sharing my personal, nursing and EFT experiences in helping clients to cope with anxiety and physical discomfort of office visits and office procedures.

*Lecture/Discussion/Q&A*

# 189 Expert Seminars

No Additional Charge  
Included With Your Convention Fee

## FRIDAY, AUGUST 7

### (11036) THE HEALER OF THE PAST: "SOURCE HYPNOSIS™"—Regressing The Family Tree

*Sophia Kramer, CH, RN*

*All-levels*

Sophia Kramer is the innovator of "Source Hypnosis™". In addition to her intuitive and energy techniques, she combined Family Systems Therapy with Hypnosis and Regression. With this technique you quickly discover, how unseen forces from the past hold people to repetitive patterns. By assisting our clients to discover the root cause of their issue and releasing what is possible to let go of, they experience rapid transformational healing.

*Lecture/Demonstration/Participation/Q&A*

### (11037) YOUR INTERIOR PRACTICE—Learn To Market Yourself From Within

*C. Scot Giles, DMin, BCC, AI*

*All-levels*

The seminar teaches the spiritual discipline of marketing your practice. Materials covered will include how to be aware of the "energy" within your practice and how that interacts with the energy of your clients. The seminar will cover not only how to attract clients, but also how to know when to release those who pull energy away from you.

*Lecture/Q&A*

## 4:00-4:50 PM SEMINARS

### (11041) CREATE AND DELIVER A STRESS MANAGEMENT SEMINAR FOR FIRST RESPONDERS—Learn About The Unique Stressors And Stress Responses Of Those That Are First On The Scene Of A Critical Incident Or Disaster

*Faith Wood, CH*

*All-levels*

This course will discuss the impact of both the daily stress and critical stress in the lives of first responders. This unique form of stress is defined and explained. The components of a presentation that address the unique needs and interests of first responders will be discussed. Tools will be given in respect of reducing the impact of negative stress during and after a critical incident.

*Lecture/Demonstration/Q&A*

### (11042) THE RX FOR HYPNOSIS AWARENESS IN THE MEDICAL COMMUNITY—RN Demonstrates How To Get The Medical Community Calling You

*Wendy Packer, CH, CI, RN*

*All-levels*

Suggestions will be made on whom to contact to facilitate the education process in your community. Learn about scientific and peer review articles in specific medical specialties so you can show doctors how beneficial hypnosis can be. Learn the importance of documenting testimonials from clients giving doctors the opportunity to see how hypnosis can lessen symptoms and improve conditions.

*Lecture/Discussion/Q&A*

### (11043) COMMUNICATING WITH THE MIND INTERACTIVELY IN THE ESDAILE STATE (HYPNOTIC COMA)—Researching The Mind

*Ines Simpson, BCH, CI*

*Intermediate-Advanced*

This seminar is to help you learn how to interact with the subconscious at the Esdaile (Hypnotic Coma) level. In the past little has been known about what is happening in the clients' mind at this level. Esdaile originally used this level for surgery. At that time the conditioning to this level could take up to 10 days. This seminar is designed to show you how to work and create change on this level.

*Lecture/Discussion/Q&A*

### (11045) BUILD UNSTOPPABLE CONFIDENCE AND MOTIVATION IN YOURSELF AND OTHERS!

*Tim Shurr, CH*

*All-levels*

Clients come to you because they want to feel strong, confident, secure, and successful. You must think, feel, and behave in this manner so that they can model you! You will learn how to positively influence yourself and your clients through this experiential hands-on training. Hypnotism and NLP skills will be taught and demonstrated. If you want to feel better, follow through, and increase client results, attend this seminar!

*Discussion/Demonstration/Q&A*

### (11046) HYPNOSIS AND GENIUS—How To Raise Your IQ

*Jeanette Laitner, CH, CI*

*All-levels*

You will discover a way to raise your IQ through the power of hypnosis. Learning ways to improve your creativity will enhance your ability to write scripts for your clients and improve your practice. You will learn steps that can be taken to increase eight different intelligences. There will be exercises given to increase your mental ability.

*Lecture/Exercise/Q&A*

## 5:00-5:50 PM SEMINARS

### (11051) TEACHING SELF-HYPNOSIS IN GROUPS—Make Money, Inform, & Publicize Your Practice

*Lee Pascoe, BCH, CI, FNGH*

*Introductory-Intermediate*

Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Be taken step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

*Lecture/Exercise/Q&A*

### (11052) WHEN TO SAY NO TO HYPNOSIS—Use The Intake To Assess When Not To Use Hypnosis

*Ina Rae Kurtzberg, CH, LCSW*

*All-levels*

Learn what questions to ask and what to look for during the initial intake (or during a phone call) with a potential client that will assist in assessing who is not a candidate for hypnosis. Using the DSM IV, we will explain bipolar 1 & 2 disorders as well as the borderline dependent and paranoid and personality disorders and why these are not hypnotic candidates.

*Lecture/Discussion/Q&A*

"This was an extremely positive experience. Very helpful, providing much insight. I can't wait for next year!"

—Margaret Jurkin, Haverton, PA

"Well organized as usual. The energy here is always wonderful, both from the speakers and the participants. We always go home with many insights and tools and look forward to the next year. The speakers are very generous in sharing their wisdom and materials."

—Bernadette Jamele, Frenchtown, NJ

**FRIDAY, AUGUST 7**

**189 Expert Seminars**

*No Additional Charge  
Included With Your Convention Fee*

**(11053) HEALING A COMPELLING REFERENTIAL EXPERIENCE—It Is Not What Happened But What You Learned That Is The Problem**

*Jennifer Smith-Chong, RN, CH & Dennis Chong, MD, CH  
Intermediate-Advanced*

Present day problems such as anxiety, depression, phobias and sexual problems can often be due to an incident in the past. Many are connected to childhood events. These events then create a Compelling Referential Experience (CRE) that the unconscious remembers. The memory is often still there but it is what was learned from the experience that counts. This has to be changed by a maneuver in hypnosis and can bring about an effective and quick change. *Lecture/Demonstration/Exercises*

**(11054) THE AFFECT BRIDGE TECHNIQUE—A Powerful Tool For Healing Resolution That Will Boost Your Self-Confidence And Increase The Success Of Your Practice**

*Debi Livingston-Boushey, CI, BCH All-levels*

The Affect Bridge Technique is a powerful, effective emotional releasing technique. By properly utilizing the Affect Bridge Technique you can: Understand how past time emotional experiences can cripple a client in their present time situations. Eliminate fears about doing regression work within a session. Easily guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution. After this seminar you will be able to know how to incorporate the Affect Bridge Technique into your sessions with a client. *Lecture/Exercises/Q&A*

**VISIT THE NGH CONVENTION BOOKSTORE!**

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books and tapes of our featured speakers. You will be able to choose from a wide assortment of books, audio and video tapes not easily found elsewhere.

"Each conference I receive knowledge and inspiration to better myself and help my clients and to expand my practice with more confidence. Some through workshops, some through others attending and some with vendors and their products and NGH CD's. Thanks."  
—Valerie St. Clair, Auburn, ME



**FRIDAY STAGE SHOWS**



7 PM • **TOMMY VEE**  
**Hypnotist Extraordinaire**

8:30 PM • **NADEEN**  
**Queen of Hypnosis**



10:15 PM • **DAN LAROSA**  
**America's Funniest Motivational Hypnotist**

Tickets \$5 each show

