

103 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SUNDAY, AUGUST 9

8:00-9:50 AM

(32081) IDEOMOTOR RESPONDING—Discover Subconscious Blocks With Finger Response Questions

C. Roy Hunter, CH *Intermediate-Advanced*

- Review what Charles Tebbetts taught about psychodynamics
- Learn how to establish finger response signals
- Learn why it is important to establish a third response signal
- Learn what questions to ask & why
- Receive a script that you can employ in your practice, and how to use it

Finger response questions often provide clarity when the best choice isn't obvious, but obtaining accurate information from the client's inner mind is a fine art. Ineffective use of ideomotor response questions can result in inappropriate leading and/or inaccurate responses. Learn a more client-centered way of employing finger response questions, and learn how to use the information provided to help you choose the best hypnotic techniques for the client

Lecture/Demonstration/Experiential/Q&A

(32082) WHAT? WHAT! —Confusion, Ambiguity And Vagueness

Peter Blum, CI, CH *All-levels*

- Learn why confusion is "a blessed state"
- How to make artfully vague statements
- The usefulness of pattern interrupts
- When to be clear and when to be ambiguous
- The value of "red herrings" and other distractions
- How and when to tell a "shaggy dog" story

When can you continue to change, if you decide that now is not a good time? If that question stopped you in your tracks, maybe you are ready to learn about the value of confusion. Confusion of consciousness forces people to resort to unconscious patterns of thought and response, a circumstance that can then be emphasized and utilized by observant hypnotists and willing subjects. We will play with some confusing inductions, ambiguous statements and learn by observing their effect on ourselves and others.

Lecture/Exercise/Discussion/Demonstration/Q&A

(32083) MULTIPLE SCLEROSIS, HOW CAN WE HELP?

Boris Opancha, MS, BCH *All-levels*

As people struggle to adjust to MS, they often have strong emotional reactions. Low self-esteem, depression, anxiety, fear, frustration and anger are common responses. Many people also experience sleep distortion, disturbance, emotional lability, pain and fibromyalgia, panic attacks, irritability, distractibility, poor concentration and a loss of interest in activities that were formerly interesting. These problems can be successfully treated with complement of hypnosis.

Lecture/Q&A

(32084) HYPNOTIC FOUNTAIN OF YOUTH—How To Win While Advancing In Years

Gloria Constantas, MA, CI

Introductory-Intermediate

- Identify aging beliefs
- Design suggestions to instill expectations of aging gracefully
- Use age progression to create a positive future image
- Use other rejuvenating techniques

Deepak Chopra says that nothing has more influence over the body than the beliefs of the mind. He also says that the most common signs of aging are caused by a widespread social hypnosis. So if the signs of aging are based on hypnosis, it makes sense that hypnosis could slow them down or perhaps even reverse them. It has even been suggested that some of the signs of "old age" may really be signs of extended stress. So at the very least, hypnosis can be used to reduce the effects of stress.

Lecture/Demonstration/Discussion/Q&A

(32085) SYMBOLOGY AND NON- VERBAL COMMUNICATION IN HYPNOTISM—Go With The Winners In Symbology

Angelina Ahumada, BA Ed, CH *All-levels*

- Learn important signals for hypnotists to observe
- Capture the symbols the client expresses in the intake or during the session
- Learn the meaning of many symbols
- Discover what different parts of the body convey unconsciously-underlying messages
- Increase sensitivity to understand the deeper meaning
- Grasp the clues by observation

This workshop will emphasize signals, symbols and clues hypnotists must grasp and sensitize their bodies. It will increase communication skills by effectively observing body language and movements while in session. Learn different body postures the client may adopt as well as learn the meaning the body parts and their meaning as symbols in movement. There will be an exercise to learn about personal and universal symbols to be able to respond to the clients' needs by using their own symbols to progress into a profound hypnotic session. AN IMAGE IS WORTH A THOUSAND WORDS. A SYMBOL IS WORTH A THOUSAND IMAGES.

Lecture/Demonstration/Experiential/Q&A

(32086) 51 WAYS TO STAND OUT —51 Low Cost/No Cost Ways To Promote Your Business Or Make Your Business Stand Out!

Roger Willard, CH, BA *All-levels*

- Have a toolbox of ideas to inexpensively promote your practice
- Learn to think outside the box in self-promotion
- Develop new ideas of your own

Come prepared to learn 51 ways to get your business known to the people you want to serve and be remembered. At the speed of light, you will get ideas, methods, and other means to get names, services, and who and what you are, in the press, on the air, and out in the public in general. Best of all, learn how to do this at little or no cost to you. Ideas will come at you fast and furious, so be prepared. At the speed of one new idea every two minutes, you will not want to miss a second. Some of the ideas will be things you've heard before but forgot, and you will ask yourself; "Why haven't you done that before?" Other ideas will just be plain old "Good Business 101" that a lot of people forgot. And still others, will be somewhat different.

Lecture/Q&A

I am a registered nurse and have been to many conferences. I have never been to a conference that compares to NGH. There is such an uplifting, positive energy. The presenters are so generous with their ideas, time and materials. Amazing!! I look forward to coming every year."

—Christine Race, Hampton, NJ

(32087) DEVELOPING NURSING CONTINUING EDUCATION CLASSES—A Valuable Skill In A Hypnotism Practice

Marifran Cooper, CH, CPHI, MSN, RN All-levels

- Identify why nurses need continuing education hours
- List 3 potential topics for classes
- Identify your particular states requirements for offering nurses continuing education
- Be able to complete an application

Throughout my nursing career, I have had to develop nursing classes that offer continuing education credits for attending nurses. Both RN and LPN nurses can receive credit for these offerings. This workshop will walk the hypnotist/learner through the application process from identifying a topic to completing the application. You will benefit from this workshop because it will offer another tool in your hypnotism practice toolbox.

Lecture/Discussion/Q&A

(32088) HELP...I'M A HYPNOTIST AND I AM AFRAID TO GIVE PRESENTATIONS!—Conquer Your Fear Of Public Speaking And Unleash Your Hidden Potential!

Maureen Imperial, CH and Janine Thomson, BCH, CI All-levels

This workshop will reveal all...THE GOOD, THE BAD AND THE UGLY of giving presentations. Get the tools and techniques needed for on the spot problem solving, helping you maneuver past the roadblocks on the super highway that leads to giving those winning presentations. Janine Thomson and Maureen Imperial are the hypnotic duo who have acquired a large percentage of their client base through speaking engagements. They will share not only the secrets to overcoming the fear of giving presentations but also where and how to start booking presentations once the fear has been addressed.

Lecture/Demonstration/Experiential/Q&A

"The NGH Convention is a mecca of higher learning for both the new and the seasoned hypnotist. It offers invaluable training, advancement and innovative new state of the art techniques presented by top shelf success, veteran hypnotists."

—Wayne Minichielli, E. Douglas, MA

(32089) MULTI-LEVEL COMMUNICATION—The Easy Way To Unconscious Change

Melissa Tiers, CH, CI All-levels

- Learn linguistic resourcing
- Learn the Meta-Pattern of change
- Discover process Instruction
- Discover conversational Timeline

Learn how to use tonality, nonverbal subtleties and the clients' unconscious strategies to create multi-level communication. Learn the art of conscious/unconscious dissociation and the interspersal technique of Milton Erickson. Practice delivering one of the easiest patterns for conversation change ever developed as well as using the client's own script for trance-formation. Go over process instruction for change work as well as linguistic ways of playing with timelines.

Lecture/Discussion/Demonstration/Q&A

10:00-11:50 AM

(32101) CROWBARS FOR THE MIND—Creating Instant And Powerful Change

Charles Curtis, BCH and Nancy S. Curtis, BCH All-levels

- Learn NLP language pattern analysis
- Peer inside the unconscious mind
- Break dysfunctional patterns from the past
- Induce an instant paradigm shift

Your habitual language creates your "map of reality". If your vision of life doesn't include success, you can't achieve it. Have you wished for a mental crowbar to pry loose an old pattern in yourself or a client to gain access to the winning mindset? Use NLP language pattern analysis to shift dysfunctional self-talk that derails success. Learn potent patterns for change that increase your chance of winning the game of life.

Lecture/Demonstration/Experiential/Q&A

(32102) 21ST CENTURY NLP FLASH TECHNIQUE—How To Remove Or Reduce Chronic Pain In 4 Minutes Or Less!

David A. Frederick, PhD, ND, Dsc All-levels

Learn a powerful left brain, right brain rapid crossover technique called FLASH to reduce or stop completely chronic pain going back twenty years or more. This technique can also be used for emotional pain. It uses eye movements for left/right brain crossover and is very fast and complete. Lecture/Demonstration/Practice

(32103) CREATING WITH INTENTIONS—To Make Your Life Happen On Purpose...

Lisa Halpin, BCH, CI, OB All-levels

- How intentions affect outcomes
- How intentions relate to the universal law of attraction
- Examples of the effectiveness of intentions
- How to properly form intentions

What are your intentions? Whether conscious or unconscious, our intentions affect outcome. Maybe you've heard about the concept of the "law of attraction" or Dr. Wayne Dyer's book *The Power of Intention*. Concentrate on how to use this powerful energy to create the life that you want, both personally and professionally. Exercises will include examining your current intentions and 're-writing' them to achieve the outcomes that you desire. Emphasis will be on awareness of intentions, forming well-worded intentions, and incorporating this process into your daily life. As a bonus, you'll learn how to join with others to experience the synergy of joined intentions. Lecture/Visual/Exercise/Q&A

(32104) THE IMMUNE SYSTEM AND HYPNOSIS—How To Absolutely Strengthen The Immune System Using Hypnosis

C. Devin Hastings, CH, CI All-levels

- Proven hypnotic and mind/body methods will be discussed
- Major disease conditions will be talked about
- Be able to competently discuss the major aspects of the immune system and how hypnosis can help.

This workshop is based on Devin Hastings' latest and deeply researched book, *21st Century Medicine: The Healing Power of the Mind and How to Use It*. Cutting-edge information and very solid documentation will be discussed showing how the power of the mind has been demonstrated to improve a person's immune system and improve many major illnesses. You will receive a certificate of training as an Immune System Coach.

Lecture/Discussion/Demonstration/Experiential/Q&A

"Each year the range of topics and the level of expertise keeps getting better and better."

—Walter Stock, Glendale, NY

103 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SUNDAY, AUGUST 9

(32105) ESSENTIAL ELEMENTS OF WEBSITE SUCCESS—An Informative, Easily Found Site Is Not An Option, It's A Necessity!

Carol Denicker, BCH, CI Intermediate-Advanced

- Create low-cost, attention-grabbing web pages to successfully promote your practice, services, training programs, and products
- Publish a content-rich eNewsletter at low cost or no cost
- Know what your website should include, and what you should avoid
- Get ranked high in the major search engines and directories
- Demystify Internet lingo
- Be a positive and continual source of information that educates the public about hypnosis

The user friendly Internet is fast becoming the educated consumer's first choice in locating goods and services. Having a well designed, informative, easily found web site has become the ultimate marketing opportunity. Where else can a modest investment be turned into powerful promotion tool that works for you 24 hours a day, 7 days a week, 365 days a year, and reaches the entire world? Well designed, content rich websites turn visitors into clients and students. People abandoning their newspapers and yellow page directories in favor of web searches. YOU should be found in those searches!

Lecture/Discussion/Q&A

(32106) INTERACTION WITH THE MIND IN THE ESDAILE STATE—Researching The Mind

Ines Simpson, BCH, CI Intermediate-Advanced

- Learn to achieve the Esdaile State
- Learn how to continue to communicate with the subconscious mind in a two-way interaction
- Learn how to research further in this area
- How to apply change work at this level

This workshop is to help you learn how to interact with the subconscious at the Esdaile (Hypnotic Coma) level. In the past little has been known about what is happening in the clients' mind at this level. Esdaile originally used this level for surgery. At that time the conditioning to this level could take up to 10 days. This workshop is designed to show you how to work and create change on this level.

Lecture/Discussion/Demonstration/Q&A

(32107) THE RELATIONSHIP CODE—Restore The Bridge In Any Relationship

Debbie Papadakis, BCH, CI All-levels

- Discover how to free yourself from any past destructive relationships
- Learn to change any relationship by transforming the cords between two individuals attached to the Chakras
- Discover how to reprogram the memory to transform negative imprints and emotions into positive

The Relationship Code is a systematic combination of techniques which has been enhanced by incorporating it with the power of hypnosis, making it an even more powerful tool. Learn how to facilitate this very simple, yet powerful system to assist yourself and your clients in restoring the bridge and reprogram the dynamics of their relationships. This technique will help you heal the energy which, in reality, will successfully renew your relationships. Be guided, step-by-step, through the techniques needed to restore and renew the bridge in any of your clients' relationships.

Lecture/Demonstration/Experiential/Q&A

(32108) WOONG CLIENTS OUT OF THEIR VICTIM STORY

—Don't Fool Around - Empower Them 1-2-3-4!

Marie Beach, CH, CI Intermediate-Advanced

- Find out whose business you're in – yours or others'
- A sure fire route to be free of the oppression of our minds
- Learning the four questions that can bring peace and change
- How to stop arguing with reality (no matter how bad it is or was)
- How to make friends with your shadow (the one reflecting back at you)

Learning just four questions and two turnarounds and working them over and over no one can escape facing how fallacious and self-defeating our beliefs and thoughts are. Based on the work of Byron Katie, international lecturer and author of *Loving What Is*, learn to get people out of victimization. By turning around the accusations we hurl at others with a pointed finger there's no way with "The Work" we can escape the four pointing back to us. You'll learn also how to do "The Work" with individuals and groups, the latter called Inquiry Circles.

Lecture/Demonstration/Discussion/Q&A

(32109) THE HEALING POWER OF FORGIVENESS

—Basic To Quantum - Are You Ready For This?

Katie Toomey, CH, RN All-levels

- Learn the energetic, dynamics of forgiveness and un-forgiveness
- Enjoy new perspectives about forgiveness
- Have increased motivation and enthusiasm to forgive
- Learn new processes for releasing un-forgiveness
- Explore models of "quantum" forgiveness

The energetic dynamics of holding on to un-forgiveness will be explored. Learn perspectives and processes to ease and increase motivation in forgiving others and in facilitating other's forgiveness (with clients). Advanced/quantum concepts in forgiveness will be explored. Experience a soothing, healing group forgiveness process.

Lecture/Discussion/Experiential/Q&A

2:00-3:50 PM

(32021) METABOLISM

—Melt Those Pounds Away!

Drake Eastburn, BCH, CI All-levels

- Learn how to do a pre-talk for working with the metabolism
- Learn the importance of waking hypnosis in the roll of metabolism
- Be able to use the materials on your own clients
- Use valuable scripts for individuals and groups

In this workshop, you will experience the speeding up of your own metabolism as well as using the process on your own clients and groups. Know how to give a good pre-talk and use waking hypnosis to make this process highly efficient. Learn how to make the most of the powerful scripts you will receive.

Lecture/Experiential/Q&A

Audio Tapes & CDs!

Afraid You'll Miss One

Workshop by Going to Another?

Don't Worry! Audio Tapes &

CDs of the Workshops Will be

Available to Convention

Participants.

We'll Take Your Orders There!

(32022) ULTRA-HEIGHT HYPNOSIS—Learn How To Enhance Your Client's Natural Healing Ability And Communication

Gerald F. Kein, FNGH, BCH *All-levels*

- Learn how to help clients become aware of their true abilities
- Aid clients in communication between subconscious and superconscious minds
- Learn how to have the subconscious & superconscious analyze suggestions
- Learn procedures for attaining Ultra-Height® hypnosis

In this workshop, Jerry presents his own unique and specific techniques for establishing communication between the subconscious and superconscious mind, the benefits of which are infinite. The superconscious is many times referred to as higher conscious, higher self, etc. The techniques presented enhance hypnotism along with touch therapy and other alternative methods. *Lecture/Demonstration/Q&A*

(32023) COMPLEMENT YOUR PRACTICE WITH ALTERNATIVES—Homeopathy And Nutrition – More Ways To Enhance The Art Of Healing

Lawrence Galante, PhD, CI *All-levels*

- Learn homeopathic remedies
- Teach clients simple homeopathic remedies they can buy
- Learn about some nutritional clients could buy to improve health

Be taught the basic principles of holistic healing and how these modalities can best be incorporated into your practice to enhance healing and overall well-being in your clients. This class will teach you: simple Chi Kung relaxation and stretching exercises; Reiki & Therapeutic Touch techniques - a soothing way of transmitting healing energy to a client in need without touching them; Homeopathy - safe, non-toxic over the counter FDA approved remedies to alleviate both physical and emotional conditions; Nutrition - new discoveries concerning missing nutrients in our diets which are contributing to our weakened physical and mental conditions. *Lecture/Discussion/Q&A*

(32024) ESP INTENSIVE—Psychic Development Using Hypnosis

Ramona Garcia, CH
and Marlene Monnar, MBA, MEd, CH *All-levels*

- Learn how to get in tune with the Ascended Masters, Spirit Guides and other Divine Beings
- Develop your ESP skills so that you can do professional psychic readings with 85-90% accuracy
- Learn how to eliminate negative psychic energy and protect yourself

Learn to interpret and synthesize the many factors available into a holistic and uncannily accurate psychic reading. Learn self-hypnosis cycles to improve your accuracy for in depth psychic readings; psychometry - the ability to hold an object and to tell all about the person and/or the object and be in tune with the energy of the person who held it; the human aura and its colors; the astrological signs and planets; and the meanings of numbers, colors, flowers and gems. *Lecture/Demonstration/Exercise/Q&A*

(32025) PRESENTATION MASTERY—It's Easy And Fun To Make Dynamic Presentations

Michael Ellner, DD, MSH, CH *All-levels*

Learn how to: Overcome Anxiety, Fears and Limitations • Present with confidence • Attract new clients • Bring a wellness dimension to your hypnotism practice • Create Personalized Success Programs. A step-by-step program for turbo-charging your public presentations. *Lecture/Discussion/Demonstration/Q&A*

(32026) FREEDOM FROM COMPULSIVE HABITS—Hypnosis & NLP For Alcohol & Drug Issues

William Horton, PsyD, CADC *All levels*

- Learn the addictions process
- Discover the medical disease model
- Explain the cycle of recovery
- Learn the 12-Step model

Learn from Dr. Horton's 20 years in the field of addictions. He has worked in inpatient, outpatient, criminal justice, detox and long-term treatment facilities. Dr. Horton was the regional director for the Governor's Commission for a Drug Free Indiana. He teaches you how to blend traditional methods with cutting edge techniques for rapid and lasting change. *Discussion/Demonstration*

(32027) SHAMANISM 101—What Consulting Hypnotists Should Know About Shamanism

Walter and Maureen Stock, CH *All-levels*

- Study origins of shamanic practices and the connection to hypnotism
- Learn traditional procedures to induce altered states of consciousness

Much of what we do as consulting hypnotists closely parallels procedures which have been utilized for centuries in the practice of shamanism. Through practices such as shamanic journeying, clients who are open to such procedures can access new and potent resources from their own unconscious, while through soul retrieval, they can experience a new & unique form of parts work. *Lecture/Discussion/Demonstration/Q&A*

(32028) BEYOND AWARENESS HYPNOSIS TECHNIQUES—Strategies And Hands On Techniques For Transformative Spiritual Hypnosis

Morrin Bass, BCH, CI *Intermediate-Advanced*

Morrin had developed instructions and protocols for dissociated "metaphoric" states of higher consciousness to effectively uncover solutions for clients. Morrin will discuss, show and review techniques, protocols and exercises for effective informational sessions with clients through higher consciousness states of spiritual metaphor hypnosis, work with individuals, and the group, discuss detailed protocols. *Lecture/Demonstration/Exercises/Q&A*

(32029) THE HEALING POWER OF OUR PAST—Healing Diseases By Releasing Past Traumas

Norton Berkowitz, PhD *Intermediate-Advanced*

- Learn the process of how to get to the base cause of most illnesses
- 7 specific techniques used to take people into Life Memory Recall™
- Receive a script for helping you find the trauma that has to be released

Both physical and emotional illnesses are often brought on by trauma or negative issues from our past. These issues have to be brought into focus and released in order to heal the illness. In this workshop, you will be given the techniques to locate and then eliminate the base causes of the illness. This technique is the same technique used in the successful asthma research study I did with Dr. Robert Silverstein, MD. *Lecture/Demonstration/Q&A*