

9:00-10:50 AM

(12091) GET ON BOARD

—Bridging The Communication Gap To Anchor The Future In The 21st Century

Barbara J. Davison, RNC, BCH, CI All-levels

- Learn how to bring energy, passion, and a positive attitude to the job
- Learn how to turn chaos into sanity
- Learn the Twelve Emotional Needs to supportive communications in the workplace

Many businesses and corporations, whether they be small or large are struggling to get across to their employee's the need for cohesiveness and teamwork to cope with today's economy. One needs to learn to become more creative in a collaborative group setting by learning how to tap into it for the better, and to learn how to tap into our own reserves of creativity. Group power will move individuals toward unleashing the collaborative genius of work teams within their company. The empowering message is that all of us have the potential to be more creative, when group consensus is engaged. *Lecture/Experiential/Q&A*

(12092) USING METAPHOR IN SOMNAMBULISTIC BRIDGE ANCHORING—Facilitate Inner Healing And Balancing Using Mind-Body Connection

Anthony Santen, CH, CI Intermediate-Advanced

- Learn how to make body changes permanent by way of the Mind-Body Connection
- Learn how brain imprints 'reality'
- Practical ways to influence Mind-Body Communication to facilitate healing response
- Learn how to use the Somnambulistic Bridge to anchor changes that manifest over time

Anthony presents an easy and simple method of anchoring somnambulism in clients and how you can make use of this state as a hypnotic platform. Learn ways to make dramatic, permanent and immediate impact on your clients' well-being by influencing Neuroendocrine balance via the Mind-Body Connection. After an in-depth presentation of the physiology of the Mind-Body Connection, learn how to use Metaphor in Somnambulistic Bridge Anchoring (S-Bridge) providing you with a valuable tool you will use for years to come. *Lecture/Discussion/Q&A*

(12093) PICK UP THE PHONE! WATCH YOUR BUSINESS GROW —You've Paid For The Phone Now Let It Work For You

Larry R. Quemere, CH, CI All-levels

In class you'll create an instrument which in turn develops and defines your phone sales/marketing objectives. By creating primary, ultimate and secondary approaches to a call, each call will become of value. By maintaining and utilizing a database each year, you'll grow with new clients. If you ever had a fear of the cold call, you'll walk away fearless. Be of the opinion this class could provide guidance of increasing your clients. Then you'll start putting in service what you now know is a fresh way. Only inquisitive? Then acquire how to do this without strain.

Lecture/Participation/Discussion/Q&A

(12094) SPA FOR THE TRADING MIND—Hypnosis, NLP & Taoism To Train And Coach Investors And Traders To The Next Level

Stephanie Ho, CH, CI All-levels

- Learn how to conduct the spa for the trading mind session
- Learn how to teach clients self-confidence so that they may view and place many aspects of their lives in the proper perspective
- Discover various spa for the trading mind methods
- Learn the benefits of improving your trading/investing psychology
- Learn how to teach clients how to maintain a positive mental attitude
- Learn how to use visualization to win the money game

This workshop will help you to expand your business opportunities in the financial industries. I will reveal the little known secrets of winning trading/investing psychology and introduce you to practical methods and techniques you can use immediately to improve your bottom line. Discover just how easy it is to help your clients develop a winning mindset, improve focus and concentration, build confidence and make great decisions under pressure. Traders and investors can learn how the subconscious mind affects their finances in ways they may not be aware of. Master your thinking and you can master your money!!!

Lecture/Demonstration/Exercises/Q&A

To register, call (603) 429-9438

(12095) ADD/ADHD CLIENTS AND YOUR EXTENDED ROLE AS A HYPNOTIST—Creating The Whole Package For Success

Roxanne Cortese, CH All-levels

- Experience and know what it is like to have ADD/ADHD
- Create a full behavioral package for the client and parents
- Take this program into schools
- Make your practice the one that specializes in ADD/ADHD where you are the one receiving referrals
- Discover how EFT and Reiki can be incorporated into your practice for ADD/ADHD clients

This workshop is for parents, teachers, spouses, grandparents and hypnotists who want to learn a whole new approach to helping ADD/ADHD children/adults. Hypnosis is the easy part, but the PLAN is the challenging area for all. You will benefit from learning how to change the way you talk, react, approach and create plans for success and teach this to the parents/spouse/sibling to continue what you teach your clients in your office. You will be able to use this program with confidence immediately in your office.

Lecture/Discussion/Q&A

(12096) APPLICATION OF CLINICAL HYPNOSIS AND PAIN MANAGEMENT—Integrating Art Therapy And Hypnosis To Aid In Pain Reduction

Norma Ann Faraone-Ledgard, CH

Intermediate-Advanced

- Understand basis of hypnosis as it relates to pain reduction
- Understand the basic application of art therapy as it relates to hypnosis
- Understand the basic interpretations of the drawings performed pre, during, and post hypnosis pain reduction session
- Practical application of the integration of art therapy and hypnosis

This presentation will address the basic applications of integrating art therapy and hypnosis in your practice to those clients who suffer with chronic pain; mainly head, neck and lower back. You should have some knowledge about pain management and basic skills on pain reduction. You will participate in a brief hands-on application drawing a pre, during and post image as it relates to your issue.

Discussion/Demonstration/Q&A

102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

FRIDAY, AUGUST 13

(12097) MENOPAUSE—Break Through The Myths, Lore, And Old Wives Tales That Condition Women To Believe This Is A Time Of Loss

Helen Sharron, CH

All-levels

- Become aware of the limiting beliefs surrounding this time
- Learn how to recognize and bypass your conditioned thinking
- Discover how to free yourself from destructive limiting beliefs
- Learn to change your relationship with yourself
- Reprogram yourself to love 'the change' you're in and to find this time your sexiest years

Enter the menopausal woman, with a wealth of available lore, most of it describing that menopause will be demeaning and awful. Just think, how many negative beliefs do you have about menopause that have been handed down to you by others? Have you ever heard of a menopausal symptom that made you feel uplifted? Vibrant? Desirable? Reconnect with your power, lessen your symptoms, transform this time through knowledge, discussion, belief change, anchoring, and hypnosis.

Lecture/Experiential/Discussion/Q&A

11:00 AM-12:50 PM

(12111) WORKING WITH HIGH SCHOOLS—Motivate & Prepare Teenagers For Successful Future

Mona Santl, CH, CI

All-levels

- Understand the teenage mind
- Experience fun-filled and motivational exercises used in schools
- Receive marketing and presentation material to use with teachers and parents
- Receive a 4-week program used in high schools

To be able to experience life from a student's perspective is often helpful when working with teenagers. This fun-filled program is designed to address the main emotional challenges which teenagers face and motivate them towards a successful future. The tools used are chosen to suit the young generation's styles and interests.

Lecture/Q&A

"Great people, knowledge, fun and Massachusetts is gorgeous and has great food."

—Carol Ann Dietrick, Santa Barbara, CA

(12112) HOW TO POSITION YOURSELF AS THE OBVIOUS EXPERT—Turbocharge Your Hypnotism Business NOW!

Elsom Eldridge Jr., MEd, CPC, CPMC All-levels

- Instantly use fastest and surest ways to make your expertise known
- Ingeniously create PR for yourself—and have clients seek you out
- Profit from niche marketing
- Definitely know what content belongs on your web site and how to attract massive traffic

Learn how being recognized as THE Obvious Expert can make the difference between ultra-success and failure. Creating and managing your visibility is vital to maximizing your potential for success. The methods are specific, proven, inexpensive, painless and fun! You'll get an arsenal of insights, tools and shortcuts.

Lecture/Participation/Q&A

(12113) EXPAND YOUR EXTRA-SENSORY PERCEPTION—It Will Add Great Enjoyment To Your Hypnotism Practice And Your Personal Life!

Barbara Dryden-Masse', CH

All-levels

- Learn how to intentionally trigger ESP experiences instead of waiting for them to happen
- Quickly release current blockages preventing you from truly expanding your sixth sense
- Ways to develop real trust in your extra-sensory perceptions
- Uncover the real personal & career benefits of developing this power
- Learn two advanced modalities

A brand new Expand Your ESP! This year offering a deeper and more advanced level of training. In these times, training your inner mind and brain to access valuable information is a treasure. Hypnotic commands will be given to facilitate the advancement of your ESP. Special attention will be given to the development of the two advanced modalities presented. Psychic perceptions by holding objects belonging to another person and information obtained from the sound of a person's voice. I hope you will attend for the excitement and enjoyment of it all.

Demonstration/Participation/Q&A

Questions? Call the NGH
Office at (603) 429-9438

(12114) AKASHIC RECORDS—Your Pathway To Spiritual Evolution

Henry Leo Bolduc

Advanced

- Experience an advanced hypnosis session
- Receive 2 posters & a valuable script
- Help yourself and your clients
- Receive your soul's name and its meaning
- Appreciate your soul's journey through time

Workshop includes a guided hypnosis exercise and inner adventure to explore and comprehend your soul's records, also referred to as the Book of Life, or the Book of God's Remembrance.

Discussion/Exercise/Demonstration

(12115) HYPNOTIC FOUNTAIN OF YOUTH—How To Maintain Your Memory

Gloria Constantas, CI

Introductory-Intermediate

- Learn how to use positive self-talk and self-hypnosis
- Design suggestions to instill expectations of aging gracefully, healthfully
- Use age progression to create a positive future image
- Use mnemonic devices

The biggest health concern for baby boomers as we age is memory loss/Alzheimer's. Learn how to use hypnosis to preserve your memory and recall abilities. Hypnosis can reduce stress, boost immunity, increase energy and improve the appearance. Special techniques can enhance our health and improve our memory, recall, and concentration.

Lecture/Demonstration/Discussion/Q&A

(12116) CEREBROSPINAL FLUID TECHNIQUE & SELF-HYPNOSIS

Dorothy Kerzner, CH

All-levels

Experience the role of the cerebrospinal fluid in the spine and how it effects the nervous system, the meridians and the nerve plexuses that correspond to the major chakras. This technique looks for impedance to CSF flow from the coccyx to the top of the cranium at every single vertebral segment. Many CSF recipients have a spiritual experience, deepened relaxation, a sense of healing energy and are receptive to hypnosis on a physical, mental, emotional and spiritual level. Through various gentle hands-on contact to induce optimum circulation, recipients receive the experience they need in that moment in time.

Lecture/Demonstration/Participation

(12117) ANCHORING THE FUTURE BY RE-PARENTING THE PAST—Use Hypnosis To Uncover The Needs Of The Inner Child

Salvatore A. Campagna, CH *All-levels*

- Learn a step-by-step process to locate & dialogue with inner child
- Use a variety of automatic writing techniques
- Learn questioning techniques

There are two parts to this presentation: Automatic writing and the recovery of the hidden inner child trauma. Automatic writing is a form of hypnosis that goes right to the subconscious mind, the touchstone of all knowledge. There are 3 types of automatic writing. One will be selected that works well with those looking to re-parent their inner child. The negative experiences we grow up with often make us feel unacknowledged guilt and shame. When we discover what they are they can be neutralized so we can live a positive adult life.

Lecture/Demonstration/Discussion/Exercises

2:00-3:50 PM

SPECIAL FREE WORKSHOP

(12021) PROFESSIONAL PERSONAL SAFETY

Marx Howell, Patricia Maclsaac and Dwight Damon *All-levels*

As a special project for 2009, the National Guild of Hypnotists embarked on a mission of helping our members become more conscious of their Professional Personal Safety. In the March 2009 *Journal of Hypnotism*®, an article was featured pertaining to safety factors when you have a home/office practice. This workshop will cover: protecting yourself – 7 warning signs; protecting your children; warning signs of violence in the workplace and much more.

Lecture/Discussion/Q&A



(12022) RELEASE AND RECHARGE: BREAKTHROUGH NEGATIVE EMOTIONS

—The Quick And Easy Method To Release Negative Emotions, Limiting Beliefs And Decisions

Linda Cattelan, CH *All-levels*

- Learn what Time Empowerment Techniques™ are and why they work
- Understand how to identify your own personal timeline
- Experience traveling along your timeline
- Observe an “Anger” release demo utilizing the Time Empowerment Techniques™

Time Empowerment Techniques™ is one of the most effective methods for creating quick, lasting change. TET™ works on the premise that memories are stored along a timeline and by changing a memory along this timeline you can release the negative emotions associated with the memory. Negative emotions such as anger, sadness, fear, guilt and anxiety can be easily released. Limiting beliefs and/or decisions that prevent you from being, doing, or having what you want in life can be eliminated. Understand how to identify your own personal timeline & experience traveling along it.

Lecture/Demonstration/Exercise/Q&A

(12023) HABITUAL SMOKING —Slaying The Three-Headed Dragon

Richard Kania, CH, LADC *All-levels*

- Discover why nicotine is truly an addictive drug
- Understand the complex reasons for smoker’s relapse
- Identify and address the three components of nicotine dependency
- Create a comprehensive & effective nicotine dependency recovery plan for long term success

Do hard core smoking clients who keep relapsing and need more intensive work frustrate you? Learn a recovery-based nicotine dependency treatment model created by a licensed substance abuse clinician and former 3 pack a day smoker. Use the latest tools/strategies/medical and holistic options that really work. Motivate, encourage and help chronic long-term smokers. Get more medical referrals by complying to the new federal smoking cessation guidelines.

Lecture/Demonstrations/Q&A

(12024) 51 WAYS TO STAND OUT —51 Low Cost/No Cost Ways To Promote Your Hypnosis Business Or Make It Stand Out!

Roger Willard, CH, BA *Introductory-Intermediate*

- Have a toolbox of ideas to inexpensively promote your practice obtaining name and business recognition in your area
- Learn to think outside the box in self-promotion
- Develop new ideas of your own

At the speed of light, you will get ideas, methods, and other means to get names, services, and who and what you are, in the press, on the air, and out in the public in general. Learn how to do this at little or no cost to you. At the speed of one new idea every two minutes, you will not want to miss a second. Some of the ideas will be things you’ve heard before but forgot, and you will ask yourself; “Why haven’t I done that before?” Other ideas will just be plain old “Good Business 101” that a lot of people forgot. And still others will be somewhat different.

Lecture/Q&A

(12025) AUDACITY 101—How To Use “Audacity” In Creating CDs And Audio Podcasts

Michael R. Hathaway, FNGH, BCH and Penny Hathaway *All-levels*

- Be able to understand how to use Audacity
- Follow a step-by-step guide
- Record and edit your material
- Create a podcast
- Produce your professional product

“Audacity” is a free downloadable recording program created by musicians to work with their music. It is simple and easy to use and can be an excellent aid in helping hypnotists record their inductions, meditations and personalized programs for their clients. It can be used to create CDs and for podcast production. Michael and Penny Hathaway have been using the program for two years to record, edit and create CDs, as well as to produce a daily podcast.

Lecture/Discussion/Experiential/Q&A

“In this environment, the experiences of others and the knowledge obtained from the various presentations will ensure future success in this profession.”

—Thomas L. Kujawa, Clarksville, TN

102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

FRIDAY, AUGUST 13

(12026) INDUCTIONS OF THE MASTERS—Integrate Powerful Techniques For Maximum Trance Depth

Scott McFall, DCH, CH, LMT *All-levels*

Your client needs to know that he or she has had a powerful hypnotic experience. You can be the hypnotist that knows the real secrets to trance success. In this two-hour information packed workshop, you will develop the skills used by only the most elite master hypnotists. This class is packed with five induction methods. The time you spend here is guaranteed to pay off in client satisfaction.

Lecture/Demonstration/Practice/Q&A

(12027) PORNOGRAPHY CHALLENGE—Secret In The Shadows

Wm. John Page, BCH, CI *All-levels*

- See the “big picture” of the pornography challenge to your clients
- Learn how it affects not only clients with the challenge but their family
- Learn where this challenge comes into a client’s life and how it is cultivated from childhood to adulthood
- Learn hypnotic protocols to assist clients on resolutions to resolve pornography challenges

The nature of the challenges of pornography is well documented. Like alcohol, gambling or drugs, it can take control of a person’s life and drag them kicking and screaming or voluntarily into a place that is less than joyful. This will be a frank discussion of the root of the challenge and hypnotic protocols to assist your clients in freeing themselves from the pornography.

Lecture/Discussion/Q&A

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books and tapes of our featured speakers. You will be able to choose from a wide assortment of books, audio and video tapes not easily found elsewhere.

4:00-5:50 PM

(12041) MOLECULAR HYPNOTISM—Achieving Perfect Health Of Body, Mind And Spirit

Chuck Mignosa *All-levels*

- How the mind works and how to use this to get results
- How and when the different technologies are used in hypnosis
- How to integrate these technologies to set your practice above the rest
- How to become a more dynamic and confident hypnotist
- How to become someone who can connect with and motivate your current and prospective clients
- How to allow you clients to experience life transforming results

You will learn the underlying foundation of quantum hypnosis and how it works on the molecular level to transform bodily conditions that were heretofore considered impossible. The case studies are astounding and are proof that, as Deepak Chopra said, “We are living at the end of a two thousand year illusion of reality... that keeps us stuck in the belief that life is limited to the space of a body and the length of a lifetime”. Explore the unlimited power of our consciousness.

Lecture/Experiential/Q&A

(12042) ESP INTENSIVE—Psychic Development Through Hypnosis

Ramona Garcia, CH and
Marlene Monnar, MBA, MEd, CH *All-levels*

- Learn how to get in tune with the Ascended Masters, Spirit Guides and other Divine Beings
 - Develop your ESP skills so that you can do professional psychic readings with 85-90% accuracy
 - Learn how to eliminate negative psychic energy and protect yourself
- Learn the basics of Numerology, Astrology, Color Psychology and the lore of gemstones and flowers. Learn to interpret and synthesize the many factors available into a holistic and uncannily accurate psychic reading. Learn self-hypnosis cycles to improve your accuracy for in-depth psychic readings; psychometry - the ability to hold an object and to tell all about the person and/or the object and be in tune with the energy of the person who held it; the human aura and its colors; the astrological signs and planets; and the meanings of numbers, colors, flowers and gems.

Lecture/Demonstration/Exercise/Q&A

(12043) RELATIONSHIP HYPNOSIS—Resolve Your Clients And Your Relationship Problems

Anthony DeMarco, FNGH, BCH, OB *All-levels*

- Learn the communication differences between men and women
- Learn to resolve your relationship problems
- Conduct a ‘dialogue’ with an individual
- Conduct a ‘dialogue’ with the relationship itself
- Gain insights from your ‘Inner Lover’

You can create a lucrative niche market working with persons with problematical relationships. The truths of our experiences sometimes lose their significance as they surrender to feelings, emotions and external influences, coupled with the passage of time, trauma or passion. At that point, a fiction is created by which we feel “sick at heart”, just plain sick, or physically sick. Vitality, love and passion are in yourself and not dependent upon others. Mr. DeMarco shall bring you through a “Relationship Meditation With Your Inner Lover” to stimulate your active imagination, designed to clear up clutter and have you benefit from every past and present relationship.

Lecture/Experiential/Q&A

(12044) HYPNOSIS BEFORE, DURING AND AFTER SURGERY —Preparing The Mind And Body For Surgery

Claire A. Tatro, CRT, CH *All-levels*

- Calm patients fears
- Stop the bleeding and swelling during surgery
- Activate the immune system
- Pain control

Using hypnosis to relax the client before surgery has great benefits. We can calm their fears, enhance the immune system, and promote rapid healing. The client needs less anesthesia, has fewer complications and heals faster. Suggestions to stop the bleeding and swelling during and after surgery are very successful. All my clients were discharged from the hospital earlier than expected. I recently had a client for a kidney transplant. The surgery was successful. It will be interesting to see if the suggestions for the body to work with drugs to stop rejection work.

Lecture/Demonstration/Q&A

To register, call (603) 429-9438

(12045) THE IMMUNE SYSTEM AND HYPNOSIS—How To Absolutely Strengthen The Immune System Using Hypnosis
C. Devin Hastings, CH, CI *All-levels*

- Proven hypnotic and mind/body methods will be discussed
- Major disease condition will be talked about
- Be able to competently discuss the major aspects of the immune system and how hypnosis can help

This workshop is based on Devin Hastings' latest and deeply researched book, *21st Century Medicine: The Healing Power of the Mind and How to Use It*. Cutting-edge information and very solid documentation will be discussed showing how the power of the mind has been demonstrated to improve a person's immune system and improve many major illnesses.

*Lecture/Discussion/Demonstration
/Experiential/Q&A*

(12046) BUILDING A GREAT HYPNOTISM PRACTICE WITHOUT SPENDING A PENNY—The Road To Success For Financially Challenged Hypnotists

Jacob Bimblich, BCH, CI, OB *All-levels*

- Learn to create letters to doctors to receive referrals
- Learn to access hundreds of medical doctors at no cost
- Learn the secrets of how to promote your practice at absolutely no cost
- Learn who to contact in more than 10,000 major USA corporations

Having been in practice for more than 30 years, I have developed and discovered that you don't need any financial investment to create a very prosperous hypnosis practice. This workshop is intended for financially challenged hypnotists who hate to spend any kind of money promoting their profession. I will show how to create a win-win situation in the process of building a lucrative practice.

Lecture/Demonstration/Exercise

You'll discover that nobody works harder to give you a better convention experience than the staff of the National Guild of Hypnotists.

(12047) THE AFFECT BRIDGE TECHNIQUE—Emotional Regressing, Releasing & Resolution That Will Boost Your Self Confidence And Increase The Success Of Your Practice

Debi Livingston-Boushey, CI, BCH *All-levels*

- Eliminate fears about doing regression work within a session
- Easily guide your client to the first emotional situation which is influencing their life
- Help them release, let go and move on with real resolution

The Affect Bridge Technique is a powerful, effective emotional releasing technique. Watch your success rate increase with your clients as you gain certainty by learning how to properly apply this method into your hypnosis practice. Understand how past time emotional experiences can cripple a client in their present time situations. Eliminate fears about doing regression work within a session. After this workshop, you will be able to know how to incorporate the Affect Bridge Technique into your sessions with a client.

Lecture/Exercises/Demonstration/Q&A

7:00-8:50 PM

(120701) SOUL COACHING—Access The Wisdom Of The Soul With Hypnosis

Karen Paolino, CH *All-levels*

- Learn an induction to help clients connect with the higher or super consciousness of the Soul
- Learn and discover how Soul Coaching can help the client heal the past, bring clarity to the present and access future information
- Receive a list of questions that can initiate conversations with the higher consciousness of the soul

The Soul knows everything about you past, present and future and it can guide you to your highest and best. Learn a powerful technique to access the super consciousness of the Soul. Help your clients receive the answers they are seeking for healing, growth and change. Come and experience a demonstration of Soul Coaching and receive insight into the future. Discover this transformational process and realize how it can take your hypnosis practice to the next level.

Lecture/Experiential/Q&A

(120702) THOUGHT SHIFTING™—How To Eliminate The Negative Inner Voice

Rick Saruna, CI *All-levels*

This is what it is all about, changing the client's inner voice. Thoughts control emotions because before there is ever a feeling there is a thought. You will learn the 3 things that effect the way you feel, 1) what you say, 2) what you surround yourself with and 3) what you think. This course will allow you to become aware of and CHANGE what you say, what you think and how others all around you are contributing to your attitude. Over 10 years of work has gone into this proven process that is easy to learn and use immediately. Learn to change your inner voice and change your life forever.

Lecture/Discussion/Q&A

(120703) EASY AND FAST WAY TO OVERCOME CLIENTS' LIMITING BELIEFS—Mastering Belief-Change NLP-Technique To Have Hypnotic Change Lasting

Viktoria Ter-Nikoghosyan, CH *All-levels*

When clients want but don't believe that they can make changes in their life then Belief-Change NLP-technique can make hypnotic work more effective. You will learn how to use primary modalities and submodalities: basics of around 25 NLP techniques and experience how to elicit and change the structure of client's experience, including belief and disbelief submodalities. Understand the logic behind & practice 2-step Belief-Change technique to incorporate into your practice.

*Lecture/Demonstration/Discussion/
Experiential/Q&A*

(120704) PEDIATRIC HYPNOTISM—Using Hypnosis To Help Transform Children's Lives

Alicia Marcos Birong, CH *All-levels*

Understanding child and adolescent development in connection to using hypnosis; Specific inductions and scripts for children; Hypnotic techniques for various conditions including hyperactivity, focusing, ADD/ADHD, dyslexia, and many more... This workshop includes techniques and important information needed to successfully integrate pediatric and adolescent hypnosis into your practice. Have a clear understanding of these techniques and whether pediatric/adolescent hypnosis is something you want to specialize in.

Lecture/Discussion/Q&A

102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

FRIDAY, AUGUST 13

(120705) ANCHOR TO TEACH —Workshop Techniques That Ground You And Your Audience

Samuel Lurie, CH

Intermediate

Feel more empowered to lead workshops by understanding an effective 3-stage strategy for workshop design - Plan, Implement, Evaluate - to provide professional workshops of any length. Immediately strengthen your facilitation skills for engagements of all kinds of audience members. In this interactive workshop, you will identify your unique strengths in delivering training. And you will experience hypnosis techniques to anchor confidence and positive intention to deliver dynamic presentations with lasting impact.

Lecture/Demonstration/Experiential/Q&A

(120706) THE RELATIONSHIP CODE—Heal All Relationships

Debbie Papadakis, BCH, CI

All-levels

- Free yourself from any past destructive relationships
- Learn how to transform relationships with parents, partner, children, food and money
- Transform negative imprints and emotions into positive ones
- Learn how to create the relationships you desire by using the power of the mind

The Relationship Code is a systematic combination of techniques which has been enhanced by incorporating it with the power of hypnosis, making it an even more powerful tool for any Consulting Hypnotist. Learn how to facilitate this very simple, yet powerful system to assist yourself and clients heal any relationship with their partner, children, parents, food, money etc. Step-by-step, Debbie will guide you through the techniques needed to restore and renew your clients' relationships by removing the blockages that hinder them.

Lecture/Demonstration/Experiential/Q&A

(120707) THE CUTTING EDGE OF SLEEP—Create A Sleep Program That Works

Rick Clerici, CH

All-levels

- How to screen for possible sleep disorders in your clients
- Simple techniques for creating healthy and lasting change in sleep
- How to help clients increase the amount and quality of their sleep
- How to create a five session sleep program that works

The latest findings show us that sleep is even more important to overall physical and emotional health than we had previously understood. At the same time, Americans report getting less and less sleep with insomnia affecting nearly half the population. Deepen your understanding of sleep and the cutting edge hypnotic techniques that really works.

Lecture/Discussion/Demonstration/Q&A

(120708) COYOTE WISDOM —Healing Practices Inspired By Indigenous Knowledge

Peter Blum, CI, CH and Lewis Mehl-Madrona

All-levels

- List 3 differences between the allopathic view of health and disease and the Native American
- Describe how trance and hypnosis-like methods existed in Native America and how they were used
- Discuss performative trance as an aspect of Native American healing

In most Native American philosophies, illness is a verb instead of a noun, a process that arises from lack of harmony and balance in the way in which we walk upon the earth. Native American healers invoke a richness of dialogue - with Nature, spirits, other people and the body. Coyote is the modern world's most famous trickster. Trickster stories allow access to taboo topics. Trickster's job is to monitor the people and to intervene when they become complacent and secure.

Lecture/Discussion/Q&A

(120709) MEDITATIVE HYPNOSIS —Unleash The Power Of Hypnosis To Attain A Deeper Spiritual Connection

Gertrud Luer, BA, CH, CI

All-levels

You will learn to unleash the power of trance using powerful tools like the psychology of color, affirmations and visualization, among others, to attain deeper levels of spiritual connection and thus increase intuition, connect with the Angels and/or your Higher Selves, access the Akashic records and open to channel higher level guides, which is becoming more in demand in the hypnotism profession lately. This technique has many applications, even while working with clients that will undergo surgery or those who are recovering from it. This technique has proven to help them recover much faster.

Lecture/Demonstration/Exercise/Q&A

(120710) ESSENTIALS OF ERICKSONIAN HYPNOSIS —How The Techniques Of Dr. Milton Erickson Can Help Your Clients

David Botsford, CH

All-levels

- The most useful techniques of Ericksonian hypnosis, presented in a simple and usable format
- Deliver reliable inductions based on client's past or present experience
- Carry out utilization as a means of assisting clients achieve their goals

This workshop teaches the essential techniques of Dr. Milton Erickson, the twentieth century's greatest medical hypnotist. You will learn how Erickson's approach derived from his life story and the beliefs which underlie Ericksonian hypnosis. You will learn through talk and practical exercises how to tailor each session to the individual client, to induce trance by drawing on the client's past or present experiences, and to utilize the client's unconscious resources to achieve the client's goals.

Lecture/Experiential/Discussion/Q&A

(120711) HYPNOSYNERGETICS —Synergy Of Five Modalities

Arthur Fecteau, CH, CI

All-levels

Hypnosynergetics is a combination of the following researched modalities: Energy Psychology, Contact Reflex Analysis and Applied Tropology, and Hypnosis. The course deals with the body's structure, and chemical and psychological energies. Structural problems can cause issues that appear to be psychological, but are in fact structural. Learn how to easily find the cause of the presented problem. Using this modality, you can get an awe factor every time, you can eliminate doubt, demonstrate that the problem is gone before they leave your office, and teach clients how to maintain success.

Lecture/Demonstration/Practice

