

8:00-9:50 AM

(32081) MARVELOUS MENOPAUSE—Hypnosis Techniques For Menopause Symptom Relief

Janice Manson, CH, RN *All-levels*

- Learn how to get physician referrals for menopause symptom relief work
- Learn the key areas that must be assessed in the intake prior to providing hypnosis for menopause symptom relief
- Understand the physiology behind key symptoms of menopause and how it can be impacted by hypnosis
- Understand the existing alternatives for menopause symptom relief
- Understand trends in women's health relating to menopause care and how hypnosis addresses these

Every day 4000 US women enter menopause. News Flash! The science is in. Hypnosis works for menopause symptom relief. Yes, your clients can have a marvelous menopause without suffering the night sweats, insomnia, mood swings, low libido, urinary urgency and hot flashes that plagued prior generations. Learn how to address menopause with hypnosis to expand your practice and help your clients keep their 'Hot Momma' status without having to keep the local Fire Department on stand-by.

Lecture/Discussion/Q&A

(32082) THE MIND-BODY-SPIRIT JOURNEY OF 7TH PATH SELF- HYPNOSIS® BEGINS—Receive The First Two Recognitions Of Love & Renewal

Calvin Banyan, MA, BCH, CI, FNGH *All-levels*

- Learn how to induce a deep spiritual meditation like hypnosis quickly
- Learn the mind-body-spirit technique essential to 7th Path Self-Hypnosis®
- Learn and practice the first two Recognitions on the "Path"

7th Path Self-Hypnosis® is the very first "antivirus software for the human mind" and unique among all other forms of self-hypnosis. It is a mind-body-spirit process consisting of 9 Recognitions. These first 2 Recognitions work to remove barriers to success, and focus on love and renewal of the complete self. Attend this course as introduction to personal transformation, not certification.

Lecture/Experiential/Discussion/Practice/Q&A

(32083) COMPLEMENT YOUR PRACTICE WITH ALTERNATIVES —Homeopathy And Nutrition – More Ways To Enhance The Art Of Healing

Lawrence Galante, PhD, CI, OB *All-levels*

- Learn simple homeopathic remedies
- Teach clients simple homeopathic remedies they can buy for themselves
- Learn Self-Reiki for themselves
- Learn about some nutritional clients could buy to improve health

Be taught the basic principles of holistic healing and how these modalities can best be incorporated into your practice to enhance overall well-being in your clients. This class will teach you: simple Chi Kung relaxation and stretching exercises; Reiki & Therapeutic Touch techniques - a soothing way of transmitting healing energy to a client in need without touching them; Homeopathy - safe, non-toxic over the counter FDA approved remedies to alleviate both physical and emotional conditions; Nutrition - new discoveries concerning missing nutrients in our diets which are contributing to our weakened physical and mental conditions.

Lecture/Discussion/Q&A

(32084) SEVEN KEYS TO FINANCIAL FREEDOM IN HYPNOSIS COUNSELING —Go With The Winners

Angelina Ahumada, CH *All-levels*

- Increase awareness about money
- Be motivated through metaphors
- Incorporate the 7 keys in your life
- Improve your financial present and future
- Profit from practical ways to take care of your money
- Learning to flow in the great river of prosperity.

Through a PowerPoint presentation we will go through the Seven Keys. First Key: Healing the past and building your future. Exercise with hypnosis to remember your deepest memory in relation to money. Working with affirmations to heal. Metaphor. Second Key: Keep it clear and true. Third Key: People first – Metaphor. Fourth Key: Respect. Wallet exercise. Fifth Key: Trust. Sixth Key: Opening doors to life – Metaphor. Seventh Key: True wealth is eternal – Metaphor. Abundance meditation.

Lecture/Exercise/Q&A

(32085) TEACHING SELF- HYPNOSIS IN GROUPS —Make Money And Inform, While Publicizing Your Practice

Lee Pascoe, BCH, CI, FNGH, OB *Intermediate*

- Develop the confidence to present your own class
- Make the most of skills you already possess
- Discover how to "wow" the audience
- Learn to structure your material
- Participate in a group session of "self-hypnosis"

The best way to build up a clientele is to get yourself known as an expert. Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

Lecture/Exercise/Q&A

(32086) UNLOCKING THE MYSTERIES OF THE INDUCTION —Make The Induction The Easiest Part Of Your Hypnosis Session

Robert Brenner *All-levels*

- Explain to your clients what and how the induction works
- Understand simple relaxation inductions
- Understand how to perform rapid inductions
- Understanding of how instant induction works
- Know how to choose the correct induction for the session at hand

This presentation will combine lecture, demonstration, and questions and answers. The presenter involves the audience to make points and help them leave the workshop knowing that it was informative.

Lecture/Demonstration/Q&A

"A wide variety of subjects are discussed over the three days of the convention and gives every attendee an opportunity for learning and growth in their field of interest, ie hypnotism, psychology, nursing, etc."

—Linda Diggins-Domina,
Manchester, CT

102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SUNDAY, AUGUST 15

(32087) MANIFESTING ABUNDANCE WITH EFT AND THE LAW OF ATTRACTION—Learn The “Missing Key” To Abundance Of Money, Love And Health NOW!

Theodore Robinson, BA, JD, CH All-levels

- How to formulate the right wording for each of the identified issues
- How to effectively apply EFT for each self-limiting issue
- How to identify issues while on your own and how to address them effectively without outside help
- Use choices and imprint new positive beliefs you want to experience

Abundance can take many forms, but if you are not willing to allow it into your life due to your own self-limiting “writing on your inner walls”, you will never receive it. We will first identify what is holding you back from receiving abundance of love, health and money. Then we will lead you through the procedure of eliminating each self-limitation until you are clear of them. Next you’ll put the “Three Keys” into action personally and learn empowering affirmations that bring you action. You will then finally be able to allow success, love and money into your life. You will review basic EFT and learn two advanced EFT techniques.

Lecture/Demonstration/Q&A

(32088) GENDER BRAIN CHEMISTRY AND HYPNOSIS —The Impact Of Gender Brain Chemistry With Clients

Beverly Keyes Taylor, CH, CSC, CLP All-levels

- Discover the impact of two neurotransmitters on men and women’s emotions
- Learn how these can be different between men and women
- Realize how brain chemistry affects people and impress your clients
- Secrets of success for incorporating brain chemistry with hypnosis

Here’s a new, revolutionary program that explains the differences in brain chemistry between men and women and how this affects habits, weight, exercise, stress, actions, moods, decisions, relationships and well-being. Stress is a killer, affecting one’s inner chemistry in more ways than you may know. Recent research shows different hormones reduce stress in men versus women. Discover the relationship of body chemistry to your client’s nutrition, exercise, habits, stress and issues.

Lecture/Demonstration/Q&A

10:00-11:50 AM

(32101) 21ST CENTURY NLP FLASH TECHNIQUE—Stop Chronic Pain In Under 4 Minutes

David A. Frederick, CH All-levels

- Learn to restore restricted movement of limbs
- Reduce or stop chronic pain
- Shift to a better emotional state

You will learn an exciting 21st century NLP technique that will stop chronic pain or restricted movement in 4 minutes. Learn a powerful left brain, right brain rapid crossover technique called FLASH to reduce or stop completely any chronic pain. Learn this powerful technique to reduce or eliminate chronic pain going back twenty years or more. This technique can also be used for emotional pain. It uses eye movements for left/right brain crossover and is very fast and complete.

Lecture/Demonstration/Practice

(32102) CREATING WITH INTENTIONS—To Make Your Life Happen On Purpose...

Lisa Halpin, BCH, CI, OB All-levels

- How intentions affect outcomes
- How intentions relate to the universal law of attraction
- Examples of the effectiveness of intentions
- Awareness of current intentions
- How to properly form intentions
- The power of joining with others in intention
- Resources for further study

What are your intentions? Whether conscious or unconscious, our intentions affect outcome. Maybe you’ve heard about the concept of the “law of attraction” or Dr. Wayne Dyer’s book, *The Power of Intention*. In this interactive workshop, we’ll concentrate more on how to use this powerful energy to create the life that you want, both personally and professionally. Exercises will include examining your current intentions and ‘re-writing’ them to achieve the outcomes that you desire. Emphasis will be on awareness of intentions, forming well-worded intentions, and incorporating this process into your daily life. As a bonus, you’ll learn how to join with others to experience the synergy of joined intentions.

Lecture/Visual/Exercises/Q&A

To register, call (603) 429-9438

(32103) LEARN RAPID INDUCTIONS—With “Hands-On” Training

Sandi Graves, CH All-levels

- What rapid inductions are
- Why you would want to use rapid inductions in your practice
- When to use rapid inductions
- When not to use quick inductions
- Difference between the three basic methods

• **Demonstrations of rapid inductions**
This is a “hands on” interactive workshop and you will LEARN HOW to do 2 rapid inductions in just under 2 hours. The 2 rapid inductions will allow you to quickly and easily move past the client’s critical factor and help them to enter into a deep hypnotic trance. Get the hands-on experience and training to be able to effectively perform these useful rapid induction techniques.

Lecture/Discussion/Demonstration/Q&A

(32104) DOWSING - “TUNING INTO YOUR INTUITION” —Instant Rapport & Appropriate Inductions Every Time

Dorothy Campbell, CH, CI All-levels

- Learn how to become balanced and centered to allow the intuition to process
- Understand how to use dowsing rods to tune into your intuition for practical, spiritual and healing purposes
- Learn how to ask clear, precise questions to receive accurate answers

All the experts agree that the rapport between hypnotist and client is essential to a successful session. When you are “in tune” with a client’s energy, good rapport is automatic. Using your intuition to become aware of your client’s energy, on all levels, allows you to build the positive connection with them that will make them comfortable and keep them coming back. When you know the condition of each energy field and chakras of your client, you have the information that will assist in choosing the most appropriate induction for that client. This workshop teaches how to tap into your intuition through dowsing and accelerate the power of each hypnosis session. Learn how to locate and assess the client’s energy fields and chakras to determine their physical, emotional, mental and spiritual condition before they arrive for their session. Get ALL the answers you need for yourself and your clients.

Discussion/Demonstration

(32105) ENJOYING WEIGHT CONTROL WITH NUTRITION AND HYPNOSIS—Weight Control Using Good Foods, Portion Control And Hypnosis

Sue Countiss, CH, CI
and Myles B. Timmins, BCH, CI All-levels

- Use self-hypnosis to control eating too much
- Learn to calculate daily calories for correct weight
- Observe and measure portions
- Understand more about foods
- Enjoy meals

The weight control program I created uses principles of proper nutrition and portion control to assist clients in making better food choices. We teach the 3-step self-hypnosis program to the clients in the first 3 sessions. This is a 6 week program, meeting once a week, which focuses on self commitment through better, smaller portions and self-hypnosis. Every session the clients each tell about their wins and losses and we present new information to help them understand what they are eating and how to calm themselves daily.

Lecture/Discussion/Experiential/Q&A

(32106) HYNODONTICS—Anchor Your Future In The Untapped Field Of Dental Hypnosis

Timothy Jones, BCH, CI, Bmin All-levels

- How to advertise most effectively both to the public and within the dental community
- The untapped potential of a dentist referring their patients to you
- How to approach the dental practitioner and their front office staff and how to dress and deport yourself professionally in a dental setting
- Techniques for effectively alleviating dental anxiety - both for the dental practitioner AND their patients
- How to ensure continuing dentist and client confidence in order to sustain a constant stream of referrals

This workshop reveals how to approach the dental office, how the front office staff will work for you, how to get directly to the practitioner, how to have the dentist tell you why they need you, how to work with dental patient and practitioner anxiety, and how to ensure the dentist keeps calling you. Additionally, we examine how to hypnotically moderate blood and salivary flow and the gagging response.

Lecture/Discussion/Demonstration/Q&A

(32107) HEALING ASTHMA IN 3 TO 6 SESSIONS WITH LIFE MEMORY RECALL—A Research Study On Asthma, Hypnosis And Life Memory Recall

Norton Berkowitz, PhD All-levels

- Learn how to use the Live Memory Recall process
- Learn seven specific techniques used to take people into Life Memory Recall™
- Receive a script for helping you find the trauma that has to be released
- View a live demonstration of how to use Live Memory Recall for asthmatic clients

• Receive a copy of the research data
The study is new asthma research study using hypnosis. This study has shown great promise and with surprising results. The research study was conducted by Robert Silverstein, MD and Norton Berkowitz, PhD. The research project was to see if the effects of past trauma or negative circumstances has created or helped to create asthma in an individual. The participants were committed to one 2 hour session followed by three to six 1 hour weekly sessions. In this workshop, the results will be discussed as well as the procedure which made it possible to gain these results. Questions will be answered. I will also conduct a demonstration with a volunteer who has asthma.

Lecture/Demonstration/Q&A

(32108) THE ART OF POLARITY SHIFTING—How To Move Into Happiness Now

Charles Curtis, BCH
and Nancy S. Curtis, BCH All-levels

- Learn how all hypnosis techniques involve polarity
- Learn how to shift from a negative to a positive polarity
- Learn how to increase the energy in the positive polarity
- Learn how to move your client into joy
- Get to experience this deeper peace for yourself

Your clients come to your office because they are stuck in a negative polarity of thought, feeling, and behavior. Learn a series of NLP-based steps for moving into greater peace which can quickly shift even the resistant client into a more joyful place. Experience this peaceful shift for yourself during the workshop exercise.

Lecture/Experiential/Q&A

2:00-3:50 PM

(32021) AFFECTS, EFFECTS AND METAPHORS OF PAST LIFE REGRESSION—How Past Lives Influence The Present Life

Lucy Portlock, CH All-levels

- Explain that past life regression using hypnosis is a disguised method for your clients as well as a present day practical guide for your clients
- The importance of not leading the client or choosing words and meanings for them...to let the client "tell the story"

This workshop is about relating perceived cause and effect of past lives on our present one, about how our experiences in other lives affect our present day living and thinking. It is to show that past lives are a series of parables or metaphors and examples will be taken from the presenter's personal experience as well as some from well-known hypnotists and authors to illustrate how important a past life and its lessons are to the whole person of the client. There will be a guided group hypnosis session for you to experience a past life regression of your own, in which you will be instructed to find a connection or lesson in that life which relates to your own life today.

Lecture/Experiential/Discussion/Q&A

(32022) ULTRA-HEIGHT® HYPNOSIS—Learn How To Enhance Your Client's Natural Healing Ability & Communication

Gerald F. Kein, FNGH, BCH, CI, OB

Intermediate-Advanced

- Learn how to help clients become aware of their true abilities
- Learn how to have the subconscious and superconscious analyze suggestions
- Learn procedures for attaining Ultra-Height® hypnosis

In this workshop, Jerry presents his own unique and specific techniques for establishing communication between the subconscious and super conscious mind, the benefits of which are infinite. The super conscious is many times referred to as higher conscious, higher self, etc. The techniques presented enhance hypnotism along with touch therapy and other alternative healing methods.

Lecture/Demonstration/Q&A

Questions? Call the NGH
Office at (603) 429-9438

102 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SUNDAY, AUGUST 15

(32023) TREE DRAWING INTERPRETATION—PUTTING IT TO WORK IN YOUR PRACTICE —A More In-Depth Look At Tree Drawing Interpretations To Detect Insights Into Issues Of

**Forgiveness, Sexual Abuse,
Family, Stress And Addictions**

Janet Crain, CH, CI, DMD and Hena Husain

All-levels

- Learn how to develop and write hypnotic suggestions using the insight gained in the tree drawing
- Strengthen client incentive for change
- Be able to interpret a tree and discover your client: motivations and motivators to change, emotional comfort, where the client processes experiences, stress level, willingness to follow instructions, important issues, life changing events, flexible or rigid nature

Tree drawing interpretation is an addition to the hypnotic intake process that reveals distinctive motivational factors of the individual. This simple step-by-step technique provides a wealth of information revealing motivation and blockages that can assist you, the professional, in directing your sessions towards the real issues preventing change. A more in-depth understanding of the technique allows you to understand on a deeper level the barriers to change. This knowledge will be priceless when incorporated into your hypnotic practice.

Lecture/Exercises/Discussion/Q&A

(32024) SHAMANISM 101 —What Consulting Hypnotists Should Know About Shamanism

Walter Stock, CH and Maureen Stock, CH

All-levels

- Learn traditional procedures to induce altered states of consciousness
- Learn how to guide clients through shamanic processes

Much of what we do as consulting hypnotists closely parallels procedures which have been utilized for centuries in the practice of shamanism. Through practices such as shamanic journeying, clients who are open to such procedures can access new and potent resources from their own unconscious, while through soul retrieval, they can experience a new and unique form of parts work. Much new information has been added to last year's presentation.

Lecture/Discussion/Demonstration/Q&A

(32025) TURBO CHARGING YOUR SESSIONS WITH CONVERSATIONAL HYPNOSIS —Setting The Stage For Successful Outcomes

Michael Ellner, CH

All-levels

- Learn how to use your intake/pre-talk to help clients: * Achieve Goals & Peak Performance * Get Rid of Unwanted Habits * Feel Their Self-Esteem Soar * Overcome Anxiety, Fears and Limitations * Infuse a Lighthearted Approach to Serious Work

Conversational Hypnosis used to pre-condition your clients for successful outcomes during the intake/pre-talk is one of the most exciting areas of exploration and specialization for hypnotism professionals. Learn a powerful, practical hypnotic technique that promotes healing, wellness and high level functioning.

Lecture/Discussion/Demonstration/Q&A

(32026) FREEDOM FROM COMPULSIVE HABITS —Hypnosis & NLP For Alcohol & Drug Issues

William Horton, PsyD, CAD, CMI

All levels

- Learn the addictions process
- Discover the medical disease model
- Explain the cycle of recovery
- Learn the 12-Step model

Learn from Dr. Horton's 20 years in the field of addictions. He has worked in inpatient, outpatient, criminal justice, detox and long-term treatment facilities. Dr. Horton was the regional director for the Governor's Commission for a Drug Free Indiana. He teaches you how to blend traditional methods with cutting edge techniques for rapid and lasting change.

Discussion/Demonstration



(32027) CONDUCTING AFFORDABLE WEIGHT LOSS GROUPS—Manage 150 Clients A Week In Groups Of 8 To 20

Norman Posner, BCH, CI

All-levels

- Explain a mainstream balanced diet program
- Explain and demonstrate hypnosis as a diet tool
- Review with each client in the group on their weekly success or their diet problems
- Do an induction, deepening, and imagery
- Give each client, during hypnosis, personalized diet suggestions

A HOW TO method for conducting weekly weight loss group sessions using hypnosis to control hunger, curb the triggers and desires for fried foods, salty foods, and sugared sweets and whatever specific problems the individual has. Exact script suggestions will be presented based on the experiences from our Centers in MD and PA over the past 25 years. Some secrets and tools of the trade will be shared. Affordable group rates keep client returning weekly.

Lecture/Demonstration/Q&A

(32028) "ADULT ED" SELF- HYPNOSIS CLASS IN-DEPTH —Anchor Your Future While Educating Your Community

Ernest VanDenBossche, BCH, CI

All-levels

- Learn how to get your name in every area home
- Interact with potential clients
- Publicize through word of mouth
- Increase CD sales
- Increase your teaching skills

In-depth workshop to help you present adult education classes that intrigues and beckons your students to want more. Teach self-hypnosis and all its components in a way that brings curiosity and a desire to find a better way to proceed in life. Allow students to tell their own story of their struggles. They love to relate to each other and find common ground. Give your students a full taste of hypnosis using your own CDs to hypnotize them in class and at home.

Lecture/Q&A

"If there is anything about hypnosis you wanted to know, the annual NGH conference is guaranteed to offer it to you!"

—Larry Garrett, Chicago, IL