



HYPNOWAVING®

The EMDR Approach for Hypnotists

with *Hansruedi Wipf, BCH*

You probably have heard of EMDR (Eye Movement Desensitization & Reprocessing) or Wingwave and always wanted to benefit from it - now HYPNOWAVING® is available for you to use in your practice - and it is a lot easier than you thought, as we have simplified it for your daily work, getting rid of all unnecessary steps!

Also known as *Bilateral Hemispheric Stimulation* or *Wingwave*, this short-term oriented intervention can increase your image and credibility tremendously as you will be able to quickly help people resolve their issues. It is a "whole brain" approach to dealing with stress factors that a client may present.

Key Benefits

- You will add a powerful tool to your toolbox and make yourself a more versatile & flexible consulting hypnotist.
- Use it as a convincer to prove your competence
- Quickly fix fears & anxieties in minutes
- Apply it as an adjunct intervention
- Learn how to combine it with hypnosis to turbo boost the client's transformation
- Use it to ease your more difficult clients into hypnosis
- Apply it as a work around for clients who do not want to be hypnotized
- Teach your clients the "take-home" version to become independent

Seminar Agenda—

Introduction and Objectives.

Overview HypnoWaving® 6 Steps Process:

1. Introduction, Pre-talk/Intake Interview
2. Installation of Safety Trigger & Captain America
3. Naming the Problem and Scaling it
4. Intervention
5. Testing & Controlling (Re-Scaling)
6. Future Pace

Practical Demonstrations & actual Applications

Group Exercises & Individual 1 on 1 Practicing

Installation of "Captain America" in all participants

More Practical Work Experience
Certificates of Completion.

Who Should Attend ...

If you are interested in expanding your hypnotic horizon - if you are interested in rapid changes - if you are interested in easy to learn & simplified methods - then this one day, intensive learning experience is for you.

All serious hypnotists should have back-up alternatives in their repertoire - this is one you cannot miss!

The techniques acquired in this course will make you a more versatile and respected consulting hypnotist, supporting your professional career, giving you a broader and more solid base.

You will love the results you achieve once you apply them.

You will learn:

- ♠ the early origins of EMDR
- ♠ what makes it so powerful
- ♠ the turbo boost effect of EMDR combined with hypnosis - HYPNOWAVING®
- ♠ why HYPNOWAVING® works - even without hypnosis...
- ♠ what makes HYPNOWAVING® more powerful than just regular EMDR
- ♠ in what cases it works best and fastest
- ♠ how to apply fast fear/anxiety elimination combined with the Moshé Zwang method
- ♠ how to use HYPNOWAVING® as a powerful convincer in your practice
- ♠ easy demonstrational entry work for groups
- ♠ use HYPNOWAVING® instead of EMDR
- ♠ how to help people who have problems to accept the hypnotic process
- ♠ how to overcome certain blockages in minutes
- ♠ basics for rapid & instant inductions and how to combine them with HYPNOWAVING®
- ♠ how to anchor feelings of excellence and integrate them into your transformational work
- ♠ learn alternatives to waving that also work, such as tapping or butterfly move
- ♠ find out how to teach your client the "take home" version of HYPNOWAVING®
- ♠ what to do when the process does not work (what are my alternatives?)



Hansruedi Wipf, BCH, OMNI Instructor and CEO of Hypnose.NET GmbH in Switzerland, speaks 5 languages fluently, grew up in Switzerland, Brazil and the USA, got his degree in Political Science at Emory University in Atlanta and is a former Lieutenant in the Swiss Army and four seasons race car driver in Brazil.

With 15 years in the competitive International Automotive Industry as a purchasing manager for Mercedes-Benz in Germany,

Brazil, USA and Turkey, he acquired a goal and result oriented mind-set that he applies in his hypnotism business and therapy approach every day.

For more than 30 years, hypnosis had been an important part of his life until in 2010 he decided to leave the automotive industry behind and apply his experience and knowledge in the hypnotism profession, making his hobby of over 30 years his profession. Today Hansruedi is an international presenter and organizes international workshops and seminars, works with many professional athletes, runs his own hypnotism center near Zurich/Switzerland. His personal motto: "Passion for a Healthy Mind".



Course #211

Monday, August 14th

***Tuition: \$225**

Session Begins at 9 am

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