

189 Expert Seminars

No Additional Charge
Included With Your Convention Fee

SATURDAY, AUGUST 8

7:00-7:50 AM SEMINARS

(21071) YOGA EXERCISE

Dorothy Kerzner, CH

All-levels

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

8:00-8:50 AM SEMINARS

(210801) DIVINE LIGHT TRAVEL USING THE GUIDANCE OF YOUR ANGELS AND ASCENDED MASTERS—A Spiritual Experience Using Hypnosis

Ramona Garcia, CH & Marlene Monnar, MBA, MEd, CH

All-levels

This is an introduction to the concept of everyday guidance from the Ascended Masters and Angels in our lives. Learn step-by-step directions in attaining your self-hypnotic state to achieve the maximum opportunity for a safe and enlightening experience. You will leave with the necessary tools for everyday application. Using self-hypnosis, you will be able to enhance your own spiritual experiences. *Lecture/Experiential/Q&A*

(210802) GOAL IMAGE FOCUSING TECHNIQUE™ —A Six-Step Plan To Help You Manage Your Weight

Richard Harte, DNGH, OB

All-levels

This new seminar called GIFT™ allows for the opportunity for Consulting Hypnotists to do the research necessary to make a positive impact. Its focus is on motivation and self-esteem issues both internal and external and the effect it has on the overweight individual. You will learn how to design client treatment plans on an individual basis. *Lecture/Demonstration*

(210803) HYPNO-MARKETING—Powerful Marketing Techniques For Any Hypnotism Practice

Dwayne Claud, CH

Introductory-Intermediate

So, you've opened a hypnotism practice and now it's time for the clients to start rolling in - but where are they? Discover how to target high quality customers and craft the marketing messages to reach potential customers most effectively using radio, television, print and direct mail. *Lecture/Q&A*

(210804) MENTAL CONFUSION INDUCTIONS —Inductions For Analytical Resisters

C. Roy Hunter, CH, MS

All-levels

Regardless of your favorite induction, sometimes we need to fit the induction to the client rather than vice versa. This is especially important with a very analytical client. Learn how Roy deals with an analytical resister, and observe a demonstration of two mental confusion techniques. *Discussion/Demonstration/Q&A*

(210805) DOUBLE BINDS—Using Language Patterns To Directly Address The Unconscious Mind

David Barton, CH

Intermediate

Double binds are frequently spoken of in whispers, as if they were great mysteries only for initiates. In fact, double binds are simple language patterns that are so effective, particularly on reticent subjects, that is truly one of the winners among hypnotic techniques. By engaging the conscious mind while communicating with the unconscious its effectiveness will enable all to go with the winner. *Lecture/Discussion/Q&A*

(210806) END PATHOLOGIC TOOTH GRINDING /BRUXISM—Using A Combination of Hypnosis, Visualization, And Oral Exercise

Janet Crain, CH, CI, DMD

All-levels

Tooth grinding/Bruxism is a normal dental condition that occurs throughout life. The problem arises when the activity causes tooth damage and muscle soreness or pain in the surrounding structures. As a dentist, I am currently using a combination approach of hypnosis, visualization and oral exercise to treat patients when it becomes a destructive habit. Learn how to incorporate this into your practice. *Lecture/Discussion/Q&A*

(210807) EMOTIONAL FREEDOM TECHNIQUE (EFT) —Getting Started With The Basics

Tina Shafer, CH, CPHI

All-levels

Learning EFT can increase your success in working with clients for behavioral changes, releasing fears and stress. The Psychological Reversal and Basic Recipe are simple and effective techniques that can easily be taught to clients of all ages. EFT can be used as a stand alone technique or complementary to hypnosis sessions. *Lecture/Demonstration/Experiential/Q&A*

(210808) THE TWELVE MINUTE MEDITATION THAT CAN TRANSFORM YOUR LIFE—Exercise Your Brain And Delay Or Even Prevent Cognitive Decline

Maureen Imperial, CH

All-levels

Kirtan Kirya is a chanting meditation using finger movements. Many who practice this meditation feel that it builds personal power, cleanses negative thoughts and allows peace and joy to enter the mind. Teaching this to clients to relieve stress and increase focus will give them another tool to use to produce positive effects. *Lecture/Demonstration/Experiential/Q&A*

(210809) BUILD A BETTER YOU NOW —Strategies For Hypnotists

Dan LaRosa, BS, ED

All-levels

The great achievers have learned that attitude is more important than aptitude to achieve altitude. Using humor and story telling you will be inspired and motivated to make this year your best year ever. Life is a playground not a battleground so take a little time to laugh, love, learn, and live! *Lecture/Q&A*

(210810) TIPS, TRICKS, AND TECHNIQUES FOR EMPOWERING YOUR SESSIONS—Setting Your Clients Up For Successful Outcomes

Michael Ellner, DD, MSH, CH

All-levels

Be able to conduct effective pre-talks. Empower your suggestions. Practice with confidence, Put the fun back into working with clients. A step-by-step program for turbo-charging your sessions! *Lecture/Discussion/Q&A*

(210811) USING THE MIND AS AN OASIS—Access Your Own Inner Wisdom In Higher Mind

Elizabeth L. Campbell, CH, CI

All-levels

Journey to the Oasis of your higher minds to find wisdom and guidance, while visiting with personal counselors and exploring new possibilities. As you explore the Oasis, develop greater trust in your own inner wisdom. The Mind as an Oasis experience is easily duplicable for use in your practice as a one-on-one technique and works equally well in group presentations. *Lecture/Experiential/Discussion/Q&A*

(210812) WINNER'S INTUITION HOTLINE THROUGH SYMBOLS—Using Symbols To Discover Unconscious Personal Concerns**Salvatore A. Campagna, CH****All-levels**

Practice using visualization and intuition to identify animals, in addition to other symbols that best describe you. The meanings given in the seminar are general indicators. You trust your intuition and ask for additional symbols to be shown you to clarify specific issues. Use the techniques and principles learned in order to identify and interpret symbols that give direction to your life.

*Lecture/Exercise***(210813) THE BEST WAY TO PUBLISH YOUR BOOK—Self Publish Or Not...That Is The Question****Mark Tracten****All-levels**

If you have been trying to write your book for a while now, you will learn how to get your writing juices flowing with tips and ideas; how to put together the very best proposal; and how to decide whether or not to self-publish.

*Lecture/Q&A***(210814) 7 PRISTINE ASSUMPTIONS OF THE HYPNOSIS GREATS—The Core Beliefs & Assumptions You Need To Hold In Order To Have Outstanding Success With Your Clients****Chris Halbohm, CH****All-levels**

The greatest hypnotists of all time have held certain core beliefs about themselves, their clients, and about human nature that made them excellent hypnotists! Discover the very magical thing that happens the very MOMENT that you begin to hold these new thoughts and beliefs. Don't be surprised if this completely changes your success rate and even the energy at your office!

*Lecture/Discussion/Demonstration/Q&A***(210815) COMMUNICATING UNDER PRESSURE—How To Use Hypnotic Language Techniques When The Pressure Is On!****Faith Wood, CH****All-levels**

We all know that it is far easier to be effective when one has the time to prepare their thoughts in advance. Unfortunately, prep time is a luxury that often evades even the most optimistic communicator. There are some general approaches that can help to increase your odds of a successful interaction. These are beneficial skills for hypnotists who are looking to be more resourceful when faced with tight timelines or highly stressed clients.

*Lecture/Demonstration/Q&A***9:00-9:50 AM SEMINARS****(21091) HYPNOCLUTTER™—A Growing Use Of Hypnosis****Beverly Taylor, CH, CSC, CLP****All-levels**

15% of the population (over 40 million people in the US) suffers from what the Professional Organizers call "Chronically Cluttered" and psychologists call "Compulsive Hoarding". Beverly created a highly successful program that easily brings clients for at least 3 to 6 sessions, and they are very grateful to keep coming! She introduces you to this arena and the most important secrets of her success for optimally working with cluttered people.

*Lecture/Q&A***(21092) TEACHING HYPNOSIS: FIVE STEPS TO EFFECTIVE HYPNOSIS TRAINING****—A Teaching And Learning Model For Excellence****Kate Beaven-Marks****All-levels**

You will explore perceptions of hypnosis training from teaching and learning viewpoints and learn a dynamic and effective five-step model for hypnosis and related topics, which can also be applied to training selection, ensuring accurate targeting of your time and money.

*Lecture/Discussion/Exercise/Q&A***(21093) THE ART OF TRANCE—Inducing Deep Trance With Images From The Arts****Charles Curtis, BCH****All-levels**

Mine your personal history and your favorite art, literature, poetry, and film for trance-full thoughts. Use an easy script-less flow of words to combine these archetypal images with sensory awareness, and your clients can't resist dropping into deep trance. Experience for yourself how relaxing and fun this technique can be.

*Lecture/Demonstration/Experiential/Q&A***(21094) "TADA....LOOK AT ME NOW!"****Erika L. Duffy, DCEd, CH****All-levels**

There are five segments in our life that need to be balanced and in harmony: spiritual, health, mental/emotional, financial and relational. If any one of these parts in our life suffers, we cannot win at anything; for there will be parts missing that will deplete our energy and create tremendous amounts of stress. Learn how to maximize your full potential in all areas of life.

*Lecture/Discussion***(21095) HYPNOSIS OUT-OF-THE-CLOSET****—Building Hypnosis Success In Your Community****Janice Manson, CH, RN****Introductory-Intermediate**

Ever wondered how to generate more buzz for your business? This interactive seminar will inspire and propel you to build your hypnotism business success. You will leave brimming with ideas and with drafts for viable, concrete plans for events you can implement right away.

*Lecture/Discussion/Q&A***10:00-10:50 AM SEMINARS****(21101) HOW TO MAKE POST-HYPNOTIC SUGGESTIONS STICK!—The Automatic Reinstatement Of Specific Suggestions After Hypnotic State****William Mitchell, BCH, CI, BA, Mdiv****All-levels**

Post-hypnotic Suggestion refers to the subject's ability to respond at a later time to a suggestion given during trance. The post-hypnotic suggestions can be directed toward behaviors, attitudes, or feelings. Learn how William Mitchell routinely delivers suggestions that STICK! *Lecture/Demonstration/Video/Q&A*

(21102) ANCIENT SCIENCE OF HAWAIIAN HUNA—Hawaiian Healing Psychology And Metaphysics**David A. Frederick, PhD, ND, Dsc****All-levels**

Be introduced to the ancient system of Hawaiian healing, Psychology and Metaphysics. Three levels of vital force of energy, hypnotic influence, the HA RITE in contacting your higher self and the water cure and participate in an ancient intonation for energy balance.

Lecture/Demonstration

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(21103) THE ELMAN INDUCTION EXPLAINED

John Weir, BCH

All-levels

The Elman Induction is one of the greatest inductions ever created. It systematically enables you to rapidly hypnotize to somnambulism, covertly test the depth of your client without any risk of failure, and easily convince every client that they were hypnotized. Learn everything you need to know about the Elman Induction in this class.

Lecture/Demonstration/Q&A

(21104) TUNE IN TO YOUR AKASHIC RECORD —Visit With Your Guides/Angels For Insights And Inspiration

Norma Lent Auerbach, CH

All-levels

Join an incredible journey back in time as you access your Akashic Record and visit with your guides/angels for insights and sources of strength and inspiration. Visit the great temple and explore your record of thoughts and actions. Use this tool to add clarity to your life and practice.

Lecture/Experiential/Q&A

(21105) INTEGRATING MIND, BODY AND AWARENESS IN HYPNOSIS—Using Bodywork To Facilitate The Goals And Needs Of The Client

Barbara Swanwick, MS

Introductory

The mind, the body, our emotions and our spirit are intertwined. Gentle touch, properly applied and combined with supportive dialogue helps people effect desired changes. When this is done in conjunction with hypnosis the results can be intense and swift. Specific guidelines on how to apply the touch will be presented.

Lecture/Demonstration/Exercise

11:00-11:50 AM SEMINARS

(21111) REAL MEDICAL HYPNOSIS MADE SIMPLE —Hypnotic Techniques In Everyday Practice

Seth-Deborah Roth, CH, CI, CRNA

All-levels

Learn how to use simple hypnosis techniques in everyday medical situations in the hospital, the medical office and in medical emergencies. Situations will be demonstrated and/or discussed along with matching hypnotic techniques. You will take away scripts you can start to use and build upon immediately.

Lecture/Demonstration/Q&A

(21112) CALLING ALL NEWBIES!

—Let's Get It Started And "Go With The Winners"

Sandi Graves, CH

Introductory

Are you eager to learn how to get a business started and at the same time create excitement in the process? Have you come to the convention after receiving initial certification, or are you trying to restart a business? "Let's Get It Started" and learn how to make it happen and "Go With The Winners..." to start a profitable business in hypnosis.

Lecture/Discussion/Q&A

(21113) TAKE CARE OF YOURSELF, THIS IS YOUR TIME IN LIFE!

Larry Garrett

All-levels

This presentation is about learning to feel good every day. If you show a skill of living positive to your clients, they will have greater success. It is easy to learn to feel good everyday. You need only one element to begin. Make the decision and this seminar will teach you the rest. Live the moment and love yourself unconditionally.

Lecture/Demonstration/Q&A

(21114) MARKETING YOUR BUSINESS ON THE INTERNET 101

Mark Eldridge

All-levels

Many hypnotists throw up a website without any thought about the potential impact it can have to their business. Learn the Best Ways to Market Your Business Online and How to Easily Implement & Profit NOW!! Learn from best selling author Mark Eldridge, a top Internet marketing expert who will teach you Internet strategies he has used to outperform many Fortune 500 companies on the search engines!

Lecture/Discussion/Q&A

NOON-12:50 PM SEMINARS

(21121) UNLOCK THE DOOR TO SLEEP IMPROVEMENT—Help Clients To Get To The Root Of Their Sleep Issues And Restore Peaceful Sleep

Debbie Papadakis, BCH, CI

All-levels

Do you know that 60 million Americans suffer from sleep issues? Get the answers to the following questions: 1. What are the main reasons clients having trouble sleeping peacefully? 2. What techniques should you use to solve it? 3. What can you do to get rid of the total problem of the sleeplessness? 4. How can you help your clients to have a peaceful sleep? – the key to success is in knowing which door to open!

Lecture/Demonstration/Q&A

(21122) MOVING YOUR HYPNOTISM BUSINESS OVERSEAS—What You Always Needed To Know About Moving Business, Kids, To Work Overseas

Beryl Comar, MA, MEd, CH, Mona Santl, CH and Tonny Christensen, BCH, CI

All-levels

Three international Consulting Hypnotists share their experiences of living and working overseas and help you know what it takes to expand your services abroad and enjoy the many benefits by overcoming the obstacles they faced.

Lecture/Q&A

(21123) ATTRACT MORE CLIENTS WITH MULTIPLE OPTIONS FOR SMOKING CESSATION—Don't Get Stuck In A One Size Fits All Approach

Carol Denicker, BCH, CI

Introductory-Intermediate

How and why you should offer a multi-modal approach in smoking cessation. Is it a good idea to combine hypnosis with the patch, medication or acupuncture? Why one of your programs should be a "2-session" rather than a "1-session" smoking cessation program. Why you should offer a multiple session or "tapering off" program.

Lecture/Q&A

(21124) WHERE DO WE COME FROM?—Evolution Of Hypnosis: In Between Spiritual, Physiological And Psychological

Henriette Gezundhajt, BCH, CI

Introductory-Intermediate

Why is hypnotism still so controversial in some circles? What are the obsolete historical and ideological reasons behind these fears? How can we spread the word of the legitimacy of our practice if we do not know where we come from, and if names like Mesmer, Braid, Faria or Charcot do not ring a bell.

Lecture/Q&A

"A buffet of choices for every taste!"

—Tobin Slaven, Bangor, ME

1:00-1:50 PM SEMINARS

(210101) MOTHER-BABY CONNECTION

—Transformational Hypnotic Techniques For Mother Connection With Her Unborn Baby

Morrin Bass, BCH, CI

Intermediate-Advanced

Morrin had developed instructions and protocols for dissociated “metaphoric” states of higher consciousness to effectively uncover solutions for clients, including her new work with feminine issues and connection for Mother-baby before birth. Discuss and review techniques, protocols and exercises for effective sessions with clients. *Lecture/Demonstration/Exercise/Q&A*

(210102) GET OFF YOUR BUTT AND STOP BEING JUST A STUDENT

Roger Willard, CH

Introductory-Intermediate

Too often a person becomes a perpetual student with dreams of establishing him/herself in the field. They spend a substantial amount of money out of their own pockets. Then, just one more convention, just one more tape, CD or video, and I will work with clients. Learn to face your hesitations and motivate you to do what you have trained to do. *Lecture/Discussion/Exercise/Q&A*

(210103) NGH'S TRAIN THE TRAINER CERTIFIED INSTRUCTOR PROGRAM—A Lifetime Career Opportunity For The Modern Hypnotist

Richard Harte, DNGH, OB

Intermediate-Advanced

NGH launched its Certified Instructor's program in 1991. This career opportunity is a chance for you to satisfy some personal and professional needs, achieving personal growth, enhancing your education, and establishing a business that can generate a substantial income. *Lecture/Discussion*

(210104) ATTACK ALLERGIES ASAP

—Immediate Relief For Allergy Sufferers

John Gatto, DCH, BCH, OB

All-levels

The technique that John uses in his practice has proven successful over and over again. Learn his “Subconscious Substitution” method that educates and programs the subconscious mind to asymptomatic acceptance of certain former symptom producing stressors that have plagued the clients for long periods of time. *Lecture/Demonstration*

(210105) HOW DO YOU KNOW YOU WERE HYPNOTIZED?—A Specific Checklist To Prove It

Lisa Halpin, BCH, CI, OB

All-levels

My clients always leave my office with the answer to “How do you know you were hypnotized?” It's important both for their success, and for them to be able to relate their experience to others. Receive a brief “checklist” and a sample script that you can use with all your first session clients to make sure they know they were hypnotized. *Lecture/Visual/Q&A*

(210106) ADVANCED PAST LIFE THERAPY—New Advances In Clearing Trauma From Past Lives

David Quigley, CH

Introductory-Intermediate

New advances in Past Life Regression allow you to easily find the sources of negative emotions and core beliefs and to alter these memories and create positive resources in the subconscious mind. Help them examine these memories and create new memories of success, power & fulfillment. *Lecture/Q&A*

(210107) INTRODUCTION TO THE ENNEAGRAM

—Overview Of Applications To Hypnotism

Joan Reese, JD, CH, CI

All-levels

The Enneagram is a dynamic growth-oriented system grounded in nine primary aspects of personality. It provides an approach for managing stress, resolving conflicts, enhancing performance, making changes, and self-actualization. This seminar offers an overview of the potential of this person-centered tool. *Lecture/Discussion/Q&A*

(210108) THE HORMONAL DANCE OF HEALTH

—A Guide For Women's Wellbeing

Beth Keil, CH, RN

All-levels

By understanding the role of hormones, the causes and impact of imbalance, you will understand how you can assist women in being and staying healthy. Taught by a maternal health nurse with over 20 years experience, this seminar is designed for you to move beyond the fundamentals. *Lecture/Discussion/Q&A*

(210109) TREASURE CHEST OF GUIDED IMAGERY TECHNIQUES—Rich & Satisfying Tools

Mary Elizabeth Raines, CH, CI

All-levels

Clients experience amazing success when appropriate guided imagery is incorporated into their hypnosis session. Receive a wealth of brand new techniques for such journeys of the imagination. Not only are these methods easy and pleasurable for your clients; they also have enormous hidden power. *Lecture/Discussion/Experiential/Q&A*

(210110) OWN/HOST/PRODUCE YOUR OWN RADIO OR TELEVISION SHOW—Expanding Your Hypnotism Practice Through Electronic Media

R. Robert Saviola, CH

Advanced

Would you like to increase business, client results and improve your own education? Become the host of your own radio and/or TV program. Learn how to field unexpected questions by call-in listeners/viewers. Increase your own knowledge base by interviewing quality guests. The listener/viewer will believe you are the expert because you are on the air. *Lecture/Q&A*

(210111) SEED MONEY—Attract Abundance To Life

Ramona Garcia, CH and Marlene Monnar, CH

All-levels

Thirty years ago, Ramona started handing out blessed quarters and everyone who received one, including Marlene in 1973, began to experience unlimited prosperity and abundance in their lives. Ramona and Marlene will lead you through a step-by-step achievement of reaching your self-suggestive hypnotic states and teach you the most effective anchoring techniques. *Lecture/Demonstration/Exercise/Q&A*

(210112) LEARN TO PLAY THE NATIVE AMERICAN CEDAR FLUTE

Janalea, Hoffman, RMT, MA

All-levels

Learn the basic techniques to play a Native American cedar flute. This instrument is one of the easiest to learn and a wonderful meditative tool. The cedar wood gives it a wonderful organic sound - great for playing inside or outside. Learn the aspects of the cedar flute, as well as why it has such a hypnotic sound. *Lecture/Demonstration/Exercise/Q&A*

To register, call (603) 429-9438

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(210113) SLEEPING PROBLEMS THROUGH THE EYE OF A HYPNOTIST

Boris Opancha, MS, BCH

All-levels

Over 70 million Americans suffer from disorders of sleep and wakefulness. Hypnosis seems to be the technique that is best documented for the treatment of certain Parasomnias. No case-series data with a 5-year follow-up are available for any of the other cognitive-behavioral treatments that might have been used instead of hypnosis. We will explore the results.

Lecture/Discussion/Q&A

(210114) DOES HYPNOSIS REALLY WORK? —Utilizing Research To Become The Recognized Expert And Grow Your Business

Johnie Fredman, CH, CI, Med

All-levels

Learn how to do more than just self-report your success rate. By utilizing sound research principles we can eliminate the phrase “lay hypnotist” forever and receive credibility among the licensed professionals. Learn how to conduct effective research and become the recognized expert in our field.

Lecture/Discussion/Q&A

2:00-2:50 PM SEMINARS

(21021) DAVE ELMAN REMEMBERED BY HIS SON

Larry Elman

All-levels

Col. Elman is an MIT grad and an aeronautical engineer, retired from the Air Force. During his teen years, he ran Dave Elman’s mail room and shipped Elman’s hypnosis products around the country. During this fascinating seminar, exclusive to the NGH Convention, you will learn about Dave Elman’s early years, Elman’s Medical Hypnosis Course, Dave’s Stage Years and much more.

Lecture/Demonstration/Q&A

(21022) FINALLY - NEW CONCEPTS TO BOOST YOUR SUCCESS WITH SMOKING CLIENTS —If The Habit Nor The Addiction Is The Problem - Learn The Combination That Traps The Smoker

Garrett G. Buttel, BCH, MA

All-levels

Solving the Smoking Puzzle™ is an exciting new approach to smoking cessation. Learn that in addition to nicotine and habits, there are other even more powerful pieces to the smoking puzzle which must be cleared for permanent results. The total 3-hour program includes multiple inductions, stress management, emotions management, self-hypnosis instruction, and new understandings of what is really going on.

Lecture/Q&A

(21023) PAST LIVES - BELIEVABLE OR BLARNEY?

—What To Do In Case A Client Takes You There

Marie Beach, CH, CI

All-levels

For many, past lives can be the only way to help clients because it is viewed as a more safe way to experience any etiology of pain, particularly current life knowledge or suspicion of incest or rape. Dipping into past lives is a powerful way in which imagination can be utilized in forgiveness and the recognition that often, as German philosopher Nietzsche believed “that which doesn’t kill you only makes you stronger.”

Lecture/Q&A

(21024) FEARLESS PUBLIC SPEAKING

—Learn How Being A F.E.A.R.™ Based Speaker Can Make You A Fearless Speaker!

C. Devin Hastings, CH, CI

All-levels

As a hypnotist and successful business person, your job is to effectively, efficiently and persuasively reach as many people as possible with your message. Therefore, it is crucial that you make a great first impression because being an accomplished speaker will help you in two important ways: (1) You will help others while (2) You are paying your bills and becoming more prosperous. Learn how to give persuasive, profitable and award winning presentations.

Lecture/Experiential/Q&A

(21025) MAKE SURE THEY BELIEVE YOU—How To Know That Your Clients Totally And Completely Believe You And What You Are Teaching Them

Chris Halbohm, CH

All-levels

It may surprise you to realize that hypnosis clients do not tell the truth about what they believe. The adventure of hypnosis, by definition, means that you are helping your client to believe something new. Here, you will discover the basics of “getting real” with your clients; they may be so surprised at your candor that they may say to you “That’s exactly what I need to hear! Give me more.”

Lecture/Discussion/Demonstration/Q&A

3:00-3:50 PM SEMINARS

(21031) INSIDE SECRETS OF ELITE TRAINERS

—How To Teach So Students Learn

William Horton, PsyD, CADC

All-levels

As a licensed psychologist, Master NLP Trainer and Certified Master Instructor for the NGH, Wil Horton has trained all over the world. He brings his insight into how people actually learn, both physically and mentally in a way few have experienced. You will find out why his trainings always teach, entertain and have the students doing it. He uses NLP and hypnosis to teach hypnosis and NLP.

Lecture/Q&A

(21032) THE BACKWARD SPIN

—Kinesthetic Trance-Formation

Melissa Tiers, CH, CI

All-levels

This technique is faster than the fast fear method and a lot more fun. This process can turn fear into laughter, grief into gratitude and anger into insight. You will learn how this can be used to anchor in motivational excitement to break procrastination loops and the easiest way to install a variety of resource states.

Lecture/Demonstration/Q&A

(21033) POSITIVE PSYCHOLOGY I

—What Is It & Why You Need To Know About It

Bob Reese, PhD, CH

All-levels

The new field of Positive Psychology is growing rapidly. It is the most popular course at Harvard averaging 800 students a semester. Popularly referred to as the Psychology of Happiness, Positive Psychology moves away from the pathology paradigm that has entrapped the field and shows what actions lead to well-being, to being a positive individual, and towards making life worth living. Do you think this new direction might enhance your practice?

Lecture/Q&A

Questions? Call the NGH

Office at (603) 429-9438

**(21034) HEALING WITH THE ANGELS
—Tuning Into Your Angel Support****Katie Toomey, CH, RN***All-levels*

Angelic presence can be tapped into for assistance with daily issues, health, family, financial and/or “life-and-death” experiences. There will be an experiential process to feel our angels’ presence and a group hypnosis process to encounter an angelic being and a lecture about how the angels are ready and willing to help us in many ways. *Lecture/Discussion/Experiential/Q&A*

(21035) SELF-ESTEEM, YOU ARE WORTH IT!**—Radical Techniques To Heal Emotional Wounds, Traumas And Guilt****Francois Gerland, CH***All-levels*

It is now possible to help yourself and your clients eliminate the burden of low self-esteem and start “joining the winners.” Learn the conscious and subconscious causes of low self-esteem stemming from childhood traumas, mistakes, guilt and regrets. Easy-to-understand hypnosis techniques to transform these wounds will be presented. *Lecture/Demonstration/Q&A*

4:00-4:50 PM SEMINARS**(21041) HOW TO BUILD A SUCCESSFUL
HYPNOTISM PRACTICE IN A YEAR OR LESS****—Leveraging All The Modalities****Nathalie Fiset, CH, MD***All-levels*

Know how to incorporate hypnosis for medical applications in your practice. Understand how to get known as the expert hypnotist in your field. How to build a practice that is credible in the eyes of the medical profession. Help build the bridge between the medical profession and hypnosis. *Lecture/Q&A*

**(21042) THE CLEARING INDUCTION - PASSPORT
TO PEACE—Two Clearing Inductions****Patricia Pearson, CI***All-levels*

Every client entering our office secretly wants the same thing...PEACE. Clearing discharges heavy emotions and opens the door to PEACE. Learn 2 powerful clearing inductions that release negative energy. Experience a Clearing - a prerecorded, full sensory experience that immediately increases power and creativity. *Lecture/Demonstration/Q&A*

(21043) POSITIVE PSYCHOLOGY II**—How To Incorporate It Into Your Practice****Bob Reese, PhD, CH***All-levels*

This is a continuation from the 3 pm session on the new field of Positive Psychology. Referred to as the Psychology of Happiness, Positive Psychology moves away from the pathology paradigm that has entrapped the field and shows what actions lead to well being, to being a positive individual, and towards making life worth living. *Lecture/Q&A*

**(21044) HYPNOTIST, HYPNOTIZE THYSELF!
—Self-Talk & Self-Hypnosis For Hypnotists!****Gloria Constantas, MA, CH***Introductory-Intermediate*

Every hypnotist is trained in the 3 step method of self-hypnosis. But how many use it? Why do we see hypnotists smoking outside the hotel? Why are some still afraid of flying? Are hypnotists immune to self-hypnosis?! Find the best way to speak to ourselves and our clients. *Lecture/Demonstration/Discussion/Q&A*

**(21045) WORKING WITH STUDENTS—Conduct A
Motivational Success Seminar In High Schools****Mona Santl, CH***All-levels*

Experiencing life from a student’s perspective is often helpful when working with children or teenagers. Learn to address the main fears and needs of high school students and motivate them towards a successful future. The tools used are chosen to suit the generation’s styles and interests. *Lecture/Q&A*

5:00-5:50 PM SEMINARS**(21051) SUCCEED WITH SELF-HYPNOSIS—Help
Yourself To Better Health, Wealth, And Confidence****Mitch Nielsen, CH***Introductory*

Follow these simple and easy mental exercises and within a few short weeks, you can unlock the outgoing, successful business person that you are. Relieve stress, improve your sleep, create good eating habits and lose weight. Get control of your emotions and improve your relationships. *Lecture/Demonstration/Exercise/Q&A*

**(21052) EASY 1, 2, 3 HYPNOSIS FOR SCHOOL
SUCCESS—Use Intentional Daydreaming Technique
To Tap The School Market****George Guarino, CH***All-levels*

This easy system for school success is designed to be your entrée into schools as a professional hypnotist. The system is easy to learn, teach and use every step of the way. As you demonstrate the system, you will meet many people with ordinary problems that you can address in private sessions, advancing your practice. *Lecture/Demonstration/Discussion/Q&A*

(21053) WINNING WHEEL OF LIFE**—Know Your Values To Drive Full Speed Ahead!****Corey McCusker***All-levels*

Learn what values are, how they are determined and how they impact a person’s life. Learn a simple yet powerful technique to help you identify what motivates your client. This method is a great starting point to help define what’s important to clients & how they see the world. *Lecture/Discussion/Demonstration/Q&A*

**(21054) RAPID EMOTIONAL RELEASE EYE
PATTERNS—Clinically Proven Method To Quickly
Remove “Stuck” Emotional Issues****Rick Saruna, CI***All-levels*

Rick Saruna has developed a special technique to quickly bring the client back to the moment and in most cases removing the emotional issue at the same time. He has been doing this technique daily in his practice. If you want to learn an amazing way to quickly get results in the most difficult cases come to this presentation. *Discussion/Demonstration/Review*

**(21055) TURN YOUR INTERESTS INTO INCOME
—How To Turn Your Hobbies On To Hypnosis****Lisa Halpin, BCH, CI, OB***All-levels*

Many hobby activities include aspects that can be improved with the use of hypnosis, and many people who engage in those hobbies probably have no idea how to use the power of their minds to increase their abilities or enjoyment. Learn how you can ‘turn on’ fellow hobbyists to the magic of hypnosis and increase your income! *Lecture/Visual/Q&A*