

Become A Certified Specialized Bariatric Hypnotist

Work With Real Gastric Surgery Patients To Conquer Destructive Behaviors And Insecurities



Presented by

***Rosemarie Schulman, RN, BA, CI, OB, Certified HypnoCoach®
and Elizabeth Marian Kilkenny, CH, Certified HypnoCoach®***

This year we, as NGH members, are drawn to the concept of:

“A Tradition of Excellence”

We, as hypnotists, should aim to achieve excellence in all aspects pertaining to our professional endeavors. To expect anything less would be an attempt to break away from “A tradition of Excellence” that has brought our profession to the point of respectability and acceptance that it has achieved to date.

With that pursuit of excellence in mind, we offer you this course which will give you a wealth of information into an industry that remains, for the most part, untapped by the hypnotist. The course is taught by experts in the field of Bariatric Surgery. Rosemarie Schulman, RN,BA,CI, OB, certification in HypnoCoaching® has worked with a group of Bariatric Doctors from New York Medical College who were leaders in the bariatric crusade. She was a key player in the creation of the protocol used in the qualifications mandated for the surgery with this group and is a certified metabolic specialist. Rosemarie has achieved recognition for her contribution to hypnosis by being honored as a member of The Order Of The Braid in 2013. Marian Kilkenny, CH, CNLP, has actually walked the walk and talked the talk. Having gone through a gastric bypass in 2008, she knows what life is about on both sides of the fence and will give you a look at the life of the bariatric client that can only be seen through the eyes of someone who has been there. Then she will give you an insight as to how hypnosis can change the patient’s outcome for the long term.

Once you have completed this course, you will be an expert in this field of Bariatric (stomach) Surgery Hypnosis. You can feel confident in approaching the health care professionals who deal with this serious topic on a daily basis. With this training, the medical profession will very quickly recognize your expertise in this field and should be more than willing to incorporate you as a team member in their fight against morbid obesity.

As recently as 15 years ago, Bariatric Surgery was reserved for the selected few who were in danger of losing their life due to the extremity of their obesity or to the few select patients who could afford to pay for it out of pocket. Now that the insurance companies are covering the surgery, many, many more surgeries are being performed on a daily basis. One would think that this is a wonderful opportunity for the morbidly obese person to change their lives permanently, and it is, but it only solves one half of the problem...the anatomy. The other half of the problem, the mind, has been left virtually unresolved.

What you will learn here is how to change the mind of the Morbidly Obese Client so that they can succeed and progress through their future as a whole person. Learning to live with the changes that will occur is equally as important as learning to make those changes. You are the missing link in this equation. Now is your chance to become the obvious expert.

Who Should Attend

If you are in the business of helping clients with weight loss or you have experienced a weight issue in your own life, this training is for you. There is a wide open opportunity in this field of bariatric surgery for all hypnotists who are passionate about helping their clients improve their life. This program takes you, step-by-step through the emotional, physical and mental effects of shedding the massive amounts of weight that are so common with this surgery.

Take Home Materials

Each participant will receive a class manual complete with scripts, step-by-step instructions, diagrams, CD’s, research information and many other materials that, when followed, will make you a professional in the field of Bariatric Hypnosis.

You will be given many techniques as to how to obtain referrals, contact Doctors & find the failing bariatric clients. You will be given the skills in documentation and charting that are recognized and understood by the medical community. You will feel confident when approaching the medical profession with your services and will discover just how financially viable this field of expertise can be.

Course #124

Wed/Thurs — August 5-6

***Tuition: \$375**

Sessions Begin at 9 am

Click here to register online

Day 1 You Will Learn

- Difference between the bariatric client and your typical overweight person
- The causes of obesity in our society
- The prevalence of obesity
- BMI and how it is used to predict health risks
- Who is a candidate for bariatric surgery
- Selection criteria guidelines for bariatric surgery
- The pre-operative team
- Current available procedures
- Post-op nutrition
- Diet & eating habits post-op
- Lifestyle post-op
- The consulting hypnotist's role with the bariatric client
- How you will help the pre-surgical client
- How you will help the newly post-surgical client
- How you will help the failing post-surgical client
- How you will help the non-qualifying obese client
- How to implant the surgical experience into the mind of the failing and non-qualifying clients
- The preparation phase involved in a successful outcome
- How the client can "Reclaim ownership of Self"
- How to contact clients

- How to approach the medical profession
- The art of record keeping and documentation that will be recognized and understood by the medical profession
- Advertising yourself
- How to get referrals from the medical professionals
- How to get into the lecturing field with this topic of expertise
- Virtual Bariatric Surgery for the Mind (the script)
- Following up on your clients
- Long term mentoring

Day Two You Will Learn

How To Create A Complete Eight Session Program That will Guide Your Client into the Future as follows:

- Session One - Detoxification/Eliminating Contaminates of the Past
- Session Two - Reclaiming ownership of self
- Session Three - Hypnotic Surgical Experience
- Session Four - Application/Follow up
- Session Five - Shedding Your shield of Protection
- Session Six - Living with the emerging you
- Session Seven - Eating to live
- Session Eight - Declaring your space in the world

Key Benefits

- * You will be recognized as a weight loss specialist in all areas of weight management.
- * You will be respected by the medical professionals.
- * Earning potential in the field of pediatric or geriatric bariatric surgery support hypnosis as a specialty is virtually unlimited because it is virtually untapped.
- * This is a lifetime-long term issue.
- * You will be able to penetrate Corporate Management teams as a lecturer.
- * You will be knowledgeable enough to be affiliated with Health Insurance Companies as an expert in the prevention of the recurrence of obesity in the post-bariatric patient.
- * You will be trained to direct your expertise toward the Medical professionals in this field.
- * We, as consulting hypnotists recognize that the post-surgical after-care is usually inept and does not address the fact that this issue started in the mind and needs to be addressed in the mind.

This program does not stop at the hypnosis level, it covers every aspect of reintroducing the post-bariatric client to life as a "normal citizen." How to dress, going on job interviews, dealing with relationships, gaining self-confidence and learning to love themselves.

Each student who successfully completes the class shall receive a Certificate stating that he or she is qualified to represent themselves as a professional

"Certified Bariatric Hypnotist"



Rosemarie Schulman, RN, BA, CI, OB, is Certified in HypnoCoaching™, Published Author, Certified Metabolic Specialist, Creator of Bariatric Program for a renowned group of Bariatric Surgeons at New York Medical College. Rosemarie runs a practice in Pleasantville, NY called Life In Balance With Hypno-

sis. As a Registered Nurse and co-author of *Tipping The Scales* with her husband Harold Schulman, MD, Rosemarie devised a weight loss program that started in a Dr's office and has evolved into other offices, fitness centers and spas through the United States. Rosemarie is renowned in the field of weight control and uses hypnosis as an important tool towards meeting the goals of her clients. She has been interviewed on TV and for magazines and is passionate about helping to bring an end to the obesity problem that faces the world today. She has joined Marian Kilkenny in the creation of a plan directed at the client she knows so well...the Bariatric client. "Bariatric Surgery For The Mind" is a comprehensive program by hypnotists for hypnotists that will make the hypnotist a professional in the field and respected by the medical community.



Elizabeth Marian Kilkenny, CH (NGH),

Post-Bariatric Patient, Certified HypnoCoach™, Certified NLP Practitioner, Certified 7th Path Self-Hypnosis Teacher. She was trained and certified by Gerry Kein at the Omni Hypnosis Training Center in Deland, Florida. Marian runs an ever growing practice in Fishkill, NY called East Coast Hypnosis.

Marian was recognized as "Woman of the year" 2014-2015 by the National Association of Professional Woman for her work with Bariatric Hypnosis. Her motto is "Changing Your Life By Changing Your Mind". As a Post-Bariatric Patient (gastric bypass), she has firsthand knowledge of what it is to walk the walk and talk the talk. Marian is passionate about the bariatric client and what is needed to help them succeed. The surgeon changes the anatomy but it is up to us as hypnotists to change the mind. Marian along with Rosemarie Schulman has spent the past few years developing the program "Bariatric Surgery For The Mind" in order to correct the shortfall left behind by the lack of mind alteration that accompanies the current physical correction with surgery.

Click here to register online