

112 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

SATURDAY, AUGUST 13

9:00-10:50 AM

(220901) THE BENEFITS OF HYPNOSIS FOR ALZHEIMER'S CAREGIVERS—WARNING! A Real Autopsied Brain Will Be Available For Your Inspection. Gloves Furnished.

Robert Bayliss, CH, CI, OB & Ruth Garrett

All-levels

- Locate the largest market ever for hypnotists
- List 7 ways to protect yourself & family
- Demonstrate 5 early signs of dementia
- Give examples of patient safety
- Research additional resources

If you are a Consulting Hypnotist or have living parents, you need to be in this workshop to protect yourself & your family as you profit from the exploding market of 160 million Alzheimer's patients. Alzheimer's has no cure and is more feared than cancer. Women are at twice the risk! You will learn a proven system to tap into the highly lucrative Alzheimer's market while addressing the urgent needs of caregivers. Updated August, 2016. *Lecture/Discussion/Q&A*

SPECIAL 2-HR WORKSHOP \$35 (INCLUDES DVD)

(220902) NON-VERBAL HYPNOTIC INDUCTION

Marx Howell, BS

All-levels

- Observe a complete demonstration
- Step-by-step explanation
- Guided practice session

Inspector Marx Howell explains the easy-to-follow procedure for using his NON-VERBAL HYPNOTIC INDUCTION technique. Learn how to induce trance without saying a word. Use this technique with hearing-impaired individuals. It's like nothing you've ever seen! You will receive a DVD, which includes a demonstration and step-by-step explanation of the technique.

Lecture/Demonstration/Practice

(220903) MINDFULNESS STRATEGIES TO BUILD A THRIVING HYPNOTISM PRACTICE, WITH PRACTICALLY NO MONEY—Learn Quick And Easy Methods To Get Brand New Hypnosis Clients

Donna Bloom, BCH

All-levels

- Describe at least one advantage of using mindfulness to build your practice
- List 3 practical steps to help define a profile of your ideal client
- Describe the importance of optimism and positive attitude as it relates to efficient business development

- List 3 efficient, mindfulness processes to start attracting new hypnosis clients

You will learn four quick and easy processes to start attracting those new hypnosis clients! Plus learn strategies to shift your mental focus in seconds, to consciously get into your own productive, creative zone. This workshop is full of visualizations, exercises and processes to help you create a thriving hypnosis practice, with practically no money.

Lecture/Experiential/Discussion/Exercises/Q&A

(220904) HELP, S/HE HAS BROKEN MY HEART—NLP Techniques For Those Break-Ups We Think We'll Never Get Over

Beryl Comar, MA, MEd, CH

All-levels

- Name the mental & emotional processes clients go through before, during and after the break-up
- Help self/clients deal with the emotional consequences of a break-up
- Describe the depression, guilt and lack of self-confidence/self-esteem issues that accompany break-ups

You will observe techniques that can be used to help recovery so clients have greater influence on the outcome of a break-up than they think - help them use their energy positively through the difficulties of a split. Break-up or divorce do not have to be disaster; how well you cope with it is very much under your control. In this talk and demo, we look at the solutions so everyone comes out at the other end a happier and more competent person with the use of hypnotic and NLP techniques combined.

Lecture/Demonstration/Case Studies/Q&A

(220905) PAST LIVES...TALL TALES, TRUTH OR THERAPY? —What's The Real Scoop On Past Lives?

Lucy Portlock, CH

All-levels

- List and explain 3 ways that past life regressions can be distorted and appear to be false memories
- List 5 ways that past life regressions can be used and seen as therapy
- Be given the chance to take part in a group past life regression

This workshop is designed to present up-to-date information on the veracity of "past lives" through discussion of actual research, citing numerous authors and their published works. It will also show the merits of using past life regressions in your hypnotism practice as well as explaining why past life regressions have been viewed as make-believe stories of the mind in past years.

Lecture/Discussion/Experiential/Q&A

(220906) HYPNOSIS FOR CANCER (AND OTHER) PATIENTS—Make A Powerful Healing Difference!

Roxanne Louise, CH, OB, BA

All-levels

- Leave with clear ideas of what you can do to help cancer (and other) patients to reduce stress
- Resolve emotional issues
- Set up and manage healthy living habits
- Tap into internal resources get in touch with inner guidance
- Utilize unconscious healing modalities and other techniques to resolve conflicts and issues

Hypnotists are ideal in helping cancer patients because we already are experts in many of the factors important for a well rounded treatment protocol. Hypnotists assist clients to access their inner core to find what is draining their life force energy, and then to address it. Learn multiple ways of becoming a powerful asset in your client's healing journey. Leave this workshop with clear ideas and techniques of how to help not just cancer patients but those with many other serious health issues as well.

Lecture/Demonstration/Discussion/Q&A

(220907) ESP INTENSIVE —Develop And Enhance Your ESP With Hypnosis

Ramona Garcia, CH, OB

and Marlene Monnar, MBA, MEd, CH All-levels

- Learn how to get in tune with the Ascended Masters and/or Spirit Guides
- Learn how to eliminate negative psychic energy and protect yourself
- Work with energy and learn to use techniques to see and/or sense the aura
- Learn how to help your clients become aware of the different spiritual senses and how to use them daily
- Discussions on how developing your ESP can assist daily life journey

In this workshop, you will learn various techniques to enhance your abilities in Extra Sensory Perception with the use of hypnosis and NLP. You can develop your ESP skills so that you can do professional psychic readings in a positive, uplifting way with 85-95% accuracy with practice. Learn the basics of energy, auras, psychometry, numerology, astrology, color psychology and the lore of gemstones and flowers. You will learn how to be guided and directed by your higher power without fear or doubt using techniques in hypnosis, NLP, affirmations and prayers.

Lecture/Discussion/Demonstration/Exercise/Q&A

To register, call (603) 429-9438

(220908) DYNAMIC STOP SMOKING SEMINARS: HOW TO BOOK, PRESENT THEM & MAKE GREAT EARNINGS—Learn How To Find The Companies Like AT&T Who Paid Us \$11,700 For 3 Group Sessions

Jerry Valley, MACP and Tommy Vee, CH, CI

Introductory-Intermediate

- Learn how to “crack” the corporate wall for a booking
- Learn our techniques that win over any committee
- Learn our suggestions that give you up to 92% success rate
- Learn to use “testing” to impress your attendees

This workshop is a lecture/demo that will teach you how to find the right companies and to increase your success ratio in groups and individual sessions. Learn to effectively use the Nova Pro light/sound unit to put individuals faster and deeper in hypnosis. Effectively structure your advertising and introductory letter.

Lecture/Demonstration

(220909) THE POWER OF SOUND IN HYPNOSIS—How To Use Your Voice, Music & Tones As Hypnotic Tools

Marcel Klasen, BCH, CI

All-levels

- Why sound affects us physically
- The importance of tonality in hypnosis sessions
- Ways to use induce trance through toning sounds
- Effective methods to use sound, voice and music as hypnotic tools

Sound, voice and music are potent tools for restoring the inner balance of the body and awakening the spirit. Understanding how and why sound and vibration affect us is essential for hypnosis practitioners to fine-tune their techniques. Applying the musical principles of entrainment, resonance, toning, and harmonics helps us achieve overall wellness, greater energy, and a deep level of fulfillment. Use the power of sound to take your practice to a higher level.

Lecture/Experiential/Demonstration/Q&A

“I will continue to come to the convention every year because that is where we learn what is cutting edge!”

—Ellen Gecker, Lebanon, PA

(220910) CONVERSATIONAL PAST LIFE REGRESSION

—Create Past Life Trances While A Client Is In A Waking State

Michael Hathaway, FNGH, BCH, CI *All-levels*

- Learn to listen and observe how clients connect with past lives
- Build mind models of thought processes
- Create waking trances that examine past life influences
- Reframe negative past life influences and develop past life abilities

This workshop is designed to help you recognize how people are constantly influenced by their past lives. You will learn to create models of your clients’ thinking processes and create waking trances to help examine past life influences. You will also learn how to take a client back before any past life trauma and reframe negative past life influences to help enhance abilities from a past life for current use.

Lecture/Demonstration/Experiential/Q&A

11:00 AM-12:50 PM

SPECIAL FREE WORKSHOP

(221101) ETHICS AND LEGAL ISSUES FOR THE CONSULTING HYPNOTIST 2016—Where Does Our Profession Stand With Legislation

C. Scot Giles, BCH, CI, OB, DMin *All-levels*

- Learn about how hypnosis is legally regulated around the nation and in Canada
- Learn the National Guild of Hypnotists methods for safe and lawful practice of hypnosis
- Discover what the laws are in your state for the practice of Consulting Hypnotism
- Become aware of the legislative and political climate around professional regulation
- Ascertain that your Consulting Hypnotism practice complies with the law

Every practitioner needs to know the rules for safe and lawful practice. The National Guild of Hypnotists has been the undisputed leader in protecting the rights of hypnotic practitioners around the nation and in Canada, and takes responsibility in this free two-hour workshop to educate its members about the law. You will not only learn what the laws are in your state, but how you can comply with them.

Lecture/Q&A

To register, call (603) 429-9438

(221102) CRAFTING OUR FUTURE—By Helping Children Now

Leigh Ann Ledbetter, CH

and Tony Kyriosis, CH

All-levels

- List the 4 core issues specific to children age 5-18 years of age
- Describe how to apply 8 different child centered activities during hypnosis sessions with young children and teens
- List 3 clear methods to help move the child from the presenting state to a desired state
- Name the steps used to help the child client clarify what a healthy desired state may look, sound or feel like
- Teach children and teens as well as parents and educators three 3C techniques

Working with children is hugely rewarding and fun. Learn to apply powerful, creative child-centered techniques into your hypnosis practice. You’ll learn to quickly build rapport and to help your young clients find greater awareness of their feelings as well as an ability to express those feelings in a productive manner. You’ll learn specific techniques to help your young clients grow up happier and healthier. This is a hands-on, experiential workshop which requires active participation and promises great results and easy retention of techniques and protocols.

Lecture/Demonstration/Discussion/Q&A

(221103) JOURNEY TO THE CENTER OF YOUR MIND—What Lies Beneath?

Chuck Mignosa, CH

Intermediate-Advanced

We do not know how our mind works, but we can observe what it does. By exploring what the mind does we can experience how we control mind and how mind controls us. This workshop is designed to allow you to explore the nature of your mind. As Ormond McGill stated “the purpose of mind is to create”. The mind can create from our subconscious thought or from our conscious thoughts. Learning to recognize the mind’s capability to create, you can begin to use this ability to create your life in new ways.

Lecture/Demonstration/Practice/Q&A

“My first time attending the conference. I loved it. I learned so much in 3 days. I’ll come back again and again.”

—Heather Berger, Rockville, MD

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SATURDAY, AUGUST 13

(221104) A WORLD OF INDUCTIONS!—A Potpourri Of Induction Techniques

Joann Abrahamson, BCH, OB, CI All-levels

- Rediscover inductions you already know
- Learn many new inductions and variations
- Become skilled in induction techniques
- Gain confidence
- Choose the right induction for each client
- Practice many of the inductions learned

Induction methods abound. Knowing many methods empowers you to pick and apply the precise technique for each client. Learn new induction skills and improve those already possessed. Discover new variations of inductions you already know. Increase your confidence level, and practice many of the inductions demonstrated: instant, rapid, Ericksonian, confusion, non-verbal, etc. Learn and practice my own special technique that shows you how to detect and overcome resistance, test the client and deepen the hypnosis in one smooth process. *Lecture/Demonstration/Practice/Q&A*

(221105) PROVEN D.E.P.T.H. MODEL FOR WEIGHT LOSS SUCCESS—The Only Proven Hypnosis Weight Loss Program Seen On National Television

Thomas Nicoli, BCH, CI, OB All-levels

- Help clients expose underlying motivations to unhealthy behaviors
- Learn a proven model to guide clients to weight loss success by focusing on the “why” & not the “what” of the problem
- Learn new quick and effective techniques to getting to the initiating cause
- Learn a variety of inductions to the hypnotic process and understand why this is important
- Learn the importance of the client’s landscape

Since the exposure of Tom Nicoli’s hypnosis weight loss program on national television on Dateline NBC, he has improved his methods and created his DEPTH Model doing thousands of sessions with continued success. His clear, concise and thorough presentation of how this program is used with any client will assist any hypnotist, whether new or seasoned veteran, to increase client success and business.

Lecture/Demonstration/Q&A

Questions? Call the NGH
Office at (603) 429-9438

(221107) START YOUR BUSINESS RIGHT THE FIRST TIME—It’s All About The Really Important Business Things You Do Before You Open Your Office

Roger Willard, CH, BA Introductory-Intermediate

- Identify basic long term presets in creating hypnosis business
- Help the newcomer to this or any business in establishing a good business foundation and not have to be reworked because of unthought out mistakes
- Help you to create a plan/list of actions to create or recreate a business
- Help you to continue the move forward with a business like attitude

Too often a hypnotist wants only to do the hypnosis and not have to be bothered with the business end of this profession. But the truth is there must be a conscious and unconscious level of business attitude in doing hypnosis professionally. If you haven’t already made the commitment to be professional, you will be doomed to be unprofessional, unable to help others to overcome their problems. Learn how to get the basics of being in business right the first time. If you are already in business, how to change and prevent problems that will happen in the future. *Lecture/Q&A*

(221108) THE POWER AND NECESSITY OF A PERFECT PRE-TALK!—If We Do A Great Pre-Talk We Will Always Have Success!

Larry Garrett, CH All-levels

In this workshop, we will discuss and work through what a great pre-talk is about to the subconscious mind. Hands-on understanding will be the great aspect of this workshop and you will receive a 50 page book on successful pre-talks by Larry Garrett. If you wish to increase your success with each client this workshop is for you!

Lecture/Discussion/Demonstration/Q&A

**“I had a wonderful time.
Everyone was so friendly, &
I made many new friends.
I’ve already signed up for
next year. Honestly, this
weekend was too short and
I’m eagerly looking forward
to next August.”**

—Jill Ambrose, Cincinnati, OH

(221109) ATTRACT MORE CLIENTS & ENJOY GREATER SUCCESS WITH MULTIPLE OPTIONS FOR TOBACCO CESSATION—Don’t Get Stuck In A One Size Fits All Approach

Carol Denicker, BCH, CI, OB

Introductory-Intermediate

Learn the benefits of offering more than one kind of smoking cessation process as well as why being flexible with multi-modal approaches results in more successful nonsmokers and better earnings for the hypnotist! Some hypnotists learn a script or two early in their careers and get stuck in a smoking cessation program that is rigid, stagnant and/or unreliable. Learn to broaden your scope of services and offer flexibility to clients with more dynamic techniques for tobacco cessation. *Lecture/Discussion/Q&A*

(221110) INTEGRATING DREAMWORK INTO YOUR HYPNOSIS SESSIONS

—Dreams As Hypnotic

Suggestions And Techniques

Janice Maturro, CH, CI All-levels

- Identify the 8 levels of dreaming
- Explore the similarities and differences between dreams and hypnosis
- Learn 3 complementary ways to integrate dreams into your hypnosis sessions/techniques

There is a secret history to the power and wisdom of dreams that has influenced the course of medicine, physics, science, psychology, literature, fashion, movies, art, and music in positive ways. Our dreams encourage and empower us to change our personal history — to live our best life story. Integrating dreams into your hypnosis sessions will teach you how to use dreams to help your clients live their best life story.

Lecture/Discussion/Demonstration/Exercise/Q&A

CDs

Afraid You’ll Miss One
Workshop by Going to
Another? Don’t Worry!
CDs of *all* the Seminars
& Workshops will
be available to order
at the convention.
We’ll Take Your Orders There!

2:00-3:50 PM

(220201) ESSENTIALS OF MASTERING AGE REGRESSION—Hypnotic Age Regression Work Builds Your Practice And The Profession!

Calvin Banyan, BCH, CI, DNGH, OB All-levels

- Learn to locate the cause of the problem in the past
- Learn the essentials to neutralize the emotions in the past event
- Learn the 5 questions that must be asked during an age regression
- Learn how age progression can increase the power of age regression
- Learn why this can make your direct suggestion work much more powerful

This is an information packed, fast paced workshop, perfect for those who want a fast introduction to hypnotic age regression, and those who want to learn the insider techniques that make age regression work much more powerful. You'll hold on to your seats as Cal Banyan shows you how it is really done in his usual passionate all out way of teaching. Attend this class if you want to be the best of the best! *Lecture/Discussion/Q&A*

(220202) LISTEN SO YOU WILL HEAR—Strategies For Client Success

Karen Hand-Harper, BCH, CI

Introductory-Intermediate

- List at least 3 ways to elicit personal trance words
- Describe the difference between direct and indirect (inferred) language
- Name two key factors in listening for client motivation strategy
- Identify at least 3 ways to discover (hear) limiting belief systems

Listening may be the most important skill set for facilitating client change. The secret answers for successful hypnotic change work sneak out of your client's subconscious via their words and actions. When you know how to HEAR it, your success rate increases. Discover how to elicit and listen for motivation strategies, useful metaphors, and limiting beliefs. When you know what to hear, clients will write their own suggestions and scripts for the goal they desire.

Lecture/Exercise/Discussion/Q&A

"Lots of interesting and useful information! Wonderful, kind and helpful people."

—Karla Bracy, South Paris, ME

(220203) HYPNOTIST REVEALS HIDDEN SECRET OF HOW TO INFLUENCE PEOPLE'S THOUGHTS DURING EVERYDAY CONVERSATION!—A Living Example Of Conversational Change

William Horton, PsyD, CADC, CMI, BCH

Introductory-Intermediate

- How to instantly develop a deep connection with people so you can almost "read" their minds!
- Secrets of getting people to follow your suggestions without them knowing
- Tell hypnotic stories that captivate
- How to create a hypnotic induction during normal everyday conversation!
- Super human influence made easy!

The art of establishing a deep form of rapport with people and getting them to want to do things for you. With it you can put people into a happy mood and make them feel really euphoric and relaxed whenever they're around you. Think about that for a moment, do I really need to explain the possibilities you can achieve when people want to be around you all the time because you make them feel relaxed, euphoric and happy? *Discussion/Demonstration/Q&A*

(220204) SIMPLE AND PROVEN TECHNIQUE USING YOUR NGH TRAINING MATERIALS TO MAKE MULTIPLE SEMINARS

—Why Recreate The Wheel When You Have All The Professional NGH Scripts All Ready To Utilize. Create Seminars And Workshops Using This Simple Outline

Vilene Farina, CH, CI and Karla Bracy, CH

All-levels

- Use your NGH training materials and create a seminar
- Create multiple topics to use in adult educations, lunch N learn or special seminars within your own business

I will explain how to make the short 50 minute seminars into longer workshops for Adult Education or educating organizations about the value of hypnosis. This technique can be used with any NGH materials, like weight management, stress management that are a part of the NGH training packets. You will be able to incorporate your own specialty into a simple seminar or workshop. CI's use this technique to further educate students. *Lecture/Discussion/Q&A*

To register, call (603) 429-9438

(220205) PASSING TESTS AND EXAMS

Don Mottin, CMI, BCH, DNGH, OB All-levels

Don found that sessions for passing state exams skyrocketed. In two hours, you will learn not only how to conduct these sessions, but also how to bring these people into your office. Don wants you to leave the program feeling both confident, and competent in your ability to add this exciting type of session to your practice. To ensure your success, you will receive a full workbook filled with scripts, techniques, and marketing material. *This workbook will only be available to those that attend the live program.*

Lecture/Demonstration/Q&A

(220206) HOW TO BE THE "EXPERT" IN "TAKING CARE OF THE CAREGIVER"

—Learn Everything From A To Z

Wendy Packer, CH, CI, OB, RN

All-levels

- Define the caregivers in our society
 - Identify caregiver needs and address with hypnosis
 - List where and how to market caregivers
 - Name 3 items in one's caregiver portfolio
- "Taking Care of the Caregiver" will open up a new world of business opportunities for hypnotists around the world. Caregivers and the complexities of that role will be thoroughly examined. You will leave with a complete understanding of how to create and administer the perfect hypnosis plan; from the marketing aspect to the actual hypnosis session itself. Reference will be made regarding research in Wendy's caregiving book. Become an EXPERT and make a difference in the life of a caregiver!

Lecture/Discussion/Demonstration/Q&A

(220207) OUR FUTURE IS NOW! IMPROVING THE "QUALITY OF LIFE" OF PARKINSON'S CLIENTS USING HYPNOSIS—Learn How To Help These Clients Improve Their "Quality Of Life" Using Hypnosis To Relieve Their Symptoms

Linda Hay, CH, RN

All-levels

- Define Parkinson's disease, how it's diagnosed and identify the many different types of this debilitating disease
- Learn the prevalence of this disease in North America, identify some suggested causes of PD and list 4 main symptoms associated with Parkinson's
- Identify medications used to treat this disease
- Describe the latest research & surgeries used with Parkinson's

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This presentation will help you better understand Parkinson's disease and how we can help clients improve their "quality of life" through the use of hypnosis. A 10-minute video and case study of how a Parkinson's client used hypnosis for her symptom control thus improving her "quality of life" will be shown.

Lecture/Video/Q&A

(220208) TIME LINE REPAIR —The Quintessential Technique To Eliminate Past Negative Feelings And Emotions For Permanence Of Client Programming

Anthony DeMarco, DNGH, LLB, BCH, CI, OB
All-levels

- Learn a powerful method to repair the past to assure permanent change
- Build confidence in you at any stage of your practice
- Add new dimensions to scope of your sessions
- Healing affirmations

We can repair the past by preserving the 'happening' as a learning experience in a place of preservation, while eliminating all of the negative feelings and emotions that were connected to these happenings through the power of the Time Line Repair Technique so that they no longer wreak havoc with our conscious and subconscious actions. In a matter of moments, the past is cleared and is no longer bleak, in fact, it brightens as well as promoting a profound effect on the present and future.

Lecture/Discussion/Participation/Q&A

(220209) ARM CATALEPSY VARIATIONS—New Inductions On An Old Standard

Melissa Tiers, CH, CI *All-levels*

- Learn about 5 different inductions that you can adapt to individual clients
- Learn how to use the variations for conscious/unconscious dissociation and parts integration

This workshop will teach you five different game changing inductions that can be adapted to any type of client issue. You will learn how to use arm catalepsy as a leverage induction for parts integration, conscious/unconscious dissociation and as a self-hypnosis tool for your clients. You will learn the kinder, gentler hand shake interrupt as well as a way of inducing an Open Focus Brain state.

Lecture/Demonstration/Practice/Q&A

To register, call (603) 429-9438

(220210) DECIPHER THE BODY LANGUAGE CODE—How To "Read" Clients For The Benefit Of A Sustainable Hypnosis

Petra Frese, CH *All-levels*

- Name the 3 communication channels and value their significance
- List 4 types of communicators
- Recognize & analyze at least 2 positions of feet/legs
- Identify 3 indicators for not authentic behavior

Did you ever desire to read your clients mind? Your hypnosis would be way more effective and sustainable if you would understand the underlying truth of what your client is telling you in the conscious state. There are facts which you will learn and practice to experience that you are able to read the subconscious mind. You will propel yourself ahead in the business as well as in private life. Learn the facts of body language, handshakes and more which make your work easier!

Lecture/Discussion/Practice/Q&A

4:00-5:50 PM

(22041) MAKE INSTANT INDUCTIONS YOUR TRADEMARK!—How To Use Instant & Rapid Inductions In The Hypnotic Environment For More "Tranceformation" Time & Lose All Fear Of Applying Them

Hansruedi Wipf, BCH *All-levels*

- Draw and explain the process of an instant hypnosis
- Learn how to identify and recognize signs for readiness for instant hypnosis
- Recognize signs of somnambulism
- Know at least 3 advantages of instant & rapid inductions
- Learn the one thing you always have to do after an instant induction to get deep somnambulism
- Hypnotize in half a minute and less, if not seconds and become more efficient and proficient in your approaches, giving more "tranceformation" time, higher turnover, more prestige

In this 2 hours class, you will learn to apply at least 3 easy methods that can be used in the office environment. Step-by-step instructions on how to create the right amount of expectation, easy to identify signs for readiness on the client side, and a lot of in class practice time, includes video analysis.

Lecture/Discussion/Practice/Video/Q&A

Questions? Call the NGH
Office at (603) 429-9438

(220402) PRACTICAL APPLICATIONS OF LISTENING —Hearing Between The Words To Quickly Formulate Positive And Effective Suggestions

Ariel Sherker, CH, CI *All-levels*

- Identify trigger words spoken by clients that reveal the roots of healing
- List 3 practical questions to get their clients speaking in order to formulate a proper plan of action to work with
- Apply 3 practical applications to your pre-talks that will define a clear direction to success

Hypnosis alone is not enough to create the changes that our clients desire, it is what we do with it that matters. Learn universal applications that you will be able to apply with all your clients. This will fine-tune your listening skills so that you can quickly develop positive and powerful suggestions to facilitate the changes your clients' desire and to effectively build your profession.

Lecture/Demonstration/Q&A

(220403) MINDFULNESS IN A SUCCESSFUL PRACTICE —An Amazing Experiential Experience

Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH, OB *All-levels*

- Review and experience a scientific relaxing, healing and pain relieving breath
- Experience a Harvard experiment that releases endorphins
- See a demonstration of Do-It-Yourself Eye Movement Techniques for Emotional Healing
- Experience a colorful expansion of inner peace and understanding.

There are over 100 million pain sufferers in the US. Mindfulness training is a powerful and easy to learn hypnotic technique for changing the biological and physiological response to pain and other client issues. You will learn 7-mindfulness techniques and their benefit to you and your clients. These simple easy and productive techniques will set you apart from other hypnotists.

Lecture/Demonstration/Discussion/Q&A

Please note:

An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Participation, Q&A, Visual, and Experiential.

(220404) HYPNOTISTS AND MEDICAL CLINICS ARE A GOOD FIT!—Learn How To Become A Part Of This Exciting Opportunity

Jane Govoni, BCH, CI *All-levels*

- Learn how to approach the clinic manager to get access to the doctors
- Be able to create a letter for doctors that they will read and create referrals
- Identify 4 ideas to work with weight management, sadness, anxiety, cancer patients and chronic pain
- Describe classes that you can provide for clinic patients

With the new drug laws, doctors are looking for alternatives to drug therapy. You can help fill this growing need. Become aware of the different challenges as you coach, teach and use hypnosis to become a valuable member of a medical team. I will give you tips to use when working with the most common referrals in your office or a clinic.

Lecture/Discussion/Q&A

(220405) THE EASY WAY TO BUILD & SELL CORPORATE PROGRAMS THAT EARN YOU MORE MONEY AND CREATE LONG TERM HAPPY CLIENTS —Learn How To Build & Sell A Corporate Program

Robert Harrison, CH *All-levels*

- How to approach & get corporate clients to hire you
- How to identify, build, sell, and teach them what they want
- How to virtually guarantee your results as much as possible
- How to over deliver so they come back for more

In this fast paced workshop, you will learn a formula for building and selling corporate programs. Topics to be discussed will be where and how do you find corporate clients to start with. Then how to approach the corporations, identify their real needs, then how to build a program and sell it to them in a way that is truly unique and brings value.

Lecture/Demonstration/Discussion/Q&A

(220406) WORKING WITH IDEO-MOTOR RESPONSE IN DEEP STATES OF HYPNOSIS—Creating Full Interactive Communication With Clients Subconscious

Ines Simpson, BCH, CI and Theodore Robinson, BA, JD, CH *Intermediate-Advanced*

- Learn how to continue to communicate with the subconscious mind in a two-way interaction at the Esdaile and beyond
- Learn how to apply the learning to “Change Work”

This workshop is to introduce you to how to interact with the subconscious at the Esdaile level. In the past little has been known about what is happening in the client’s mind. This level was of course used very successfully in pain control. We now can interact with the client with two-way communication. A whole new area of thought is open now and only you can imagine where it could take the work you do now.

Lecture/Discussion/Demonstration/Q&A

(220407) RAPID THERAPY TECHNIQUE—Five Timely And Effective Techniques For The Consulting Room

Kate Beaven-Marks, BCH, CI *All-levels*

- Use 2 rapid behavioral and ego strengthening techniques
- Discuss 1 rapid analytical insight and change technique
- Describe 1 rapid cognitive change technique
- Discuss 1 rapid regressive technique for resources and change work

This highly interactive, practical workshop, with discussions and demonstrations, gives you valuable tools to add to your repertoire of skills. Rapid therapy benefits and applications are considered, followed by two rapid behavioral and ego strengthening techniques, a rapid analytical insight and change technique and a rapid cognitive change technique. The workshop will conclude with a rapid regressive technique for resources and change work. There will be an opportunity to practice these techniques.

Lecture/Demonstration/Practice/Q&A

(220408) TAPPING INTO THE BARIATRIC WEIGHT MARKET WITH HYPNOSIS

—Bariatric Surgery For The Mind
Rosemarie Schulman, CH, CI, RN, BA and Elizabeth Marian Kilkenny, CH *All-levels*

- Prepare the pre-surgical bariatric client with the mind changes needed for a successful outcome to their journey
- How to enlist this client for months – possibly years
- Show how, in this untapped market, your income is potentially unlimited
- Market this program to the morbidly obese client who doesn’t qualify

“I traveled from Norway and it was totally worth the plane ticket!”

**—Alexandra Svalastog,
Sandefjord, Norway**

This presentation was created specifically with the bariatric client in mind, however all obese clients will benefit. Every year, bariatric surgery such as lap band, gastric bypass and gastric sleeve, are becoming more and more prevalent. As hypnotists, we are in the position to do so much for the client’s food and emotional compulsions. The presentation will give you a step-by-step program as to how to put your hypnotic skills to work in this specialized area of expertise.

Lecture/Discussion/Q&A

(220409) DISCOVERING YOUR FUTURE MEMORIES—Utilizing Time For Goal Setting, Releasing Negativity, & Powerful Motivation

Taylor Sherman, CH, CI *All-levels*

- Identify the 3 types of clients that would benefit most from Future Sourcing
- Describe the 4 keys to Hypnotic Progression

Join us for this class on the using the power of time to set persistent goals, develop unstoppable motivation, and release negative thoughts and ideas, even from present life circumstances. Future Memories are those vivid representations created in the future which act as a new direction for the subconscious mind to follow. During this class, you will learn how to utilize the future as a problem solving device, and as a time-enhanced alternative to direct suggestion.

Lecture/Demonstration/Exercise/Q&A

(220410) DEFINE YOUR HYPNOSIS STYLE

—“Learn How” The Future Is Now

Myles Timmins, BCH, CI, OB and Rondall Bailes, CH *All-levels*

- Identify different hypnosis styles
- Develop your own hypnosis style
- Gain meaningful rapport for building trust and understanding
- Recognize the importance of knowing your own personal style

Tim and Ron will demonstrate how their two diverse backgrounds crossed paths at different junctures and how they get their clients to resolve issues. This process will help you look at your own background, education and life experiences to develop your own personal style of hypnosis. This process teaches the importance of gaining rapport by being able to identify with the client on a deep personal level.

Lecture/Demonstration/Q&A

*Questions? Call the NGH
Office at (603) 429-9438*