

Pain Management Certification

presented by

Ron Eslinger, CAPT, USN, Retired

RN, CRNA, MA, APN, BCH, CMI, FNGH

100 Million Americans Wanting Pain

Relief and are NOT Getting It!

You Can Lessen Their Pain and Suffering

I teach pain clients how to control comfort, let go of depression, sleep better and have a quality life.

**Pain Management
is a Billion Dollar Industry**

It is simple. Learn the Pain Brain Connection. Add the tools and techniques of cell memory, visit pain as a metaphor, how to create effective individualized scripts, and you become the expert in pain management

Learning Objectives

You will be able to:

1. Discuss the biology of hypnosis in pain management for endorphin release
2. Practice mindfulness techniques
3. Identify what is essential in each session
4. Create a mesmerizing marketing plan
5. Advertise yourself as the expert in hypnosis for pain management
6. Create suggestions specific for the client not read a script written by others
7. Demonstrate the effect of past events on chronic pain
8. Develop 4 client sessions specific to the individual client's needs
9. List 5 techniques for overcoming resistance
10. Validate clients hypnotizability
11. Determine the importance of the depth of hypnosis
12. Gain insight into client rapport and success

13. Take Certification Exam at no extra cost
14. List the parts of the Limbic System
15. Demonstrate 2 hypnotic convincers
16. Discuss the physical, emotional and behavioral components of stress

Hypnosis and self-hypnosis can take the hurt out of pain. Hypnosis – for pain management is an amazing tool that when used, produces measurable results in pain relief. The reason for this phenomenon of success is explained in research done at such universities as Yale, Stanford, and Harvard. The success is in the ability of suggestions to bypass the cortex, the thinking, and reasoning part of the brain, and goes directly to the limbic endocrine system of the brain. The limbic system is that part of the brain that deals with fear, memory, homeostasis (maintaining a baseline for the body) and stress. What was unknown until recently is that the limbic system takes its orders through perceptions given to it by the cortex, but even more astounding is that the suggestions can go directly to the limbic system from external sources and suggestions. Hypnosis is the most dramatic of the external sources.

2-Day Agenda:

Getting Started

Day 1

Module 1

Sign In 8:30

9:00-10:30 - Lecture, Q&A Hypnosis as a non-conventional pain management tool with multifocal experience

Module 2

10:45-12:30 – Step-by-step session demonstration with class attendee Q&A

Module 3

1:30-3:30 - Development of a session treatment plan using case study from class includes suggestion (script) writing and discussion of hypnotic tools

Module 4

3:45-5:00 - Practice mindfulness techniques and Friedberg Eye Movement Technique

5:00-6:00 – Optional Mentoring, Q&A

Day 2

Module 5

8:30-10:30 – Review and Pain Brain Connection with Q&A

Module 6

10:45-12:30 – Development of a Session plan for visits 2-4 with a review of my 19 hour intensives, Q&A

Module 7

1:30-3:30 – Discussion and hypnosis options of common chronic pain problems headache, back pain, phantom limb and class request

Module 8

3:45-5:00 - 20 minutes that will empower you and your business. My secrets to marketing you and hypnosis for pain and other behavioral issues.

[Register Online Today - Click Here](#)



TAKE HOME MATERIALS

1. A complete 4-session program that includes everything you need for success
2. Bound manual of all course materials
3. A resource CD valued at 10 times the investment in this workshop
4. Patient forms
5. References & bibliography
6. Case transcripts
7. Application and take home exam for you to receive your Pain Management Certification from the American School for Clinical Hypnosis, International

BONUS: YOU WILL RECEIVE ONLINE ACCESS TO:

1. Phantom Limb Neuropathic and Somatic Pain – four live client sessions on video
2. Rib Pain – a live session of Psychogenic Pain – two client sessions on video
3. Shingles – a live session of Neuropathic Pain – three client sessions on video
4. Preparing a Client for EMG – one client session on video
5. Pain Management MP3 audio download for personal use
6. Freedom From Pain MP3 session download for personal pain management
7. eBook *Your Business a Blue Print for Success*
8. eBook *My Method* by Emilé Coué
9. eBook James Esdaile Journal *Mesmerism in India*

YOU WILL RECEIVE MUCH MORE THAN YOU PAID FOR – GUARANTEED!



Ron Eslinger, CAPT, USN, NC, Retired
RN, CRNA, MA, APN, BCH, CMI, FNGH,

is a Certified Registered Nurse Anesthetist, Board Certified Hypnotist, a Certified Master Instructor, Fellow National Guild of Hypnotists and Order of Braid through the NGH. He graduated from Nursing School in 1970, Nurse Anesthesia training in 1974 at the University of Tennessee, BS degree in Professional Arts from Saint Joseph College in Wenham, ME. His Master's Degree is from the Naval War College, Newport, RI, in National Security and Strategic Studies. He took his first hypnosis work-

shop in 1978.

Ron is the Owner and CEO of Healthy Visions - American School of Clinical Hypnosis, International, Clinton, Tennessee, President, American Association of Moderate Sedation Nurses and the Director of Healthy Visions Training for nurse continuing education.

Ron's NGH awards include: Instructor of the Year 2003, Researcher of the Year 2003, Ormond McGill chair 2004, Order of Braid 2005, Life Time Achievement 2007, Hallmark Award 2008, Charles Tebbett's Lamp 2012 and the Rexford L. North Memorial Trophy 2014.

Who Should Attend?

This is an intensive advanced training for hypnotists of all levels. The emphasis is on teaching the serious hypnotist how to work with clients using hypnosis as the complementary and integrative treatment of chronic pain.

Testimonials

I'm happy to learn from someone with Ron's level and years of experience. His tips and handout/DVDs will be great resources.

—Debra Quirtanen 8/11/16

This course is very informative and will bring together much of your knowledge that may have blank areas that you are looking for information to fill.

—Ron Bailes 8/11/16

This course was very informative, lots of recommendations, examples, techniques, etc. Presentation was exceptional, wish it ran over 3 days. I feel confident to go home and start integrating these techniques right away.

—Susan Hughes-Coleman 8/11/16

The seminar was well structured but with enough flexibility to provide needed customization for the participation of the students. I thoroughly enjoyed the approach with stories and jokes. The technical terminology explanations provided me with an excellent tool for my marketing to the medical and therapy industry. Thank you Ron for the opportunities you have opened for my practice.

—William A. Edwards 8/7/14

Ron has a wealth of knowledge and experience to impart to thirsty minds. He uses humor/wit/compassion.

—K. Touponse 8/11/16

This course was very informative and I will use the information in my practice.

—Ginny Goldman 8/11/16

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC) Code 5-133.

Course #122
Wednesday-Thursday
August 9th-10th
*Tuition: \$375

Sessions Begins at 9AM

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