

7:00-7:50 AM SEMINARS

(11071) YOGA EXERCISE

Dorothy Kerzner, CH

All levels

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

(11072) MORNING CHI KUNG

—Gentle Stretching And Breathing

Lawrence Galante, CH, CI

All levels

Start your morning right with these simple breathing and stretching exercises. Chi Kung is easy, relaxing, and suitable for everyone. The deep breathing and gentle movements exercise the heart and legs, relax the mind and promote a state of well-being by oxygenating the blood, organs, and cells.

Lecture/Experiential/Demonstration

(11073) MORNING HYPNOSIS TO START YOUR DAY

—A Morning Hypnosis Session To Start Your Day Of Learning At The Convention

Matthew Zinder, CH, CRNA

All-levels

Wouldn't it be nice to start every day of the conference taking part in a guided hypnosis session? Start the day right. Enhance your experience in the seminars and workshops by accepting suggestions for positive learning experiences. Start, continue, and finish the day with vibrant energy. *Experiential*

8:00-8:50 AM SEMINAR

(11081) ANCHORING OUR FUTURE...

Dwight Damon, DC, DNGH

All levels

Keynote Address of the 2010 Convention

Lecture

9:00-9:50 AM SEMINARS

(11091) DESTRUCTIVE TRIGGERS - HEALING

TRIGGERS—Eliminate Cravings, Urges, Obsessions

Anthony DeMarco, FNGH, LLB, BCH, OB

All-levels

The passion, or the circumstances, or the repetition with which any given stimulus is presented to us, dictates the effect resulting in specific reactions that please us or empower us, or haunt us or disturb us or 'attempt' to destroy us. Tony shall offer his insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness and several effective triggers to use to combat cravings, urges, obsessions and give your clients the kick-start they need.

Lecture/Demonstration/Q&A

(11092) HYPNO-GASTRIC REDUCTION AND BALANCING THE GASTRIC CHAKRA

Adeline Kania, CH

All-levels

Learn "Hypno-Gastric Reduction™", the weight loss rage of Europe, that uses the suggestive power of hypnosis to mentally reduce the size of your stomach. This experiential seminar also includes Addie's highly effective "Balancing your Gastric Chakra" technique.

Lecture/Discussion/Experiential/Q&A

Complimentary Coffee & Pastries will be available to all attendees • 7:30-9am Fri, Sat, Sun

(11093) HYPNO-HUMOR

—Sometimes Funny Things Just Happen

Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH *All-levels*

During my years of experience using hypnosis both formally in an office practice and informally as waking hypnosis, I have seen much. I have been a part of many very funny examples of how people respond in hypnosis or because of hypnosis. Not the things of stage hypnosis, but just normal, natural every day funny things that happen when hypnotic language is used.

Lecture/Demonstration/Q&A

(11094) PLANT A GOAL AND WATCH IT GROW

—Create A Goal And Plant It Into Your Future By Traveling Your Timeline

Linda Cattelan, CH

All-levels

Learn to create a SMART goal, we'll discuss how to sharpen the focus to ensure goal achievement and then we'll plant the goal into your future using Time Empowerment Techniques™. There are 3 keys to achieving goals. Learn what they are and then see yourself successfully achieving your goal.

Lecture/Exercise/Q&A

(11095) PEDIATRIC HYPNOSIS

Don Mottin, CMI, DNGH, OB

All-levels

Pediatric hypnosis is one of the fastest growing areas of hypnosis. Even with the economy being slow, parents can always find the funds to help their children. We will cover inductions, pretalks, post-hypnotic, scripts, and developing rapport with both the child and the parent. Forget about all of the techniques that you use with adults and get ready to learn the simple, correct ways of working with children.

Lecture/Q&A

(11096) THE AFFECT BRIDGE TECHNIQUE

—Emotional Regressing, Releasing & Resolution That Will Boost Your Self Confidence And Increase The Success Of Your Practice

Debi Livingston-Boushey, CI, BCH

All-levels

The Affect Bridge Technique is a powerful, effective emotional releasing technique. By properly utilizing the Affect Bridge Technique you can: Understand how past time emotional experiences can cripple a client in their present time situations. Eliminate fears about doing regression work within a session. Easily guide your client to the first emotional situation which is influencing their life. Help them release, let go and move on with real resolution.

Lecture/Exercises/Q&A

10:00-10:50 AM SEMINARS

(11101) ANCHOR YOUR CLIENTS TO SUCCESS

—How To Effectively Use Anchoring In Your Sessions

John Weir, BCH, CI

All-levels

Anchoring is a universal technique that can be applied to virtually every client. This seminar will teach you the in's and out's of creating effective, powerful, and long lasting anchors. Learn how to establish covert anchors, collapse negative anchors that prevent success, and methods to ensure the success of the anchor. Anchoring is a technique that can increase the success of any session and something that should be in every hypnotist's toolbox.

Lecture/Demonstration/Q&A

197 Expert Seminars

No Additional Charge
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FRIDAY, AUGUST 13

11:00-11:50 AM SEMINARS

(11102) WHAT DO YOU MEAN LIFE BETWEEN LIVES?—Yes, There's More To Regression Than Past Life Regression!

Georgina Cannon, CI, BCH *Introductory-Intermediate*

Some folks call it Bardo, others call it the Interlife. In this one-hour introductory presentation, you will hear about some of the extraordinary results possible from this work. Presented in a pragmatic way, you'll may stretch your concepts of what's possible in a hypnotism practice for the benefit of your clients. (And get a preview of next year's Summer Institute course!)

Lecture/Experiential/Demonstration/Q&A

(11103) FEARLESS PUBLIC SPEAKING—Learn How Being A F.E.A.R.™ Based Speaker Can Make You A Fearless Speaker!

C. Devin Hastings, CH, CI *All-levels*

As a hypnotist, your job is to effectively, efficiently and persuasively reach as many people as possible with your message. Therefore, it is crucial that you make a great first impression. Being an accomplished speaker will help you in two important ways: (1) You will help others, while (2) You are paying your bills and becoming more prosperous. Learn how to give persuasive, profitable and award winning presentations.

Lecture/Experiential/Q&A

(11104) WINNING A PROFIT WITH COMMUNITY EDUCATION CLASSES—Become The Obvious Expert And How It Creates A Great Stream Of Income

Wm. John Page, BCH, CI *All-levels*

Community Education Classes help us to become the obvious expert and it creates a great stream of income in the long run. We will talk about 2-4-and 6 hour classes. Explore how to turn a profit on low cost Community Education Classes. We will learn 5 ways to get new clients and make money from these classes.

Lecture/Discussion/Q&A

(11105) GUIDING THE CLIENT TO THE NATURAL HYPNOTIC STATE—Building A Model For Change

Michael R. Hathaway, FNGH, BCH *All-levels*

Every person experiences a natural trance state. This state is influenced by the way they create images through their five senses. This seminar is to help you determine a person's mental DNA and learn how to use this knowledge to create waking trances through normal conversation. Using this method can help create positive images for change in a client.

Lecture/Discussion/Demonstration/Q&A

(11106) THE WISE MIND & BRILLIANT TRANSFORMATION—Powerful Hypnosis For Resolving The Challenges Of Life

Marilyn Gordon, BCH, CI, OB *All-levels*

Discover profound and inspiring methods for working with the brilliance of the Wise Mind, the life-transforming inner power of innate wisdom. Learn new ways to transform life's challenges into states of great well being, move from darkness into light, and handle such fundamental issues as fear, negative thoughts, relationships, sadness, anger, stress, losses, self-deprecation, physical challenges, and habits. Learn groundbreaking and practical, down-to-earth hypnosis tools and secrets to help people go beyond their ordinary selves.

Lecture/Q&A

(11111) CORPORATE SPEAKING & TRAINING—The Fast Track To Presenter Profits

Scott McFall, CH, LMT *All-levels*

It took you a long time to learn all of the things you know. Help main stream America use your knowledge by speaking to corporations, associations, and clubs. You will learn how to contact each organization, set fees, and structure your information for maximum impact.

Lecture/Q&A

(11112) GET OFF YOUR BUTT AND STOP BEING JUST A STUDENT

Roger Willard, CH *Introductory-Intermediate*

Too often a person becomes a perpetual student with dreams of establishing him/herself in the field. As in hypnosis, a person spends a substantial amount of money out of their own pockets and over a hundred hours of their time to become certified. They invest in books, tapes, CDs, attend meetings and national conventions again at their own expense, just to better their skills. They think, just one more convention and I will go out and work with clients. Just one more tape, CD or video and I will be ready. When in the end all they really need is a psychological kick in the rear.

Lecture/Discussion/Exercises/Q&A

(11113) PARALLEL LIVES

Richard Sutphen *All-levels*

Both Dick and Jane Roberts (the Seth books) wrote about Parallel Lives—the fact that you are more than one person now living upon the earth. In this seminars you will able to perceive these ties, just as everyone can recall past lives in regressions. Your “oversoul” created you and two or three others as an extension of energy-expanding potential. This is the outer-edge of metaphysical study and New Agers will be well served by these explorations. Includes a Hypnotic Parallel Life Transfer. You will be directed to transfer in time and space to observe one of your parallels. You'll explore different aspects of that person's life, including how they are influencing you and how to contact them if you desire.

Lecture/Discussion/Q&A

(11114) DEALING EFFECTIVELY WITH WEIGHT CONTROL—How To See Less & Less Of Your Client

Jacob Bimblich, BCH, CI, OB *All-levels*

Some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight-control. Learn the mechanisms and suggestions that get good results. Learn basic nutritional information for successful weight control program and the behavioral approach that will motivate the client to pursue desired weight goal.

Lecture/Discussion/Exercise

(11115) ASSIST CLIENTS BY IMPROVING JOB INTERVIEWING SKILLS WITH HYPNOSIS

Marx Howell, BS *All-levels*

1,000s of people go to job and promotional interviews every day, scared stiff. Hypnosis is an effective tool to reduce anxiety with students in test-taking situations and for individuals giving speeches. Learn how to apply some of these same strategies in preparing people for “HOW TO KNOCK ‘EM OUT IN JOB INTERVIEWS.” Inspector Howell has served as a member on job interview panels and promotional interview boards where over 1,500 individuals were applicants.

Lecture/Q&A

(11116) YOUR IDEAL MICROPRACTICE—A New Business Model For The Consulting Hypnotist**C. Scot Giles, DMin, BCC, BCH, AI** *All-levels*

The Ideal Micropractice is a business model for running a professional practice created by physicians working with Dartmouth Clinical Microsystems. The idea is to keep your practice high-tech and low overhead to maximize your net profit. You simplify your workflow, and you trust your clients to respect your time. The result is you need to see fewer clients to generate your income and you keep more of what you earn. I've used the Micropractice model to run my own professional practice for years, and find it provides me with a good living and free time to pursue other interests.

*Lecture/Q&A***NOON-12:50 PM SEMINARS****(11121) MAKING OF A GREAT PRE-TALK****Patricia MacIsaac, CI, CH, OB** *All-levels*

In her professional practice, Patricia has the key factors to the pre-talk, finding out what the client needs and creating a feeling of positive expectancy.

*Lecture/Q&A***(11122) ENJOYING WEIGHT CONTROL WITH NUTRITION AND HYPNOSIS—Weight Control Using Good Foods, Portion Control And Hypnosis****Sue Countiss, CH, CI & Myles Timmins, BCH, CI** *All-levels*

The weight control program I created is a 6 week program, meeting once a week, which focuses on self commitment through better, smaller portions and self-hypnosis. We learn to calculate calories needed for specific weights and look at Basal Metabolism rates. Every session the clients each tell about their wins and losses and we present new information to help them understand what they are eating and how to calm themselves daily.

*Lecture/Discussion/Experiential/Q&A***(11123) NGH BOARD CERTIFICATION EXAMS—The Questions You Ask****Maurice Kershaw, MA, FNGH, BCH, OB** *All-levels*

Becoming a NGH Board Certified Hypnotist distinguishes that individual as a highly skilled practitioner in the field of hypnosis, who possesses the highest degree of proficiency among its peers. It is a truly meaningful certification. A member of the NGH Certification Board will provide general information to hypnotists who qualify to sit for the examination. He will provide instruction on the requirements necessary, explanation of the testing process, discuss the benefits of this professional recognition, and the level of hypnosis skills and practice experience the Board will assess.

*Introduction/Lecture/Q&A***(11124) WEBCAM HYPNOSIS: CLIENTS EXPERIENCE HYPNOSIS IN THEIR HOMES—Do's And Don'ts Of Safe And Effective WebCam (Skype or MSN) Sessions****Viktoría Ter-Nikoghosyan, CH, PhD** *All-levels*

Would you like to dramatically increase your clientele? Would you like to work with clients who live in every state of US and all over the world? Learn the wonderful possibility that Skype/WebCam offers for free (yet). Learn how to get prepared for hypnosis sessions and how to prepare clients. Do's and Don'ts and Pros and Cons of WebCam sessions and special tips will be presented and discussed.

*Lecture/Discussion/Q&A***(11125) COPYRIGHT COPYWRONG—Critical Knowledge For Information Entrepreneurs****Kevin E. Houchin, Esq.** *All-levels*

Have you ever wanted to sell audio CDs, videos, books, or other information products to supplement your practice income? Are you already publishing information or other creative products? Have you taken steps to protect your work or wonder if you've done enough? If so, then this session is for you. Leading intellectual property attorney and information entrepreneurship expert, Kevin E. Houchin, will give you focused and understandable knowledge about copyright law. If you produce creative materials, this session is a MUST.

*Lecture/Q&A***(11126) PUT SLEEP ISSUES TO REST!—Help Clients Get To The Root Of Their Sleep Issues And Restore Peaceful Sleep****Debbie Papadakis, BCH, CI** *All-levels*

Do you know that 85 million Americans suffer from sleep issues? Get the answers to the following questions: 1. What are the main reasons clients having trouble sleeping peacefully? 2. What techniques should you use to solve it? 3. What can you do to get rid of the total problem of the sleeplessness? 4. How can you help your clients to have a peaceful sleep? - the key to success is in knowing which door to open!

*Lecture/Demonstration/Q&A***1:00-1:50 PM SEMINARS****(110101) THE 12 SECRETS OF A SINGLE SESSION STOP SMOKING PROGRAM****Don Mottin, CMI, DNGH, OB** *All-levels*

This class will change the way you approach the stop smoking client. You will see your success increase by over 35%. These exciting techniques were developed by actually working with the smoking client. You will find yourself shaking your head yes and saying; I can see how that would make all the difference in the world.

*Lecture/Q&A***(110102) IMPROVE YOUR SUCCESS WITH ALCOHOL & DRUG ISSUES—Understand The Issues From Your Clients' Point Of View****Susan Gayle, CH** *All-levels*

What do you find is the biggest difficulty in having success with these issues? Examine the specifics and what creates super success with the issues of alcohol and drugs. The similarities and differences of alcohol and drugs to other substance issues will be discussed with effective methods given. Learn how to help your clients find clear solutions and shift their focus to create new, positive behavior.

*Lecture/Discussion/Q&A***(110103) THE POWER OF VALUES—Uncover The Driving Force Behind Clients' Decisions!****Corey McCusker** *All-levels*

"Values determine what makes a person tick". Learn what values are, how they are determined and how they impact a person's life. Learn a simple yet powerful technique to help you identify what motivates your client. This technique is a great starting point to helping define what's important to your client and how they see the world and allows you to create powerful hypnosis scripts that speak to the client's values.

Lecture/Discussion/Demonstration/Q&A

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FRIDAY, AUGUST 13

(110104) ASSISTING BURNS WITH HYPNOSIS —Burns From Sunburns To Scalding Burns

Ernest Telkemeyer, CH

All-levels

Explain how soon you need to see people after the sunburn to prevent peeling. Suggestions to stop the pain associated with the burn, and learn when follow-up sessions are needed. Quick induction for someone who is in pain and suggestions to stop the scalding effect from a burn caused by a car radiator exploding on a person.

Lecture/Demonstration

(110105) SOUL COACHING—Access The Wisdom Of The Soul With Hypnosis

Karen Paolino, CH

All-levels

Learn a powerful technique to access the super consciousness of the Soul. Help your clients receive the answers they are seeking for healing, growth and change. Come and experience a demonstration of Soul Coaching and receive insight into the future. Discover this transformational process and realize how it can take your hypnosis practice to the next level.

Lecture/Experiential/Q&A

(110106) HYPNOSIS AND SOCIAL ANXIETY IN CHILDREN AND ADOLESCENTS—Using Hypnosis To Help Transform Children's & Adolescents' Lives

Alicia Marcos Birong, CH

All-levels

Understanding Social Anxiety in connection to using hypnosis. Specific inductions and scripts for children and adolescents with this disorder. This seminar includes techniques and important information needed to successfully use hypnosis with this clientele of children and adolescents with social anxiety into your practice.

Lecture/Discussion/Q&A

(110107) HYPNOBIRTHING—A Celebration Of Life

Marie Mongan, MEd, Rhy

All-levels

You will learn the mothers' and birth companions' techniques for safe and satisfying birthing through guided imagery, visualization, and special breathing. The program consists of a lecture, discussion and a video.

Lecture/Discussion/Video

(110108) EXPAND YOUR PRACTICE USING ELECTRONIC HYPNOSIS—See More People In Less Time And Make More Money

Daniel Vitchoff, CH and Catherine Dolgos, CH

All-levels

Expand your practice through the use of electronics. See more people in less time and increase revenue by leaps and bounds. We will provide you with some of the most powerful marketing strategies available and provide you with an easy to duplicate business model that can be used to double your revenue year after year.

Lecture/Discussion/Demonstration/Q&A

(110109) DIVINE LIGHT TRAVEL USING THE GUIDANCE OF YOUR ANGELS AND ASCENDED MASTERS—A Spiritual Experience Using Hypnosis

Ramona Garcia, CH and Marlene Monnar, MBA, MEd, CH

All-levels

We will help you understand who and what they are. Learn step-by-step directions in attaining your self-hypnotic state to achieve the maximum opportunity for a safe and enlightening experience. You will leave with the necessary tools for everyday application. Using self-hypnosis, you will be able to enhance your own spiritual experiences.

Lecture/Experiential/Q&A

(110110) HYPNOSIS AND "WOMEN'S CANCER" CLIENTS—How You Can Really Make A Difference With Your Clients, Friends, Family And Community!

Kanta Bosniak, CH

All-levels

This year, over a quarter of a million women will be diagnosed with the most common forms of "women's cancers": breast, ovarian and uterine cancer. Learn imagery and EFT to address the stages of healing from diagnosis through survivorship. Whether you choose to incorporate this into your work, volunteer workshops for non-profit organizations, or offer comfort to a friend or family member, you can make a difference!

Lecture/Discussion/Demonstration/Experiential/Q&A

(110111) ANCHOR YOUR FUTURE WITH HO'OPONONO—Heal All Relationships, Even The One You Have With Yourself With Ho'oponono

Sharon Forrest, CH, ND

All-levels

Learn about one of the most superb methods for nurturing and maintaining great family, business and global relationships. There are means in which, in minutes, you can move anyone, including yourself, quickly and effectively, from pain, blame, anger and hate to love and compassion...no matter who they are or what they have done. Learn firsthand with the original developer of this transformational technique. Have you ever wondered: "How could anyone heal another by healing himself? Come find out!

Lecture/Discussion/Demonstration/Q&A

(110112) NGH'S TRAIN THE TRAINER CERTIFIED INSTRUCTOR PROGRAM—A Lifetime Career Opportunity For The Modern Hypnotist

Richard Harte, DNGH, OB

Intermediate-Advanced

NGH launched its Certified Instructor's program in 1991. This career opportunity is a chance for you to satisfy some personal and professional needs, achieving personal growth, enhancing your education, and establishing a business that can generate a substantial income.

Lecture/Discussion

(110113) THE HEALING PROPERTIES OF GEMSTONES AND COLOR

Claire A. Tatro, CRT, CH

All-levels

Amber enhances the endocrine system, aquamarine calms nerves, gold purifies and energizes and empowers circulation. Jade strengthens the heart. What color shorts would you use if you have insomnia? Why is black associated with death? Want to learn the answers to many questions? Come to this seminar.

Lecture/Q&A

2:00-2:50 PM SEMINARS

(11021) DOUBLE YOUR SUCCESS WITH A POWERFUL PRE-TALK—Develop Rapport And Create Positive Expectations

Peter Blum, CI, CH

All-levels

To only know a formulaic way of inducing trance and giving suggestions is an impoverished model of contemporary hypnotic work. Your client's impression of you and subsequent expectations of a successful outcome are established as a support framework during your pre-talk. This "innocent" conversational time can be used to gather important information about your client's sense preferences and establish rapport to build trust.

Lecture/Demonstration/Discussion/Q&A

(11022) RAPID EMOTIONAL RELEASE EYE PATTERNS—Clinically Proven Method To Quickly Remove “Stuck” Emotional Issues

Rick Saruna, CI

All-levels

Rick Saruna has developed a special technique to quickly bring the client back to the moment and in most cases removing the emotional issue at the same time. He has been doing this technique daily in his practice. If you want to learn an amazing way to quickly get results in the most difficult cases come to this presentation.

Discussion/Demonstration/Q&A

(11023) PREPARING PATIENTS FOR SURGERY—Hypnosis Is An Evidenced Based Model To Enhance Patients Outcomes

Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH *All-levels*

Pre-op, intra-op and post-op patients can be taught to alter their psycho-physiological functions in regards to stress, pain, nausea, vomiting and the healing process. The emphasis will be on hypnosis and self-hypnosis as a means for increasing positive outcomes through creating hypnotic synergy with pharmacological interventions. By decreasing the stress response with hypnosis the patient has decreased pre-operative anxiety, diminished intra-operative blood loss, better wound healing, decreased post-op nausea and vomiting with a better overall experience and outcome.

Lecture/Discussion/Q&A

(11024) OWN/HOST/PRODUCE YOUR OWN RADIO OR TELEVISION SHOW—Expanding Your Hypnotism Practice Through Electronic Media

R. Robert Saviola, CH

Advanced

Would you like to increase business, client results and improve your own education all at the same time? Then become the host of your own radio and/or TV program. You will learn how to field unexpected questions by call in listeners/viewers. Increase your own knowledge base by interviewing quality guests. The listener/viewer will believe you are the expert and have better results because you are on the air.

Lecture/Q&A

(11025) EMOTIVE JOURNEYING—Get To The Core

Melissa Tiers, CH, CI

All-levels

In this seminar, you will experience an incredible process for changing negative emotional states into positive enduring states of being. You will learn how to guide your client on a journey through the layers of self to get to the core state underneath. Your clients will never forget the transforming session that uncovered the resources within themselves. And neither will you.

Lecture/Demonstration/Q&A

(11026) OWN THE ROOM—Confidently Lead Hypnosis Workshops

Samuel Lurie, CH

Introductory-Intermediate

Many consulting hypnotists want to offer presentations in their communities, but feel anxious or insecure about the process. This interactive seminar will help strengthen your confidence by breaking down core steps in designing workshops of any length. You will also identify your own unique strengths in creating powerful workshops. Finally, I will lead a short group hypnosis session on confidence and public speaking.

Lecture/Discussion/Experiential/Q&A

3:00-3:50 PM SEMINARS

(11031) HOW TO MAKE POST-HYPNOTIC SUGGESTIONS STICK!—The Automatic Reinstatement Of Specific Suggestions After Hypnotic State

William Mitchell, BCH, CI, BA, Mdiv

All-levels

One of the best tools for the competent hypnotist is the ability to create Post-hypnotic Suggestions That Stick! Post-hypnotic Suggestion refers to the subject's ability to respond at a later time to a suggestion given during trance. The post-hypnotic suggestions can be directed toward behaviors, attitudes, or feelings and can involve any one of the hypnotic phenomena such as anesthesia, amnesia, tunnel vision, hypnotic dreaming, and so on.

Lecture/Demonstration/Video/Q&A

(11032) THE RX FOR HYPNOSIS AWARENESS IN THE MEDICAL COMMUNITY—RN Demonstrates How To Get The Medical Community Calling You

Wendy Packer, CH, CI, RN

Introductory

Suggestions will be made on whom to contact to facilitate the education process in your own community. Learn about scientific and peer review articles in specific medical specialties that can show the doctor how beneficial hypnosis will be. Doctors thrive on concrete based evidence. Learn the importance of documenting testimonials from clients giving doctors the opportunity to see how hypnosis can lessen symptoms and improve conditions.

Lecture/Discussion/Q&A

(11033) BRAIN CHEMISTRY AND HYPNOTISM—Impact Of Brain Chemistry In Clients

Beverly Keyes Taylor, CH, CSC, CLP

All-levels

Do you know that one's brain chemistry drives a person to do what they do? Women and men have different brain chemistry, which affects relationships and feelings. Stress is a killer, affecting one's inner chemistry in more ways than you may know. Recent research shows different hormones reduce stress in men versus women. Discover the basic relationship of body chemistry to your client's nutrition, exercise, habits, stress and issues. Receive the secrets of success for incorporating brain chemistry into your practice.

Lecture/Q&A

(11034) BUILD UNSTOPPABLE CONFIDENCE AND MOTIVATION IN YOURSELF AND OTHERS!

Tim Shurr, CH

All-levels

Clients come to you because they want to feel strong, confident, secure, and successful. You must think, feel, and behave in this manner so that they can model you! You will learn how to positively influence yourself and your clients through this experiential hands-on training. Hypnotism and NLP skills will be taught and demonstrated. If you want to feel better, follow through, and increase client results, attend this seminar!

Discussion/Demonstration/Q&A

“You meet the most amazing and interesting people. A great opportunity for networking and information sharing. A life changing experience!”

—Diane Emira, Sandy, UT

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FRIDAY, AUGUST 13

(11035) COMMUNICATING WITH THE MIND INTERACTIVELY IN THE ESDAILE STATE (HYPNOTIC COMA)—Researching The Mind

Ines Simpson, BCH, CI *Intermediate-Advanced*

This seminar is to help you learn how to interact with the subconscious at the Esdaile level (Hypnotic Coma). In the past little has been known about what is happening in the client's mind at this level. Esdaile originally used this level for surgery. At that time the conditioning to this level could take up to 10 days. This seminar is designed to demonstrate to you how to work and create change on this level. *Lecture/Discussion/Q&A*

(11036) HOW TO RE-INVENT YOURSELF! —Becoming A NEW You

William Horton, PsyD, CADC, CMI *All-levels*

Many times it is necessary to leave behind the wreckage of the past and recreate who you are. I have studied how some people can successfully re-invent who they are, while others fail. Learn the secrets of becoming a new you!

Lecture/Demonstration/Q&A

4:00-4:50 PM SEMINARS

(11041) ENJOYING SEX - FORGET THE PILLS —Slowing Down And Relaxing Normal Response

Myles Timmins, BCH, CI & Sue Countiss, CH, CI *All-levels*

In our world of fast moving lives, work, school, children, social activities and other duties, we have come to rely on medications for every fix we need. We are living longer today and still want to enjoy healthy sex lives, too and the giant pharmaceutical companies are playing on that with prescription drugs for potency and pleasure. It is time to teach our clients to take a real look at the pace of their lives, slow down and learn to enjoy life again. *Lecture/Q&A*

(11042) THE CARE & FEEDING OF YOUR MAN WITH K.I.S.S.—Ten Things A Woman Must Know About Her Man

Donald H. Rice, CH *All-levels*

Want a new man in your life or want to live happier with the one you have? Don Rice will combine life experiences, over twenty years of private hypnosis, and years as a couple hypnotist to bring to you answers about what men need & want from a woman. He will share ten of those emotional man secrets with you during this seminar of learning, laughing and developing your best relationship ever. *Lecture/Demonstration/Q&A*

(11043) FUN HYPNOSIS FOR CHILDREN—Children Love Hypnosis. Why? Because They're Good At It!

William C. Smith, BCH, CI *All-levels*

Do you think maybe your present clients might have children, grandchildren, nieces/nephews, students that would benefit from your work? Of course, working with children can add to your income, but even more importantly, imagine your satisfaction from helping a new generation solve problems BEFORE they become major. Learn specific techniques that will help your child client succeed and discover examples of ways hypnosis can help children anchor a more positive future. *Lecture/Discussion/Demonstration/Q&A*

(11044) AUTOGENIC TRAINING: A BENEFICIAL FORM OF SELF-HYPNOSIS

Susan Jennifer Grace, CH, CI *All-levels*

Autogenic training (AT) is one of the most widely used techniques of relaxation and self-hypnosis method in the world, and yet it's little known and widely misunderstood in North America. This session will introduce the six "standard formulas" of basic autogenic training, the advanced exercises which access deeper levels of consciousness, and the ways in which AT has been used to treat an astonishing variety of problems. *Lecture/Discussion/Demonstration/Q&A*

(11045) HISTORICAL EVOLUTION OF HYPNOSIS —Where Do We Come From? In Between Spiritual Physiological And Psychological

Henriette Gezundhajt, BCH, CI *Introductory-Intermediate*

Nowadays, very successful practitioners of hypnosis show a cruel lack of knowledge when it comes to the origins of their main modalities. Why is hypnotism still so controversial in some circles? What are the obsolete historical and ideological reasons behind these fears? How can we spread the word of the legitimacy of our practice if we do not know where we come from, and if names like Mesmer, Braid, Faria or Charcot do not ring a bell? *Lecture/Q&A*

(11046) THE NEW TREND IN SMOKING CLIENTS - LEARN WHAT'S REALLY GOING ON—Give Your Client That "Aha" Moment Of Understanding That Ensures Permanent Success

Garrett G. Buttel, BCH, MA *All-levels*

The Solving the Smoking Puzzle™ is an exciting new trend in smoking cessation. You will learn that in addition to nicotine and habits, there are many other significant pieces to the puzzle which must be cleared for permanent results. *Lecture/Q&A*

5:00-5:50 PM SEMINARS

(11051) EVERYTHING YOU WANTED TO KNOW ABOUT GETTING MEDICAL REFERRALS BUT WERE AFRAID TO ASK—A Full Proof Winning Method Of Being Part Of The Referral System From MDs, Medi-spas, Gyms, Chiropractors, Dentists And Other Health Care Professionals

Rosemarie Schulman, CH, CI, RN, BA *All-levels*

My presentation will advise and inform you on how to communicate with and encourage health care professionals to recommend hypnosis as an added modality in order for your clients to achieve their goals. This information will provide you with constant referrals. I will guide you on how to combine resources with proper charting and follow-up notes that the health care practitioners will value. *Lecture/Q&A*



FRIDAY, AUGUST 13

197 Expert Seminars

*No Additional Charge
Included With Your Convention Fee*

**(11052) BRING OUT THE BEST IN YOUR CLIENTS
—How To Have Your Clients Use Their Best
Personal Assets Along With Your Hypnosis To Get
Their Goal**

Chris Halbohm, CH

All-levels

Do you notice that clients are not necessarily always eager to let you help them? Are you aware that even if they get their change, often they will not be balanced about it? Heck they might even resent you for believing in them when they were not sure themselves. This seminar will guide you on the exact steps you can use to enhance your clients engagement with the process. No longer wonder if those no-shows are really getting success or just uncaring about coming in to your office. Get your clients personally invested in their own success.

Lecture/Discussion/Q&A

**(11053) HYPNOSIS FOR CHILDREN AND
ADOLESCENTS—Effective Treatment For Our
Youngest Clients**

Valerie Starr, MA, CH

All-levels

Children and adolescents are wonderful hypnosis clients. This population is naturally imaginative and playful, making them readily open to many hypnosis techniques. This seminar will provide an overview of child and adolescent issues, and will describe specific techniques designed to help our young clients in a manner that is engaging, playful, and effective. *Lecture/Q&A*

**(11054) CHAKRA HYPNOSIS
—Linking Hypnosis With The Subtle Body**

Marcel Klasen, BCH, CI

All-levels

Chakras are energy centers that run up the spine to the crown of the head, linking electromagnetic bodies to the physical. Through intuitive perception we can learn to sense the subtle information of a person on a spiritual, emotional and physical level. By using specific hypnotic techniques, you can receive thoughts, ideas and insights from outside your own frame of reference using the chakra system as a framework. Accurately interpreting a client's energy flow can be the missing link in helping a client transform his/her life.

Lecture/Experiential/Demonstration/Q&A

"A full service convention. Friendly, passionate hypnotists convene to share ideas, experience, information for the betterment of the profession."

—Mark Schwinner, New York, NY

"This conference is well organized, filled with experts in the field who are willing to answer questions and provide 'mini-mentoring'."

—Aloma Sibley, Decatur, GA



FRIDAY STAGE SHOWS



7 PM • **MICHAEL DESCHALIT**
Master Stage Hypnotist

8:30 PM • **BETH BOVAIRD
& PAUL IRVING**
Mr. & Mrs. Hypnotist



10:15 PM • **JAMES KELLOGG JR.**
Amazing Hypnotist

Tickets \$5 each show

