## NGH 2017 Annual Convention, Educational Conference & Exhibition

### Friday

#### 7 am
- **#11071**
  - Yoga Exercise
  - Dorothy Kerzner

#### 8 am
- **#11081**
  - 2017 Keynote Address
  - Dwight Damm

#### 9 am
- **#11091**
  - Destructive Triggers - Healing Triggers
  - Anthony DeMarco
- **#11092**
  - Hot Flash Hypnosis And Menopause
  - Amye Scharlau
- **#11093**
  - The Giggle
  - Roger Willard
- **#11094**
  - Teaching Self-Hypnosis In Groups
  - Lee Pascoe
- **#11095**
  - 9 Ways To Get More Clients Which Will Cost You Next To Nothing
  - Helen Mitas
- **#11096**
  - EFT’s Power For The Profession
  - Charles Crenshaw Jr.
- **#11097**
  - The Overload & Other FUN Inductions
  - Kris Johnson

#### 10 am
- **#11101**
  - Healing Past Resentment And Negativity
  - Tricia Meister
- **#11102**
  - How To Make Post-Hypnotic Suggestions Stick!
  - William Mitchell
- **#11103**
  - How To Use The Web Mesmerizingly
  - Ralph Benko
- **#11104**
  - Dealing Effectively With Weight Control
  - Jacob Bimbitch
- **#11105**
  - Using Mind Styles To Improve Client Rapport
  - C. Scot Giles
- **#11106**
  - The Power Of Mindfulness. Attract New Clients Fast!
  - Donna Bloom
- **#11107**
  - Never Good Enough
  - Patricia Pearson

#### Noon
- **#11111**
  - How To Use Dreams To Empower Your Clients
  - Janicce Matturo
- **#11112**
  - Hypnosis The Perfect Match For PTSD
  - Don Mottin
- **#11113**
  - The Magic Of Metaphor
  - Karen Hand-Harper
- **#11114**
  - Testing & Challenges For Deepening Hypnosis
  - Jerry Valley & Tommy Yoo
- **#11115**
  - Hypnosis With Children
  - Vicky Thomas
- **#11116**
  - Hypnosis 911
  - Brian DiRamo
- **#11117**
  - Active-Alert Hypnosis
  - Claude Andre Ribaux

#### 1 pm
- **#11121**
  - Hypno-Humor - Expecting The Unexpected
  - Ron Eslinger
- **#11122**
  - Grow A Profitable Business With Zero Advertising Expense
  - Lois Hermann
- **#11123**
  - NGH Board Certification Exam Intro
  - Maurice Kershaw
- **#11124**
  - Self-Love And Appreciation
  - George Casazza
- **#11125**
  - Police, Fire & Paramedic Course That You Can Teach Now!
  - Robert Bayliss and Ruth Garrett
- **#11126**
  - The Power Of Suggestion
  - Ariel Sherker
- **#11127**
  - “I’m Not Getting Anything… It’s Not Working”
  - Carol Denicker

#### 2 pm
- **#11101111**
  - Smoking Cessation For Success
  - Shana Brookhouse
- **#111102**
  - Reading People For Better Results
  - Robert Harrison
- **#111103**
  - Molecular Hypnosis
  - Chuck Mignosa
- **#111104**
  - Your Legal Obligation To Keeping Kids Safe
  - Elana Schondorf
- **#111105**
  - Turning Pro
  - Monica Marusceac
- **#111106**
  - Sleep Issues And Hypnosis
  - Boris Opancha
- **#111107**
  - Rapid Emotional Release & Empowerment
  - Rick Saruna

#### 3 pm
- **#11131**
  - Hypnosis And Quantum Physics
  - Ina Oostrom
- **#11132**
  - Belief Change Work
  - Kevin Martin
- **#11133**
  - A Target Rich Environment – Working With Students
  - Marc Howell
- **#11134**
  - Hypnosis For Pre & Post Operations
  - Myles Timmins and Randall Bates
- **#11135**
  - Avoiding Burnout
  - Roxanne Louise
- **#11136**
  - Conscious Mind-Set Tricks For A Happy, Effective Hypnotist
  - Cheryl DeDecker
- **#11137**
  - Failing Need Not Equal Failure
  - Beth Keil

#### 4 pm
- **#11141**
  - Compassion And Boundaries
  - Peter Blum
- **#11142**
  - 10 Keys To Working With Adolescent Clients
  - Brenda Titus
- **#11143**
  - The Three Doors
  - Fredric Man
- **#11144**
  - How Do You Know You Were Hypnotized?
  - Lisa Halpin
- **#11145**
  - Video Record Your Hypnosis Sessions - Technology Update
  - Scott Babb
- **#11146**
  - Hypnosis For A Healthier, Wealthier Life
  - Ruth Garrett and Robert Bayliss
- **#11147**
  - Listen So You Will Hear — Strategies For Client Success
  - Karen Hand-Harper

#### 5 pm
- **#11151**
  - Powerful And Profitable Presentations
  - Don Candell
- **#11152**
  - Clearing And Grounding At The End Of The Day
  - Elizabeth Campbell
- **#11153**
  - Use Self-Hypnosis
  - Michael Myers

#### 6 pm
- **#11161**

#### 7 pm
- **#120701**
  - Meet Your Tribe - Make New Hypno-Buddies!
  - Cheryl DeDecker
- **#120702**
  - Exploring The Natural Electric Energies Of The Mind And Body — Energy Techniques, Kinesiology And Hypnosis For Rapid Change
  - Arthur Fecteau
- **#120703**
  - Zero To Hero — Transition From Part-Time To Full-Time Hypnotist With Confidence
  - Monica Marusceac
- **#120704**
  - Entrancements And Entrainments — Sound And Music To Enhance Your Hypnotism Practice
  - Peter Blum
- **#120705**
  - Thought Shifting™ — How To Eliminate The Negative Inner Voice
  - Rick Saruna

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### STAGE SHOWS

Tickets $8.00 each show

7:30 pm • 9:30 pm

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8 NGH 2017 Annual Convention, Educational Conference & Exhibition
### SEMINARS & WORKSHOPS AT-A-GLANCE

**No Additional Charge for Seminars or Special 2-hour Workshop #120701**

**ELECTIVE WORKSHOPS (Shaded Blocks): $25 each**

**SPECIAL 5 for $100 when ordered at same time**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Presenter(s)</th>
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<tr>
<td>9 am</td>
<td>#12091</td>
<td>The Formula For A Successful Pre-Talk — Initial Contact + Telephone Conversations + Pre-Session Interview = Success And Referrals</td>
<td>Alan Alves</td>
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<td>#12092</td>
<td>Cerebrospinal Fluid Technique And Self-Hypnosis</td>
<td>Dorothy Kerzner</td>
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<td>#12093</td>
<td>How To Conduct A Golf Hypnosis Workshop</td>
<td>Laura Boynton King</td>
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<td>#12094</td>
<td>The $5,000 A Week Hypnotist—A New Marketing Method For Weight Loss And Stop Smoking Developed In Europe With Outstanding Results</td>
<td>Jason O'Callaghan</td>
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<td></td>
<td>#12095</td>
<td>How To Position Yourself As The Expert — Turbocharge Your Hypnotism Practice NOW!</td>
<td>Elsion Eldridge Jr.</td>
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<td>#12096</td>
<td>Breaking Free From Pain &amp; Opioids — The Why And How Of Ethically Working With Pain Clients</td>
<td>Robert Fernandez</td>
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<td>#12097</td>
<td>Art And Structure Of The “Dynamic Hypnosis Session” — Discover Your Style</td>
<td>Myles Timmins &amp; Rondall Bailes</td>
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<td>11 am</td>
<td>#12111</td>
<td>Women In Hypnosis — Evolution Of The Role Of Women, Their Current Influence, And The Obstacles And Opportunities Moving Forward</td>
<td>Amye Scharlau</td>
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<td>#12112</td>
<td>Start Your Business Right The First Time — It’s All About The Really Important Business Things You Do Before You Open Your Office</td>
<td>Roger Willard</td>
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<td>#12113</td>
<td>Teaching Self-Hypnosis In Groups — Make Money And Information While Publicizing Your Practice</td>
<td>Lee Pascoe</td>
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<td>#12114</td>
<td>“Quantum Leap” Hypnosis Success With A Systematic Approach — How The Banyan Five-Phase Approach (S PATH®) Absolutely Transforms Your Skills &amp; Confidence</td>
<td>Calvin Banyan</td>
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<td>#12115</td>
<td>Proven D.E.P.T.H. Model For Weight Loss Success — The Only Proven Weight Loss Program Seen On National Television</td>
<td>Thomas Nicoli</td>
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<td>#12116</td>
<td>Meditation — Mindfulness/ Mysticism In Hypnosis — The Power Of Knowledge For Your Practice</td>
<td>Margaret Worthington &amp; Rondall Bailes</td>
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<td></td>
<td>#12117</td>
<td>NLP Regression: Faster, Gentler Regression — Help Your Clients Release Negative Emotions And Achieve Their Goals Quickly &amp; Easily!</td>
<td>Kris Johnson</td>
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<td>1 pm</td>
<td>#110108</td>
<td>Amplify Your Personal Power With Hypnosis</td>
<td>Erika Flint</td>
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<td>#110109</td>
<td>The Ultimate Weight Loss Hypnosis Script</td>
<td>Selena Valentine</td>
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<td>#110110</td>
<td>Hypnotic Language Patterns</td>
<td>Taylor Sherman</td>
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<td>#110111</td>
<td>Clients Want The Magic, The Hypnotic Phenomena !!!</td>
<td>William Mitchell</td>
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<td>Guidance From Your Soul - Soul Entrainment</td>
<td>Karen Paulino Correa</td>
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<td>#110113</td>
<td>Convincers Before, During, And After Each Session</td>
<td>Margaret Worthington</td>
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<td>#110114</td>
<td>Basic Neuroanatomy</td>
<td>Annette Soponis</td>
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<td>2 pm</td>
<td>#12021</td>
<td>More Clients, Greater Income &amp; Success By Answering The Phone Right — How I Booked Millions Of Dollars Worth Of Hypnosis Appointments</td>
<td>Maureen Banyan</td>
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<td>#12022</td>
<td>Mastering Metaphors, Indirect And Dismayed Suggestions</td>
<td>Don Motton</td>
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<td>#12023</td>
<td>Practical Applications Of Listening—Hearing Between The Words To Quickly Formulate Positive And Effective Suggestions</td>
<td>Ariel Sherker</td>
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<td>#12024</td>
<td>Mindfulness Demonstrations For A Successful Practice — Mentoring Magic For The Mind</td>
<td>Ron Eslinger</td>
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<td>#12025</td>
<td>How A Consulting Hypnotist Can Design A Practice In Complementary Medical Hypnosis — Have A Practice That Results In A Six-Figure Income Using Referrals C. Scot Giles</td>
<td>Janice Matturro</td>
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<td>#12026</td>
<td>Integrating Dreamwork Into Your Hypnosis Sessions — Dreams As Hypnotic Suggestions And Techniques</td>
<td>Helen Mitas</td>
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<td>#12027</td>
<td>How I Made $165K In My FIRST Year Of Hypnosis Without Traditional Advertising</td>
<td>Sandra Ribaud</td>
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<td>4 pm</td>
<td>#12042</td>
<td>Building A Great Hypnotism Practice Without Spending A Penny — The Road To Success For Financially Challenged Hypnotists</td>
<td>Jacob Bimbich</td>
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<td>#12043</td>
<td>How To Use The Web Mesmerizingly — Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing</td>
<td>Ralph Benko</td>
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<td>#12044</td>
<td>Empower Your Clients To Create Profound Transformation With Permanent Change — Overcome Negative Thoughts By Resolving Past Memories</td>
<td>Lois Hermann</td>
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<td>Crank Up Your Success Rate With Social Media Networking — It’s Easier Than You Think</td>
<td>Carol Denicker</td>
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<td>#12046</td>
<td>Never Good Enough — Applying Cognitive-Behavioral Hypnosis To Low Self-Esteem</td>
<td>Patricia Pearson</td>
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<td>#12047</td>
<td>The Mindfulness Formula — Quick And Easy Methods To Build Your Hypnotism Practice, With Focused Intention And Enthusiasm</td>
<td>Donna Bloom</td>
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<td>Investigative Hypnosis — Using The Trance State To Gather Information And Conduct Research</td>
<td>Brian DiRamio</td>
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<td>7 pm</td>
<td>#120706</td>
<td>Creating Professional Hypnosis Programs— Transforming Your Individual Sessions Into Professional Hypnosis Programs</td>
<td>Glenn Kakely</td>
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<td>#120707</td>
<td>The Body Language Code — Improve The Power Of Your Profession By Understanding The Non-Verbal Clues</td>
<td>Petra Frese</td>
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<td>Hypnosis As A Tool For Sleep Issues</td>
<td>Boris Opancha</td>
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<td>#120709</td>
<td>Changing The Life Of The Hypnotist: Active-Alert Hypnosis A New Way To Do Hypnosis—How To Combine Movement And Hypnosis Induction</td>
<td>Claude Andre Ribaux</td>
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<td>Neuroanatomy Of The Pain Pathway — Visualize The Pain Pathway By Learning Its Specific Structures In The Nervous System</td>
<td>Annette Soponis</td>
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<td>#120711</td>
<td>The Simpson Protocol: Mapping The Subconscious Mind — Setting The Superconscious Mind To Work</td>
<td>Timothy Horn and Tonya Gunnarson</td>
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**NGH 2017 Annual Convention, Educational Conference & Exhibition**
7:00-7:50 AM SEMINARS

(11071) YOGA EXERCISE
Dorothy Kerzner, CH

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on.

8:00-8:50 AM SEMINAR

(11081) THE POWER OF YOUR PROFESSION
Dwight Damon, DC, BCH, DNGH

Keynote Address of 2017 Convention

9:00-9:50 AM SEMINARS

(11091) Destructive Triggers - Healing Triggers—Eliminate Urges, Cravings, Obsessive Thoughts & Actions
Anthony DeMarco, DNGH, LLB, BCH, CI, OB

The passion, or the circumstances, or the repetition with which any given stimulus is presented to us, dictates the effect resulting in specific reactions that please us, or empower us, or haunt us, or disturb us, or ‘attempt’ to destroy us. Tony shall offer his insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness, and several triggers to use to combat cravings, urges, obsessions and give your clients the kick-start.

(11092) HOT FLASH! HYPNOSIS AND MENOPAUSE
Amye Scharlau, CH, CI

Learn to tell fact from fiction in order to provide the absolute best care and support for your clients going through the “change.” Help your clients ease genuine physiological changes, dispel the fears and myths of rampant misinformation, and empower your clients as they enter a fabulous new chapter in life!

(11093) THE GIGGLE—Give Your Clients The NLP Giggle To Change
Roger Willard, CH, BA

Based on Richard Bandler’s research and techniques of NLP, this seminar will show you how to quickly collapse client’s negative triggers with a simple giggle while in hypnosis. It will also show how to motivate your clients to continue positive outcomes which will be self-rewarding for them. This powerful technique is broken down to its simplest form, no knowledge of NLP is required for it to work.

(11094) TEACHING SELF-HYPNOSIS IN GROUPS
—Make Money, Inform, & Publicize Your Practice
Lee Pascoe, BCH, CI, FNGH, OB

Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

(11095) 9 WAYS TO GET MORE CLIENTS WHICH WILL COST YOU NEXT TO NOTHING
Helen Mitas

Effective marketing is expensive, right? WRONG! 8/9 of the strategies in this seminar are completely free (and the last costs next to nothing). Generate a steady flow of clients into your practice with these simple, effective and affordable strategies. This seminar describes the 9 strategies that I used to grow my practice well beyond the 6 figure mark and that I still use today to attract new clients.

(11096) EFT’S POWER FOR THE PROFESSION
—What You Didn’t Know About EFT
Charles Crenshaw Jr., CH, CI

Emotional Freedom Technique has evolved out of the subtleties of the human energy body (chi body). The general consensus is that EFT is just blindly tapping and talking, but it is a lot more subtle than that. It can be used as part of the arsenal of tools that continue our progress as hypnotists in the present and into the future, helping to prove to clients the reality of change work.

(11097) THE OVERLOAD & OTHER FUN INDUCTIONS—Learn Several Fast Rapid & Instant Inductions In This Fun Seminar!
Cris Johnson, BCH, CI

Discover the hidden power of the Overload Induction, a rapid induction even faster than the Elman Induction! Learn The Handshake Interrupt Induction and the incredible Ambiguous Touch Induction, which as legend has it, was so effective for Milton Erickson that people refused to shake his hand! Cris will demonstrate the inductions, explain some of their uses, and time permitting, have you practice to deepen your understanding of the processes involved.

10:00-10:50 AM SEMINARS

(11101) HEALING PAST RESENTMENT AND NEGATIVITY—Moving Forward To Success
Tricia Meister, BCH, CI

Raise awareness of past, unforgiven events and people leading to resentment and harness personal power in order to move forward. By surfacing previously unrecognized, yet limiting beliefs, and helping to identify recurring behaviors blocking success, the presentation will enable you to release negative influences from the past, to progress personally, and in turn to transfer this empowering approach to assist others, including your own clients.

(11102) HOW TO MAKE POST-HYPNOTIC SUGGESTIONS STICK!—The Automatic Reinstatement Of Specific Suggestions After The Hypnotic State
William Mitchell, CI, BCH

Post-hypnotic Suggestion refers to the subject’s ability to respond at a later time to a suggestion given during trance. The post-hypnotic suggestions can be directed toward behaviors, attitudes, or feelings and can involve any one of the hypnotic phenomena such as anesthesia, amnesia, tunnel vision, hypnotic dreaming, etc. Learn how William Mitchell, CI, routinely delivers suggestions that STICK!

FRIDAY, AUGUST 11

201 Expert Seminars
No Additional Charge
Included With Your Convention Fee

Included With Your Convention Fee

NGH 2017 Annual Convention, Educational Conference & Exhibition
(11103) HOW TO USE THE WEB MESMERIZINGLY—Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing
Ralph Benko, BA, JD, OB, CH  All-levels
By configuring your website to present your own narrative, conveying yourself, your skills, your credibility, and the ability of hypnosis to bring about desirable outcomes will engage prospects as clients far more powerfully than mere descriptors and stock images. You will learn the basics of how to do this simply and effectively. Lecture/Q&A

(11104) DEALING EFFECTIVELY WITH WEIGHT CONTROL—How To See Less & Less Of Your Client
Jacob Bimblich, BCH, CI, OB, DNGH  All-levels
Through many years of research and experimentation, some very effective suggestions with great impact have been developed for use in the hypnotic approach to weight control. In this seminar, you will learn the mechanism and suggestions that will produce the best results. Learning basic nutritional approach that will motivate the client to pursue the desire weight goal. You will be impressed with the incredible results the client will achieve. Lecture/Discussion/Q&A

(11105) USING MIND STYLES TO IMPROVE CLIENT RAPPORT—An Easy Technique That Improves Practitioner Effectiveness
C. Scot Giles, BCH, CI, OB, DMin, DNGH  Introductory-Intermediate
The Eye-Roll, when done properly disclose how hypnotizable your client can be. It also tells you a lot about the client’s personality and what sort of hypnotic approach will be most effective. The Complementary Medical Hypnotism Certification program of the NGH uses this technique extensively and this seminar will give you a boost if you desire to use those techniques in your practice. Lecture/Demonstration/Q&A

(11106) THE POWER OF MINDFULNESS—ATTRACT NEW CLIENTS FAST!—Secrets To Deliberately Create The Hypnosis Practice Of Your Dreams
Donna Bloom, BCH  All-levels
Build the hypnotism practice of your dreams with excitement, enthusiasm and the proper mental mind-set! You will learn how to get clients by consistently focusing on that which you really, really desire. Discover four quick and easy processes to start attracting new clients! This class is full of visualizations, exercises and processes to help you create a thriving hypnotism practice with practically no money. Lecture/Participation/Q&A

(11107) NEVER GOOD ENOUGH—Cognitive Behavioral Method; A Low Self-Esteem Intervention
Patricia Pearson, CI, CH  All-levels
Our beliefs are the foundation of our actions and choices. But negatively distorted core beliefs result in low self-esteem and high self-criticism. This seminar introduces Cognitive Behavioral Hypnosis, an exciting new option that rapidly alters core beliefs. It improves self-confidence and boosts motivation for those with low self-esteem. Learn how incorporating CBT into your practice will help your clients rapidly improve, increase your acceptance in the professional counseling/medical community and boost your referrals. Lecture/Demonstration/Discussion/Q&A

(11111) HOW TO USE DREAMS TO EMPOWER YOUR CLIENTS—Helping Clients To Actively Engage Their Dreams for Health, Well-Being, Guidance, And Personal Success
Janice Matturro, CH  Introductory
Dreams and their powers are the best kept secret among the most successful and inventive people of our time and across history. In fact, the fields of medicine, manufacturing, media, art, music, literature, psychology, science, politics and business have all been influenced by dreams - in practical ways. As professional hypnotists, we have a unique opportunity to empower our clients by guiding them to actively engage their dreams for success and personal transformation. Lecture/Discussion/Q&A

(11112) HYPNOSIS THE PERFECT MATCH FOR PTSD
Don Mottin, BCH, CI, FNGH, OB  All-levels
There are millions of people who have some degree of PTSD that took place after an injury, a crime, or other traumatic event. In just one hour, you will master the ten most common symptoms of PTSD and how to treat them. Emotional & Physical Reactions - Understanding the risk factors - How to use anchors - Children and PTSD - Overcome Self-blame - The side effects - Causes of PTSD - Impact phase First responders - Irrational behavior. Here is your chance to give back to those who have given so much to all. Lecture/Q&A

(11113) THE MAGIC OF METAPHOR—To Make The Change For Good
Karen Hand-Harper, BCH, CI  Introductory-Intermediate
In this seminar, you find yourself discovering how to easily deliver your suggestions straight into the subconscious without resistance. Learn some tried and true metaphors that work for a variety of issues and be able to add some new ones to your repertoire. Realize you can enhance your sessions with stories-that-stick and increase client (AND YOUR) success. Lecture/Demonstration/Q&A

(11114) TESTING & CHALLENGES FOR DEEPENING HYPNOSIS
Jerry Valley, MACP and Tommy Vee, CH, CI  All-levels
This presentation will teach you how to effectively use the proper testing and fool-proof challenges to get your subjects into a deeper state. This will also eliminate subjects from saying “I don’t think I was hypnotized.” If you have ever heard that statement, this class is for you! Lecture/Demonstration/Q&A

(11115) HYPNOSIS WITH CHILDREN—Little Rascals - Big Results!
Vicky Thomas, CH  All-levels
Hypnosis with children (and their parents) is simple and effective. If you can tell a story, remember what it feels like to be filled with childhood dreams, and love to play, then hypnosis with children is for you! In addition, how wonderful you can feel when you teach parents to “be the hypnotist for your child.” Rewards and referrals are abundant when you help a child! Lecture/Demonstration/Q&A
Practice experience the Board will assess.

The Board will conduct this important seminar to provide general information to hypnotists who qualify to sit for the Board Certification examination. This seminar will provide instruction on the requirements necessary and an explanation of the testing process. It will discuss the benefits of this professional recognition, and the level of hypnosis skills and professional practice experience the Board will assess. Lecture/Demonstration/Discussion/Q&A

NOON-12:50 PM SEMINARS

(11116) HYPNOSIS 911
—You Can Make Your Hypnotism Practice Safer
Brian DiRamo, CH All-levels
You will learn brief descriptions of CPR, first aid, and general office safety. You will learn specific information related to office emergencies and how to respond. Most importantly, you will learn how to obtain free or inexpensive training that will be most useful. This presentation, although useful for all, is most useful for those that are solo providers. Lecture/Discussion/Demonstration/Q&A

(11117) ACTIVE-ALERT HYPNOSIS
—From Couch To Bike. Action Instead Of Relaxation
Claude Andre Ribaux, CH All-levels
Active-alert hypnosis is a gateway into a truly remarkable state of alert, awakened consciousness mind. Individuals can easily learn to seek refuge in this dynamic state of undistracted presence even in the midst of their daily routines. The idea behind this class is to demonstrate to you how easily the active-alert hypnosis can be applied and thus motivate you to use this method in your own practice. Lecture/Discussion/Demonstration/Q&A

(11121) HYPNO-HUMOR - EXPECTING THE UNEXPECTED—My Heart Was Pounding - But Now I Am Laughing
Ron Eslinger, CRNA, RN, APN, BCH, CMI, FNGH, OB All-levels
This seminar presents humorous excerpts from Ron’s 40 years of client experiences. They were not funny at the time - some almost heart stopping for Ron. There was the one who as soon as I had her close her eyes and imagine she was in her kitchen started screaming, yelling and crying at the top of her lungs. Then there was the client, when asked to imagine a white light yelled out “BLUE”. You will learn how to handle such unexpected reactions. Lecture/Discussion/Demonstration/Q&A

(11122) GROW A PROFITABLE HYPNOTISM BUSINESS WITH ZERO ADVERTISING EXPENSE!
—Fill Your Schedule With Paying Clients Using Powerful Networking Strategies!
Lois Hermann, CH, CI All-levels
Are you missing a golden opportunity to grow your business with minimal investment? Since hypnotists are natural communicators, it is easy to relate well to other business people. As we help business professionals grow their business, we naturally grow our own. Learn to be an expert Networker, develop tools to connect confidently with others, and fill your schedule with paying clients. Lecture/Discussion/Exercise/Q&A

(11123) NGH BOARD CERTIFICATION
—The Questions You Ask
Maurice Kershaw, MA, FNGH, BCH, OB All-levels
A member of The National Guild of Hypnotists Certification Board will conduct this important seminar to provide general information to hypnotists who qualify to sit for the Board Certification examination. This seminar will provide instruction on the requirements necessary and an explanation of the testing process. It will discuss the benefits of this professional recognition, and the level of hypnosis skills and professional practice experience the Board will assess. Introduction/Lecture

(11124) SELF-LOVE AND APPRECIATION
—Most Important Session To Maximize Success For Every Client & Hypnotist!
George Casazza, CH, CI All-levels
Everything is easier and success is effortless when self-love and appreciation is present! Learn why every hypnotist should add this specific session every time! Your practice will improve and continue to expand with referrals! Discover the most effective, step-by-step, self-love techniques to empower every client! Experience a powerful group “Self-Love & Appreciation” session. Lecture/Experiential/Q&A

(11125) POLICE, FIRE AND PARAMEDIC COURSE THAT YOU CAN TEACH NOW!—Train The Trainer Course For Fast Growing Alzheimer’s Market
Robert Bayliss, CH, CI, OB and Ruth Garrett All-levels
Specialize and you can become “The Obvious Expert!” by training the elite in your community. Doctors do it. Lawyers do it. First Responders must now be trained to safely interact with Alzheimer’s patients who wander off from their home or facility. Alzheimer’s patients will soon be 50% of the senior population and more than half will wander when unattended. Responding to this situation requires special training for First Responders and you can be their “Obvious” instructor. Lecture/Q&A

(11126) THE POWER OF SUGGESTION
—Using Pre-Talk To Create Effective And Positive Suggestions For Your Client’s Success
Ariel Sherker, CH, CI All-levels
Clients come to see us to help them on their journey of change and our job is to help them get on the right mind-set for their success. This seminar will teach you how to recognize the suggestions that your clients repeat to themselves that keep them from succeeding in their goals. Upon this recognition, you will have a clear direction of where change can happen and can formulate new suggestions that are readily accepted by your clients. Lecture/Q&A

(11127) I’M NOT GETTING ANYTHING... IT’S NOT WORKING—How To Handle That Dreadful Response From Your Client
Carol Denicker, BCH, CMI, OB Introductory-Intermediate
Learn to think on your feet and be able to redirect a stalled regression session (even after the client says that he/she is unable to). Know what to say and do so you save the session and proceed productively. On the rare occasion when a client continues to fail to regress, utilize a powerful Ericksonian technique so the client still has a positive experience and they can continue to work on it at home. Lecture/Discussion/Q&A

“Friendly participants, helpful staff. A great break from real life. A “must” weekend for all hypnotists. Learn something new each year.”
Carol Minalga, Niantic, CT
201 Expert Seminars
No Additional Charge
Included With Your Convention Fee

FRIDAY, AUGUST 11

1:00-1:50 PM SEMINARS

(110101) SMOKING CESSION FOR SUCCESS
—Master The Skills For The One Session Smoking Treatment
Shaun Brookhousse, DNGH, BCH, CI, OB All-levels
One of the key components of a successful hypnotherapy practice, is the ability to do successful smoking cessation sessions. This one hour presentation will give you the keys as to how to approach this with confidence in a single session protocol. This approach has been fine tuned over a 28 year career. Lecture/Lecture/Discussion/Q&A

(110102) READING PEOPLE FOR BETTER RESULTS
—Advanced Strategies To Access Your Client's Personality Profile For Better Results And Deeper Rapport
Robert Harrison, CH All-levels
In this seminar, you will learn some of the most common mistakes even the seasoned pros make when working with clients and walking them through programs like smoking cessation, weight loss, stress and other common issues. You will then learn how and why personality differences can make or break a client’s success and how to leverage them for the best possible results. We will then teach a simple 8-step process to do the initial profile assessment. Finally we’ll review testing procedures and troubleshooting tips and tricks. Lecture/Discussion/Q&A

(110103) MOLECULAR HYPNOTISM
—Achieving Perfect Health Of Body, Mind And Spirit
Chuck Mignosa, CH Intermediate-Advanced
This technique has been used for over 10 years and has produced significant results in relieving physical ailments. This is applying hypnosis techniques to the molecular level of the body. It is based on the principle of science that says “the mere process of looking at something changes it”. Come and find out what results have been obtained and how you can add this technique to your hypnotic tool box and give your clients the opportunity of producing miraculous results. Lecture/Demonstration/Practice/Q&A

(110104) YOUR LEGAL OBLIGATION TO KEEPING KIDS SAFE—A Practical Guide To Recognizing & Reporting Child Neglect/Abuse
Elana Schondorf, LMSW, CH All-levels
Children have little independent power and rely upon the adults in their lives to protect them and keep them safe. As mandated reporters, we are legally and ethically bound to report any suspicion of child abuse, maltreatment, or neglect. We need to take our role as helping agents seriously and protect our younger more vulnerable clients. Lecture/Discussion/Q&A

(110105) TURNING PRO—Overcome Your Limiting Beliefs About Becoming A Full-Time Professional Hypnotist
Monica Marusceac, BCH Introductory-Intermediate
Leaving your job to become a professional full-time consulting hypnotist can be a nerve wracking and difficult decision to make but a necessary one in order to achieve the freedom and autonomy that a private hypnotherapy practice can provide. Lecture/Exercises/Q&A

(110106) SLEEP ISSUES AND HYPNOSIS
Boris Opancha, MS, BCH All-levels
1 out of 3 people have sleep issues at some point in their lives, 20-40% of all adults have sleep issues in the course of any year. Struggle for hours to get to sleep, no matter how tired you are? Or do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock? The better we understand sleeplessness, the more charge we can begin to take of sleep and health. That includes understanding how and when hypnosis can be used. Lecture/Discussion/Q&A

(110107) RAPID EMOTIONAL RELEASE & EMPOWERMENT—Empowering Clients By Quickly Removing “Stuck” Emotional Issues Through Eye Patterns
Rick Saruna, CI, CH All-levels
RER - Rapid Emotional Release & Empowerment is a process that is very unique and fascinating. Through the use of eye patterns and processes RER was developed to very quickly remove stuck emotional issue. The class will explain to you how emotions work and how they get stuck. RER is the only technique that can quickly remove stubborn locked in emotions. This is an intro to RER to demonstrate this process in class. Lecture/Demonstration/Participation/Q&A

(110108) AMPLIFY YOUR PERSONAL POWER WITH HYPNOSIS—Learn How To Use Hypnosis To Reach Your Potential, Then Teach It To Your Clients
Erika Flint, BCH Introductory
You will learn how to identify and amplify your own personal power using hypnosis - then learn how to teach it to your clients. You will learn the science behind these techniques to help educate your clients and empower them for success while you enjoy more personal success than ever before. This is an engaging and dynamic presentation and you will walk away feeling empowered and motivated to take your personal and business success to the next level. Lecture/Discussion/Q&A

(110109) THE ULTIMATE WEIGHT LOSS HYPNOSIS SCRIPT —Help Clients Achieve Healthier Lifestyles
Selena Valentine, CH, CI Introductory
In this professionally written script which can be used to help motivate clients in their quest for a healthier lifestyle, this presentation will offer guidelines and visualization techniques to offer assistance in becoming more mindful of triggers that lead to overeating. We will address issues such as boredom eating, secretly overindulging in food, family obesity, and lack of exercise. Lecture/Discussion/Q&A

“As always, the convention is an incredible gathering of some of the most talented and passionate people in this profession.”
—Kevin Martin, Lowell, MA

To register, call (603) 429-9438

NGH 2017 Annual Convention, Educational Conference & Exhibition 17
(110110) HYPNOTIC LANGUAGE PATTERNS
—An Introduction To The Linguistic Triggers That Influence Change
Taylor Sherman, CH, CI  Introductory-Intermediate
Join us for an exploration of how you can use language patterns in your hypnotism practice or in your life to make you more influential. Language patterns are the structured ways that persuasive people communicate, where they link ideas together within a sentence. Utilizing these patterns will make your hypnosis patter much easier to generate, and more effective. In this seminar, you will learn several specific language patterns to use in any situation.  Lecture/Q&A

(110111) YOUR CLIENTS WANT THE MAGIC, THE WOW, THE HYPNOTIC PHENOMENA!!!—Why You Want To Use Hypnotic Phenomena Such As Amnesia, Hallucinations, Age Regressions, Age Progressions, Analgesia, etc. In Your Practice
William Mitchell, CH, BCH  All-levels
Clients come to a hypnotist for the Wow, the Magic! The hypnotic phenomena is the Wow, the Magic that allows clients to make powerful breakthroughs! Our unique offering is inducing hypnotic phenomena such as amnesia, hallucinations, age regression, analgesia, hypnotic dreams, post-hypnotic suggestion etc. Too many hypnotists induce trance and hope the subconscious will benevolently do something. As a result many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant hypnotic phenomenon.  Lecture/Video Demonstration/Q&A

(110112) GUIDANCE FROM YOUR SOUL - SOUL ENTRAINMENT®—Access The Wisdom Of The Soul
Karen Paulino Correia, CH  All-levels
The Soul knows everything about your past, present and future and it can guide you to your highest and best. Learn a powerful technique to access the superconsciousness of the Soul. Help your clients receive answers they are seeking for healing, growth and change. Come and experience a demonstration of Soul Coaching and receive insight into the future. Discover this transformational process and realize how it can take your hypnosis practice to the next level.  Lecture/Experiential/Q&A

(110113) CONVINCERS BEFORE, DURING, AND AFTER EACH SESSION—(Yes, I Said After) Ensure Your Client Will Be Back For More
Margaret Worthington, BCH, CI  Introductory-Intermediate
Convincers used before, during, the session, and most important after the session, become lasting impressions. We all know the value of a lasting impression. Join me for this very interesting and valuable time together exploring convincers and a few new ways to use them that makes you GREAT and helps to fill up your book with as many clients as you want! Get the scripts for Before, During, and After Convincers to slide into the program you’re already using and let your clients tell you how you’re all that!  Lecture/Demonstration/Q&A

(110114) BASIC NEUROANATOMY—Knowledge That Is Essential For Stress Reduction And Pain Management
Annelle Soponis, BCH, CI  All-levels
The nervous system can be visualized as a series of pathways like roads on a map. In this seminar, you will learn to differentiate between white and gray matter, neuron and nerve, CNS and PNS. You will also draw a pain pathway using neurons with exact locations of their beginnings and endings in the PNS and CNS. Learning the basics of neuroanatomy makes it easier for you to visualize the pain pathway and explain it to your clients in a pain management session.  Lecture/Exercise/Discussion/Q&A

2:00-2:50 PM SEMINARS

(11021) THE PROFESSIONAL HOME HYPNOTISM OFFICE—Key Elements For Opening Your Home Hypnotism Practice
Celeste Hackett, BCH, CI, OB  Introductory
We’ll cover the pros and cons of working from a home office including safety concerns. Plus, what equipment and supplies you’ll need to gather to properly outfit your office space. Also we’ll spend time on simple free ways to keep track of taxes, phone calls, and payments from clients. We’ll also discuss why some homes may not be suitable for a hypnotism business and we’ll even touch on the income you can expect to make.  Lecture/Q&A

(11022) HOW TO USE HYPNOSIS TO LOOK AND FEEL YOUNGER PLUS MORE BEAUTIFUL AND HANDSOME—Easy, Sweet, Self-Hypnosis Is How!
Wendy Packer, BCH, CI, OB, RN  All-levels
This seminar will broaden the viewpoint regarding the benefits in establishing a powerful mind-set of feeling younger which in turn makes one happier plus look younger and more attractive. The effectiveness of the mind-body connection will be referenced. A step-by-step review of the NGH Simple 3-Step Process of Self-Hypnosis will be discussed. Scientific literature will be shared along with information on who to market to…the Baby Boomers.  Lecture/Discussion/Q&A

(11023) THE UNIVERSAL PATTERN SCRIPT!?!—Is it Possible That One Script Could Do It All?
Calvin Banyan, MA, BCH, CI, DNGH, OB  Intermediate-Advanced
Have you ever been frustrated because you didn’t have the right patter script for your new client’s issues? That may never happen again when you learn this Universal Script! This script is great for helping people end habits such as smoking, or change behavior such as overeating. I am constantly amazed at the wide variety of issues that are perfect for this universal approach.  Lecture/Discussion/Q&A

Questions? Call the NGH Office at (603) 429-9438

“ This convention is superb for substantial content, practical, hands-on at the same time sharing how hypnosis works - the NGH has it all.”
—Fredric Mau, Columbia, SC
(11024) HIDDEN FOOTPRINTS FROM THE PAST —How Past Lives Can Influence The Present LifeTime
Lucy Portlock, CH All-levels
This seminar is about relating perceived cause and effect of past lives on our present one. There will be a guided group hypnosis session for you to experience a past life regression of your own, in which you will be instructed to find a connection or lesson in that life which relates to your own life today. This seminar looks at the “time stream hangovers” or “footprints” that can be a leftover of a memory in a traumatic past life. Are they harmful? Can you get rid of them? Come and find out! Lecture/Experiential/Discussion/Q&A

(11025) THE POWERFUL ROLE OF THE HYPNOTIST—Keep The Space Between You And Your Client Safe
Marcel Klasen, BCH, CI, OB All-levels
Hypnosis can facilitate healing but hypnotists can easily be affected by their work. By influencing the subconscious mind we open a floodgate of feelings and emotional energy. This energy can be so intense that it may affect our health and well-being. In this seminar, you will learn three effective methods to prevent absorption of negative energy released by clients. Hands-on instructions will help your energy be safer and more protected in doing healing hypnosis sessions. You will learn how to balance your own energy centers and those of your clients. Lecture/Experiential/Discussion/Q&A

(11026) THE ART OF SPATIAL AND TEMPORAL LANGUAGE—Creating Shifts Through Space And Time
Melissa Tiers, CH, CI All-levels
This lecture will cover the many ways you can begin to use the language of space and time in ways that matter most. You will learn simple linguistic tricks to doing conversational timeline and using space in ways to activate your clients’ unconscious landscape. You will learn how to create easy nonlinear language patterns to short cut to unconscious processing. Lecture/Experiential/Demonstration/Q&A

(11027) THE SIMPSON PROTOCOL: MOVING FORWARD FROM THE CUTTING EDGE—Connecting With The Subconscious Mind For Better Results
Timothy Horn, BCH, CI Intermediate-Advanced
By communicating with the mind at deeper levels, you can discover, modify and release issues that otherwise could be hidden. This seminar is to introduce the groundwork for communicating with the subconscious mind at the Esdaile and other deep states. This technique is a method that can produce incredible benefits for our clients. At these previously unexplored deep levels, the subconscious mind connects and interacts with areas of mind that were not easily accessible before. Lecture/Discussion/Q&A

(11031) HYPNOSIS AND QUANTUM PHYSICS —Take The Power Of Your Profession Into The 21st Century By Taking Quantum Physics Into Account
Ina Oostrom, CH Introductory-Intermediate
In order to take the power of your profession into the 21st century it is important to understand what quantum physics is and what hypnosis has to do with it. In this presentation, the power of belief is taken into the next level, that of the model of consciousness according to quantum physics and what the implications are for the hypnotism practice. The presentation takes you through concepts such as the unified field theory, the butterfly effect to taking responsibility for your own life. Lecture/Discussion/Q&A

(11032) BELIEF CHANGE-WORK—The Simple And Quick Way To Change Limiting Beliefs And Create Empowering Ones
Kevin Martin, CH All-levels
Belief change work is often vital in what we do. Clients might think they can’t believe they can quit smoking or can’t believe they can lose weight. Your techniques will help reshape the belief but if you can address the belief beforehand you significantly increase the odds of your client’s success. This seminar is not only geared toward identifying them but showing how to change them and form empowering beliefs which in turn, help solidify any change work you are doing with the client. Lecture/Discussion/Q&A

(11033) A TARGET RICH ENVIRONMENT – WORKING WITH STUDENTS—The 3-Legged Stool Approach To Working With Students
Marx Howell, BS All-levels
Learn step-by-step how to work with both high school and college students to enhance academic achievement. Learn effective strategies for improving memory and specific strategies to “automatically trigger the relaxation response on demand” to counteract TEST ANXIETY. Discover how to use this practical information, which is presented in a clear, concise and systematic order. You will be able to use these techniques immediately upon returning to work. Lecture/Discussion/Q&A

(11034) HYPNOSIS FOR PRE & POST OPERATIONS —The Process
Myles Timmins, BCH, CI, OB and Rondall Bailes, CH, OB All-levels
You will gain the knowledge of how to combat fear while building trust both in the external team (the doctor and his team of professionals) and the internal team (all systems internally). Learn how to construct a metaphor for pre and post op clients. Recognize client fears and address them. Help clients relax and overcome fear of the procedure. You will be exposed to how to tap into “The Second Wind” which is stored energy used in the “flight or fight process”. This energy can be tapped into and used for healing. Lecture/Discussion/Q&A

To register, call (603) 429-9438

NGH 2017 Annual Convention, Educational Conference & Exhibition
FRIDAY, AUGUST 11

(11035) AVOIDING BURNOUT
—More Than Stress Management

Roxanne Louise, CH, OB, BA  All-levels

Burnout is caused when more energy is being withdrawn from your energy reserves by multiple stressors than is coming in through rest and renewal. Learn multiple ways to get energy into your system and stop it from leaking out, and how to put together a well-rounded life that feeds your spirit and enhances overall health, provides happiness, connection with others, fulfillment, meaning and purpose, to provide the internal resources and increased life force to deal with challenges not just to cope but to thrive. This seminar is designed both for you personally as well as your clients.  Lecture/Q&A

(11036) CONSCIOUS MIND-SET TRICKS FOR A HAPPY, EFFECTIVE HYPNOTIST—How Your Thought Process Before And During Your Time In Session Impacts Your Clients’ Success

Cheryl DeDecker, BCH  All-levels

Have you ever found yourself getting stuck in your head before or during a session—your own thoughts, plans and reactions getting in the way? Most hypnosis training fails to cover ways we as hypnotists can effectively manage our own thinking and focus during each session. In this seminar, you will learn components of an ideal mind-set and easy steps to use before and during your sessions to maintain successful focus. Join me and learn how to “get your head on straight” to be the best hypnotist you can be!  Lecture/Q&A

(11037) FAILING NEED NOT EQUAL FAILURE
—If You Haven’t Failed Then You Haven’t Reached Far Enough!

Beth Keil, BCH, RN  All-levels

We live in a culture where failing at something has been equated with BEING a failure. The fear of being a failure holds many people back from action, from trying something and, therefore, reap the gifts failing brings with it: learning about themselves, what worked and didn’t work, tenacity, strategizing, patience, and resiliency. Come and learn how each of these is necessary for your growth, achievement, and your success!  Discussion/Exercise/Q&A

4:00-4:50 PM SEMINARS

(11041) COMPASSION AND BOUNDARIES—How To Keep Your Heart Open And Your Guard Up

Peter Blum, CI, CH  All-levels

In our attempts to be understanding and compassionate in working with our clients, we want to keep our hearts open and practice compassion. On the other hand, it is sometimes too easy to lose our own centers and get sucked into our client’s dysfunctional stories and patterns. Here, we will address warning signs to look for to prevent this before it happens, and practices to protect ourselves from possible no-win situations involving loss of boundaries.  Lecture/Q&A

(11042) 10 KEYS TO WORKING WITH ADOLESCENT CLIENTS—Exploring The Rewards And Challenges Of Working With Teens

Brenda Titus, BCH  All-levels

The teen years can be tumultuous. No longer children, not quite adults, this is a time for this age group to begin exploring who they are. We will discuss “10 Keys to Working With Teen Clients” to help hypnotists prepare for the unique challenges and rewards of working with this client group. As we help teen clients find themselves, they find their power in this seemingly powerless life stage, therefore preparing them for adulthood.  Lecture/Exercises/Q&A

(11043) THE THREE DOORS—The Creative Subconscious Evaporates Stress, Anxiety & Anger

Fredric Mau, BCH, CI  All-levels

Something happens and I react! The reactions are not conscious choices— they happen at an immediate, visceral level. From anger to stress to the blues we are carried along by emotional responses that happen before conscious thought. This process—useful with any clients with stress or anger—engages the creative subconscious to fix the problem before it even happens. There is no need to manage anger or stress—better automatic responses can unconsciously come first.  Lecture/Demonstration/Discussion/Practice/Q&A

(11044) HOW DO YOU KNOW YOU WERE HYPNOTIZED?—A Checklist To Prove It!

Lisa Halpin, BCH, CI, OB  All-levels

My clients always leave my office with the answer to “How do you know you were hypnotized?” It’s important both for our clients’ success, and for them to be able to describe and relate their experience to others. It’s also important for your reputation. I’ll share with you a simple “checklist” and a sample script that you can use with all your first session clients to make sure they know they were hypnotized. You’ll see greater results with your clients, get more referrals, and increase your confidence. You can be sure they KNOW they were hypnotized and can tell others when they leave your office.  Lecture/Visual/Q&A

(11045) VIDEO RECORD YOUR HYPNOSIS SESSIONS - TECHNOLOGY UPDATE—Get Started Video Recording Your Sessions For Under $100!

Scott Babb, BCH, CI  All-levels

New technology lets you get started video recording your sessions for less than $100. Learn why you should video record your sessions and discover how quickly, easily, and inexpensively you can start immediately. See a live demonstration of a low-cost, highly effective video recording system.  Lecture/Demonstration/Q&A

VISIT THE NGH CONVENTION BOOKSTORE!

Each year participants tell us one of the things they like best about the NGH Convention is the chance to purchase the books audios and videos of our featured speakers. You will be able to choose from a wide assortment of books, audios and videos not easily found elsewhere.

NEW this year
the COUE CAFE
(11046) HYPNOSIS FOR A HEALTHIER, WEALTHIER LIFE—Life’s Wealth Starts With Good Health
Ruth Garrett, PhD, MEd and Robert Bayliss, CH, CI
All-levels
The road map to a healthy, secure retirement begins with expectation and planning. A long life requires planning for financial security and maintaining good health. Gaining/maintaining good health is not optional, if you wish to live well into your 80s and beyond. The link between health and income is clear. Healthy people work longer and harder. Those with better health are generally more financially stable. Learn to use hypnotis for better health and financial security. Lecture/Q&A

5:00-5:50 PM SEMINARS

(11051) POWERFUL AND PROFITABLE PRESENTATIONS—How To Turn Any Live Presentation Or Demo Into “Client Getting Machines!”
Dan Candell, CH, CI
All-levels
You have heard it before… Live talks, demos, and presentations are a surefire way to add clients to your practice… There is a very specific way to do presentations, demos, and talks that will get you clients every time. You have to know what to offer, how to offer it, and when. This seminar will teach you what to do in any presentation and how to do it in a way that will add clients and income to your practice. We will also cover the 2 mistakes to avoid when doing group presentations, and three ways to persuade any audience so that they want to work with YOU. Lecture/Q&A

(11052) CLEARING AND GROUNDING AT THE END OF THE DAY—Restore Your Energy Using Simple Techniques
Elizabeth Campbell, BCH, CI
All-levels
Hypnotists and energy workers have a tendency to ‘pick up’ the energy of the people they help. Combining her background in hypnosis, bodywork, NLP and energy work, Elizabeth teaches you how to perform an energy break to separate from the client’s energy field at the end of each session, and how to ground and clear your own energy field at any time. She introduces easy, safe bodywork that allows your body, mind and energy field to emerge grounded, refreshed and recharged. Lecture/Demonstration/Discussion/Exercises/Q&A

(11053) USE SELF-HYPNOSIS AS A MEDITATIVE TECHNIQUE: HYPNOMEDITATION TO DISCOVER YOUR GREATNESS—Self-Hypnosis And Meditation: Know How To Create Both To Be Great
Michael Myers, CH
All-levels
You can apply the Dave Elman Eye Lock Technique to bypass the critical factor and enter hypnosis or meditation easily. Use 5 steps to deepen any state of hypnosis and meditation successfully. You can use these 3 suggestions to engage the 3 main learning modalities. You can identify and distinguish the difference between self-hypnosis and meditation and know when to use each. There is a demonstration at the end of class to experience the process. Lecture/Demonstration/Q&A

FRIDAY STAGE SHOWS

7:30 PM • Terry Stokes
A Hypnotic Legend

9:30 PM • Scott & Heather McFall
The Most Magical Show In Hypnosis!

Tickets $8.00 each show
9:00-10:50 AM

(12091) THE FORMULA FOR A SUCCESSFUL PRE-TALK—Initial Contact + Telephone Conversations + Pre-Session Interview = Success & Referrals
Alan Alves, BCH, CI All-levels
- Learn the secrets of building good rapport and trust with a prospective client from your first conversation
- Refine & redefine your skills at building your client’s confidence in your ability to help them achieve their goals through a well-crafted pre-talk
- Achieve clients’ goals
A great pre-talk is at the heart of your clients achieving their goals and your continued success. Any hypnotist who wants to see a consistent flow of clients through their doors will benefit from this workshop on developing an excellent pre-talk, beginning with the initial contact. Learn how to properly apply this method into your own practice and be a success.
Lecture/Demonstration/Video/Q&A

(12092) CEREBROSPINAL FLUID TECHNIQUE & SELF-HYPNOSIS
Dorothy Kerzner, CH All-levels
Experience the role of the cerebrospinal fluid (CST) in the spine and how it effects the nervous system, the meridians and the nerve plexuses that correspond to the major chakras. This technique looks for impedance to CSF flow from the coccyx to the top of the cranium at every single vertebral segment. Many CSF recipients have a spiritual experience, deepened relaxation, a sense of healing energy and are receptive to hypnosis on a physical, mental, emotional and spiritual level. Comfortable clothing is worn and through various gentle hands-on contact to induce optimum circulation, recipients receive the experience they need in that moment in time.
Lecture/Demonstration/Participation

(12093) HOW TO CONDUCT A GOLF HYPNOSIS WORKSHOP
Laura Boynton King, BCH, CI All-levels
- Discover how to conduct golf hypnosis workshops to grow your business and help more people
- Explore the hidden trade secrets of conducting group hypnosis sessions that produce massive success
- Learn various ways to structure and design your programs that have proven successful
- Immediately apply the information and use it to generate more prosperity

This workshop reveals the trade secrets to conducting golf hypnosis groups of all sizes. You will discover how to design a program, how to do it, and how to sell it. It’s time to tap into the golf community to build a prosperous hypnosis business and help people in the process.

(12094) THE $5,000 A WEEK HYPNOTIST—A New Marketing Method For Weight Loss And Stop Smoking Developed In Europe With Outstanding Results
Jason O’Callaghan, CI All-levels
- Make up to $5,000/week in your practice
- Use new method of marketing for your weight loss and stop smoking to improve results and eliminate failure of clients
- Avoid client no show or coming back with no weight loss results
- Use social media to raise your client profile and reduce costs

Jason O’Callaghan is an Irish Psychologist and NGH CI trained by William Horton. In 4 years, he has made over $1/2 million dollars working part-time in his clinic in Dublin, Ireland. His new marketing methods bring a unique and special viewpoint which throws the current session based methods of hypnosis upside down. His success rates for stopping smoking are close to 100% and he has massive success with weight loss plus has gained press for his clinic in most countries including the US, UK, Taiwan and Ireland.

Lecture/Discussion/Video/Q&A

(12096) BREAKING FREE FROM PAIN & OPIOIDS—The Why And How of Ethically Working With Pain Clients
Roberta Fernandez, BCH, CI All-levels
- Learn about the prevalence and costs of chronic pain and opioid use in the US
- Understand how the brain processes pain in the body
- Explore the emotional components that manifest chronic pain
- Examine the relationship between pain and stress
- Learn specific mind and body techniques to work ethically with pain clients

Chronic pain affects nearly 1/3 of our population, prescription opioid addiction is a massive problem, and the Affordable Care Act requires medical institutions to provide integrative medicine. What a great time for hypnotists. This workshop gives you everything you need to work intelligently and ethically with pain clients:
- Learn about the prevalence and costs of chronic pain and opioid use in the US
- Understand how the brain processes pain in the body
- Explore the emotional components that manifest chronic pain
- Examine the relationship between pain and stress
- Learn specific mind/body techniques to work ethically with pain clients

Interactive Participation

(12097) ART AND STRUCTURE OF THE “DYNAMIC HYPNOSIS SESSION”—Discover Your Style
Myles Timmins, BCH, CI, OB and Rondall Bailes, CH, OB All-levels
- Recognize and use your own style more effectively
- Know for sure when a session starts and stops
- Learn how to gain meaningful rapport for building trust and understanding
- Learn to use your life lessons to build your own dynamic hypnosis session

Tim and Ron will demonstrate how their two diverse backgrounds cross paths at different junctures and how they get their clients to resolve issues. This process will help you look at your own background, education and life experiences to develop your own personal style of hypnosis. This process teaches the importance of gaining rapport by being able to identify with the client on a deep personal level.
Lecture/Demonstration/Q&A

Questions? Call the NGH Office at (603) 429-9438

“A great convention with superb offerings.”
—Michael DeSchalit, Tucson, AZ
(12112) START YOUR BUSINESS
RIGHT THE FIRST TIME—It’s All
About The Really Important
Business Things You Do Before
You Open Your Office
Roger Willard, CH, BA Introductory-Intermediate
• Identify basic long term presets in creating your hypnotism business
• Help the newcomer to this or any business in establishing a good business foundation and not have to be reworked because of unthought out mistakes
• Help you to create a plan/list of actions to create or recreate a business
• Help you to continue the move forward with a business like attitude
Too often a hypnotist wants only to do the hypnosis and not have to be bothered with the business end of this profession. But the truth is there must be a conscious and unconscious level of business attitude in doing hypnosis professionally. If you haven’t already made the commitment to be professional, you will be doomed to be unprofessional, unable to help others to overcome their problems. Learn how to get the basics of being in business right the first time. If you are already in business, how to change and prevent problems that will happen in the future.

(12113) TEACHING SELF-
HYPNOSIS IN GROUPS
—Make Money And Inform, While
Publicizing Your Practice
Lee Pascoe, BCH, CI, FNGH, OB Intermediate
• Develop the confidence to present your own class
• Make the most of skills you already possess
• Discover how to “wow” your audience
• Learn to structure your material
• Participate in a group session of “self-hypnosis”
The best way to build up a clientele is to get yourself known as an expert. Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

(12114) “QUANTUM LEAP”
HYPNOSIS & HYPNOTHERAPY
SUCCESS WITH A SYSTEMATIC
APPROACH—How The Banyan
Five-Phase Approach (5-PATH®)
Absolutely Transforms Your Skills
& Confidence
Calvin Banyan, MA, BCH, CI, DNGH, OB
All-levels
• Understand the 5-PATH®
• Learn how a systematic approach improves skills, confidence and success
• Learn how to integrate direct suggestion, age regression and parts work
• Learn why it is vitally important that you have a way to work with Secondary Gain
This workshop gives you a basic understanding of why so many successful hypnotists have sought out and trained in 5-PATH®. See why using a systematic approach builds your confidence and skills. Find out why it is one of the fastest growing Special Interest Groups in the NGH.

(12115) PROVEN D.E.P.T.H.
MODEL FOR WEIGHT LOSS
SUCCESS—The Only Proven
Weight Loss Program Seen On
National Television
Thomas Nicoli, BCH, CI, OB All-levels
• Be able to help clients expose underlying motivators to unhealthy behaviors
• Learn a proven model to guide clients to weight loss success by focusing on “why” and not “what” of the problem
• Learn a variety of inductions to the hypnotic process and understand why this is important
• Why weight loss is a must if you want to work with more clients and increase business
• Learn the importance of the client’s landscape
• Learn a hypnosis based weight loss program that actually works!
• Increase success working with weight loss clients, or any clients, using Tom Nicoli’s D.E.P.T.H. Model
Since the exposure of Tom Nicoli’s hypnosis weight loss program on national television on Dateline NBC, he has improved his methods and created his DEPTH Model doing thousands of sessions with continued success. His clear, concise and thorough presentation of how this program is used with any client will assist any hypnotist, new or seasoned veteran, to increase client success and business.

“Your year’s convention was a cornucopia of information and practical techniques for the hypnotist.” —John Farina, Lewiston, ME
(12117) NLP REGRESSION: FASTER, GENTLER REGRESSION—Help Your Clients Release Negative Emotions And Achieve Their Goals Quickly & Easily!  
Cris Johnson, BCH, CI  All-levels  
- List reasons why traditional regression methods may be harming your clients  
- List the steps to the Overload Induction  
- Describe the thinking behind the Overload Induction  
- List the steps to NLP Regression  
- Describe troubleshooting approaches to NLP Regression  
- Describe ways to maximize your success with regression for clients  
- List the scenarios when and when NOT to use regression  
Most hypnotists know and accept regression as a fast way to get to the root cause of an issue and once there, use a technique to release the emotions, change the perception of the event and so on. With NLP Regression, you will have a fast, gentle way to release the emotions and heal … without revivification and all while actually changing the client’s neuro-logical processing of the event, meaning their response to future situations is different! On top of this, you will also learn the incredible Overload Induction, which is a rapid induction that for most clients is even faster than the Elman Induction! Help your clients heal and make your job easier with this class!  
Lecture/Discussion/Q&A

2:00-3:50 PM

(12022) MASTERING METAPHORS, INDIRECT AND DISGUISED SUGGESTIONS  
Don Mottin, BCH, CI, FNGH, OB  All-levels  
This exciting two hour workshop will change the way that you conduct sessions. Then you will learn by actually discovering the hidden meaning in the suggestions that took place in the live demonstration from the class. There has never been a workshop that fell into the experiential category like this one. In this class, you will receive a CD filled with techniques that were taught at the class. This is a $30.00 value, and will be given out only to those who attend the live class.  
Lecture/Demonstration/Q&A

(12201) MORE CLIENTS, GREATER INCOME & SUCCESS BY ANSWERING THE PHONE RIGHT—How I Booked Millions Of Dollars Worth Of Hypnosis Appointments & You Can Too (Even If You Are A Beginner)  
Maureen Banyan, CH, OB  All-levels  
- How to answer each telephone call and turn them into appointments  
- How to take control of a call when they are just shopping around  
- How to set up multiple appointments in a single phone call  
- How to prevent “no-shows” and last minute rescheduling  
- When and how to ask for a “Doctor’s referral”  
- How to schedule your appointments for “office hours” instead of evening and weekends  
To register, call (603) 429-9438

(12024) MINDFULNESS DEMONSTRATIONS FOR A SUCCESSFUL PRACTICE—Mentoring Magic For The Mind  
Ron Eslinger, CRNA, RN, APN, BCH, CM, FNGH, OB  All-levels  
- Review and experience a scientific relaxing, healing and pain relieving breath  
- Experience a Harvard experiment that releases endorphins  
- See a demonstration of Do-It-Yourself Eye Movement Techniques for Emotional Healing  
- Experience a colorful expansion of inner peace and understanding  
There are over 100 million pain sufferers in the US. Mindfulness training is a powerful and easy to learn hypnotic technique for changing the biological and physiological response to pain and other client issues. You will learn 7-mindfulness techniques and their benefit to you and your clients. These simple easy and productive techniques will set you apart from other hypnotists. You will understand Harvard research for releasing endorphins that is equal to the administration of morphine to heart patients for relieving pain and stress. These is a must attend workshop  
Lecture/Demonstration/Discussion/Q&A

(12025) HOW A CONSULTING HYPNOTIST CAN DESIGN A PRACTICE IN COMPLEMENTARY MEDICAL HYPNOTISM—Have A Practice That Results In A Six-Figure Income Using Referrals  
C. Scot Giles, BCH, CI, OB, DMin, DNGH  Intermediate-Advanced  
- Orient you to the general issues and concerns of adding complementary medical hypnotism to your practice  
- Practical tips on running a successful complementary medical practice from a seasoned and successful practitioner  
- Discover the hidden issues that can make or break a practice  
There are special issues and concerns that you must consider if you want to do complementary medical hypnosis as a serious part of your practice. Complementary medical services need to be marketed in a completely different way than other hypnotic services and there are special concerns to keep the practice lawful. This program by a successful colleague will cover these issues and show you how to run a successful and stable practice focused on medical issues.  
Lecture/Discussion/Q&A
(12026) INTEGRATING DREAMWORK INTO YOUR HYPNOSIS SESSIONS—Dreams As Hypnotic Suggestions And Techniques
Janice Matturro, CH, CI All-levels
• Identify the 9 powers of dreaming
• Explore the similarities and differences between dreams and hypnosis
• Learn 3 complementary hypnosis/NLP techniques to integrate dreamwork into your hypnosis sessions

There is a secret history to the power and wisdom of dreams that has influenced the course of medicine, physics, science, psychology, literature, fashion, movies, art, and music in positive ways. Our dreams encourage and empower us to change our personal history - to live our best life story. Integrating dreams into your hypnosis sessions will teach you how to use dreams to help your clients live their best life story.

Lecture/Discussion/Demonstration/Exercise/Q&A

(12027) HOW I MADE $165K IN MY FIRST YEAR OF HYPNOTISM WITHOUT TRADITIONAL ADVERTISING
Helen Mitas All-levels
• 5 steps to hypnotism business success
• Describe the 2 formulas for crafting your message, clarifying your niche
• List 20 ways of attracting clients
• Describe how to create an compelling offering to clients

Learn the step-by-step system that allowed me to earn 10 times the average salary of a US hypnotist. You will be able to: identify the strategies to attract and retain as many clients as you want, expand your mastery of communication styles, have increased ability to hold your prospect’s attention and convert them to paying clients and learn lots of valuable tips & golden gems on running a successful business & have an enormous amount of fun doing it!

Lecture/Discussion/Demonstration/Exercise/Q&A

4:00-5:50 PM

(12041) LISTEN SO YOU WILL HEAR—Strategies For Client Success
Karen Hand-Harper, BCH, CI Introductory-Intermediate
• Describe the difference between direct and indirect (inferred) language
• Name 2 key factors in listening for client motivation strategy
• Identify at least 3 ways to discover (hear) limiting belief systems

Listening may be the most important skill set for facilitating client change. The secret answers for successful hypnotic change work sneak out of your client’s subconscious via their words and actions. When you know how to HEAR it, your success rate increases. Discover how to elicit and listen for motivation strategies, useful metaphors, & limiting beliefs. When you know what to hear, clients write their own perfect suggestions and scripts for the goal they desire.

Lecture/Discussion/Q&A

(12042) BUILDING A GREAT HYPNOTISM PRACTICE WITHOUT SPENDING A PENNY—The Road To Success For Financially Challenged Hypnotists
Jacob Bimblitch, BCH, CI, OB, DNGH All-levels
• Learn to access hundreds of medical doctors at no cost
• Learn the secrets of how to promote your practice at absolutely no cost
• Learn who to contact in more than 10,000 major USA corporations w/o spending a penny

Having been in practice for more than 30 years, I have developed and discovered that you don’t need any financial investment to create a very prosperous hypnotism practice. This workshop is intended for financially challenged hypnotists who hate to spend any kind of money promoting their profession. I will show how to create a win-win situation in the process of building a very lucrative practice.

Lecture/Demonstration/Exercise/Q&A

(12043) HOW TO USE THE WEB MESMERIZINGLY—Project Yourself And Your Story And The Art Of Hypnosis To Make Your Practice Mesmerizing
Ralph Benko, BA, JD, OB, CH All-levels
• Produce a site design using personal narrative to make the difference between a powerful website and a mere virtual brochure
• Design and set up an very affordable website
• Find and use excellent free site content
• Present yourself professionally and powerfully

By configuring your website to present your own narrative, conveying yourself, your skills, your credibility, and the ability of hypnosis to bring about desirable outcomes will engage prospects as clients far more powerfully than mere descriptors and stock images. You will learn the basics of how to do this simply and effectively.

Lecture/Discussion/Q&A

(12044) EMPOWER YOUR CLIENTS TO CREATE PROFOUND TRANSFORMATION WITH PERMANENT CHANGE
—Overcome Negative Thoughts By Resolving Past Memories
Lois Hermann, CH, CI All-levels
• Describe the importance of discovering the past memory
• Discern between various different types of memories
• Experience an example of the discovery and resolution process
• Explain the most important action to take for resolution

Empower your clients to overcome habits, fears, and negative thoughts as they recognize and resolve past memories. Discover strategic skills to help clients break through, and break free at profoundly meaningful levels. Gently guide your clients to the origin of limiting memories…past life, spirit, genetic, and more. Resolve unwanted emotions, thoughts, behaviors, night terrors, grief, or feelings of being ‘stuck’. Learn amazing professional techniques for expanded awareness.

Lecture/Discussion/Video/Q&A

(12045) CRANK UP YOUR SUCCESS RATE WITH SOCIAL MEDIA NETWORKING
—It’s Easier Than You Think
Carol Denicker, BCH, CMI, OB All-levels
• What SM networking actually is and what it is not
• What effective Social Media Networking will accomplish for you
• Principle SM Sites – What they are and how are they different from each other
• SM using video – You’ll learn how/what/where to use this media
• What proper SM etiquette is
• How to use one way SM - a/k/a blogging
• Popular (add on) SM tools

It is undeniable that social media (SM) has changed the societies of the world. This lecture will help you choose how to promote yourself on the social platforms that work best for your profession. Learn to avoid wasting time or spreading your resources too thin. To create a successful strategy, you must first become familiar with how each network functions, the kinds of audiences you can reach and how you can best utilize each platform. Each of the major social networks will be profiled. Strategies for newcomers, as well as tips for seasoned networkers, will be provided so you can crank up your success rates!

Lecture/Discussion/Q&A
5. Apply targeted suggestions to “flip” negative self-image
6. How a structured program and after session activity increases client commitment and satisfaction
7. Learn how using Cognitive Behavioral Hypnosis boosts income, referrals and acceptance by other professionals

In this workshop, learn to identify and correct distorted core beliefs and apply CBH interventions with humor and “Stop it” as adjunctive methods. These structured, contracted sessions optimize client buy-in and emotional clearing. Cognitive Behavioral Hypnosis is well accepted so including this adaptation in your practice increases referrals, boosts your income and professional status.

Handouts provide description of common thought distortion and low self-esteem scripts.

7:00-8:50 PM

SPECIAL FREE WORKSHOP

(120701) MEET YOUR TRIBE — MAKE NEW HYPNO-BUDDIES!
—— Connections With Colleagues Equals Power In Our Profession

Cheryl DeDecker, BCH

Name 3 benefits of being friends with your colleagues
Name 2 ways strong personal connections strengthen our profession
List the names of at least 3 new contacts to continue ongoing collegial interactions during the convention
List 2 actions to complete post-convention to continue to build hypno-buddy connections

Being surrounded by hypnotists is invigorating; finding opportunities to meet new colleagues can be a challenge. This FREE 2-hr workshop invites both new and seasoned hypnotists to mingle in this fun, interactive experience. Make new connections, meet people at another level, so you can continue to spend time during convention — going to classes, having meals, chatting and maybe become hypno-buddies for life! It’s FREE, it’s fun, it’s Friday night! Join us, meet people and continue those connections all weekend and beyond.

Lecture/Participation/Q&A

(120702) EXPLORING THE NATURAL ELECTRIC ENERGIES OF THE MIND AND BODY — Energy Techniques, Kinesiology And Hypnosis For Rapid Change

Arthur Fecteau, CH, CI

All-levels

• Identify difference between consciousness, unconsciousness and electromagnetic energy field
• List the 3 major blocks
• Describe 2 of the 14 algorithm points needed to correct problems
• Display ability to align positive and negative polarity on client

Hypnosynergetics is an ideal modality for all because it is totally non-invasive and based on specific exercises which can be easily repeated daily to maintain the improvements.

Lecture/Demonstration/Experimental/Q&A

(120703) ZERO TO HERO — Transition From Part-Time To Full-Time Hypnotist With Confidence

Monica Marusceac, BCH

Introductory-Intermediate

• Identify your own fears and limiting beliefs associated with leaving a stable job and dedicating yourself to a full-time hypnotism practice
• Identify your values and connect how a full-time hypnotism practice would align with your values
• Develop a vivid vision for what your full-time practice would look like and the benefits it would give you

Going from a part-time to a full-time hypnotism practice can be a nerve wracking and difficult decision to make. It takes confidence and resolve to burn your boats, leave your stable job, and practice hypnotism on a full-time basis with no alternative source of income. Learn why this leap is the only viable option for growing a thriving hypnotism practice and why it is easier than you think.

Lecture/Exercises/Q&A

(120704) ENTRAINMENTS AND ENTRAINMENTS — Sound And Music To Enhance Your Practice

Peter Blum, CI, CH

All-levels

• Explain the principal in acoustics of “entrainment”
• List all 4 of the major brain wave states
• Recognize and play a basic theta rhythm on a frame drum
• Use tuning forks with a client

Lecture/Discussion/Interaction/Q&A
Music, drumming, chanting, and sound, in general, have been used since pre-historic time to induce and sustain trance. Learn, from this master soundhealer and musician, how to incorporate the magic of rhythm and melody into your hypnosis practice. We will explore how sound entrains brain wave activity, and experience directly the magic of singing bowls, tuning forks, and frame drumming for shamanic journeying. Simple techniques that can be easily mastered, will be explained and demonstrated.

(120705) THOUGHT SHIFTING™—How To Eliminate The Negative Inner Voice
Rick Saruna, CI, CH  Introductory-Intermediate
• Understand and identify the inner voice and how it determines ALL thoughts and feelings
• Learn the step-by-step Thought Shifting Processes and how to apply them

Thought Shifting is the study and understanding of the inner voice and how to change it. Negativity is the plague of this century. A negative client will focus on issues instead of solutions almost derailing the best hypnotist’s work. If you have had negative clients, this course will help you create changes in their thoughts and thinking.

Lecture/Demonstration/Practice/Q&A

(120706) CREATING PROFESSIONAL HYPNOSIS PROGRAMS—Transforming Your Individual Sessions Into Professional Hypnosis Programs
Glenn Kakely, CH  Introductory-Intermediate
• Learn 6 key components for creating your very own marketable Hypnosis Program
• Learn 3 reasons for the importance to create “Program Objectives” for each Hypnosis Program
• Learn at least 4 additional ways to market your professional Hypnosis Program(s)

I’m here to share with you that your hypnosis certification is the foundation to build your practice upon. Often overlooked, there is one major step necessary to build your professional practice with complete confidence in your training. Stand out as a Professional. Learn the next valuable step to creating a successful business. Learn how to turn certifications that you have earned, into profitable, recognizable, professional hypnosis programs!

Lecture/Experiential/Q&A

To register, call (603) 429-9438

(120707) THE BODY LANGUAGE CODE—Improve The Power Of Your Profession By Understanding The Non-Verbal Clues
Petra Frese, BCH  All-levels
• Name 3 communication channels and value their significance
• Name 4 types of communicators
• Recognize and analyze at least 2 positions of feet/legs
• Identify 3 indicators for non-authentic behavior

Did you ever desire to read your client’s mind? Experience to decipher the underlying truth of what your vis-à-vis is telling you with his/her words. Learn and practice to read the non-verbal messages. Make your business and private life easier by using this knowledge.

Lecture/Discussion/Practice/Q&A

(120708) HYPNOSIS AS A TOOL FOR SLEEP ISSUES
Boris Opancha, MS, BCH  All-levels
1 out of 3 people have sleep issues at some point in their lives, 20-40% of all adults have sleep issues in the course of any year. Struggle for hours to get to sleep, no matter how tired you are? Or do you wake up in the middle of the night and lie awake for hours, anxiously watching the clock? The better we understand sleeplessness, the more charge can begin to take of sleep and health. That includes understanding how and when hypnosis can be used.

Lecture/Discussion/Q&A

(120709) CHANGING THE LIFE OF THE HYPNOTIST: ACTIVE-ALERT HYPNOSIS A NEW WAY TO DO HYPNOSIS—How To Combine Movement & Hypnosis Induction For Your Clients
Claude Andre Ribaux, CH  All-levels
• Describe 10 specific cases of active-alert hypnosis practical application
• Identify at least 2 areas of possible application of active-alert hypnosis
• Receive a written guideline on how to proceed with the active-alert induction

Active-alert hypnosis is a gateway into a truly remarkable state of alert, awakened consciousness mind. This class is to show you how easily active-alert hypnosis can be applied and thus motivate you to use this method in your own practice. It is an easy 9 point step-by-step induction, which can be applied to most, if not all, hypnotic and coaching issues in your work.

Lecture/Discussion/Demonstration/Q&A

(120710) NEUROANATOMY OF THE PAIN PATHWAY—Visualize The Pain Pathway By Learning Its Specific Structures In The Nervous System
Annelle Soponis, BCH, CI  All-levels
• List gross anatomical structures of CNS and PNS
• Distinguish between sensory, motor, and association neurons
• Draw a pathway with 2-3 neurons
• Draw 2 different pain pathways with their precise anatomical locations

The nervous system can be visualized as a series of pathways like roads on a map. In this workshop, you will learn to differentiate between white and gray matter, neuron and nerve, CNS and PNS. You will also draw a pain pathway using neurons with exact locations of their beginnings and endings in the PNS and CNS. Learning the basics of neuroanatomy makes it easier for you to visualize the pain pathway and explain it to your clients in a pain management session.

Lecture/Exercise/Discussion/Q&A

(120711) THE SIMPSON PROTOCOL: MAPPING THE SUBCONSCIOUS MIND
—Setting The Superconscious Mind To Work
Timothy Horn, BCH, CI and Tonya Gunnarson  Intermediate-Advanced
• List the steps necessary to achieving the Esdaile State
• List how the different levels of mind can help affect powerful change
• Describe how triggers are created in the Simpson Protocol to get to deeper levels instantly
• Explain the obstacles that the Simpson Protocol can address that other methods may not

By communicating with the mind at deeper levels, you can discover, modify and release issues that otherwise could be hidden. This workshop is to introduce the groundwork for communicating with the subconscious mind at the Esdaile and other deep states. This workshop will include a demonstration of the Simpson Protocol with the use of triggers to achieve deep states instantly. Practical applications of the Protocol will be discussed.

Lecture/Demonstration/Discussion/Q&A

“Tools I can add to my sack of goodies and use now!”
—Robbie Hinchey, Rockland, ME