

### 9:00-10:50 AM

#### (220901) THE POWER INTAKE AND GETTING TO THE "IT"

—Uncover The Real Issue To Assist The Client In Their Aha!

Georgina Cannon, CI, BCH

*Introductory-Intermediate*

- Discover and uncover the real issue
- Tailor the script & session according to the client's true needs
- Build ongoing long term relationships with the client

Move away from cookie cutter solutions to your clients' problems and build a thriving practice of repeat business. Learn to do this by perceptive questioning and listening to what's being said and what's not being said! Every client is different, even if the presenting problem is the same. Learn to make the intake part of the client change process, how to move your practice beyond the basics. This Power Intake program enables you to develop your counseling skills and your abilities as a successful hypnotist.

*Lecture/Experiential/Demonstration/Q&A*

#### SPECIAL 2-HR WORKSHOP \$35 (INCLUDES VIDEO)

#### (220902) NON-VERBAL HYPNOTIC INDUCTION

Marx Howell, BS

*All-levels*

- Observe a complete demonstration
- Step-by-step explanation
- Guided practice session

Inspector Marx Howell explains the easy-to-follow procedure for using his NON-VERBAL HYPNOTIC INDUCTION technique. Learn how to induce trance without saying a word. Use this effective technique with hearing-impaired individuals. It's like nothing you've ever seen! You will receive a video tape which includes a demonstration and step-by-step explanation of the technique. *Lecture/Demonstration/Experiential*

#### (220903) BECOME A SELF-HYPNOSIS INSTRUCTOR

Don Mottin, DNGH, CMI, OB

*All-levels*

In two hours, Don will not only teach you how to put on a Self-Hypnosis class, he will also give you permission to use his material. You will not only receive a computerized CD that contains ads and promotional material, but Don will also include the full workbook that he passes out to his Self-Hypnosis students. Why try and reinvent the wheel when everything is provided for you?

*Lecture/Demonstration/Q&A*

#### (220905) PRENATAL SUFFOCATION SYNDROME TECHNIQUE—Win Your Life Back, Effectively Clear Long Term Affects Of Anoxia, Gestation And Birth Trauma

Sharon Forrest, CH, ND

*All-levels*

- Release the long-term effects of anoxia, gestation and birth trauma
- Demonstrate the power and effectiveness of the Prenatal Suffocation Syndrome Technique in facilitating profound change
- Break patterns of disassociation, addictions and/or numbing out
- Use the Prenatal Suffocation Syndrome protocol to resolve & heal issues that have defied resolution

PNS (Pre-natal suffocation syndrome) is caused by anoxia (oxygen deprivation). When a mother is upset, scared, frightened, threatened, she instinctively holds her breath. When a mother holds her breath, the supply of oxygen going into her blood stream to the baby is diminished or cut off. When not enough oxygen is coming to the baby, the baby will either panic, shutdown, numb out, or disassociate. The patterns of behavior in adulthood from this are claustrophobia, thoracic or shallow breathing, and addictions, mood altering stimuli, emotional dependencies. The PNS Technique is a ground-breaking protocol that simply cannot be described and MUST be witnessed and experienced

*Lecture/Demonstration/Experiential/Q&A*

#### (220905) THE ALTERNATIVE WEIGH TO WEIGHT LOSS

—Implement A Proven 4-Session Hypno-Behavioral Weight Loss Program

Adeline Kania, CH

*All-levels*

- Understand why emotional overeating is the #1 saboteur to weight loss efforts
  - 3 empowering questions that will help to control emotional overeating
  - The 7 keys to effective weight loss
- Addie has effectively combined hypnotic imagery with behavioral modification in her successful 4-session weight loss program. Her techniques have helped her clients create healthy life-style, develop positive self-esteem, unplug their emotional appetites, shed pounds by controlling their cravings and using hypnosis with the "Law of Attraction" to imprint a healthy new body image.

*Lecture/Discussion/Experiential/Q&A*

#### (220906) IMPROVE LANGUAGE SKILLS WITH HYPNOSIS WORKSHOPS—Expand Your Practice With This 3-Session Program

Susan Gayle, CH

*All-levels*

- Learn how to organize the 3 sessions
- Understand how to improve reading comprehension and writing
- Understand how to improve speaking and listening comprehension
- Learn how to improve test scores
- Help clients feel comfortable with their language capabilities in stressful situations

Offer group workshops to corporations and schools with this 3 session program that helps clients improve or learn a language faster. Whether they need to learn a foreign language, improve their English or if English is their second language, this workshop covers it. Learn the specifics needed to help your clients achieve the confidence to speak, read and write at a consistently high level, eliminate negative thinking and learn to enjoy using language.

*Discussion/Demonstration/Exercises/Q&A*

#### (220907) MASTER THE MIND, MASTER THE GAME™

—Working With Athletes

Corey McCusker

*All-levels*

- Learn how sports hypnosis and NLP can improve athlete and team performance
- Learn about physical, tactical, technical and mental skills of athletes
- Discuss how the power of self-talk impacts individuals & what negative imprints are & how to remove them
- Learn about the steps of sports enhancement
- Leave with some powerful tools and tips on how to market yourself and work with athletes

The workshop focus will be on how to enhance and educate you on the athletes' mental mind. Tools and techniques will be discussed on how to enhance athletes' ability. In this workshop, there will be discussions on sports hypnosis, how to target athletes and how to improve the athlete's performance, focus and control. There will be a review of ways in which individuals learn, how relaxation can actually facilitate learning, the power of self-talk, anchors and the steps of sports enhancement.

*Lecture/Discussion/Demonstration/Q&A*

# 102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

## SATURDAY, AUGUST 14

### (220908) BUILDING RAPPORT SKILLS TO INCREASE CLIENTS & RESULTS—Become Successful Through Rapport

R. Robert Saviola, CH *All-levels*

- Instill in your client “trust”
- Have your client eager to begin hypnosis with you
- Sell more rapidly and efficiently
- Get the client to see your approval
- Eliminate client resistance
- Increase client results quicker

Would you like your clients to be eagerly succeeding with your hypnosis program to gain your approval? Have your clients rushing to tell others how great it is to be hypnotized by you on a regular basis. You can increase your client base, referral rate, and profits all by becoming the rapport master. Make friends with anyone you meet instantly. Have people crowding around you to learn more because they enjoy your company.

*Lecture/Q&A*

### (220909) THE POWER OF ACCEPTANCE—Developing Your Authentic Niche

Kevin E. Houchin, Esq. *All-levels*

- Take the time to examine yourself in the context of your goals
- Leave with a quick start expert-self branding plan

Have you ever wanted to sell audio CDs, videos, books, or other information products to supplement your practice income? Are you already publishing information or other creative products? How do you find your own distinctive niche and how do you stay energized, passionate, and focused in pursuing your goals? This session will give you the tools you need to be at your authentic best.

*Lecture/Q&A*

### (220910) CORPORATE SPEAKING FOR BEGINNERS—How To Make 5K Per Gig!

Tim Shurr, CH *All-levels*

- Help you to really understand the speaking profession
- Provide practical tips for getting gigs and creating additional revenue streams
- What to do when you get the gig
- What to charge, how to follow up, and when to ask for referrals

Questions? Call the NGH  
Office at (603) 429-9438

This workshop is a MUST for any business professional. We are all in the process of selling. Persuasion and self-hypnosis are simply two forms of selling ourselves and our clients on a particular feeling, action, or belief. Once you understand what makes people buy, whether it's your services or a new behavior or belief, your success rate and income level will go way up!

*Discussion/Demonstration/Exercise/Q&A*

**11:00 AM-12:50 PM**

### SPECIAL FREE WORKSHOP

### (221101) ETHICS AND LEGAL ISSUES FOR THE HYPNOTIST—Where Hypnotists Stand With Legislative And Governmental Issues 2010

C. Scot Giles, DMin, BCC, AI *All-levels*

- Examine the ethical requirements for the practice of hypnosis
- Learn the legal requirements in each state for the practice of hypnosis

This free workshop, given by the official legislative liaison of the NGH and NFH 104, will orient you to the requirements for legal and ethical practice of hypnosis. Dr. Giles will explain the NGH recommendations for professional practice, including standards for record keeping, titles, “client problem” statements, the Guild’s Code of Ethics and Recommended Standards for Practice and all the other details one must attend to in order to practice legally. Dr. Giles will then do a state-by-state legislation update so that everyone can know the laws that affect them. There will be an opportunity for questions.

*Lecture/Q&A*

### (22112) ENJOYING SEX - FORGET THE PILLS—Slowing Down And Relaxing Normal Response

Myles Timmins, BCH, CI  
and Sue Countiss, CH, CI *All-levels*

- Work with your clients for more enjoyable sex with their partners
- How to work with both partners
- Listen to each client in a partnership and integrate each of their needs into the hypnosis induction
- Continue sessions until clients are comfortable talking to each other in specificities of their needs and wants sexually

In our world of fast moving lives, work, school, children, social activities and other duties, we have come to rely on medications for every fix we need. We

are living longer today and still want to enjoy healthy sex lives, too and the giant pharmaceutical companies are playing on that with prescription drugs for potency and pleasure. It is time to teach our clients to take a real look at the pace of their lives, slow down and learn to enjoy life again.

*Lecture/Q&A*

### (22113) THE POWER OF SOUND—How To Use Sound, Voice And Music In Harmony With Hypnosis

Marcel Klasen, BCH, CI *All-levels*

- Why sound affects us physically
- The importance of tonality in hypnosis sessions
- Ways to use induce trance through toning sounds
- How we resonate with vibrations in our surroundings
- Effective methods to use sound, voice and music as hypnotic tools

Sound, voice and music are potent tools for restoring the inner balance of the body and awakening the spirit. Understanding how and why sound and vibration affect us is essential for hypnosis practitioners to fine-tune their techniques. Applying the musical principles of entrainment, resonance, toning, and harmonics helps us achieve overall wellness, greater energy, and a deep level of fulfillment. Using the power of sound helps hypnotists to take their practice to a higher level.

*Lecture/Experiential/Demonstration/Q&A*

### (22114) HOW TO BE THE “EXPERT” IN “TAKING CARE OF THE CAREGIVER”—Learn Everything From A To Z

Wendy Packer, CH, CI, RN *Introductory*

- Discover and define who are the caregivers in our society
- Be able to identify caregiver needs
- Learn where and how to market caregivers

“Taking Care of the Caregiver” will open up a new world of business opportunities for hypnotists around the world. Caregivers and the complexities of that role will be thoroughly examined. You will leave with a complete understanding of how to create and administer the perfect hypnosis plan; from the marketing aspect to the actual hypnosis session itself. Become an EXPERT and make a difference in the life of a caregiver!

*Lecture/Discussion/Q&A*

To register, call (603) 429-9438

### (22115) PAIN MANAGEMENT STRATEGIES FOR SUCCESS —5-Treatment Interventions That Work

Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH  
All-levels

- Demonstrate the effectiveness of convincers
- Compare informal hypnotic techniques to formal
- Demonstrate convincers that enhance success
- Examine regression to Cell Memory
- Demonstrate 5 pain management strategies

There are many strategies and treatment plans for pain clients. The purpose of this workshop is to focus on five strategies that will make a difference in your practice. This workshop will enable you to be both comfortable and successful when working with chronic pain clients. It will answer the question; is hypnotic depth important and how is glove anesthesia created. This workshop shares 30 years of practicing hypnosis and four years of pain clinic experience.

Lecture/Demonstration/Practice/Q&A

### (22116) CHILD'S MAGIC MIND —Help Children With K.I.S.S.

Techniques  
Donald H. Rice, CH All-levels

- Learn why children MUST receive special hypnosis techniques
- Learn how to talk to the child's magic mind
- Experience the healing powers of the magic mind
- Learn why the magic crystal always helps children

Children simply don't react well or sometimes not at all to basic hypnosis induction and methods. Helping hundreds of children with hypnosis for over twenty years has allowed me to create a program that involves magic and The K.I.S.S. Method. This method has been used to help little people with ADD, cancer, bed wetting, nail biting, sleepless night, grades, fears and much, much more. Lecture/Demonstration/Discussion/Q&A

"The NGH is a friendly organization that makes first-time attendees feel welcome and "part of the plan" right away. Perfect mix of business and pleasure."

—Doris Molitor, New Richmond, OH

### (22117) TAPPING INTO THE BARIATRIC WEIGHT MANAGEMENT MARKET WITH HYPNOSIS—Bariatric Surgery For The Mind

Rosemarie Schulman, CH, CI, RN, BA  
and Elizabeth Marian Kilkenny, CI All-levels

- Preparing the pre-surgical client with suggestions that will successfully affect the outcome of the journey
- How to enlist the client for months possibly years by creating a life coaching program
- Show how in this virtually untapped market your income is potentially unlimited
- Learn to market this program to the morbidly obese client who is not a candidate for bariatric surgery
- A proven program that will attract medical referrals

The living slim life style program (bariatric surgery of the mind) was created specifically with the bariatric client in mind, however all obese clients will benefit. Every year, bariatric surgery such as lap band, gastric bypass and gastric sleeve are becoming more prevalent. As hypnotists, we are in the position to do so much for these clients' food addictions. This presentation will give you a step-by-step program as to how to put your hypnotic skills to work in this specialized area of expertise.

Lecture/Discussion/Q&A

### (22118) COMMUNICATING WITH THE MIND INTERACTIVELY IN THE ESDAILE STATE (HYPNOTIC COMA)—Researching The Mind

Ines Simpson, BCH, CI Intermediate-Advanced

- Learn how to achieve deeper levels of hypnosis
- Learn how to communicate interactively with the subconscious mind in the Esdaile State
- Get more hypnotists experimenting with the interactive methods
- How to apply to "Change Work"

This workshop is to help you learn how to interact with the subconscious at the Esdaile level (Hypnotic Coma). In the past little has been known about what is happening in the client's mind at this level. Esdaile originally used this level for surgery. At that time the conditioning to this level could take up to 10 days. This workshop is designed to show you how to work and create change on this level. Lecture/Discussion/Demonstration/Q&A

### (22119) YOUR CLIENTS WANT THE MAGIC, THE WOW, THE HYPNOTIC PHENOMENA!!!

—Why You Want To Use Hypnotic Phenomena Such As Amnesia, Hallucinations, Age Regressions, Age Progressions, Analgesia, etc.  
William Mitchell, BCH, CI, BA, Mdiv All-levels

- How to apply Hypnotic Phenomena to create positive results for clients
- How to introduce and discuss Hypnotic Phenomena with clients and referring professionals

Our unique offering is inducing Hypnotic Phenomena such as amnesia, hallucinations, age regression, analgesia, hypnotic dreams, post-hypnotic suggestion, etc. Many hypnotists induce trance and hope the subconscious will benevolently do something beneficial. So many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant Hypnotic Phenomenon. Lecture/Demonstration/Q&A

2:00-3:50 PM

### (220201) HYPNOSIS PAST-LIFE REGRESSION—A Guided Session

Henry Leo Bolduc All-levels

- Experience profound insights
  - Healing the past - building the future
  - Utilize this material with your clients
- Enjoy a fascinating journey into your deepest memories. Regression sessions patiently piece together the parts of a puzzling past. These remarkable journeys are a deep inner quest to your center of truth. ALL things to your remembrance. Lecture/Experiential/Q&A

#### PLEASE NOTE

Just the fact that you want to broaden your knowledge is reason enough to attend any presentation on our schedule, but we ask our presenters to indicate which level of experience a member should have to profit most by attending. So, in the catalog to help you make choices, you will see one of the following indicators: Introductory, Intermediate, Advanced or All Levels.

# 102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

## SATURDAY, AUGUST 14

**(220202) SEMANTICS—The Heart Of Dave Elman's Hypnosis Work**  
Larry Elman, Col. USAF Ret., MA  
and Don Patterson, CH *All-levels*

- How the semantics for a child differ from the semantics for an adult
- “painted” words to be avoided
- How to keep others from negating your suggestions
- How semantics can save/end a life
- The semantics of waking hypnosis

Many hypnotists “know the Elman,” but there is so much more to Dave Elman than just the rapid induction. Elman was a master hypnotherapist and his mastery of semantics allowed him to achieve phenomenal results with his clients! Learn the proper semantics to use so that your subjects accept the suggestions as given. Learn what NOT to say to avoid sabotaging your sessions. It applies whether your practice is in a public place, or only in your office during a one-on-one conversation. Topics covered will also include a discussion of how your semantics must match your subject or client. *Lecture/Discussion/Q&A*

**(220203) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS—The Way to Success With Weight Loss Clients**

Thomas Nicoli, BCH, CI, OB *All-levels*

- Help clients expose underlying motivators to unhealthy behaviors
- Learn a proven model to guide clients to weight loss success by focusing on the “why” and not the “what” of the problem
- Learn quick and effective techniques to getting to the initiating cause
- Learn a variety of inductions to the hypnotic process and understand why this is important
- Why weight loss is a must if you want to work with more clients and increase business
- Learn the importance of the client's landscape

Since the exposure of Tom Nicoli's hypnosis weight loss program on Dateline NBC in 2003, he has improved his methods and created his DEPTH Model while doing over 2,000 sessions each year with continued success. His clear, concise and thorough presentation of how this program is used with any client will assist any hypnotist, whether new or seasoned veteran, to increase client success and business. *Lecture/Demonstration/Q&A*

**(220204) WANTED: HYPNOTISTS FOR STAGE SHOWS—Bootcamp For Hypnotists To Earn \$75,000 In The Next 10 Months!**

Robert L. Bayliss, CH, CI  
and Deborah Faithrose, CH, CI *All-levels*

- Market using free publicity
- Formulate your contract
- Book the best paying shows first
- Get agents to book you repeatedly
- Re-book before leaving the venue

Loaded with tips, tricks and hints, beginners and veterans alike will learn new and profitable ways to make fantastic amounts of money doing stage hypnosis shows. Learn the absolute easiest way to make \$1000 to \$4000 or more by doing just one show and repeat it over and over as often as you want to. Learn some of the best kept secrets of the world's most successful stage hypnotists and be able to implement them right away! Receive at least one stage show business related CD, CDROM or DVD absolutely FREE!

*Lecture/Discussion/Q&A*

**(220205) WORKING WITH POST TRAUMATIC STRESS DISORDER**

Don Mottin, DNGH, CMI, OB *All-levels*

Would you like to be able to help both military and civilian personnel who are suffering from PTSD? There can be as many as 35 different stimulants that a person with PTSD may be experiencing. In this exciting class, you will learn how to discover and then help change the various sensations that the PTSD client may be experiencing. Did you know that over 10% of women will experience PTSD in their life? Did you know PTSD types of symptoms were first discovered in the 1800s? Did you know that the impact phase can last anywhere from a few seconds, to days, or weeks? Here is your chance to not only learn more about PTSD, but also be ready to help clients make the positive changes that they need to make. *Lecture/Discussion/Q&A*



**(220206) HYPNOSIS FOR CHILDREN AND ADOLESCENTS—Effective Treatment For Our Youngest Clients**

Valerie Starr, MA, CH *All-levels*

- Develop an in-depth understanding of the needs, concerns, and expectations of the client population
- Receive information regarding the mind/body connection
- Learn developmental norms for children and adolescents

Children and adolescents are wonderful hypnosis clients. This workshop will provide in-depth information regarding child and adolescent issues. Family, diagnostic, and ethical issues will be addressed. You will learn specific techniques designed to help our young clients in a manner that is engaging, playful, and effective. Bring your humor and your heart to this essential experience. *Lecture/Q&A*

**(220207) SECRETS FOR ENLIGHTENED HYPNOSIS—The Wise Mind Process And Tools For Transformation**

Marilyn Gordon, BCH, CI, OB *All-levels*

- Become a channel for wisdom from the infinite source
- Learn to teach these tools in sessions and workshops
- Understand “I AM consciousness” and how it can assist clients to anchor their transformations
- Learn about the wounded healer; how to deal with resistances; how to uncover clients' inner power; the effects of illusion and reality; the qualities of peace, love, wisdom and light; forgiveness

Enter the realm of higher consciousness, and create compelling sessions that assist your clients to overcome their deepest challenges and operate from higher levels of their lives. Learn the Wise Mind Process, an original and astoundingly simple yet powerful way to resolve challenges moment by moment. Assist clients to overcome fears, pain, stress, lack of self-esteem, and more – and see them move into states of strength, wisdom, openness and love. Learn even more tools and methods that advance your work light years ahead. Apply these methods to every type of person, and create amazing success in your practice with every kind of human issue. *Lecture/Demonstration/Discussion/Q&A*

### (220208) INDUCTION WORKSHOP —Finding The Best Induction For Clients

C. Roy Hunter, CH, CI *Intermediate-Advanced*

- Learn the basic induction categories
- Witness or experience a number of inductions
- Learn how to find the best induction for clients, including analytical resisters
- Experience a group mental confusion induction

Charles Tebbetts categorized all inductions into six basic induction types. Some inductions blend more than one type of induction. By understanding the categories, the number of available inductions will be as large as your imagination. Roy will demonstrate as many inductions as time permits, including a group mental confusion induction.

*Lecture/Demonstration/Practice/Q&A*

### (220209) SYMBOL THERAPY WORKSHOP

Richard Sutphen

*All-levels*

Symbol Therapy or Psychosynthesis, works by restructuring and redirecting unconscious energies. This free-floating energy can cause overly exaggerated mood swings, a sense of meaninglessness, or an uneasy feeling that something needs to be done. Or it may explode in a sudden outburst of rage as well as other unproductive, disturbing ways. Famous Italian psychiatrist, Robert Assagioli pioneered Symbol Therapy techniques. In *What We May Be*, a book about Assagioli's work, Piero Ferrucci says, "When we visualize them, symbols can have a profoundly transformative impact on our psyche. They can be used to undo past conditioning and to establish new and more desirable energy patterns within us." Includes two hypnosis sessions.

*Lecture/Demonstration/Discussion/Q&A*

### (220210) INSIDE THE MIND OF AN ELITE ATHLETE—Learn The Mental Training Secrets Of Olympic Gold Medalists

Daniel S. Vitchoff, CH

*All-levels*

- Learn the mental training secrets of some of the World's Best Athletes
- How to effectively communicate with athletes
- Why most athletes are turned off by Hypnotists and Sports Psychologists
- The proper and most effective way to contact professional and college athletes

Expand your business by offering Sports Hypnosis Programs for athletes of all ages. We will reveal the little known secrets of Olympic Gold Medalists and introduce you to practical methods and techniques that you can begin using in your practice immediately. You will discover just how easy it is to help your clients develop a winning mindset, improve focus and concentration, build confidence and perform flawlessly under pressure. Learn how virtually any athlete can benefit from hypnosis and mental training. *Lecture/Discussion/Exercises/Q&A*

**4:00-5:50 PM**

### (220401) SMOKING CESSATION FOR PERMANENT RESULTS —How To Clear All The Possible Causes That Make Up The Tricky Combination Of Things That Lock In Smokers

Garrett Buttel, BCH

*All-levels*

It is known that the true cause(s) that lock in the smokers is neither the habit nor the physical addiction. Once the tricky combination of things that lock in the smoker is known, then the unique reasons clients have must be cleared. This workshop not only unravels the mystery but educates the you on how to use this information to permanently set your smoking clients free.

*Lecture/Experiential/Q&A*

### (220402) HYPNOSIS FOR SURGERY THROUGH THE EYES OF THE PATIENT—The Immeasurable Benefits Of Hypnosis As Adjunct To Surgery

Michael Smith, CH

and Myles B. Timmins, BCH, CI *All-levels*

Dr. Michael Smith has decades of experience using hypnosis to aid cancer patients including surgery without general anesthesia. When he was diagnosed with cancer and realized he was, himself, facing surgery, he needed a new plan. The doctor had become the patient. Using self-hypnosis and self recordings led to a successful surgery with minimal drug intervention and a rapid recovery. While most patients will require some anesthesia, the use of hypnosis for a better surgical outcome is now viewed through the eyes of a knowledgeable patient. *Lecture/Discussion/Experiential/Q&A*

*Questions? Call the NGH  
Office at (603) 429-9438*

### (220403) OPTIMAL NUTRITION FOR THE OPTIMUM HYPNOTIST —Naturopathic Food Medicine - What To Eat; What Not To Eat

Robert H. Sorge, ND, PhD, DO, MND, PND

*All-levels*

- Raise the health, nutritional and wellness consciousness of yourself
- Evaluate areas of your life in need of nutritional/naturopathic support
- Assess what effect your level of health, nutrition and fitness has on your clients
- Compatible and incompatible foods, No/No Foods, healing foods, disease and energy depleting foods, rejuvenating foods

In spite of hundreds of billions of dollars wastefully dumped into so called research and orthodox drug treatment, the medical/pharmaceutical industry has lost the War on Cancer, the War on diabetes, and the War on Heart Disease. Instead of contributing to the solution to our nations deteriorating health, orthodox drug medicine has contributed to the problem. This workshop is designed to introduce you to "the sensible alternative to orthodox drug medicine". Get the tools to begin to implement a prevention/self-help program that empowers you to take control of your own physical, mental, spiritual health and wellness.

*Lecture/Discussion/Demonstration/Q&A*

### (220404) THE TEENAGE CLIENT —Challenge or Opportunity?

William C. Smith, BCH, CI

*All-levels*

- Learn how to help teenagers overcome problems from childhood
- Understand the SIMILARITIES between working with teenagers, adults and children
- Be given specific examples of ways hypnosis can help teenagers
- Find out the advantage to having parent in room if younger teen and disadvantage if older teen

Do you think maybe your present clients might have teenagers who are family members that would benefit from your work? Of course, working with teenagers can add to your income, but even more importantly, imagine your satisfaction from helping a new generation solve problems BEFORE they become major. Learn specific techniques that will help your teenage client succeed and discover examples of ways hypnosis can help teenagers anchor a more positive future.

*Lecture/Discussion/Demonstration/Q&A*

# 102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

## SATURDAY, AUGUST 14

### (220405) VISUALIZATION STRATEGIES FOR HELPING PAIN AND DISEASE—Helping Clients Discover The Meaning Of Their Illness And Solving It

David Quigley, CH

Introductory

- Learn new induction strategies to access the underlying causes of disease in the subconscious mind
- Discover new strategies of regression useful for illness including Past Life memories
- Explore how to use signals of disease-related pain or anxiety to reinforce their beneficial objectives

Many diseases arise from patterns of emotions, beliefs and behaviors rooted in the subconscious mind. By using specific hypnotic techniques, we can enter the subconscious mind and alter these patterns to promote self-healing. These techniques include questioning the part of the client's subconscious mind that "hired" the disease, entering the affected body part as if it were a room to 'see' who or what is there, and contacting the inner healer as a resource from the inner world. Seven different methods are covered.

Lecture/Demonstration/Q&A

### (220406) INTEGRATIVE HYPNOSIS—Simple Techniques To Stop Fear

Melissa Tiers, CH, CI

All-levels

- Learn internal dialogue de-activation
- Learn heart coherence adaptation
- Learn peripheral awareness/open focus
- Learn back spin variation

This workshop will give you hands-on experience of some of the latest developments in rapid change. These techniques and processes are easy to use and teach to your clients so they leave your office with power tools designed to stop all degrees of fear.

Lecture/Demonstration/Practice/Q&A

"This is an amazing collection of the best of the best of the hypnosis community in the world. You are guaranteed to leave with a wealth of fresh ideas to take your practice to new heights."

—Janice Mason,  
West Vancouver, BC, Canada

### (220407) UNLEASHING THE PSYCHOLOGY AND POWER OF FORGIVENESS WITH HYPNOSIS—Hypnotic Techniques For Forgiveness Work With Clients Of All Backgrounds

Dan Spruell, CH, Mdiv

and William Mitchell, BCH, CI, Mdiv All-levels

- Discover WHY hypnotic techniques that facilitate forgiveness are so conducive for positive changes with the client
- Learn a client-centered approach for forgiveness work
- Learn how to help clients distinguish between false and appropriate guilt
- Learn how to use hypnotic stories and metaphors for forgiveness

This presentation builds on the universal human need for the psychology of forgiveness! Through effective hypnotic interventions such as Age Regression, you can unleash the power of forgiveness. Be given a process for ascertaining the client's conceptual framework, identifying key events, discerning true or false guilt, and formulating an approach tailored to the individual client. Techniques for accessing the relief of forgiveness will be discussed along with video presentations from actual client sessions. Benefit by expanding your base of clients due to their dramatic results and enthusiastic referrals.

Lecture/Video/Demonstration/Discussion/Q&A

### (220408) ANCHOR YOUR CLIENTS TO SUCCESS—Effectively Use Anchoring In Your Sessions

John Weir, BCH, CI

All-levels

- Learn a variety of techniques to establish powerful anchors
- How to apply the law of compounding to anchoring
- Covertly set anchors to increase the impact of your suggestions
- Establish anchors in group settings

Anchoring is a universal technique that can be applied to virtually every client that comes through your door. Learn the ins and out's of creating effective, powerful, and long lasting anchors. Learn how to establish covert anchors, collapse negative anchors that prevent success, and methods to ensure the success of the anchor. Anchoring is a technique that can increase the success of any session and something that should be in every hypnotist's toolbox.

Lecture/Demonstration/Practice/Q&A

### (220409) TREASURE CHEST OF ADVANCED HYPNOSIS TECHNIQUES—Technique And Tips For Expert Hypnotic Language

Mary Elizabeth Raines, CH, CI

All-levels

- See specific examples of types of hypnotic suggestions
- Learn how to create expert suggestions yourself
- Enhance your abilities to create greater success for clients
- Expand your knowledge of techniques

Hypnotic suggestions are the foundation of every hypnosis session. Enrich your knowledge by learning these simple techniques and boost the success rate you desire for your clients. Gain understanding of such core elements as positive and negative suggestions, chaining, compounding, pyramiding, indirect suggestion, confusion techniques, embedded suggestion and apposition of opposites. Specific examples given will cover smoking cessation, weight reduction, stage hypnosis and sleep habits.

Lecture/Discussion/Q&A

### (220410) WORKING WITH NON-MALIGNANT TUMORS—Hypnosis In The Treatment Of Non-Malignant Tumors

Ernest Telkemeyer, CH

All-levels

- Learn which tumors respond
- Learn approximate length of time before change becomes apparent
- Learn how trauma effects the cause and result of tumors
- Learn the possibility of recurrence
- Learn how the research project was conducted

This was a research project that I conducted while belonging to a research organization. This project was conducted during the last part of 1978, 1979 and the beginning of 1980. I started with 25 cases which was narrowed to 15 test cases. Out of the 15, I had 13 total remissions. I have done approximately twice as many since that time, all were successful. One in the center of a lady's heart.

Lecture/Demonstration

