

NGH Certified Consulting Hypnotist Course

presented by

Patricia E. MacIsaac, LPN, FNGH, CI, CMI, OB

You will learn...

- Hypnosis depth testing
- Speed Hypnosis
- How to hypnotize with a 3-step classical hypnotic induction procedure
- How hypnosis can be beneficial for you
- How to properly explain hypnosis to clients
- How to do a "progressive relaxation" induction
- How to determine whether your clients are more visual, auditory or kinesthetic
- Self-improvement uses of hypnotic, effective suggestions
- Why hypnotism is a useful adjunct to your practice
- Applications of hypnosis, including smoking cessation, weight control and stress management
- How to set up your practice and build your clientele
- And much more!

How to Classify Clients & Make Them Comfortable With Hypnotism

- Which people make the best subjects
- When not to hypnotize someone
- The "dangers" of using hypnosis

Hypnosis and Anesthesia

- Medicine and Dentistry
- Use for medical/dental surgery and childbirth

Experience a Complete Self-Hypnosis Segment! Introduction to Hypnotism and Overview of the Field

- A look at how hypnosis has helped and is helping various professionals in their work
- An introduction to the work of the course

The Use of Tests to Determine Which Types of Hypnotic Induction Will Be Most Effective For Each Individual Client

- Learning to measure how deeply a subject has gone into hypnosis
- Includes examination of the First Step in Self-Hypnosis

The Use of Mechanical Aids in Hypnosis

- Hypnosis for enhancing memory, including techniques for hyper-amnesia & age regression
- Post-Hypnotic Suggestion
- Indirect Suggestion
- Indirect Hypnosis
- Distraction/Confusion Method
- Demonstration of some of these aids and techniques

How to Hypnotize Using an Authoritative Induction Method

- How to achieve "rapport" with a client
- Practice using the Induction Method and the Depth tests

Theoretical Explanation of the Depth Stages in Hypnosis

- "Negative Hallucinations"
- Examination of the Second Step in Self-Hypnosis
- Practice session How Behavior is Created
- Learning to formulate Positive Suggestions, Reinforcement and Encouragement
- Third Step in Self-Hypnosis
- Practical exercises using Suggestion Formulation Techniques

Deepening & Pyramiding Techniques

- Short history of hypnotism
- Miscellaneous information including words to avoid, ethical considerations, keeping records

Become an NGH Certified Consulting Hypnotist, recognized world-wide



**Course #152
Sunday-Sunday**

August 6-13

Sessions begin at 9 am each day

Break for dinner

Class continues

**NGH CERTIFIED
CONSULTING
HYPNOTIST
COURSE**

**100 Hours includes
Theory & Practicum,
plus Selected Convention
Seminars and Workshops
and Guided**

Independent Study

*Receive all convention amenities, such as
Awards Banquet and Entertainment*

Tuition \$1595

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- Explore a whole new career as a highly respected professional
- Learn how to use hypnosis to increase your self-confidence and potential
- Gain self-satisfaction and gratification by helping others
- Make money in a new career for the new millenium
- Master the techniques of visualization and self-hypnosis
- Improve your own life, help others, and open many new doors in an unlimited field

This course is for anyone who wishes to start a new career or to enhance their present career

Advance Your Basic Education

Once completed, you will receive your NGH certification.

Course consists of hands-on practice, case studies, discussions, demonstrations, simulations, role-playing activities, homework assignments, review and tests.

This course, combined with Convention seminar and workshop attendance, is equal to a two-semester college course.



Hypnotism Programs for Smoking Cessation, Weight Control & Stress Management

- Complete programs already proven successful in dealing with these problems
- The use of imagery for these programs
- Includes students' practice sessions

Continuing Education Hours (CEs) Awarded

The CE is a standard measurement for noncredit continuing education programs. One CE is given for each contact hour of participation in this course.

All paid participants who have completed attendance requirements will be awarded Certified Consulting Hypnotist by the National Guild of Hypnotists.

Testimonials

“Pat MacIsaac was a wonderful instructor. The information taught and shared gave me the utmost confidence in my ability to start my own business immediately! I am so grateful for such a terrific experience. Thanks NGH!!” *Tracy M. Gromen*

“This is an excellent course presented by an excellent instructor, Pat MacIsaac. Including the price of the conference in the class fee makes a package no one should pass up.” *Deborah Dockery*

“I postponed this for far too long! I’ve missed years of benefiting from this knowledge. I’ve gained an enormous amount of information here and it was well worth sacrificing a week of summer to sit in a hotel. Thank you, thank you, thank you. Blessings.” *Mary Foley*

“Thank you, wonderful, very educational. Pat MacIsaac is a great teacher.” *Corey Peloquin*



Patricia E. MacIsaac, LPN, FNGH, CI, CMI, OB, brings over 20 years of nursing experience to her very successful hypnotism practice. She is the owner and operator of South Shore Hypnosis Center in Hingham, MA and taught hypnosis for the Adult Education Program at Quincy College. A frequent lecturer and facilitator of workshops and seminars, she has been a guest speaker on radio talk shows in the Boston area. She is certified to teach all NGH training courses and is the recipient of the 1993 NGH Meritorious Service Award and the Rexford L. North Award in 2007 as well as twice Certified Instructor of the Year. She was featured twice on the cover of the NGH’s *Journal of Hypnotism*. She is a member of the Order of Braid, NGH Board of Examiners and Advisory Board.

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