

103 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SATURDAY, AUGUST 8

9:00-10:50 AM

(220901) BUILDING A GREAT HYPNOTISM PRACTICE WITHOUT SPENDING A PENNY —The Road To Success For Financially Challenged Hypnotists

Jacob Bimblich, BCH, CI

All-levels

- Learn to create letters to doctors to receive referrals
- Learn to access hundreds of medical doctors at no cost
- Secrets of how to promote your practice at absolutely no cost
- Learn who to contact in more than 10,000 major USA corporations

Having been in practice for more than 30 years, I have developed and discovered that you don't need any financial investment to create a very prosperous hypnotism practice. This workshop is intended for financially challenged hypnotists who hate to spend any kind of money promoting their profession. I will show how to create a win-win situation in the process of building a lucrative practice.

Lecture/Demonstration/Exercise

SPECIAL 2-HR WORKSHOP \$35 (INCLUDES VIDEO)

(220902) NON-VERBAL HYPNOTIC INDUCTION

Marx Howell, BS

All-levels

- Observe a complete demonstration
- Step-by-step explanation
- Guided practice session

Inspector Marx Howell explains the easy-to-follow procedure for using his NON-VERBAL HYPNOTIC INDUCTION technique. Learn how to induce trance without saying a word. Use this effective technique with hearing-impaired individuals. It's like nothing you've ever seen! You will receive a video tape which includes a demonstration and step-by-step explanation of the technique. Lecture/Demonstration/Experiential

"This conference exceeded my expectations - way beyond belief! Frankly, I was expecting 50 minute sales pitches for "buy my book". Instead, I came away with tons of valuable, usable material for my practice! I loved it."

—Katherine Black, N. Merrick, NY

(220904) BOOTCAMP FOR STAGE HYPNOTISTS—Intensive Course In Booking, Promoting And Staging Your Stage Show To Earn \$75,000 In The Next 10 Months! Even Part-Time!

Robert L. Bayliss, CH, CI and

Deborah Faithrose, CH, CI

All-levels

- Why "good and bad economies" need you
- Get your full fee with \$0 budget
- Book the easiest and best first
- Tips for a "tight" contract

Get ready to learn the "Inside Secrets" to doing profitable stage shows that took us years to master. You can ask ANY question about how to IMMEDIATELY start making top dollar for your shows! Every second will be dedicated to growing your business as a highly successful Stage Hypnotist. BONUS: Everyone will receive a complete computer based sound effects control system CD-Rom for your shows! Lecture/Discussion/Q&A

(220905) HYPNOSIS: TRANSCENDING THE PATTERNS THAT RUN OUR LIVES

Chuck Mignosa

All-levels

- Learn to identify basic patterns
- Patterns develop over time and become part of the background noise
- Learn to facilitate pattern change
- Learn to facilitate your clients in discovering effective choice options

As human beings we develop patterns to get through life. Patterns work because they are below the level of consciousness. The most effective means of breaking these patterns and returning to being in control of our lives is to: Recognize the experience that created the original pattern; Recognize and release the emotions attached to the experience; Realize what your experience taught you; Release the energy around the experience allowing the pattern to dissolve. Lecture/Experiential/Q&A

"The NGH instructors offer knowledgeable and practical information that easily transfers to everyday use. This promotes professionalism in trends in hypnosis and business."

—Karen Kobel, Dublin, PA

(220906) WINNING NOT WHINING: RELEASE AND RECHARGE

—The Quicker, Easier Method To
Release Negative Emotions,
Limiting Beliefs And Decisions

Linda Cattelan

All-levels

- Learn what Time Empowerment Techniques™ are
- Experience traveling along your timeline
- Observe an "Anger" release demo utilizing TET™
- Experience a group "Limiting Decision" release

Time Empowerment Techniques™ is one of the most effective methods for creating quick, lasting change. TET™ works on the premise that memories are stored along a timeline and by changing a memory along this timeline you can release the negative emotions associated with the memory. Limiting beliefs and/or decisions that prevent you from being, doing, or having what you want in life can be eliminated. Learn what TET™ are and why they work. Lecture/Exercise/Q&A

(220907) HOW TO REVERSE A CANCER—Is The Impossible, Possible?

Dennis Chong, MD, CH

and Jennifer Smith-Chong, RN, CH

Intermediate-Advanced

- Share the knowledge that it is possible to reverse a cancer
- Index the logical basis for the way to do it
- Offer the "logical" syntax by which people cancer themselves
- Argue the case that other conditions of analogical semantic ill-formedness have to be undone

Today, there are some 5 other models by which to reverse a cancer, including that proposed by the Simontons of Texas, Robert Dilts of California, Hugo Neilsen of the Netherlands, Richard Bolstad and (the late) Margot Hamblett of New Zealand and that indexed in Norman Cousins' book, *The Anatomy of an Illness*. These models have been shown to produce cancer inversions and also failures. For all clinical hypnotists this is a critically wide-open field of research and the call if not the cry for their exploration is desperate. What we offer here we hope is a foundational basis for the student to do his critically needed co-research. Lecture/Demonstration/Exercises

To register, call (603) 429-9438

(220908) HOW TO BE THE "EXPERT" IN "TAKING CARE OF THE CAREGIVER"—Learn Everything From A To Z

Wendy Packer, CH, CI, RN
and Anita Warren, CH

All-levels

- Discover and define the caregivers in our society
- Be able to identify caregiver needs and address with hypnosis
- Learn where and how to market caregivers

Caregivers and the complexities of that role will be thoroughly examined. You will leave with a complete understanding of how to create and administer the perfect hypnosis plan; from the marketing aspect to the actual hypnosis session itself. Become an EXPERT and make a difference in the life of a caregiver!

Lecture/Discussion/Q&A

(220909) THE CHILD'S MAGIC MIND—Quickly Hypnotize And Resolve Children's Issues

Donald H. Rice, CH

All-levels

- Learn why the magic crystal always helps children
- Learn how the magic flashlight can uncover and heal deep secrets
- Learn how to have a conversation with the child's magic mind
- Learn how the child's magic mind can heal almost everything

Children simply don't react well or sometimes not at all to basic hypnosis induction and methods. Helping hundreds of children with hypnosis for over twenty years has allowed me to create a program that involves magic and The K.I.S.S. Method. This method has been used to help little people with ADD, cancer, bed wetting, nail biting, sleepless night, grades, fears and much, much more.

Lecture/Demonstration/Q&A

(220910) GRANT WRITING BOOT CAMP—A Valuable Option For A Hypnotism Practice

Marifran Cooper, CH, MSN, RN

All-levels

- Identify how you may benefit from grant writing
- List 3 potential topics for grants
- Identify your particular requirements for the specific grant

"I love the people and the instructors. Nowhere else can you get so much for your money."

— Karen Weber, Caballo, NM

I have written/participated in grants for Blood Pressure Screening, Support for the Breastfeeding Mother, Pain in the Circumcised Infant, and a hypnosis grant for teaching nurses Self-Hypnosis. This workshop will address identifying a topic, grant seeking process, requirements for application process and finally, a hands on one-sheet completed grant application the you will be able submit.

Lecture/Discussion/Q&A

11:00 AM-12:50 PM

SPECIAL FREE WORKSHOP

(221101) ETHICS AND LEGAL ISSUES FOR THE HYPNOTIST —Where Hypnotists Stand With Legislative And Governmental Issues 2009

C. Scot Giles, DMin, BCC, AI

All-levels

- Examine the ethical requirements for the practice of hypnotism
- Learn the legal requirements in each state for the practice of hypnotism

This free workshop, given by the official legislative liaison of the NGH and NFH 104, will orient hypnotists to the requirements for legal and ethical practice of hypnotism. Dr. Giles will explain the NGH recommendations for professional practice, including standards for record keeping, titles, "client problem" statements, the Guild's Code of Ethics and Recommended Standards for Practice and all the other details one must attend to in order to practice legally. Dr. Giles will then do a state-by-state legislation update so that everyone can know the laws that affect them. There will be an opportunity for questions.

Lecture/Q&A

(221102) ADVANCED PARTS THERAPY SIMPLIFIED

—Explore Various Parts And Aspects Of The Self

Paul Aurand, CH

All-levels

- Learn to use this powerful parts session with clients
- Explore the physical, intellectual, emotional and spiritual self
- Easily discover the underlying cause of any condition
- Go beyond suggestive hypnosis
- Move into the realm of interactive hypnosis
- A great first session for clients

To register, call (603) 429-9438

We will identify, explore and dialogue with four fundamental parts of the self. Learn to see, feel and experience the physical self, the intellectual self, the emotional self and the spiritual self to discover the source of any condition initiate true healing. This is a great first session to use with a client to help determine where to begin and what the work will be. Come, experience it yourself!

Lecture/Demonstration/Experiential/
Discussion/Q&A

(221103) HYPNOSIS FOR CHILDREN AND ADOLESCENTS —Effective Treatment For Our Youngest Clients

Valerie Starr, MA, CH

All-levels

- Develop a detailed understanding of the needs, concerns, and expectations of the client population
- Receive detailed information regarding child & adolescent development
- Discuss, assess, and develop hypnosis plans for several case studies

Children and adolescents are wonderful hypnosis clients. This population is naturally imaginative and playful, making them readily open to many hypnosis techniques. This workshop will provide in-depth information regarding child and adolescent issues. You will learn specific techniques designed to help our young clients in a manner that is engaging, playful, and effective. This workshop is a must for any hypnotist who works with children and adolescents!

Lecture/Q&A

(221104) IMPROVE YOUR SUCCESS WITH ALCOHOL & DRUG ISSUES—Understand The Issues From Your Clients' Point Of View

Susan Gayle, CH

All-levels

- What to cover in the intake
- What are the core issues involved and how to balance them
- What to shift the clients' focus to
- Effective methods for these issues

What do you find is the biggest difficulty in having success with these issues? Examine the specifics and what creates super success with the issues of alcohol and drugs. The similarities and differences of alcohol and drugs to other substance issues will be discussed with effective methods given. Learn how to help your clients find clear solutions and shift their focus to create new, positive behavior.

Lecture/Discussion/Q&A

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(221105) HYPNOSIS AND GENIUS —How To Raise Your IQ

Jeanette Laitner, CH, CI

All-levels

- Learn how to raise your IQ in 8 steps
- Discover how to dream stream
- Become more creative in thinking
- Improve your memory
- Increase your mental ability

You will discover a way to raise your IQ through the power of hypnosis. Learning ways to improve your creativity will enhance your ability to write scripts for your clients and improve your practice. You will learn steps that can be taken to increase eight different intelligences. There will be exercises given to increase your mental ability. *Lecture/Exercise/Q&A*

(221106) INDUCTIONS OF THE MASTERS—Integrate Techniques For Maximum Trance Depth

Scott McFall, DCH, CH, LMT

All-levels

Your client needs to know that he or she has had a powerful hypnosis experience. You can be the hypnotist that knows the real secrets to trance success. In this two-hour information packed workshop, you will develop the skills used by only the most elite master hypnotists. This class is packed with five induction methods. The time you spend in this workshop is guaranteed to pay off in client satisfaction. *Lecture/Demonstration/Practice/Q&A*

(221107) THE POWER OF SOUND —How To Use Sound, Voice And Music In Harmony With Hypnosis

Marcel Klasen, BCH, CI

All-levels

- Why sound affects us physically
- The importance of tonality in hypnosis sessions
- Ways to use induce trance through toning sounds
- How we resonate with vibrations in our surroundings
- Effective methods to use sound, voice and music as hypnotic tools

Sound, voice and music are potent tools for restoring the inner balance of the body and awakening the spirit. Understanding how and why sound and vibration affect us is essential for hypnosis practitioners to fine-tune their techniques. Applying the musical principles of entrainment, resonance, toning, and harmonics helps us achieve overall wellness, greater energy, and a deep level of fulfillment. Using the power of sound helps hypnotists to take their practice to a higher level.

Lecture/Experiential/Demonstration/Q&A

(221108) THE AFFECT BRIDGE TECHNIQUE—A Powerful Tool For Healing Resolution That Will Boost Your Self-Confidence And Increase Your Success

Debi Livingston-Boushey, CI, BCH

All-levels

- Eliminate fears about doing regression work within a session
- Easily guide your client to the first emotional situation which is influencing their life
- Help them release, let go and move on with real resolution

The Affect Bridge Technique is a powerful, effective emotional releasing technique. Watch your success rate increase with your clients as you gain certainty by learning how to properly apply this method into your hypnotism practice. Understand how past time emotional experiences can cripple a client in their present time situations. Eliminate fears about doing regression work. Easily guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution.

Lecture/Exercises/Demonstration/Q&A

(221109) CEREBROSPINAL FLUID TECHNIQUE & SELF-HYPNOSIS

Dorothy Kerzner, CH

All-levels

Experience the role of the cerebrospinal fluid in the spine and how it effects the nervous system, the meridians and the nerve plexuses that correspond to the major chakras. This technique looks for impedance to CSF flow from the coccyx to the top of the cranium at every single vertebral segment. Many CSF recipients have a spiritual experience, deepened relaxation, a sense of healing energy and are receptive to hypnosis on a physical, mental, emotional and spiritual level.

Lecture/Demonstration/Participation

(221110) CORPORATE SPEAKING FOR BEGINNERS—How To Make 5K Per Gig!

Tim Shurr, CH

All-levels

- Help you to really understand the speaking profession
- Practical tips for getting gigs and creating additional revenue streams
- What to do when you get the gig
- What to charge, how to follow up, and when to ask for referrals

To register, call (603) 429-9438

We are all in the process of selling. Persuasion and self-hypnosis are simply two forms of selling ourselves and our clients on a particular feeling, action, or belief. Once you understand what makes people buy, whether it's your services or a new behavior or belief, your success rate and income level will go way up!

Discussion/Demonstration/Exercise/Q&A

2:00-3:50 PM

(222021) HYPNOSIS PAST-LIFE REGRESSION—A Guided Session

Henry Leo Bolduc

All-levels

- Experience profound insights
 - Healing the past - building the future
 - Utilize this material with your clients
- Enjoy a fascinating journey into your deepest memories. Regression sessions patiently piece together the parts of a puzzling past. These remarkable journeys are a deep inner quest to your center of truth. ALL things to your remembrance.

Lecture/Experiential/Q&A

(222022) USING SOCIAL MEDIA TO EXPAND YOUR BUSINESS —Low Cost, No Cost Ways Of Engaging Your Clients Online

Mark Eldridge

All-levels

Twitter, Facebook, LinkedIn, etc. are critical for every hypnotist that wants to expand their practice. Using social networking is now the fastest and easiest way to Turbo-Charge Your business! It's a new marketing revolution and the businesses that are applying it have increased their ROI even in a down market. Learn the best tools to use and time saving applications to increase your efficiency and profitability. Learn from one of the top marketing experts as he explains and gives you a step-by-step game plan how you can best utilize the latest strategies that are critical to use in today's market for hypnotists.

Lecture/Discussion/Demonstration/Q&A

"Though I came alone and did not know anyone at the conference, I always feel like I am with family when I am here at conference. No one is a stranger! I love it."

—Paula Sumner, Chapel Hill, NC

"The best days of learning in your life." —Myles Timmins, Las Vegas, NV

(220203) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS—The Way to Success With Weight Loss Clients

Thomas Nicoli, BCH, CI, OB *All-levels*

- Help clients expose underlying motivators to unhealthy behaviors
- Learn a proven model to guide clients to weight loss success by focusing on the “why”
- Learn quick and effective techniques to getting to the initiating cause
- Learn a variety of inductions to the hypnotic process and understand why this is important
- Why weight loss is a must if you want to work with more clients and increase business

Since the exposure of Tom Nicoli’s hypnosis weight loss program on Dateline NBC in 2003 he has improved his methods and created his DEPTH Model while doing over 2,000 sessions each year with continued success. His clear, concise and thorough presentation of how this program is used with any client will assist any hypnotist, whether new or seasoned veteran, to increase client success and business.

Lecture/Discussion/Experiential/Q&A

(220204) THE POWER INTAKE AND GETTING TO THE “IT”

—Uncover The Real Issue To Assist The Client In Their Aha!

Georgina Cannon, CI, BCH

Introductory-Intermediate

- Discover and uncover the real issue
- Assist the client in their own aha!
- Tailor the script and session according to the client’s true needs
- Understand the client’s view of their world
- Build ongoing long term relationships with the client

Move away from cookie cutter solutions to your clients’ problems and build a thriving practice of repeat business. Learn to do this by perceptive questioning and listening to what’s being said and what’s not being said! Every client is different, even if the presenting problem is the same - so learn how to make the intake part of the client change process, how to move your practice beyond the basics. This Power Intake program enables you to develop your counseling skills and your abilities as a successful hypnotist.

Lecture/Experiential/Demonstration/Q&A

(220205) INTRODUCTION TO SPIRITUAL HYPNOTISM —An Interfaith Religious Approach To Hypnotism

Lindsay Bates, BCH, Dmin

and Lee Pelletier, CH, CI *All-levels*

- Learn to appreciate the impact of spirituality and spiritual distress on client presentation
- Recognize spiritual distress
- Help clients approach forgiveness from their belief system
- Benefits of earning the NGH Certification in Spiritual Hypnotism

Certification in Spiritual Hypnotism
Spiritual Distress – the experience of the loss of fundamental meaning & certainty in life – is a common condition but not widely recognized. The Clergy Special Interest Group has developed this Spiritual Hypnotism approach to help clients move past “spiritual distress” in a way that will be acceptable to them regardless of their faith. The Consulting Hypnotist will find this approach helpful for everyone, including both liberal and conservative Christians, Moslems, Jews, Buddhists, followers of a metaphysical path, and anything in between.

Lecture/Experiential

(220206) SUCCESS WITHOUT STRESS: THE WORKSHOP

—Everything You Need To Know To Present Corporate Workshops On Success And Stress Management

Dan LaRosa, BS, ED

All-levels

Everyone talks about stress but nobody does anything about it...until now. Learn how to outperform yourself in every area of your life with less stress and more success. And then improve your bottom line by learning how to market and present your new skills to corporations, associations, public and private groups, and even your own clients. Put the creative, fun, and practical success ideas to work instantly for you and your clients.

Lecture/Q&A

“This year’s convention allowed me to gain exactly what I needed to enhance by hypnosis skills in the area of disease symptom resolution to improve quality of life! Fun! Warm, sharing people! Thanks!”

—Mirian Goldstein,
Huntington Station, NY

(220207) CREATE NEW STREAMS OF HYPNOSIS INCOME IN ANY ECONOMY—Use Internet Tools Of The Twenty-First Century To Expand Your Work

Marilyn Gordon, BCH, CI, OB

All-levels

- Create fantastic products that people love, such as ebooks and reports, audios, videos, and more
- Give teleseminars and telecourses
- Learn to do powerful hypnosis work on an expanded level
- Learn what to do before, during, and after the programs
- Learn about key words, niche markets, and ways of growing your list or community of people online

Millions of people are going online to get the information they want. They’re constantly “googling” facts, trying to understand how things work. They also seek inspiration online. This workshop will show you how to expand your work in the world of hypnosis. Even if you don’t like marketing, you’ll love this, as it’s creative and positive. The techniques in this workshop are not a replacement for other ways of doing what you do; they’re another step forward. Come to learn about an amazing method of working via the web that’s very powerful and works especially well for hypnosis professionals.

Lecture/Discussion/Q&A

(220208) MIXING LIVE SUGGESTIONS WITH RECORDINGS

Larry Garrett

All-levels

Join Larry Garrett for a hands-on demonstration of how to mix pre-recorded deepening with personal suggestions. Larry will bring all necessary equipment for you to witness the profound example of hypnotizing your clients with “recorded scripts.” Anyone can use this method, even if you have no experience in electronics. Why keep repeating certain suggestions when you can record your scripts and apply them as needed. When you leave this workshop, you will be able to hypnotize each client more effectively than you have in the past. Complete written instructions will be given to all who attend as well as a list of equipment needed. Larry Garrett has been using this technique for over 30 years with excellent success.

Lecture/Demonstration/Q&A

Questions? Call the NGH

Office at (603) 429-9438

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(220209) TAILORING A STRESS MANAGEMENT WORKSHOP TO A SPECIFIC GROUP—Making Sure You Address The Needs Of Your Target Audience

Kevin Linehan, CH, CI and Faith Wood, CH

All-levels

- Define stress, stress management and causes of stress
- Describe how to use baseline stress levels to measure the effectiveness of management techniques
- Discuss 3-5 specific stress management techniques that can be built into a seminar to be provided to groups of corporate employees
- Describe the components of an effective stress management seminar

Any group faces unique pressures and learning how to construct a program that is specific to the group addressed will leave them feeling as though you do understand them and that you can help them deal with their stress. Two models, Critical Incidence Stress for the First Responder and Dealing with Employee Stress in a Corporate Environment, will be described in detail. You will then construct a stress management program for a target market selected by the audience. This will be followed by a brain storming session on how to sell the program to that target audience.

Lecture/Demonstration/Q&A

(220210) METAPHYSICAL HYPNOSIS—Discover How To Work With Clients Having MetaPhysical Beliefs To Achieve Their Unique MetaPhysical Goals!

Gerald F. Kein, FNGH, BCH, CI, OB

Intermediate-Advanced

- Gain knowledge of the relationship between metaphysics and hypnosis
- Aid clients in reaching what is known as the “pure self”, “higher self” and “higher consciousness”
- Assist clients to communicate with spirit guides and Masters
- Learn how to guide clients in channeling of non-physical entities
- Learn safety techniques unique to this area of hypnosis
- Become familiar with spontaneous abreaction control techniques
- Gain an overview of aura reading techniques

To register, call (603) 429-9438

Jerry originated this particular training in 1993 at the request of many of his students. Its purpose is to give specialized training to the hypnotist for dealing with metaphysical clients requesting certain goals unique to that particular client's belief system. Whether the practitioner has the same belief system is irrelevant. Join Jerry to learn how to deal with this vital area of hypnotism to benefit your clients and to enhance your client base.

Lecture/Demonstration/Q&A

4:00-5:50 PM

SPECIAL FREE WORKSHOP

(220401) RETURNING VETS - DEALING WITH PTSD—A Gentle Approach To Overcoming PTSD For Returning Veterans And Disaster Survivors Including Child And Sexual Abuse

Charlene Ackerman, BCH, CI

Advanced

- Learn how to deal with PTSD by use of “The Silencer”
- Assist returning Vets to process highly charged emotional events safely
- Work with the “unconscious mind” as a protective mechanism to avoid excess trauma
- Allow subject to process in a safe, timely manner to deal with emotions
- Detailed description of the “Silent Regression Session” my favorite tool for regression

When it seems like there is nowhere else to go with the session due to extremely intense emotions, the “Silencer” technique allows the hypnotist to continue and achieve success. Instructions are given for the conscious mind to focus on the music and become totally “unaware of what I am saying”. Ideomotor signals with a proper line of questioning allowing the subject to process unconsciously, and remember events when and only when appropriate. While age regression techniques have been a saving grace with so many clients, there are a few exceptions when emotions have been so intense, the client has a tendency to withdraw from the experience entirely, thus concluding the session. Might not a gentler approach have been as successful? Hopefully, you will find this to be another useful tool you can use when the opportunity arises.

Lecture/Experiential

Complimentary Coffee & Pastries will be available to all attendees

7:30-9am Fri, Sat, Sun

(220403) BECOME A GOLF GURU—Master The Skills of Golf Improvement

John Weir, BCH

All-levels

- Learn how to use anchors to enhance swinging, putts and confidence
- Learn powerful visualizations to enhance course performance
- Learn techniques to overcome negative thinking on the course
- Learn how to create unbreakable focus and think like a professional
- Learn how to implement these skills in your practice and make more money working with golfers

Athletes will tell you that all sports are 90% mental and this is especially true in the game of golf. All the best golfers in the world have learned to harness the power of their minds to enhance their performance on the course. This session will teach you the inside secrets of the pros. Learn how to create unbreakable focus, make more putts, play with confidence and swing flawlessly. Enhance your game today through hypnosis.

Lecture/Discussion/Demonstration/Q&A

(220404) DEALING WITH STRESS IN ALL YOUR RELATIONSHIPS—Unlock Your Full Potential And Move Forward To A “Better” Life

Norma Lent Auerbach, CH

All-levels

- Learn to deal with stress
- Discuss unique “insider” methods and techniques
- Put relaxation methods to work immediately

Unlock your full potential as you learn to deal with stress in all your relationships and release the negativity that is keeping you from reaching your full potential. Join Dr. Norma Lent Auerbach in this ground breaking workshop and learn methods and techniques that are unique “insider” information to manage your current stress and be able to move on to a more resourceful future. Learn and practice effective relaxation methods you can put to work immediately.

Lecture/Experiential/Discussion

“Have attended many NGH conventions. As incredible as it may seem, since they are always fun and informative. They do get better every year!”

—Dorothy Swiesz
Idaho Falls, ID

(220405) HYPNOTIZE YOUR BUTTERFLIES—Double Your Practice With Dynamic Speaking Skills

Sophia Kramer, CH, RN *All-levels*

- Deliver dynamic public presentations
- Overcome stage fright, shyness and fear of public speaking
- Teach your clients to overcome fears and anxiety
- Learn how to present at any challenging event
- Reach your goals and reach your dreams
- Free yourself from that critic “monkey” on your shoulder
- ENJOY speaking and performing!

Sweaty palms, nausea, overheating, shaking, light headedness and a rapid heartbeat are all signs of those butterflies in your tummy, which are such a nuisance when it comes to performing. Repetitive fear provoking thoughts and the resource of former failures are creating anxiety and discomfort. Your anticipation of a negative outcome might be unconscious or conscious, but no matter what, your emotions are standing between you and your goal. Win the mind game by hypnotizing your butterflies and build your self-confidence through this specifically designed method.

Lecture/Demonstration/Participation/Q&A

(220406) DREAMWORK: THE NEXT FRONTIER—How To Utilize Hypnosis To Understand Dreams And Their Metaphors

Ina Rae Kurtzberg, CH, LCSW *All-levels*

- Learn metaphoric speech & language of hypnosis and dreams
- Discover how to understand personal and universal symbols
- Be able to use dream wisdom in waking life

Add dreamwork to your practice... enhance its scope and discover a highly effective change agent to help your clients and yourself. The language of dreams and dream theorists - from ancient times through New York's Maimonides Hospital Dream Telepathy Lab, will be discussed. You will learn and utilize hypnotic dreamwork to access and use dreams for greater understanding and lasting change.

Lecture/Discussion/Demonstration/Q&A

To register, call
(603) 429-9438

(220407) YOUR CLIENTS WANT THE MAGIC, THE WOW, THE HYPNOTIC PHENOMENA!!!

—Why You Want To Use Hypnotic Phenomena Such As Amnesia, Hallucinations, Age Regressions, Age Progressions, Analgesia, etc.

William Mitchell, BCH, CI, BA, Mdiv *All-levels*

- How to apply Hypnotic Phenomena to create positive results for clients
- How to introduce and discuss Hypnotic Phenomena with clients and referring professionals

Our unique offering is inducing Hypnotic Phenomena such as amnesia, hallucinations, age regression, analgesia, hypnotic dreams, post-hypnotic suggestion etc. Too many hypnotists induce trance and hope the subconscious will do something beneficial. And many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant Hypnotic Phenomenon.

Lecture/Demonstration/Q&A

(220408) TEACHING SELF-HYPNOSIS IN GROUPS

—Make Money And Inform, While Publicizing Your Practice

Lee Pascoe, BCH, CI, FNGH *Intermediate*

- Develop the confidence to present your own class
- Learn how to “wow” your audience
- Learn to structure your material
- Experience a group session of “self-hypnosis”

Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

Lecture/Exercise/Q&A

“Coming to the conference is a great way to learn, grow and re-energize. Having the opportunity to learn from and get to know the masters in this field is priceless! Thank you!”

—C. Dainne Elliott, N. Little Rock, AR

(220409) APPLICATIONS OF CLINICAL MEDICAL HYPNOSIS

—Increase Your Success - Increase Your Referrals

Seth-Deborah Roth, CH, CI, CRNA *All-levels*

- Learn the principles of hypnosis for surgery
- Discover other medical conditions where hypnosis is applicable such as cancer treatment support

Learn the real understandable physiology about how hypnosis works on a medical level. Learn the principles for using hypnosis in pain management, for surgery preparation and in various everyday medical conditions such as IBS, Chronic Fatigue Syndrome and cancer treatment support. Be given complete information of what to include when designing a pre-operative, intra-operative and post-operative program.

Lecture/Discussion/Q&A

(220410) PEDIATRIC HYPNOTISM —The Next Step In Transforming Children's Lives

Alicia Marcos Birong, CH *All-levels*

- Learn child development in connection to hypnosis
- Obtain child inductions and scripts
- Learn how to use hypnotic techniques for various conditions

This workshop includes techniques and important information needed to successfully integrate pediatric hypnosis into your practice. Obtain a clear understanding of these techniques and whether Pediatric Hypnosis is something you may want to specialize in.

Lecture/Discussion/Q&A

“Excellent annual renewal opportunities in a beautiful New England setting. Wonderful networking and collegial encouragement and great people, happy atmosphere and many fine chances to meet and share with experienced hypnotists from around the world.”

—Edwin Bebee, Tuscon, AZ

“Great conference as usual. Everyone should take advantage of the education and experience this conference has to offer.”

—Jon Kobel, Elgin, IL